



June- September Menu



Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Western omelet English muffin Cream of wheat	Pancakes/syrup Turkey sausage links Cinnamon Oatmeal	Scrambled Eggs w cheddar Hash Brown Patty Cream of wheat	Texas French toast/ syrup Sausage Links Cream of wheat	Cheese omelet Apple cinnamon muffin Brown sugar oatmeal	Scrambled eggs Toasted bagel Cram of wheat	Waffles/ syrup Crispy bacon Oatmeal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Penne w meat sauce Normandy Mixed Vegetables	Traditional Meat lasagna Diced carrots	Meatloaf w mushroom gravy Scalloped potatoes Italian green beans	BBQ Chicken breast Macaroni Salad Cole slaw	Apple Kraut pork chops Candied yams California mixed vegetables	Crab salad on a roll Cucumber & onion salad	Roast turkey Cranberry sauce Cornbread stuffing Buttered corn
Salami & cheese on roll	Orange chicken Buttered white rice	Fried fish sandwich Tartar sauce Cole slaw	Beef-a-roni Capri vegetables Dinner roll	Grilled cheese w tomato	Stuffed peppers casserole	Vegetable lasagna Green beans
Fresh Fruit	Scooped Ice Cream	Diced pears	Diced Peaches	Lemon Meringue Pie	Fresh Fruit	Mandarin oranges
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Honey mustard chicken breast Mashed potatoes Green beans	Sausage w peppers, onions & roasted potatoes Italian mixed vegetables	Turkey salad on wheat Pickled beet salad	Sloppy joe on a potato roll Peas and carrots	Cheese ravioli marinara sauce winter mixed vegetables garlic bread	mac and cheese w breadcrumbs Stewed tomatoes	Swedish meatballs Egg noodles Bermuda mix vegetables
Cheese manicotti Marinara sauce Tossed salad/ dressing	Egg salad croissant sandwich	Tuna noodle casserole Mixed vegetables	Fish sticks Tater tots	Kielbasa & cabbage skillet French fries	Veggie burger on a bun Tater tots	Turkey & cheese wrap Italian tomato onion salad
Vegetable soup	Lentil soup	Navy bean soup	Cream of potato	Beef and barley soup	Split pea soup	Chicken noodle soup
Spice cake	Pineapple chunks	Tapioca pudding Whipped topping	Baked apples w cinnamon	Fruit cocktail	Diced pears	Boston cream pie



June- September Menu



Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Western omelet English muffin Cream of wheat	Blueberry sheet pancakes Turkey sausage links Cinnamon Oatmeal	Scrambled Eggs w cheddar Hash Brown Patty Cream of wheat	Texas French toast/ syrup Sausage Links Cream of wheat	Cheese omelet Banana muffin Brown sugar oatmeal	Scrambled eggs Toasted bagel Cram of wheat	Waffles/ syrup Crispy bacon Oatmeal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pineapple Glazed ham Baked sweet potato Garden mixed vegetables	No peek chicken Brown rice Diced carrots	Spaghetti & meatballs Wax beans	Chicken alfredo stuffed pepper Buttered white rice Italian mix vegetables	Bbq pork sandwich Cole slaw	Rolled stuffed turkey Candied yams Green beans	Meatball parm sandwich Tossed salad Salad dressing
Homemade meatloaf gravy	Salisbury steak Mashed potatoes	Maryland crab cakes French fries Cole slaw	Ham salad sandwich on rye Pickled beet salad(cold)	Stuffed cabbage	Eggplant parm on a roll	Grilled ham & cheese sandwich
Fresh Fruit	Diced peaches	Fruited gelatin	Ambrosia	Fruit cocktail	Strawberry Rhubarb Pie	Cinnamon applesauce
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled chicken fettuccine alfredo Broccoli florets	Salmon croquettes Tartar sauce Buttered white rice Green beans	Tuna noodle casserole Peas and carrots	Hot dog on a bun Dill pickle Baked beans sauerkraut	Macaroni & cheese Stewed tomatoes	Stuffed shells w marinara Dinner roll Normandy mix vegetables	Chicken nuggets Honey mustard Sweet potato fries Green beans
Ham and Swiss sandwich rye Mayonnaise	Chicken Caesar salad Garlic stick croutons	Broccoli cheddar quiche	Cheeseburger on a bun Dill pickle chips	Kielbasa & sauerkraut Pierogies/ sour cream	Fish sticks Tater tots	Cheesesteak on a bun
Crn of celery soup	Tomato rice soup	Crn of potato soup	Chicken orzo soup	Pasta fagioli soup	Lobster bisque	Split pea soup
Chocolate cream pie	Caramel apple upside down cake	Chocolate brownie	Raspberry frozen yogurt	Pound cake	Fresh baked cookies	Poke cake



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Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Western omelet English muffin Cream of wheat	Blueberry sheet pancakes Turkey sausage links Cinnamon Oatmeal	Scrambled Eggs w cheddar Hash Brown Patty Cream of wheat	Texas French toast/ syrup Sausage Links Cream of wheat	Cheese omelet Corn muffin Brown sugar oatmeal	Scrambled eggs Toasted bagel Cram of wheat	Waffles/ syrup Crispy bacon Oatmeal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Sausage & peppers Roasted potatoes Capri vegetables	Chicken adobo Jasmine rice Diced carrots	Chicken parmesan Spaghetti Green beans	Cheeseburger on a bun Macaroni salad Buttered corn	Turkey a la king over biscuit Carrot coins	Seafood Newburg White rice Capri vegetables	Herb roasted chicken Potato salad Italian green beans
Egg salad sandwich Lettuce/tomato	Cheese/pepperoni pizza Tossed salad Assorted dressing	Very veggie quiche	Turkey & Swiss on wheat Cole slaw	Beef ravioli marinara	Bbq chicken wings French fries	Ham & Swiss on wheat Mayonnaise
Ambrosia	Butterscotch pudding Whipped topping	Diced pears	Watermelon	Fruit cocktail	Blue raspberry rush	Diced peaches
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked fish w lemon Spanish rice Creamed spinach	Sweet and sour pork Fried rice Mandarin stir fry	BBQ bonless riblet Cole slaw	Chicken cheesesteak Tater tots Italian mixed vegetables	Italian hoagie 3 bean salad	Chicken burger Lettuce, tomato Cucumber salad	Hot dog on a bun Baked beans sauerkraut
Turkey burger melt on rye	General Tso's chicken	Mac & cheese w breadcrumb Broccoli florets	Tuna wrap Carrot raisin salad	Chicken salad on wheat Lettuce, tomato	Salami & cheese on a roll Tossed salad	Grilled cheese w tomato Dill pickle Diced carrots
Tomato & rice soup	Crn of celery soup	crn of mushroom soup	Crn of potato soup	Vegetable barley soup	Crn of broccoli soup	Chicken & rice soup
Rainbow Sherbet	Tropical fruit	Baked cherry pie	Chocolate cake	Apple streusel cake	Mandarin oranges	Chocolate brownie



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Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Western omelet English muffin Cream of wheat	Chocolate chip sheet pancakes Turkey sausage links Cinnamon Oatmeal	Scrambled Eggs w cheddar Hash Brown Patty Cream of wheat	Texas French toast/ syrup Sausage Links Cream of wheat	Cheese omelet Strawberry muffin Brown sugar oatmeal	Scrambled eggs Toasted bagel Cram of wheat	Waffles/ syrup Crispy bacon Oatmeal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Penne pasta w meat sauce Normandy mix vegetables Dinner roll	chicken divan buttered white rice	BBQ boneless riblet Cole slaw	Turkey chili Buttered white rice Diced carrots	Salisbury steak Mushroom gravy Garlic mashed pot. Italian mixed vegetables	Lemon pepper fish Buttered orzo Broccoli florets	Roasted turkey Bread stuffing Buttered corn
Lemon pepper fish	Crab salad on a soft roll Tossed salad Assorted salad dressing	Cheese ravioli Italian mixed vegetables	Ham salad on rye Italian tomato salad	Eggplant parm on a roll	Open faced Reuben	Cheese pizza Tossed salad Assorted dressing
Lemon meringue pie	Diced peaches	Mandarin oranges	Diced pears	Peach pie	Fresh fruit	Ice cream variety
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Bbq chicken Mashed potatoes Corn off the cob	Cavatelli w sausage in garlic sauce Tossed salad Assorted salad dressing	Chicken tenders French fries Capri vegetables	Stuffed Cabbage Peas and carrots	Cheese tortellini alfredo Buttered white rice Green beans	Mac and cheese w breadcrumbs Stewed tomatoes	Turkey & muenster wrap Chickpea spinach salad
Cheese manicotti Marinara Tossed salad Assorted dressing	Chicken & cheese quesadilla Sour cream	Veggie burger on a bun Tossed salad Assorted dressing	Chicken Caesar salad Garlic stick croutons	Teriyaki meatballs	Turkey burger on a bun Lettuce, tomato French fries Mixed vegetables	Cheeseburger on a bun Cucumber salad
Vegetable soup	Lentil soup	Broccoli & cheese soup	crm of turkey rice soup	Italian wedding soup	French onion soup	Beef & barley soup
Spice cake	Rice pudding	Tropical fruit	Blueberry Pie	Fruit cocktail	Diced pears	Fruited gelatin Whipped topping