

10/1/2021		Bridgeway Care Ctr at Bridgewater - Spring/Summer 2021 Bw						Week 1
	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	
Breakfast	Orange Juice Cream Of Wheat Toasted Bagel Scrambled Eggs Milk, Whole Coffee	Orange Juice Cereal, Oatmeal Crispy Bacon Waffles Milk, Whole Coffee	Orange Juice Cream Of Wheat Western Omelet B, Muffin, English Milk, Whole Coffee	Orange Juice Cereal, Cinnamon Oatmeal Turkey Sausage Links Blueberry Sheet Pan Pancakes Milk, Whole Coffee	Orange Juice Cream Of Wheat Egg, Scrambledw/Cheese Hash Brown Patty Milk, Whole Coffee	Orange Juice Cream Of Wheat M, Pork, Sausage Link Texas French Toast Syrup, Pc Milk, Whole Coffee	Orange Juice Cereal, Brown Sugar Oatmeal Banana Muffin Egg, Omelette, Cheese Milk, Whole Coffee	
Alt	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	
Lunch	Juice, Cranberry Crab Salad On A Soft Roll Cucumber & Onion Salad Fresh Fruit Milk, Whole Coffee	Juice, Cranberry Roast Turkey Cranberry Sauce Cornbread Stuffing Buttered Corn Mandarin Oranges Milk, Whole Coffee	Juice, Cranberry Pineapple Glazed Ham Baked Sweet Potato Garden Mixed Vegetable Fresh Fruit Milk, Whole Coffee	Juice, Cranberry No Peek Chicken Brown Rice Diced Carrots Diced Peaches Milk, Whole Coffee	Juice, Cranberry Spaghetti & Meatballs Meatball (Beef) Pasta Spaghetti Sauce Wax Beans Fruited Gelatin Whipped Topping Milk, Whole Coffee	Juice, Cranberry German Beef Stew Buttered Noodles Carrot Coins D- Apple Streudel Cake Milk, Whole Coffee	Juice, Cranberry Sandwich, Bbq Pork Coleslaw Fruit Cocktail Milk, Whole Coffee	
Alt	<i>Stuffed Peppers Casserole Tea, Hot</i>	<i>Vegetable Lasagna Green Beans Tea, Hot</i>	<i>Meatloaf Gravy Tea, Hot</i>	<i>Salsbury Steak Mashed Potatoes Tea, Hot</i>	<i>Maryland Crab Cakes Tartar Sauce French Fries Coleslaw Tea, Hot</i>	<i>Bratwurst Sauerkraut Potato Pancakes Red Cabbage Slaw Tea, Hot</i>	<i>Breaded Cod Garlic Mashed Potatoes Tea, Hot</i>	
Dinner	Split Pea Soup Crackers, Saltine Juice, Apple Baked Mac & Cheese With Breadcrumbs Stewed Tomatoes Diced Pears Milk, Whole Coffee	Chicken Noodle Soup Crackers, Saltine Juice, Apple Swedish Meatballs Egg Noodles Bermuda Mix Vegetables D-Pie, Boston Cream Milk, Whole Coffee	Cream Of Celery Soup Crackers, Saltine Juice, Apple Grilled Chicken Fetticini Alfredo Broccoli Chocolate Cream Pie Milk, Whole Coffee	Tomato Rice Soup Crackers, Saltine Juice, Apple Salmon Croquettes Tartar Sauce Buttered White Rice Green Beans Apple Upside Down Cake Milk, Whole Coffee	Cream Of Potato Soup Crackers, Saltine Juice, Apple Tuna Noodle Casserole Peas & Carrots Brownie Milk, Whole Coffee	Chicken Orzo Soup Crackers, Saltine Juice, Apple Hot Dog On A Bun Dill Pickle Baked Beans Sauerkraut Raspberry Frozen Yogurt Milk, Whole Coffee	Pasta Fagiolo Soup Crackers, Saltine Juice, Apple Macaroni & Cheese Stewed Tomatoes Pound Cake Milk, Whole Coffee	
Alt	<i>E- Veggie Burger On A Bun Tater Tots Tea, Hot</i>	<i>Turkey And Cheese Wrap Italian Tomato Onion Salad Tea, Hot</i>	<i>Sand, Ham/Swiss On Rye Mayonaise Tea, Hot</i>	<i>Chicken Caesar Salad Garlic Stick Croutons Tea, Hot</i>	<i>Broccoli Cheddar Quiche Tea, Hot</i>	<i>Cheeseburger On A Bun Dill Pickle Chips Tea, Hot</i>	<i>E-Kielbasa & Sauerkraut Pierogi Sour Cream Tea, Hot</i>	



October 20, 2021

Korean Sesame pork stir fry

Pineapple rice

Sesame Roasted Broccoli

-Or-

Korean Honey Garlic Chicken wings

Sweet potato fries

Dessert:

Assorted macarons

10/8/2021		Bridgeway Care Ctr at Bridgewater - Spring/Summer 2021 Bw						Week 2
	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	
Breakfast	Orange Juice Cream Of Wheat Toasted Bagel Scrambled Eggs Milk, Whole Coffee	Orange Juice Cereal, Oatmeal Waffles Crispy Bacon Milk, Whole Coffee	Orange Juice Cream Of Wheat Western Omelet B, Muffin, English Milk, Whole Coffee	Orange Juice Cereal, Cinnamon Oatmeal Turkey Sausage Links Blueberry Sheet Pan Pancakes Milk, Whole Coffee	Orange Juice Cream Of Wheat Egg, Scrambledw/Cheese Hash Brown Patty Milk, Whole Coffee	Orange Juice Cream Of Wheat M, Pork, Sausage Link Texas French Toast Syrup, Pc Milk, Whole Coffee	Orange Juice Cereal, Brown Sugar Oatmeal Corn Muffin Egg, Omelette, Cheese Milk, Whole Coffee	
Alt	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	
Lunch	Juice, Cranberry Rolled Stuff Turkey Candied Yams Green Beans D, Pears, Rosy Milk, Whole Coffee	Juice, Cranberry Meatball Parm Sandwich Tossed Salad Assorted Salad Dressing Cinnamon Applesauce Milk, Whole Coffee	Juice, Cranberry Sausage & Peppers Roasted Potatoes Capri Blend Ambrosia Milk, Whole Coffee	Juice, Cranberry Chicken Adobo Jasmine Rice Diced Carrots Butterscotch Pudding Whipped Topping Milk, Whole Coffee	Juice, Cranberry Chicken Parmesan Pasta, Spaghetti Spaghetti Sauce Green Beans Diced Pears Milk, Whole Coffee	Juice, Cranberry Cheeseburger On A Bun Homemade Macaroni Salad Buttered Corn F-Watermelon Milk, Whole Coffee	Juice, Cranberry Turkey Ala King Over Biscuit Carrot Coins Fruit Cocktail Milk, Whole Coffee	
Alt	<i>Eggplant Parm On A Roll Tea, Hot</i>	<i>Grilled Ham/Cheese Sandwich Tea, Hot</i>	<i>Egg Salad Sandwich Lettuce Leaf Tomato Slice Tea, Hot</i>	<i>Cheese & Pepperoni Pizza Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Very Veggie Quiche Tea, Hot</i>	<i>Sand, Turkey & Swiss W/W Coleslaw Tea, Hot</i>	<i>Beef Ravioli Marinara Sauce Tea, Hot</i>	
Dinner	Lobster Bisque Crackers, Saltine Juice, Apple Stuffed Shells Normandy Mixed Vegetables D-Cookies, Fresh Baked Dinner Roll Milk, Whole Coffee	Split Pea Soup Crackers, Saltine Juice, Apple Chicken Nuggets Honey Mustard Potato, Sweet Pot Fries Green Beans Poke Cake Milk, Whole Coffee	Tomato Rice Soup Crackers, Saltine Juice, Apple Baked Fish With Lemon Spanish Rice Creamed Spinach D, Ice Cream, Sandwich Milk, Whole Coffee	Cream Of Celery Soup Crackers, Saltine Juice, Apple M-Pork, Sweet & Sour Fried Rice Mandarin Stir Fry Tropical Fruit Milk, Whole Coffee	Cream Of Mushroom Soup Crackers, Saltine Juice, Apple Bbq Boneless Riblet On Bun Coleslaw Cherry Pie Milk, Whole Coffee	Cream Of Potato Soup Crackers, Saltine Juice, Apple Chicken Cheese Steak On A Bun Tater Tots Italian Mix Vegetables Chocolate Cake Milk, Whole Coffee	Juice, Apple Italian Hoagie Vegetable Barley Soup Crackers, Saltine 3 Bean Salad D- Apple Streudel Cake Milk, Whole Coffee	
Alt	<i>Fish Sticks Tater Tots Tea, Hot</i>	<i>Cheese Steak On A Bun Tea, Hot</i>	<i>Turkey Burger Melt Tea, Hot</i>	<i>General Tso's Chicken Tea, Hot</i>	<i>Mac & Cheesew/Bread Crumb Topping Broccoli Tea, Hot</i>	<i>Tuna Wrap Salad, Carrot/Raisin Tea, Hot</i>	<i>Chicken Salad On Wheat Lettuce And Tomato Tea, Hot</i>	



OCTOBER 6, 2021

GERMAN BEEF STEW
BUTTERED NOODLES
CARROT COINS
-OR-
**BRATWURST W/
SAUERKRAUT**
POTATO PANCAKES
RED CABBAGE SLAW
DESSERT:
APPLE STRUDEL

10/15/2021		Bridgeway Care Ctr at Bridgewater - Spring/Summer 2021 Bw						Week 3
	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	
Breakfast	Orange Juice Cream Of Wheat Toasted Bagel Scrambled Eggs Milk, Whole Coffee	Orange Juice Cereal, Oatmeal Waffles Crispy Bacon Milk, Whole Coffee	Orange Juice Cream Of Wheat Western Omelet B, Muffin, English Milk, Whole Coffee	Orange Juice Cereal, Cinnamon Oatmeal Turkey Sausage Links Choc Chip Sheet Pan Pancakes Milk, Whole Coffee	Orange Juice Cream Of Wheat Egg, Scrambledw/Cheese Hash Brown Patty Milk, Whole Coffee	Orange Juice Cream Of Wheat M, Pork, Sausage Link Texas French Toast Syrup, Pc Milk, Whole Coffee	Orange Juice Cereal, Brown Sugar Oatmeal Strawberry Muffin Egg, Omelette, Cheese Milk, Whole Coffee	
Alt	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	
Lunch	Juice, Cranberry Seafood Newburg White Rice Capri Blend Blue Raspberry Rush Milk, Whole Coffee	Juice, Cranberry Herb Roasted Chicken Mashed Potatoes Italian Beans Diced Peaches Milk, Whole Coffee	Juice, Cranberry Penne Pasta With Meat Sauce Normandy Mixed Vegetables D, Pie, Lemon Meringue Dinner Roll Milk, Whole Coffee	Juice, Cranberry E, Chicken Divan Buttered White Rice Tossed Salad Assorted Salad Dressing Diced Peaches Milk, Whole Coffee	Juice, Cranberry Bbq Boneless Riblet On Bun Coleslaw Mandarin Oranges Coffee	Juice, Cranberry Turkey Taco Skillet Diced Carrots Sliced Pears Milk, Whole Coffee	Juice, Cranberry Salisbury Steak Mushroom Gravy Garlic Mashed Potatoes Italian Mix Vegetables Peach Pie Milk, Whole Coffee	
Alt	<i>Bbq Chicken Wings French Fries Tea, Hot</i>	<i>Ham And Swiss On Hearty Wheat Bread Mayonaise Homemade Potato Salad Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Lemon Pepper Fish Tea, Hot</i>	<i>Crab Salad On A Soft Roll Tea, Hot</i>	<i>E, Ravioli, Cheese Italian Mix Vegetables Tea, Hot</i>	<i>Sand, Ham Salad On Rye Italian Tomato Salad Tea, Hot</i>	<i>Eggplant Parm On A Roll Tea, Hot</i>	
Dinner	Cream Of Broccoli Soup Crackers, Saltine Juice, Apple Chicken Burger Lettuce And Tomato Bun Salad, Cucumber Mandarin Oranges Milk, Whole Coffee	Chicken Rice Soup Crackers, Saltine Juice, Apple Hot Dog On A Bun Baked Beans Sauerkraut Mustard Brownie Milk, Whole Coffee	Vegetable Soup Crackers, Saltine Juice, Apple Bbq Chicken Mashed Potatoes Corn "Off" The Cob Spice Cake Milk, Whole Coffee	Soup, Lentil Crackers, Saltine Juice, Apple Cavitelli W Sausage In Garlic Sauce Tossed Salad Assorted Salad Dressing D, Pudding, Rice Milk, Whole Coffee	Soup, Broccoli Cheese Crackers, Saltine Juice, Apple E, Chicken Tenders French Fries Capri Blend Tropical Fruit Milk, Whole Coffee	Cream Of Turkey Rice Soup Crackers, Saltine Juice, Apple Fish, Tuna Noodle Cass Peas & Carrots Chocolate Cream Pie Milk, Whole Coffee	Soup, Italian Wedding Crackers, Saltine Juice, Apple Cheese Tortellini Alfredo Green Beans Fruit Cocktail Milk, Whole Coffee	
Alt	<i>Salami & Cheese On Roll Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Grilled Cheese Sandwich W/Tomato Tomato Slice Dill Pickle Diced Carrots Tea, Hot</i>	<i>Manicotti Marinara Sauce Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Chicken & Cheese Quesadilla Sour Cream Tea, Hot</i>	<i>E- Veggie Burger On A Bun Tossed Salad Tea, Hot</i>	<i>Chicken Caesar Salad Garlic Stick Croutons Tea, Hot</i>	<i>Teriyaki Meatballs Buttered White Rice Tea, Hot</i>	

10/22/2021		Bridgeway Care Ctr at Bridgewater - Spring/Summer 2021 Bw						Week 4
	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	
Breakfast	Orange Juice Cream Of Wheat Toasted Bagel Scrambled Eggs Milk, Whole Coffee	Orange Juice Cereal, Oatmeal Waffles Crispy Bacon Milk, Whole Coffee	Orange Juice Cream Of Wheat Western Omelet B, Muffin, English Milk, Whole Coffee	Orange Juice Cereal, Cinnamon Oatmeal Turkey Sausage Links Pancakes Milk, Whole Coffee	Orange Juice Cream Of Wheat Egg, Scrambledw/Cheese Hash Brown Patty Milk, Whole Coffee	Orange Juice Cream Of Wheat Sausage Link Texas French Toast Syrup, Pc Milk, Whole Coffee	Orange Juice Cereal, Brown Sugar Oatmeal Apple Cinnamon Muffin Egg, Omelette, Cheese Milk, Whole Coffee	
Alt	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	
Lunch	Juice, Cranberry Lemon Pepper Fish Orzo Broccoli Fresh Fruit Milk, Whole Coffee	Juice, Cranberry Grilled Chicken On Soft Roll Lettuce And Tomato Buttered Corn Rice Pudding W Cinnamon Milk, Whole Coffee	Juice, Cranberry Penne & Meatsauce Normandy Mixed Vegetables Fresh Fruit Milk, Whole Coffee	Juice, Cranberry Traditional Meat Lasagna Diced Carrots D, Ice Cream, Sandwich Milk, Whole Coffee	Juice, Cranberry Meatloaf With Mushroom Gravy Potatoes, Scalloped Italian Green Beans Diced Pears Milk, Whole Coffee	Juice, Cranberry Bbq Chicken Homemade Macaroni Salad Coleslaw Diced Peaches Milk, Whole Coffee	Juice, Cranberry Apple Kraut Pork Chops Candied Yams California Mix Vegetables D, Pie, Lemon Meringue Milk, Whole Coffee	
Alt	<i>Open Faced Reuben Tea, Hot</i>	<i>Cheese Pizza Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Salami & Cheese On Roll Tea, Hot</i>	<i>Orange Chicken Buttered White Rice Tea, Hot</i>	<i>Fried Fish Sandwich On A Roll Tartar Sauce Coleslaw Tea, Hot</i>	<i>E-Macaroni & Beef Cass Capri Blend Dinner Roll Tea, Hot</i>	<i>Grilled Cheese Sandwich W/Tomato Tea, Hot</i>	
Dinner	French Onion Soup Crackers, Saltine Juice, Apple Mac & Cheesew/Bread Crumb Topping Stewed Tomatoes Diced Pears Milk, Whole Coffee	Beef And Barley Soup Crackers, Saltine Juice, Apple Turkey/Muenster On Cntry Whte Mayonaise Chickpea Salad Fruited Gelatin Whipped Topping Milk, Whole Coffee	Vegetable Soup Crackers, Saltine Juice, Apple Honey Mustard Chicken Breast Mashed Potatoes Green Beans Spice Cake Milk, Whole Coffee	Soup, Lentil Crackers, Saltine Juice, Apple Sausage W/ Peppers Onions Roasted Potatoes Italian Mix Vegetables F-Pineapple, Chunks Milk, Whole Coffee	Soup, Navy Bean Crackers, Saltine Juice, Apple Turkey Salad On Wheat Pickled Beet Salad D, Pudding, Tapioca Whipped Topping Milk, Whole Coffee	Cream Of Potato Soup Crackers, Saltine Juice, Apple Sloppy Joe On A Potato Roll Peas & Carrots Baked Apples With Cinnamon Milk, Whole Coffee	Beef And Barley Soup Crackers, Saltine Juice, Apple E, Ravioli, Cheese Marinara Sauce Winter Mix Vegetables Fruit Cocktail Garlic Bread Milk, Whole Coffee	
Alt	<i>Turkey Burger On Bun Lettuce And Tomato French Fries V, Mixed, Blend Tea, Hot</i>	<i>Cheeseburger On A Bun Creamy Cucumber Salad Tea, Hot</i>	<i>Manicotti Marinara Sauce Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Eggsalad Croissant Sandwich Tossed Salad Tea, Hot</i>	<i>Fish, Tuna Noodle Cass V, Mixed, Blend Tea, Hot</i>	<i>Fish Sticks Tater Tots Tea, Hot</i>	<i>E-Kielbasa & Cabbage Skillet Tea, Hot</i>	