

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Avalon at Bridgewater Assisted Living Activities Please note you can still book visits to see loved one. www.bshcare.com/visitation</p>	<p>1 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30-Chit chats/ Calzone 6:30-Movie Night- Comedy</p>	<p>2 10:15- Quote of the day 10:30- Get Groovy 11:00- Trivia 2:00- Word Game 3:30-Chit chats 6:30-Movie Night- Drama</p>	<p>3 10:15- Quote of the day 10:30- Sit and Be Fit 11:00-Trivia 2:00- Bingo 3:30-Chit chats 6:30- Skip Bo</p>	<p>4 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Crafting-Veterans Day Wreath 3:30-Chit chats 6:30-Movie Night-Romance</p>	<p>5 10:15- Quote of the day 10:30- Fit Fun 11:00- Trivia 2:00- Bowling 3:30-Chit chats/ Doughnuts 6:30-Movie Night-Action</p>	<p>6 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30- Game Shows</p>
<p>7 9:30-Roasry 10:00- Prayer Mass 1:15- Sunday Stretch 2:00- Horse racing 3:30-Movie Matinee-Musical Daylight Saving Time Ends</p>	<p>8 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30-Chit chats/ Cappuccinos 6:30-Movie Night- Comedy</p>	<p>9 10:15- Quote of the day 10:30- Get Groovy 11:00- Trivia 2:00- Crafting- Thanksgiving Day pin 3:30-Chit chats 6:30-Movie Night- Drama</p>	<p>10 10:15- Quote of the day 10:30- Sit and Be Fit 11:00-Trivia 2:00- Bingo 3:30-Chit chats 6:30- Red and Black</p>	<p>11 10:00- Quote of the day 10:30-Get Fit 2:00- Veterans Day Tribute 2:45- Veterans Day social 6:30-Movie Night- Romance Veterans Day Remembrance Day (Canada)</p>	<p>12 10:15- Quote of the day 10:30- Fit Fun 11:00- Trivia 2:00- Bowling 3:30-Chit chats/ Pizza Bagels 6:30-Movie Night-Action</p>	<p>13 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30- Game Shows</p>
<p>14 9:30-Roasry 10:00- Prayer Mass 1:15- Sunday Stretch 2:00- LCR 3:30-Movie Matinee- Musical</p>	<p>15 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30-Chit chats/ Bunt cakes 6:30-Movie Night- Comedy</p>	<p>16 10:15- Quote of the day 10:30- Get Groovy 11:00- Trivia 2:00- Word Game 3:30-Chit chats 6:30-Movie Night- Drama</p>	<p>17 10:15- Quote of the day 10:30- Sit and Be Fit 11:00-Trivia 2:00- Entertainment by: Lorri and James (Outside) (If too cold dining room) 3:30-Chit chats 6:30- Bingo</p>	<p>18 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Crafting- Thanksgiving Wreath 3:30-Chit chats 6:30-Movie Night- Romance</p>	<p>19 10:15- Quote of the day 10:30- Fit Fun 11:00- Trivia 2:00- Bowling 3:30-Chit chats/ Coke Cola 6:30-Movie Night-Action</p>	<p>20 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30- Game Shows</p>
<p>21 9:30-Roasry 10:00- Prayer Mass 1:15- Sunday Stretch 2:00- Horse racing 3:30-Movie Matinee- Musical</p>	<p>22 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30-Chit chats/ Cashews 6:30-Movie Night- Comedy</p>	<p>23 10:15- Quote of the day 10:30- Get Groovy 11:00- Trivia 2:00- Word Game 3:30-Chit chats 6:30-Movie Night- Drama</p>	<p>24 10:15- Quote of the day 10:30- Sit and Be Fit 11:00-Trivia 2:00- Bingo 3:30-Chit chats 6:30- Red and Black</p>	<p>25 9:00-12:00 Macy's day Parade (Big TV second floor) 10:15- Today in History 10:30- Get Fit 2:30- Movie- Classic Thanksgiving Day</p>	<p>26 10:15- Quote of the day 10:30- Fit Fun 11:00- Trivia 2:00- Bowling 3:30-Chit chats/ Cake 6:30-Movie Night-Action</p>	<p>27 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30- Game Shows</p>
<p>28 9:30-Roasry 10:00- Prayer Mass 1:15- Sunday Stretch 2:00- LCR 3:30-Movie Matinee- Musical Lighting of Menorah lobby 4:20 Hanukkah Begins</p>	<p>29 10:15- Quote of the day 10:30- Get Fit 11:00- Trivia 2:00- Bingo 3:30-Chit chats/Happy Birthday Julia (Cup Cakes) 6:30-Movie Night- Comedy Lighting of Menorah 4:20lobby</p>	<p>30 10:15- Quote of the day 10:30- Get Groovy 11:00- Trivia 2:00- Word Game 3:30-Chit chats 6:30-Movie Night- Drama Lighting of Menorah lobby 4:20</p>	<h1>November 2021</h1> <p>Avalon at Bridgewater Assisted Living Activities</p>			

(All Programs Subject to change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Avalon at Bridgewater Assisted Living Activities Please note you can still book visits to see loved one. www.bshcare.com/visitation	1 9:45 Exercise 10:15-Mind joggers 1:30- Games 2:30- TV time	2 9:45- Exercise 10:15-Mind joggers 1:30- Sports 2:00- TV time	3 9:45- Exercise 10:15-Mind joggers 1:15- Sports 2:00- TV time	4 9:45- Exercise 10:15-Mind joggers 1:15- Art 2:00- TV time	5 9:45 Exercise 10:15-Mind joggers 1:15-Sing a long 2:00- TV time	6 9:30- Exercise 10:15-Mind joggers 1:30-Bingo 3:00- Music Time
7 10:15- Today in History 10:30- Get Fit 11:00- Prayer Circle 1:30- Trivia 2:00-Sunday Movie Daylight Saving Time Ends	8 9:45 Exercise 10:15-Mind joggers 1:30- Games 2:30- TV time	9 9:45- Exercise 10:15-Mind joggers 1:30- Sports 2:00- TV time	10 9:45- Exercise 10:15-Mind joggers 1:15- Sports 2:00- TV time	11 9:45- Exercise 10:15-Mind joggers 1:15- Art 2:00- Veterans Day Tribute (Dining Room) Veterans Day Remembrance Day (Canada)	12 9:45 Exercise 10:15-Mind joggers 1:15-Sing a long 2:00- TV time	13 9:30- Exercise 10:15-Mind joggers 1:30-Bingo 3:00- Music Time
14 10:15- Today in History 10:30- Get Fit 11:00- Prayer Circle 1:30- Trivia 2:00-Sunday Movie	15 9:45 Exercise 10:15-Mind joggers 1:30- Games 2:30- TV time	16 9:45- Exercise 10:15-Mind joggers 1:30- Sports 2:00- TV time	17 9:45- Exercise 10:15-Mind joggers 1:15- Sports 2:00- TV time	18 9:45- Exercise 10:15-Mind joggers 1:15- Art 2:00- TV time	19 9:45 Exercise 10:15-Mind joggers 1:15-Sing a long 2:00- TV time	20 9:30- Exercise 10:15-Mind joggers 1:30-Bingo 3:00- Music Time
21 10:15- Today in History 10:30- Get Fit 11:00- Prayer Circle 1:30- Trivia 2:00-Sunday Movie	22 9:45 Exercise 10:15-Mind joggers 1:30- Games 2:30- TV time	23 9:45- Exercise 10:15-Mind joggers 1:30- Sports 2:00- TV time	24 9:45- Exercise 10:15-Mind joggers 1:15- Sports 2:00- TV time	25 9:45- Exercise 2:00- Trivia Thanksgiving Day	26 9:45 Exercise 10:15-Mind joggers 1:15-Sing a long 2:00- TV time	27 9:30- Exercise 10:15-Mind joggers 1:30-Bingo 3:00- Music Time
28 10:15- Today in History 10:30- Get Fit 11:00- Prayer Circle 1:30- Trivia/ Hanukkah facts 2:00-Sunday Movie Hanukkah Begins	29 9:45 Exercise 10:15-Mind joggers 1:30- Games 2:30- TV time	30 9:45- Exercise 10:15-Mind joggers 1:30- Sports 2:00- TV time	 <h1>November 2021</h1>			

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