



# November 2024

## Menu Selections



					FRIDAY, November 1	SATURDAY, November 2
					<b>BREAKFAST</b>	<b>BREAKFAST</b>
					Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Bacon
					<b>LUNCH</b>	<b>LUNCH</b>
					Lemon Pepper Pollock Scalloped Potatoes Prince Edward Vegetables	Beer Stogonoff Garlic Noodles Succotash
					Broccoli & Cheese Quiche	Breaded Cod Mashed Potatoes
					<b>Dessert:</b> German Chocolate Cake	<b>Dessert:</b> Chocolate Cream Pie
					<b>DINNER</b>	<b>DINNER</b>
					Soup: Pasta Fagioli Soup	Soup: Cream of Mushroom Soup
					Cheese Tortellini w/Alfredo Sauce Glazed Carrots	Crab Mac & Cheese Garden Salad
					Egg Salad Sandwich Marinated Cucumber Salad	Kielbasa & Sauerkraut Potato & Cheese Pierogis
					<b>Dessert:</b> Assorted Gelatin Cup	<b>Dessert:</b> Chilled Tropical Fruit



# November 2024 Menu Selections



SUNDAY, November 3	MONDAY, November 4	TUESDAY, November 5	WEDNESDAY, November 6	THURSDAY, November 7	FRIDAY, November 8	SATURDAY, November 9
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cream of Wheat Scrambled Eggs & Cheese English Muffin	Cinnamon Oatmeal Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Hash Browns	Grits French Toast Sausage Links	Maple Sugar Oatmeal Egg & Sausage Bake Assorted Scones	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffles Bacon Strips
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Cheesy Baked Ziti California Blend Vegetables  Ham Sald Sandwich Three Bean Salad  Dessert: Chilled Diced Pears	Chicken Rice Casserole Seasoned Broccoli Florets  Crab Salad Sandwich  Dessert: Butterscotch Pudding	Cheese Pizza Garden Salad  Salisbury Steak Mashed Potatoes Cream Style Corn  Dessert: Unfrosted Marble Cake	Meatloaf w/Mushroom Gravy Chive Mashed Potatoes California Blend Vegetables Honey BBQ Chicken Wings Tater Tots  Dessert: Rice Pudding	Cheese Lasagna Rollup Parslied Carrots  Country Steak w/Gravy Mashed Potatoes  Dessert: Lemon Meringue Pie	Potato Crusted Fish Mashed Sweet Potatoes Holiday Peas Ham Salad Sandwich Beet & Onion Salad  Dessert: Sugar Cookies	Cranberry Chicken Brown Rice Pilaf Brussels Sprouts Cheese Quiche  Dessert: Blueberry Pie
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Soup: Egg Drop Soup  BBQ Riblette Sweet Potato Fries Herbed Green Beans Vegetable Lasagna  Dessert: Pineapple Cake	Soup: Chicken Noodle Soup  Cheeseburger on a Bun French Fries Baked Beans Hot Dog on a Bun  Dessert: Diced Peaches	Soup: Vegetable Soup  Arroz Con Pollo Italian Blend Vegetables  Tuna Salad Sandwich Corn & Bean Salad  Dessert: Seasonal Fresh Fruit	Soup: Mushroom Barley Soup  Macaroni & Cheese Stewed Tomatoes  Baked Lemon Tilapia Brown Rice  Dessert: Chilled Fruit Cocktail	Soup: Broccoli Cheddar Soup  Philly Chicken Cheese Steak Capri Blend Vegetables  Fish Sticks French Fries  Dessert: Diced Pears	Soup: Split Pea Soup  Stuffed Cabbage Roll Fluffy Rice Peas & Carrots Pork Roll & Cheese on a Bun  Dessert: Tropical Fruit Cup	Soup: Cream of Potato Soup  Turkey Stew Biscuit  Kielbasa & Sauerkraut Potato & Cheese Pierogies  Dessert: Cinnamon Applesauce



# November 2024 Menu Selections



<i>SUNDAY, November 10</i>	<i>MONDAY, November 11</i>	<i>TUESDAY, November 12</i>	<i>WEDNESDAY, November 13</i>	<i>THURSDAY, November 14</i>	<i>FRIDAY, November 15</i>	<i>SATURDAY, November 16</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cream of Wheat Scrambled Eggs & Cheese English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Cinnamon Coffeecake	Grits French Toast Sausage Links	Maple Sugar Oatmeal Egg & Cheese Biscuit	Cream of Wheat Scrambled Eggs Toasted Bages	Oatmeal Belgian Waffle Bacon Strips
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Spaghetti & Meatballs Seasoned Green Beans  Breaded Cod Herb Seasoned Orzo Dessert: Brownie	Chicken Adobo Jasmine Rice Seasoned Green Beans  Cheese Ravioli w/Sauce Dessert: Mandarin Oranges	Country Style Boneless Ribs Macaroni Salad Diced Carrots  Crab Cakes French Fries Dessert: Banana Pudding	Garlic & Sage Chicken Legs Angel Hair Pasta Winter Blend Vegetables  Eggplant Parmesan Dessert: Pumpkin Pie	Pineapple Glazed Ham Chive Mashed Potatoes Seasoned Zucchini  Chicken Salad Sandwich Beet & Onion Salad Dessert: Bread Pudding	Seafood Croquettes Fluffy Rice Prince Edward Vegetables  Open-Faced Rubeen Dessert: Lemon Meringue Pie	Honey Roasted Pork Chop Mashed Sweet Potatoes Seasoned Broccoli Florets  Cheese Quiche Dessert: S'mores Pudding
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Soup: Egg Drop Soup  Sweet & Sour Pork Fluffy Rice California Blend Vegetables  Chicken Pot Pie Dessert: Chilled Pineapple	Soup: Turkey Rice Soup  Italian Sausage & Peppers Rosemary Garlic Potatoes Italian Blend Vegetables  Tuna Melt Dessert: Iced Orange Cake	Soup: Beef Barley Soup  Stuffed Shells w/Sauce Broccoli Normandy  Loaded Turkey Hoagie Dessert: Diced Pears	Soup: Italian Wedding Soup  Tuna Noodle Casserole Peas & Mushrooms  Roast Beef & Cheddar Wrap Potato Salad Dessert: Fresh Canaloupe	Soup: Chicken Noodle Soup  Cheese Pizza Garden Salad  Honey BBQ Chicken Wings Dessert: Chilled Pineapple	Soup: Lobster Bisque  Philly Cheese Steak Tater Tots Marinated Cucumber Salad  Popcorn Chicken Dessert: Rosy Applesauce	Soup: Tomato & Rice Soup  Cheesy Taco Pasta Italian Blend Vegetables  Turkey Burger Sweet Potato Fries Dessert: Ambrosia



# November 2024 Menu Selections



<i>SUNDAY, November 17</i>	<i>MONDAY, November 18</i>	<i>TUESDAY, November 19</i>	<i>WEDNESDAY, November 20</i>	<i>THURSDAY, November 21</i>	<i>FRIDAY, November 22</i>	<i>SATURDAY, November 23</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cream of Wheat Scrambled Eggs & Cheese English Muffin	Cinnamon Oatmeal Pancakes Turkey Sausage Links	Cream of Wheat Cheese Omelet Hash Browns	Grits French Toast Sausage Links	Maple Sugar Oatmeal Egg & Sausage Bake Assorted Scones	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Bacon Strips
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chili w/Beans Brown Rice Corn Bread Italian Green Beans <b>Ham &amp; Cheese Sandwich</b>	Honey Mustard Chicken Cheddar Mashed Potatoes Creamed Spinach  <b>Baked Tilapia</b>	Stuffed Turkey & Dressing Candied Yams Cream Style Corn  <b>Manicotti w/Sauce</b>	Beef Tips & Mushrooms w/Gravy Buttered Noodles Green Beans Oregano <b>Chef Salad</b>	Rosemary Chicken Ginger Sweet Potatoes Brussels Sprouts  <b>Beef Ravioli w/Marinara</b>	Meatloaf w/Mushroom Gravy Baked Potato California Blend Vegetables  <b>Turkey &amp; Cheese Sandwich</b> <b>Three Bean Salad</b>	Baked Lemon Tilapia Brown Rice Pilaf Sliced Dilled Carrots  <b>Chicken Salad on a Bun</b> <b>Tossed Salad</b>
<b>Dessert:</b> <b>Apple Pie</b>	<b>Dessert:</b> <b>Pound Cake</b>	<b>Dessert:</b> <b>Coconut Cream Pie</b>	<b>Dessert:</b> <b>Strawberry Cream Pie</b>	<b>Dessert:</b> <b>Rice Pudding</b>	<b>Dessert:</b> <b>Pumpkin Pie</b>	<b>Dessert:</b> <b>Poke Cake</b>
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Soup: Cream of Mushroom Soup  Pulled Pork on a Bun Herbed Green Beans  <b>Grilled Cheese Sandwich</b> <b>Cucumber Dill Salad</b>	Soup: Corn Chowder  Macaroni & Cheese Seasoned Broccoli Florets  <b>Chicken Tenders</b> <b>French Fries</b>	Soup: Garden Vegetable Soup  Beef-A-Roni Dinner Roll Winter Blend Vegetables  <b>Italian Pork Wrap</b> <b>Pickled Beets</b>	Soup: Cream of Potato Soup  Fish & Chips Coleslaw  <b>Personal Cheese Pizza</b> <b>Diced Carrots</b>	Soup: Creamy Tomato Soup  Stuffed Bell Pepper Warm Potato Salad  <b>Mushroom Quiche</b>	Soup: Lobster Bisque  Sweet & Sour Pineapple Chicken Herbed Rice Chuckwagon Corn <b>Crab Salad Sandwich</b> <b>Carrot Raisin Salad</b>	Soup: Vegetable Florentine Soup  Chicken Burger on a Bun Tater Tots Italian Blend Vegetables  <b>Hot Dog on a Bun</b>
<b>Dessert:</b> <b>Chilled Peaches</b>	<b>Dessert:</b> <b>Chilled Fruit Cocktail</b>	<b>Dessert:</b> <b>Chilled Pineapple</b>	<b>Dessert:</b> <b>Mandarin Oranges</b>	<b>Dessert:</b> <b>Peaches &amp; Cream</b>	<b>Dessert:</b> <b>Assorted Gelatin Cup</b>	<b>Dessert:</b> <b>Diced Pears</b>



# November 2024 Menu Selections



SUNDAY, November 24	MONDAY, November 25	TUESDAY, November 26	WEDNESDAY, November 27	THURSDAY, November 28	FRIDAY, November 29	SATURDAY, November 30
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cream of Wheat Scrambled Eggs w/Cheese English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Cinnamon Coffeecake	Grits French Toast Sausage Links	Maple Sugar Oatmeal Egg & Cheese Biscuit	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Bacon Strips
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Baked Ham Fluffy Rice Peas & Onions	BBQ Chicken Drumsticks Cornbread Dressing Green Beans & Pimento	Roast Turkey w/Gravy Garlic Mashed Potatoes Cream Style Corn	Herbed Pork Loin Baked Potato Capri Blend Vegetables	<b>THANKSGIVING</b> Herb Roasted Turkey Cornbread Dressing Sweet Potato Casserole Green Bean Casserole Dinner Roll	Lemon Pepper Pollock Scalloped Potatoes Prince Edward Vegetables	Beef Stroganoff Garlic Noodles Succotash
Spinach Quiche	Sausage & Pepper Sub	Crab Cakes French Fries	Chicken Patty on a Bun	Baked Ham	Broccoli & Cheese Quiche	Breaded Cod Mashed Potatoes
<b>Dessert:</b> Chocolate Chip Cookies	<b>Dessert:</b> Sponge Cake	<b>Dessert:</b> Brownie	<b>Dessert:</b> Apple Pie	<b>Dessert:</b> Pumpkin Pie	<b>Dessert:</b> German Chocolate Cake	<b>Dessert:</b> Chocolate Cream Pie
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Soup: Pasta Fagioli Soup	Soup: Lobster Bisque	Soup: Chicken Orzo Soup	Soup: Navy Bean & Ham Soup	Soup: Tomato & Rice Soup	Soup: Pasta Fagioli Soup	Soup: Cream of Mushroom Soup
Cheesy Baked Ziti California Blend Vegetables	Mushroom Swiss Burger Peas	Salisbury Steak w/Gravy Chive Mashed Potatoes Seasoned Carrots	Beef Ravioli w/Marinara Winter Blend Vegetables	Chicken Divan Casserole Fluffy Rice Herbed Green Beans	Cheese Tortellini Alfredo Glazed Baby Carrots	Crab Mac & Cheese Stewed Tomatoes
Egg Salad Sandwich Beet & Onion Salad	Tuna Noodle Casserole	Personal Cheese Pizza	Fish & Chips	Tuna Salad Sandwich	Egg Salad Sandwich Marinated Cucumber Salad	Kielbasa & Sauerkraut Potato & Cheese Pierogies
<b>Dessert:</b> Rosy Applesauce	<b>Dessert:</b> Ambrosia	<b>Dessert:</b> Honeydew & Cantaloupe	<b>Dessert:</b> Chilled Pineapple	<b>Dessert:</b> Chilled Peaches	<b>Dessert:</b> Assorted Gelatin Cup	<b>Dessert:</b> Tropical Fruit Cup