



TUESDAY, July 1	WEDNESDAY, July 2	THURSDAY, July 3	FRIDAY, July 4	SATURDAY, July 5
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Cheddar Cheese Omelet Hash Browns	Cream of Rice Sausage Link French Toast	Maple Sugar Oatmeal Egg & Sausage Bake Blueberry Muffin	Cream of Wheat Scrambled Eggs Toasted Bagel	Grits Bacon Strips Waffle
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cheese Pizza Garden Salad	Meatloaf w/Gravy Chive Mashed Potatoes California Blend Vegetables	Cheese Lasagna Rollup w/Alfredo Sauce Parslied Carrots	Country Style Ribs Potato Salad Corn Cobette	Veal Piccata Rice Pilaf Brussels Sprouts
app Mashed Potatoes Cream Style Corn	Honey BBQ Chicken Wings Tater Tots	Country Steak w/Gravy Mashed Potatoes	Cheeseburger Macaroni Coleslaw Salad	Cheese Quiche
Dessert:	Dessert:	Dessert:	Dessert:	Dessert:
Unfrosted Marble Cake	Chocolate Pudding	Lemon Meringue Pie	Cupcake	Boston Cream Pie
DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Vegetable Soup	Soup: Mushroom Barley Soup	Soup: Broccoli Cheddar Soup	Soup: Split Pea Soup	Soup: Cream of Potato Soup
Chicken Divan Casserole Fluffy Rice	Cheese Ravioli w/Marinara Peas & Carrots	Turkey Salad Sandwich Beet & Onion Salad	Baked Lemon Tilapia Brown Rice Stewed Tomatoes	Macaroni & Cheese Seasoned Broccoli Florets
Tuna Salad Sandwich	Fish Sticks French Fries	Mushroom Quiche	Egg Salad Sandwich	Kielbasa & Sauerkraut Potato & Cheese Pierogi
Dessert: Chilled Pineapple	Dessert: Chilled Fruit Cocktail	Dessert: Chilled Diced Pears	Dessert: Tropical Fruit Cup	Dessert: Cinnamon Applesauce





SUNDAY, July 6	MONDAY, July 7	TUESDAY, July 8	WEDNESDAY, July 9	THURSDAY, July 10	FRIDAY, July 11	SATURDAY, July 12
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs w/Cheese English Muffin	Cinnamon Oatmeal Turkey Sausage Links Blueberry Pancakes	Cream of Wheat Cheddar Cheese Omelet Cinnamon Coffee Cake	Grits French Toast Sausage Link	Maple Sugar Oatmeal Egg & Cheese Biscuit	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Belgian Waffle Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Meatball Sub Capri Blend Vegetables	Chicken Adobo Jasmine Rice Seasoned Green Beans	Baked Ham Sweet Potato Casserole	Garlic & Sage Chicken Thigh Angel Hair Pasta Winter Blend Vegetables	Sloppy Joe on a Bun Capri Blend Vegetables	Seafood Croquettes Fluffy Rice Prince Edward Blend	Pulled Pork on a Bun Seasoned Broccoli Florets
Breaded Cod Herb Seasoned Orzo	Cheese Ravioli w/Marinara	Crab Cake French Fries Savory Carrots	Eggplant Parm	Chicken Salad Sandwich Beet & Onion Salad	Open Face Reuben	Grilled Cheese Sandwich
Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:
Brownie	Chilled Mandarin Oranges	Vanilla Pudding	Pumpkin Pie	Poke Cake	Lemon Meringue Pie	Chocolate Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup:	Soup:	Soup:	Soup:	Soup:	Soup:	Soup:
Egg Drop Soup	Turkey Rice Soup	Beef Barley Soup	Italian Wedding Soup	Chicken Noodle Soup	Lobster Bisque	Tomato & Rice Soup
Sweet & Sour Pork Fluffy Rice California Blend Vegetables	Sausage, Peppers & Onions Rosemary Garlic Potatoes Italian Blend Vegetables	Stuffed Shells w/Marinara Broccoli Normandy Garlic Bread	Tuna Noodle Casserole Peas & Mushrooms	Cheese Pizza Caesar Salad	Philly Cheese Steak Seasoned Carrots	Penne Pasta w/Meat Sauce Italian Blend Vegetables
Chef Salad Bowl	Tuna Melt	BBQ Riblette on a Bun	Ham Salad Sandwich Cucumber Dill Salad	Egg Salad Sandwich	Popcorn Chicken Tater Tots	Turkey Burger on a Bun
Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:
Assorted Gelatin Cup	Strawberry Cream Pie	Chilled Diced Pears	Fresh Cantaloupe	Chilled Pineapple	Cinnamon Applesauce	Ambrosia





SUNDAY, July 13	MONDAY, July 14	TUESDAY, July 15	WEDNESDAY, July 16	THURSDAY, July 17	FRIDAY, July 18	SATURDAY, July 19
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs English Muffin	Cinnamon Oatmeal Turkey Sausage Links Pancakes	Cream of Wheat Cheese Omelet Hash Browns	Grits French Toast Sausage Link	Cinnamon Oatmeal Egg & Sausage Bake Corn Muffin	Cream of Wheat Scrambled Egg Toasted Bagel	Oatmeal Waffle Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chili with Beans Fluffy Rice Italian Green Beans	Honey Mustard Chicken Parslied Potatoes Creamed Spinach	Chicken Francaise O'Brien Potatoes Italian Vegetable Blend	Herbed Pork Loin Baked Potato Green Beans Oregano	Southern Mac & Cheese Collard Greens Corn Bread	Seafood Newburg Fluffy Rice Seasoned Broccoli Florets	Lemon Pepper Pollock Buttered Orzo Pasta Glazed Carrots
Cheese Lasagna Rollup	Baked Tilapia	Manicotti in Sauce	Chef Salad Bowl	Grilled Chicken on a Bun	Turkey & Cheese Sandwich	Chicken Salad on a Bun
Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:
Chilled Peaches	Pound Cake	Coconut Cream Pie	Rice Pudding	Red Velvet Cookies	Pumpkin Pie	Poke Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Cream of Mushroom Soup	Soup: Corn Chowder	Soup: Garden Vegetable Soup	Soup: Cream of Potato Soup	Soup: Tomato & Rice Soup	Soup: French Onion Soup	Soup: Minestrone Soup
Chicken Burger on Bun Herbed Green Beans	Macaroni & Cheese Seasoned Broccoli Florets	Chicken Tenders French Fries Capri Mixed Vegetables	Fish & Chips Coleslaw	Salisbury Steak w/Gravy Mashed Potatoes Succotash	Sweet & Sour Pineapple Chicken Herbed Rice Peas	Swedish Meatballs Egg Noodles Italian Blend Vegetables
Frank and Beans	Grilled Bratwurst Potato Pancake	Crab Cakes	Personal Cheese Pizza Parslied Carrots	Grilled Cheese w/Tomato	Tuna Salad Sandwich Carrot Raisin Salad	Chicken Nuggets Tater Tots
Dessert: Chilled Peaches	Dessert: Chilled Fruit Cocktail	Dessert: Chilled Pineapple	Dessert: Chilled Mandarin Oranges	Dessert: Chilled Peaches	Dessert: Assorted Gelatin Cup	Dessert: Chilled Diced Pears





SUNDAY, July 20	MONDAY, July 21	TUESDAY, July 22	WEDNESDAY, July 23	THURSDAY, July 24	FRIDAY, July 25	SATURDAY, July 26
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs w/Cheese English Muffin	Cinnamon Oatmeal Turkey Sausage Links Blueberry Pancakes	Cream of Wheat Cheddar Cheese Omelet Cinnamon Coffee Cake	Grits Sausage Link French Toast	Cream of Rice Egg & Cheese Biscuit	Cream of Wheat Scrambled Egg Toasted Bagel	Oatmeal Waffle Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cheesy Baked Ziti Peas & Onions	BBQ Chicken Drum Corn Bread Dressing Green Beans	Chicken Parm Buttered Spaghetti Italian Blend Vegetables	Roast Turkey w/Gravy Garlic Mashed Potatoes Cream Style Corn	Meatloaf w/Mushroom Gravy Scalloped Potatoes Seasoned Broccoli Florets	Lemon Pepper Pollock Cilantro Rice Prince Edward Blend	Chicken Supreme Rice Pilaf Italian Blend Vegetables
Veal & Rice	Stuffed Manicotti	Crab Cake French Fries	Egg Plant Parm on a Bun	Cheese Quiche	Reuben Sandwich	Breaded Cod Mashed Potatoes
Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:
Chocolate Chip Cookies	Spice Cake	Brownie	Apple Pie	Tapioca Pudding	Pound Cake	Chilled Mandarin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Pasta Fagioli Soup	Soup: Lobster Bisque	Soup: Chicken Orzo Soup	Soup: Navy Bean & Ham Soup	Soup: Tomato & Rice Soup	Soup: Pasta Fagioli Soup	Soup: Cream of Mushroom Soup
Italian Sausage, Peppers &Onion Oven-Browned Potatoes California Blend Vegetables	Hotdog on a Bun Baked Beans	Cheese Pizza Seasoned Carrots	Arroz con Pollo California Blend Vegetables	BBQ Riblette on a Bun Sweet Potato French Fries Herbed Green Beans	Cheese Tortellini Alfredo Glazed Baby Carrots	Crab Mac & Cheese Lettuce & Tomato Salad
Egg Salad Sandwich Beet & Onion Salad	Mushroom Swiss Burger	Chicken Caesar Salad	Tuna Salad Sandwich	Vegetable Lasagna	Teriyaki Meatballs Fluffy Rice	Kielbasa & Sauerkraut Potato & Cheese Pierogi
Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:	Dessert:
Rosy Applesauce	Ambrosia	Honey & Cantaloupe	Chilled Pineapple	Chilled Peaches	Assorted Gelatin Cup	Sugar Cookies





SUNDAY, July 27	MONDAY, July 28	TUESDAY, July 29	WEDNESDAY, July 30	THURSDAY, July 31	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Cream of Wheat Cheddar Cheese Omelet English Muffin	Cinnamon Oatmeal Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Hash Browns	Cream of Rice Sausage Link French Toast		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
Sloppy Joe on a Bun California Blend Vegetables	Baked Pork Chop Baked Sweet Potato Seasoned Broccoli Florets	Cheese Pizza Garden Salad	Meatloaf w/Gravy Chive Mashed Potatoes California Blend Vegetables		
Ham Salad Sandwich Creamy Cucumber Salad	Grilled Cheese w/Tomato	Salisbury Steak w/Gravy Mashed Potatoes Cream Style Corn	Honey BBQ Chicken Wings Tater Tots		
Dessert:	Dessert:	Dessert:	Dessert:		
Chilled Diced Pears	Butterscotch Pudding	Unfrosted Marble Cake	Chocolate Pudding		
DINNER	DINNER	DINNER	DINNER	DINNER	
Soup: Egg Drop Soup	Soup: Chicken Noodle Soup	Soup: Vegetable Soup	Soup: Mushroom Barley Soup		
Chicken Stir-Fry Sesame Brown Rice Asian Blend Vegetables	Cheese Burger on a Bun French Fries Baked Beans	Chicken Divan Casserole Fluffy Rice	Cheese Ravioli w/Marinara Peas & Carrots		
Beef Ravioli w/Marinara	Hotdog on a Bun	Tuna Salad Sandwich	Fish Sticks French Fries		
Dessert:					
Pineapple Upside-Down	Dessert:	Dessert:	Dessert:		
Cake	Chilled Diced Peaches	Chilled Pineapple	Chilled Fruit Cocktail		