



February 2024 Menu Selections



				<i>THURSDAY, February 1</i>	<i>FRIDAY, February 2</i>	<i>SATURDAY, February 3</i>
				BREAKFAST	BREAKFAST	BREAKFAST
				Maple Sugar Oatmeal Egg & Sausage Bake Blueberry Muffin	Cream of Wheat Scrambled Eggs Toasted Bagel	Grits Waffles Bacon
				LUNCH	LUNCH	LUNCH
				Cheese Lasagna Rollup or Swiss Steak <i>Sides:</i> Parslied Carrots Mashed Potato French Bread <i>Dessert:</i> Lemon Meringue Pie	Chicken Rice Casserole or Ham Salad on Wheat <i>Sides:</i> Holiday Peas Beet & Onion Salad <i>Dessert:</i> Sugar Cookies	Cranberry Chicken or Cheese Quiche <i>Sides:</i> Brown Rice Pilaf Brussel Sprouts <i>Dessert:</i> Pear Crisp
				DINNER	DINNER	DINNER
				<i>Soup:</i> Broccoli Cheddar Soup Turkey Almondine or Philly Cheese Chicken Sandwich <i>Sides:</i> Fluffy Rice Meadow Blend Vegetables Cole Slaw <i>Dessert:</i> Chilled Diced Pears	<i>Soup:</i> Split Pea Macaroni & Cheese or Baked Lemon Tilapia <i>Sides:</i> Stewed Tomatoes Brown Rice <i>Dessert:</i> Tropical Fruit Cup	<i>Soup:</i> Cream of Potato Turkey Stew or Kielbasa & Sauerkraut <i>Sides:</i> Biscuit Potato & Cheese Pierogi <i>Dessert:</i> Cinnamon Applesauce



February 2024 Menu Selections



<i>SUNDAY, February 4</i>	<i>MONDAY, February 5</i>	<i>TUESDAY, February 6</i>	<i>WEDNESDAY, February 7</i>	<i>THURSDAY, February 8</i>	<i>FRIDAY, February 9</i>	<i>SATURDAY, February 10</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs & Cheese English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Cinnamon Streusal Coffeecake	Grits French Toast Sausage Link	Maple Sugar Oatmeal Egg & Ham Bake Cinnamon Scone	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Belgian Waffle Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Spaghetti & Meatballs or Breaded Cod <i>Sides:</i> Seasoned Green Beans Herb Seasoned Orzo Pasta <i>Dessert:</i> Brownie	Beef Stew or Cheese Ravioli <i>Sides:</i> Parslied Noodles Seasoned Green Beans <i>Dessert:</i> Mandarin Oranges	Pork Chop & Apples or Crab Cakes <i>Sides:</i> Sweet Potato Casserole Savory Carrots French Fries <i>Dessert:</i> Vanilla Ice Cream	Garlic & Sage Chicken Thighs or Eggplant Parmesan <i>Sides:</i> Angel Hair Pasta Winter Blend Vegetables <i>Dessert:</i> Pumpkin Pie	Pineapple Baked Ham or Chicken Salad on Wheat <i>Sides:</i> Chive Mashed Potatoes Seasoned Zucchini Beet & Onion Salad <i>Dessert:</i> Poke Cake	Sloppy Joe on a Bun or Seafood Croquettes <i>Sides:</i> Prince Edward Vegetable Blend Fluffy Rice <i>Dessert:</i> Lemon Meringue Pie	BBQ Riblet on a Bun or Cottage Cheese & Diced Melon <i>Sides:</i> Seasoned Broccoli Florets Corn Muffin <i>Dessert:</i> Hot Cocoa Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Soup:</i> Egg Drop Soup Sweet & Sour Pork or Chef Salad <i>Sides:</i> Fluffy Rice California Blend Vegetables <i>Dessert:</i> Marbled Fruit Gelatin	<i>Soup:</i> Turkey Rice Soup Italian Sausage & Peppers or Tuna Melt Sandwich <i>Sides:</i> Rosemary Garlic Potatoes Italian Vegetable Blend <i>Dessert:</i> Strawberry Cream Pie	<i>Soup:</i> Beef & Barley Soup Stuffed Shells & Sauce or Loaded Turkey Sandwich <i>Sides:</i> Broccoli Normandy Three Bean Salad <i>Dessert:</i> Chilled Diced Pears	<i>Soup:</i> Italian Wedding Soup Tuna Noodle Casserole or Roast Beef & Cheddar Wrap <i>Sides:</i> Pease & Mushrooms Potato Salad <i>Dessert:</i> Fresh Cantaloupe	<i>Soup:</i> Chicken Noodle Soup Cheese Pizza or Egg Salad/Macaroni Salad Plate <i>Sides:</i> Caesar Salad w/ Dressing <i>Dessert:</i> Orange Pineapple Gelatin	<i>Soup:</i> Lobster Bisque Philly Cheesesteak Sub or Ham Salad on Wheat <i>Sides:</i> Tator Tots Spinach Salad <i>Dessert:</i> Caramel Apple Slices	<i>Soup:</i> Tomato & Rice Penna Pasta W/ Meatsauce or Turkey Burger <i>Sides:</i> Italian Vegetable Blend Sweet Potato Fries <i>Dessert:</i> Heavenly Hash



February 2024 Menu Selections



<i>SUNDAY, February 11</i>	<i>MONDAY, February 12</i>	<i>TUESDAY, February 13</i>	<i>WEDNESDAY, February 14</i>	<i>THURSDAY, February 15</i>	<i>FRIDAY, February 16</i>	<i>SATURDAY, February 17</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs English Muffin	Cinnamon Oatmeal Pancakes Turkey Sausage Links	Cream of Wheat Cheese Omelet Hash Browns	Grits French Toast Sausage Link	Cinnamon Oatmeal Egg & Sausage Bake Corn Muffin	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chili with Beans or BBQ Pork on a Bun <i>Sides:</i> Brown Rice Italian Green Beans Cornbread <i>Dessert:</i> Apple Pie	Honey Chicken or Baked Tilapia <i>Sides:</i> Parslied Potatoes Creamed Spinach <i>Dessert:</i> Pound Cake	Pesto Turkey or Manicotti in Sauce <i>Sides:</i> Tri Color Rotini Italian Vegetable Blend <i>Dessert:</i> Coconut Cream Pie	Beef Tips & Mushrooms in Gravy or Chef Salad <i>Sides:</i> Fluffy Rice Green Beans Oregano Dinner Roll <i>Dessert:</i> Strawberry Cream Pie	Rosemary Chicken or Beef Ravioli w/Marinara <i>Sides:</i> Ginger Sweet Potatoes Brussel Sprouts <i>Dessert:</i> Apple Crisp	Pork Loin Roast or Turkey & Cheese Sandwich <i>Sides:</i> Baked Potato Sliced Dilled Carrots Three Bean Salad <i>Dessert:</i> Pumpkin Pie	Baked Lemon Tilapia or Chicken Salad on Bun <i>Sides:</i> Brown Rice Pilaf Sliced Dilled Carrots Tossed Salad w/ Dressing <i>Dessert:</i> Poke Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<i>Soup:</i> Cream of Mushroom Turkey Noodle Casserole or Beef Patty Melt <i>Sides:</i> Herbed Green Beans Cucumber Dill Salad <i>Dessert:</i> Chilled Peaches	<i>Soup:</i> Corn Chowder Macaroni & Cheese or Chicken Tenders <i>Sides:</i> Seasoned Broccoli Florets French Fried Potatoes <i>Dessert:</i> Chilled Fruit Cocktail	<i>Soup:</i> Garden Vegetable Soup Shepherd's Pie or Italian Pork Wrap <i>Sides:</i> Wheat Dinner Roll Italian Beets <i>Dessert:</i> Chilled Pineapple	<i>Soup:</i> Cream of Potato Fish & Chips or Personal Cheese Pizza <i>Sides:</i> Cole Slaw Parslied Carrots <i>Dessert:</i> Chilled Mandarin Oranges	<i>Soup:</i> Tomato & Rice Stuffed Bell Pepper or Grilled Cheese & Tomato <i>Sides:</i> Tuscan Potato Salad Garden Salad <i>Dessert:</i> Peaches & Cream	<i>Soup:</i> Hearty Vegetable Soup Sweet & Sour Pineapple Chicken or Crab Salad Sandwich <i>Sides:</i> Herbed Rice Chuckwagon Corn Carrot Raisin Salad <i>Dessert:</i> Assorted Gelatin Cup	<i>Soup:</i> Vegetable Florentine Hot Dog on a Bun or Cottage Cheese Pineapple Plate <i>Sides:</i> Tator Tots Italian Vegetable Blend Muffin <i>Dessert:</i> Chilled Diced Pears



SUNDAY, February 18	MONDAY, February 19	TUESDAY, February 20	WEDNESDAY, February 21	THURSDAY, February 22	FRIDAY, February 23	SATURDAY, February 24
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled Eggs & Cheese English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Cinnamon Streusal Coffeecake	Grits French Toast Sausage Link	Cream of Rice Egg & Ham Bake Blueberry Scone	Cream of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffles Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham or Spinach Quiche Sides: Fluffy Rice Peas & Onions Dessert: Chocolate Chip Cookies	BBQ Chicken Leg or Sausage & Peppers on a Roll Sides: Cornbead Stuffing Green Beans & Pimento Dessert: Spice Cake	Parmesan Chicken or Crab Cake Sides: Buttered Spaghetti Italian Vegetable Blend French Fried Potatoes Dessert: Brownie	Roasted Turkey & Gravy or Grilled Ham & Cheese Sides: Garlic Mashed Potatoes Cream Style Corn Dessert: Apple Pie	Cheese Baked Ziti or Turkey & Swiss Sandwich Sides: Seasoned Broccoli Florets Three Bean Salad Dinner Roll Dessert: Tapioca Pudding	Meatloaf or Broccoli Cheese Quiche Sides: Scalloped Potatoes Prince Edward Vegetables Dessert: German Chocolate Cake	Beef Stroganoff or Breaded Cod Sides: Garlic Noodles Succotash Mashed Potatoes Dessert: Chocolate Cream Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Pasta Fagioli Italian Pasta Bake or Egg Salad on Wheat Sides: California Vegetables Beet & Onion Salad Dessert: Rosy Applesauce	Soup: Lobster Bisque Tuna Noodle Casserole or Mushroom Swiss Burger Sides: Peas & Onions Beet & Onion Salad Dessert: Anbroisia	Soup: Chicken Orzo Soup Salisbury Steak or Turkey California Wrap Sides: Seasoned Carrots Chive Mashed Potatoes Potato Salad Dessert: Honey Dew & Cantaloupe Cubes	Soup: Navy Bean & Ham Beef Ravioli or Chicken Salad/Pita Plate Sides: Caesar Salad w/ Dressing Dessert: Chilled Pineapple	Soup: Tomato & Rice BBQ Riblette on a Bun or Vegetable Lasagna Sides: Sweet Potato Fries Herbed Green Beans Dessert: Chilled Peaches	Soup: Pasta Fagioli Cheese Tortellini Alfredo or Egg Salad on Wheat Sides: Glazed Baby Carrots Marinated Cucumbers Dessert: Assorted Gelatin Cup	Soup: Cream of Mushroom Crab Mac & Cheese or Kielbasa & Sauerkraut Sides: Lettuce & Tomato Salad Potato & Cheese Pierogi Dessert: Chilled Tropical Fruit



February 2024 Menu Selections



SUNDAY, February 25	MONDAY, February 26	TUESDAY, February 27	WEDNESDAY, February 28	THURSDAY, February 29		
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST		
Cream of Wheat Cheddar Cheese Omelet English Muffin	Cinnamon Oatmeal Pancakes Turkey Sausage Links	Cream of Wheat Cheddar Cheese Omelet Hash Browns	Cream of Rice French Toast Sausage Link	Maple Sugar Oatmeal Egg & Sausage Bake Blueberry Muffin		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
Penne Pasta w/Meatsauce or Ham Salad on Wheat Sides: California Vegetables Creamy Cucumbers Dessert: Chilled Pears	French Onion Pork Chop or Chicken Dijon Sides: Herbed Rice Seasoned Broccoli Florets Dessert: Butterscotch Pudding	Cheese Pizza or Salisbury Steak Sides: Tossed Salad Cream Style Corn Mashed Potatoes Dessert: Unfrosted Marble Cake	Meatloaf or Honey BBQ Chicken Wing Sides: California Blend Vegetables Tator Tots Dessert: Black Forest Pudding	Cheese Lasagna Rollup or Swiss Steak Sides: Parslied Carrots Mashed Potato French Bread Dessert: Lemon Meringue Pie		
DINNER	DINNER	DINNER	DINNER	DINNER		
Soup: Egg Drop Soup Beef Patty Melt or Chicken Stir-Fry Sides: Three Bean Salad Sesame Brown Rice Dessert: Pineapple Upside-down Cake	Soup: Chicken Noodle Soup Cheeseburger on a Bun or Hot Dog on a Bun Sides: French Fried Potatoes Corn & Bean Salad Dessert: Diced Peaches	Soup: Vegetable Soup Arroz Con Pollo or Tuna Salad on Wheat Sides: Italian Vegetables Dill Potato Salad Dessert: Seasonal Fresh Fruit	Soup: Mushroom Barley Stuffed Cabbage Roll or Turkey Pot Pie Sides: Fluffy Rice Peas & carrots Dessert: Chilled Fruit Cocktail	Soup: Broccoli Cheddar Soup Turkey Almondine or Hilly Cheese Chicken Sandwich Sides: Fluffy Rice Meadow Blend Vegetables Cole Slaw Dessert: Chilled Diced Pears		