

February 2024 Menu Selections



				THURSDAY, February 1	FRIDAY, February 2	SATURDAY, February 3
				BREAKFAST	BREAKFAST	BREAKFAST
				Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Corned Beef Hash Cherry Turnover Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll French Toast Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
				LUNCH	LUNCH	LUNCH
				Matzo Ball BBQ Pulled Chicken Sandwich on Kaiser Roll w/ Homemade Potato Salad and Coleslaw OR Popcorn Shrimp Over Greens w/Cucumber/Tomatoes and Lemon Wedge Brownies	Cream of Turkey Roast Beef Sandwich on Rye Horseradish Mayo/Potato Chips and Pickles OR Creamy Farfalle Pasta w/ Bacon and Peas Warm Breadstick Root Beer Float	Tomato and Basil Grilled Cheese w/Bacon and Tomatoes/Potato Chips and Pickles OR Smoked Salmon Platter w/ Capers/Red Onions and Hardboiled Egg Choice of Dressing Tapioca Pudding
				DINNER	DINNER	DINNER
				Vegetable Corned Beef and Cabbage OR Boston Filet Fish w/ Capers Side Dishes: Boiled Potatos Carrots Tartar Sauce and Lemon Mini Cheesecakes	Tortellini Polska Kielbasa w/Mustard OR Open Faced Turkey w/Gravy Side Dishes: Zesty Noodles Creamed Spinach Dinner Roll Ice Cream Sandwich	Italian Wedding Swiss Steak OR Vegetable Lo Mein Side Dishes: Au Gratin Potatoes Garden vegetables Egg Roll Chocolate Chip Cookies



<i>SUNDAY, February 4</i>	<i>MONDAY, February 5</i>	<i>TUESDAY, February 6</i>	<i>WEDNESDAY, February 7</i>	<i>THURSDAY, February 8</i>	<i>FRIDAY, February 9</i>	<i>SATURDAY, February 10</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage FBreakfast sandwich Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Assorted Danish Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Belgian Waffle Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Donut Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Lentil Hot Pastrami on Rye w/ Swiss Cheese/Mustard Onion Rings and Coleslaw OR Spinach Salad w/Grilled Chicken/Fresh strawberries and Toasted Walnuts Coconut Custard Pie	Beef Barley Sloppy Joe on a Kaiser Roll w/ Homemade Macaroni Salad and Pickles OR Chicken Waldorf Salad w/ Craisins/Toasted Almonds and Fresh Apples Ice Cream Sundae	Carrot and Tomato Dill Crispy Fish Filet Sandwich w/Lettuce/Tomato/Mayo Coleslaw and Fries OR Macaroni and Cheese with Green Peas Dinner Roll Pumpkin Pie	Manhattan Clam Chowder Shrimp and Vegetable Stir Fry w/ Steamed White Rice Egg Roll OR BLT Club Sandwich w/ Homemade Macaroni Salad and Pickles Carrot cake	Split Pea and Ham Chili Hot Dog w/ Onion and Cheese/Potato Fries and Coleslaw OR Mediterrear Tuna Salad w/ Olives/Red Onion/Tomato Garbanzos and Artichoke Banana Pudding	Italian Wedding Stuffed Baked Potato w/Bacon and Cheese Garden Salad on the Side OR Turkey and Cranberry Mayo Wrap w/Broccoli Sprout/Apple Cream Cheese/Sweet Potato Fries and Pickles Fruited Jello	Chicken and Vegetable Pierogies and Caramelized Onions/Steamed Peas and Sour Cream OR Homemade Lobster Salad Over Mixed Greens Fresh Baked Cookies
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pasta Fagioli Chicken Cordon Blue OR Crab Cakes Side Dishes: Baked Potato w/Sour Cream Lima Beans/Cauliflower Tartar Sauce and Lemon Sliced Pears	Seafood bisque Smothered Pork Chops OR Western Quiche Side Dishes: Mashed Potatoes Sauteed Spinach Pearl Onions White Macademia Cookies	Chicken Ginger and Rice Filet Mignon OR Primavera Pasta Side Dishes: Baked Potato Steamed Broccoli Warm Breadsticks Chocolate ice Cream Cup	Butternut Squash Salmon Piccata OR Butternut Lasagna Side Dishes: Rice Pilaf Sauteed Zucchini Garlic Bread Rice Pudding	Minestrone Southern Fried Chicken OR Sole Almondine Side Dishes: Mashed Potato Green Beans/Cornbread Tartar Sauce and Lemon NAS Apple Pie	Potato Leek Beef Stroganoff OR Cheese Pizza Side Dishes: Buttered Noodles Garden Vegetables Tossed Salad Banana Split	Minestrone Korean Chicken Wings OR Broiled Cod Loin Side Dishes: Sweet Yam Brussel Sprouts Dinner Roll Sliced Apricots



SUNDAY, February 11	MONDAY, February 12	TUESDAY, February 13	WEDNESDAY, February 14	THURSDAY, February 15	FRIDAY, February 16	SATURDAY, February 17
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Danish Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll French Toast Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Corned Beef Hash Blueberry Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Turkey Noodle Chicken Tenders w/ Honey Mustard/French Fries and Coleslaw OR Turkey Club Sandwich Three Bean Salad and Potato Chips NAS Vanilla Pudding	Sausage, Cabbage, and Potato Homemade Broccoli and Cheese Quiche with Fresh Fruits on the Side OR Italian Sub Sandwich Potato Chips and and Pickles Peanut Butter Cookies	Cream of Broccoli Tuna Melt on English Muffin with Beets Salad and Pickles OR Thai Chicken Salad w/Avocado Tomat/Cucumber/Cilantro Thai Peanut Sauce Butterscotch Pudding	Chicken and Vegetable Stuffed Cabbage with Garden Vegetables and Garlic Bread OR Homemade Shrimp Salad Over Mixed Greens Choice of Dressing Sliced Pears	Broccoli and Cheese Open Faced Turkey with Gravy/Onion Rings/Coleslaw OR Harvest Berry Salad Platter Over Greens w/Toasted Pecans Cranberry Orange Cookie	Vegetable Fish and Chips Burger with Sweet Potato Fries and Coleslaw OR Seasonal Fresh Fruit and Cottage Cheese Platter Eclairs	Chicken Broth w/Noodles Hot Dog On a Bun with Sauerkraut/Baked Beans and Coleslaw OR Seafood Salad Served Over Garden Greens with Crackers On the Side Southern Pecan Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Navy Bean Yankee Pot Roast OR Omelet Made to Order Side Dishes: Au Gratin Potato Carrot and Corn Medley Warm Dinner Roll Homemade Ambrosia	French Onion Pasta Bolognese OR Baked Tilapia Side Dishes: Baked Potato Zucchini/Cauliflower Dinner Roll Peaches Ala Mode	Alphabet BBQ Pork Spare Ribs OR Broiled Haddock Side Dishes: Corn on the Cob Green Beans Tartar Sauce and Lemon Apple Dumpling	Lentil Chicken Marsala OR Sausage Gnocchi Side Dishes: Scalloped Potatoes Cauliflower Florets Baby Spinach Ice Cream Cone	Matzo Ball Turk and Surf (Beef and Shrimp) OR Turkey Tetrazini Side Dishes: Mashed Potato Broccoli Florets Dinner Roll Marble Pound Cake	Italian Wedding Fiesta Lime Chicken OR Veggie Burger w/Lettuce and Tomato Side Dishes: Rice Pilaf Corn Black Bean Medley Fresh Salsa Lettuce and Tomato Warm Apple Crisp	Splt Pea Spaghetti and Meatballs OR Filet of Salmon Side Dishes: Rice Pilaf Fired Roasted Vegetables Dinner Roll Boston Creme Pie



<i>SUNDAY, February 18</i>	<i>MONDAY, February 19</i>	<i>TUESDAY, February 20</i>	<i>WEDNESDAY, February 21</i>	<i>THURSDAY, February 22</i>	<i>FRIDAY, February 23</i>	<i>SATURDAY, February 24</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffles FresH Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes FresH Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast FresH Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich FresH Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Bake Muffin FresH Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes FresH Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Donut FresH Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Spinach and White Bean Chili Con Carne w/Cheese Onion/Cornbread and Sour Cream OR Turkey Club Sandwich w/ Threen Bean Salad and Potato Chips Peach Berry Pie	Tuscan Bread Grilled Cheese w/Bacon and Tomato/Apple Celery Salad and Pickles OR Fresh Fruit and Cottage Cheese with Crackers on the Side Oatmeal Raisin Cookies	New England Chowder Monte Cristo on Brioche with Homedmade Cucumber Salad and Potato Chips OR Asian Chopped Salad with Chicken/Tomato/Cucumber Avocado and Bean Sprout Chocolate Peanut Butter Cake	Hearty Potato California Cheeseburger w/ Lettuce/Tomato/Onion Rings and Pickles OR Tuna Nicoise Salad w/Green Beans/Potatoes/Eggs/Red Onion and French Vinaigrette Sliced Peaches	Potato Leek Penne Pasta w/Butternut Squash/Sausage/Parmesan Cheese and Garlic Bread OR Mediterranean Turkey Wrap w/Homemade Cucumber Salad and Potato Chips Chocolate Chip Cookies	Butternut Squash Homemade Lobster Salad on Hoagie Roll w/Corn on the Cob and Coleslaw OR Honey Mustard Ham and Brie Sandwich with Carrot, Raisin Salad and Pickles Tiramisu	Cream of Broccoli Grilled Cuban Sandwich with Homemade Potato Salad and Pickles OR Homemade Shrimp Salad Over Garden Greens Root Beer Floats
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Gumbo Stuffed Chicken OR Crab Cake w/Tartar Sauce Side Dishes: Boiled Potatoes Sauteed Zucchini Corn Niblets Sugar Free Fruited Jello	Lentil Butterfly Shrimp OR Penne Ala Vodka Side Dishes: Baked Potato Garden Vegetable GARlic Bread Peach Melba	Beef Barley Braised Pork Loin OR Filet of Flounder Side Dishes: Candied Yam Roasted Brussel Sprout Succotash NAS Vanilla Pudding	Seafood Bisque Sweet and Sour Meatballs OR Stuffed Sole Side Dishes: Steamed White Rice Snap Peas/Cauliflower Dinner Roll Strawberry Shortcake	Tortellini Kielbasa and Sauerkraut OR Omelet Made to Order Side Dishes: Au Grati Potatoes Creamed Spinach Harvard Beets Fruit Berry Pie	Vegetable Korean Chicken Wings OR Cheese Pizza Side Dishes: French Fries Celery and Carrot Sticks Garden Salad Orange Creamsicle	Italian Wedding Salisbury Steak OR Baked Haddock Side Dishes: Mashed Potatoes Garden Vegetables Hone Wheat Dinner Roll NAS Blueberry Pie



<i>SUNDAY, February 25</i>	<i>MONDAY, February 26</i>	<i>TUESDAY, February 27</i>	<i>WEDNESDAY, February 28</i>	<i>THURSDAY, February 29</i>	<i>FRIDAY, March 1</i>	<i>SATURDAY, March 2</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffles Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Buttermilk Pancakes Fresh Fruit Salad/Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Danish Fresh Fruit Salad/Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruit Salad/Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffles Fresh Fruit Salad/Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Blueberry Pancakes Fresh Fruit Salad/Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Fresh Fruit Salad/Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Split Pea French Bread Pizza with Fresh Garden Salad On the Side OR Shrimp Caesar Salad with Homemade Croutons and Parmesan Cheese Tapioca Pudding	Cream of Broccoli Ham and Gruyere Cheese Quiche with Fresh Fruit Salad On the Side OR Grilled Vegetable Wrap with Fresh Mozzarella/Pesto Mayo Potato Chips and Pickles Cream Puffs	Tuscan Bread Cheese Raviolis w/Marinara Sauce/Parmesan Cheese and Garlic Bread OR Roast Beef Sandwich with Horseradish Sauce/Potato Salad and Pickles Warm Apple Crisp	Manhattan Clam Chowder Turkey Burger on Bun Lettuce/Tomato/Waffle Fries and Pickles OR Waldorf Chicken Salad with Fresh Apples/Craisins and Toasted Almonds Sliced Peaches	Potato Leek Terikayi Salmon Rice Bowl w/Avocado/Cucumber Corn and Bean Sprout OR Italian Submarine Sandwich w/Macaroni Salad and Pickles Lemon Meringue Pie	Beef Barley Eggplant Parmesan Served Over Spaghetti with Garlic Bread OR Tuna Fish on Whole Grain with Three Bean Salad and Potato Chips Pound Cake	Hearty Vegetable Chicken Tenders w/Honey Mustard/French Fries and Coleslaw OR Homemade Egg Salad Platter Crackers On the Side Chocolate Layer Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Turkey and Orzo Chicken Cutlet OR Baked Flounder Side Dishes: Garlic Mashed Potatoes Stewed Tomatoes Green Beans Oatmeal Raisin Cookies	Alphabet Beef Stroganoff OR Baked Cheese Lasagna Side Dishes: Buttered Noodles Steamed Peas Barlic Bread Homemade Ambrosia	Chicken Noodle Chicken Francaise OR Garlic Butter Salmon Side Dishes: Rice Pilaf Steamed Asparagus Tartar Sauce NAS Chocolate Pudding	Butternut Squash Spaghetti and Meat Sauce OR Stuffed Filet of Sole Side Dishes: Roast Potatoes Sauteed Baby Spinach Tartar Sauce Cheesecake	Minestrone Pork Florentine OR Tortellini with Marinara Sauce Side Dishes: Baked Sweet Potato Fuji Apples Lima Beans Apple Dumpling Ala Mode	Carrot Dill Shepherd's Pie OR Shrimp Tempura Side Dishes: Baked Potato w/Sour Cream Broccoli Florets Honey Wheat Dinner Roll Ice Cream Sandwich	Turkey and Rice Braised Brisket OR Pasta Cheese Rollette Side Dishes: Au Gratin Potatoes Glazed Carrots Garden Peas Snickerdoodles