

The *Avalon*
At Hillsborough

March 2026 Menu Selections



SUNDAY, March 1	MONDAY, March 2	TUESDAY, March 3	WEDNESDAY, March 4	THURSDAY, March 5	FRIDAY, March 6	SATURDAY, March 7
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Hash brown Patty Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Beef Barley Patty Melt with Swiss Cheese and Sautéed Onions on Marble Rye with French Fries OR Tuna Fish Sandwich on White Toast with Potato Chips and Pickles Peaches and Cream	Cream of Broccoli Angel Hair Pasta with Marinara Sauce, Garlic Bread, and a Side Salad OR Egg Salad on a Croissant with Three Bean Salad and Pickles NAS Chocolate Pudding	Carrot Dill Italian Hotdog with Potatoes, Peppers & Onions, and French Fries OR Grilled Chicken and Peach Salad with Corn Over Garden Greens Fruited Jell-O	Autumn Lobster Roll on a Bun with Corn Niblets and Coleslaw OR Fresh Fruit and Cottage Cheese Platter Oatmeal Raisin Cookies	Hearty Vegetable BBQ Pulled Pork on a Hawaiian Roll with Onion Rings and Coleslaw OR Summer Berry Salad W/ Diced Turkey, Toasted Almonds, and Raspberry Vinaigrette Chocolate Éclair Ice Cream Bar	Split Pea Fish and Chips with Tartar Sauce and Lemon Wedge OR Chef's Salad Platter Over Garden Greens with Your Choice of Dressing Rainbow Sprinkled Cookies	Cream of Broccoli Homemade Sloppy Joe on a Bun with Potato Chips and Pickles OR Shrimp Caesar Salad with Parmesan Cheese and Croutons Mandarin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
New England Clam Chowder Honey Pork OR Sole Almandine <i>Side Dishes:</i> Mashed Potatoes Snap Peas Dinner Roll Apple Pie	Chicken Noodle Filet Mignon OR Cavatelli and Broccoli <i>Side Dishes:</i> Baked Potato Broccoli Florets Garden Salad Chocolate Nut Brownie	Butternut Squash French Onion Chicken OR Baked Tilapia <i>Side Dishes:</i> Egg Noodles Sautéed Zucchini Steamed Cauliflower Lemon Meringue Pie	Minestrone Homemade Chili OR Fish Florentine <i>Side Dishes:</i> Scalloped Potatoes Greens Beans Cornbread Caramel Apple Crumb Cake	Potato Leek Chicken Cordon Bleu OR Cheese Pizza <i>Side Dishes:</i> Roasted Potatoes Garden Vegetables Garden Salad Peach Pie	Turkey and Ozo Beef and Broccoli Stir Fry OR Crab Cake <i>Side Dishes:</i> Fried Rice Broccoli Florets Corn Niblets Red Velvet Cake	Sausage, Potato, and Cabbage Corned Beef and Cabbage OR Broiled Cod Loin <i>Side Dishes:</i> Boiled Potatoes Steamed Carrots Irish Soda Bread Carrot Cake

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SUNDAY, March 8	MONDAY, March 9	TUESDAY, March 10	WEDNESDAY, March 11	THURSDAY, March 12	FRIDAY, March 13	SATURDAY, March 14
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Hash brown Patty Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Beef Barley Stuffed Baked Potato with Bacon, Cheddar Cheese, and Garden Salad on the Side OR BLT with Homemade Macaroni Salad and Potato Chips Rice Pudding	Minestrone Grilled Chicken, Roasted Pepper, and Mozzarella Sub with Pesto Pasta Salad OR Taco Salad with Guacamole, Salsa, and Sour Cream Over Garden Greens Banana Parfait	Carrot Dill Cowboy BBQ Burger with BBQ Sauce and an Onion Ring with Potato Salad and Pickles OR Tuna Salad Platter Over Garden Greens and Crackers on the Side Peanut Butter Cookies	Chicken Broth with Noodles Shrimp Stir Fry Served Over Steamed Rice with egg Roll and Fortune Cookie OR Grilled Steak and Bleu Cheese Salad with Cherry Tomatoes with Your Choice of Dressing Sliced Pears	Hearty Vegetable Sausage and Peppers Sub with French Fries and Pickles OR Tuna Fish Sandwich with Lettuce, Tomato, and Potato Chips Snickerdoodle Cookies	Tomato Macaroni and Cheese with Steamed Carrots and Cauliflower OR Smoked Salmon Platter with Hardboiled egg, Capers, Red Onions Over Garden Greens Ice Cream Cone	Cream of Broccoli Grilled Chicken Caesar Wrap with Pasta Salad and Potato Chips OR Chef's Salad Platter Over Garden Greens with Your Choice of Dressing Rice Pudding
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Spinach and White Bean BBQ Spare Ribs OR Pierogies with Onions <i>Side Dishes:</i> Baked Sweet Potato Green Beans Dinner Roll Lemon Pound Cake	Chicken Noodle Chopped Steak w/ Onion Gravy OR Filet of Flounder <i>Side Dishes:</i> Egg Noodles Broccoli Florets Cauliflower Warm Peach Crumble	Butternut Squash Spaghetti and Meatballs OR Stuffed Sole <i>Side Dishes:</i> Rice Pilaf Sautéed Zucchini Garlic Bread Blondie	Matzo Ball Rotisserie Chicken OR Kielbasa with Sauerkraut <i>Side Dishes:</i> Roasted Potatoes Glazed Carrots Steamed Asparagus Pecan Pie	Potato Leek Linguini w/ White Clam Sauce OR Chicken Cutlet <i>Side Dishes:</i> Corn Casserole Broccoli Florets Dinner Roll Tiramisu	Autumn Sliced Roast Beef w/ Gravy OR Filet of Pollock <i>Side Dishes:</i> Mashed Potatoes Harvard Beets Garden Salad Strawberry Shortcake	Chicken and Rice Beef Stroganoff OR Lemon Dill Flounder <i>Side Dishes:</i> Egg Noodles Sautéed Zucchini Pearl Onions Vanilla Frosted Cake



March 2026 Menu Selections



<i>SUNDAY, March 15</i>	<i>MONDAY, March 16</i>	<i>TUESDAY, March 17</i>	<i>WEDNESDAY, March 18</i>	<i>THURSDAY, March 19</i>	<i>FRIDAY, March 20</i>	<i>SATURDAY, March 21</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Hash brown Patty Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Stuffed Pepper Sausage and Peppers Sub with French Fries and Pickles OR Penne alla Vodka with Sliced Italian Bread Cheesecake	Split Pea Hot Pastrami on Rye with Potato Chips and Cucumber Salad OR Tempura Shrimp Salad with Mandarins, Cucumbers, and Sesame Vinaigrette Fruited Jell-O	Turkey and Rice Grilled Cheese with Tomato, Bacon, and Potato Chips OR Lemon Dill Chicken Salad Over Garden Greens with Your Choice of Dressing Chocolate Chip Cookies	Tuscan Bread Lobster Roll on a Bun with Corn Niblets and Coleslaw OR Fresh Fruit and Cottage Cheese Platter Red Velvet Cake	New England Clam Chowder Roasted Turkey, Stuffing and Cranberry Sauce Sandwich with Sweet Potato Fries OR Antipasto Salad with Ham, Salami, Olives, Roasted Peppers and Mozzarella Fruited Jell-O	Hearty Vegetable Hot Pastrami on Rye with Potato Chips and Cucumber Salad OR Tempura Shrimp Salad with Mandarins, Cucumbers, and Sesame Vinaigrette Banana Pudding	Beef Barley Patty Melt with Swiss Cheese & Sautéed Onions on Marble Rye with French Fries OR Tuna Fish Sandwich on White Toast with Potato Chips and Pickles Peaches and Cream
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Matzo Ball Chicken Cordon Bleu OR Pierogies with Onions <i>Side Dishes:</i> Roasted Potatoes Garden Vegetables Garden Salad Peach Pie	Chicken Noodle Rigatoni Bolognese OR Broiled Haddock <i>Side Dishes:</i> Rice Pilaf Broccoli Florets Garlic Bread Apple Raspberry Pie	Butternut Squash Corn Beef and Cabbage OR Baked Ziti <i>Side Dishes:</i> Baby Boiled Potatoes Steamed Carrots Pearl Onions Pound Cake	Minestrone Butterfly Shrimp OR Veggie Burger on a Bun <i>Side Dishes:</i> Baked Potato Green Beans Cauliflower Cannolis	Chicken Gumbo Fettuccine Alfredo OR Cheese Pizza <i>Side Dishes:</i> Garden Peas Steamed Carrots Garlic Bread Boston Cream Pie	Sausage, Potato, and Cabbage Meatloaf with Gravy OR Eggplant Rollatini <i>Side Dishes:</i> Mashed Potatoes Stewed Tomatoes Corn Niblets Fresh Baked Cupcakes	Turkey and Rice Chicken Cacciatore OR Broiled Cod Loin <i>Side Dishes:</i> Scalloped Potatoes Steamed Carrots Green Beans Orange Frosted Cake



March 2026 Menu Selections



SUNDAY, March 22	MONDAY, March 23	TUESDAY, March 24	WEDNESDAY, March 25	THURSDAY, March 26	FRIDAY, March 27	SATURDAY, March 28
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Hash brown Patty Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Carrot Dill Hot Pastrami on Rye with Potato Chips and Cucumber Salad OR Tempura Shrimp Salad with Mandarins, Cucumbers, and Sesame Vinaigrette Chocolate Cake	Tomato Macaroni and Cheese with Steamed Carrots and Cauliflower OR Smoked Salmon Platter with Hardboiled egg, Capers, Red Onions Over Garden Greens Ice Cream Cone	Stuffed Pepper Grilled Cheese with Tomato, Bacon, and Potato Chips OR Lemon Dill Chicken Salad Over Garden Greens with Your Choice of Dressing Chocolate Chip Cookies	Split Pea Fish and Chips with Tartar Sauce and Lemon Wedge OR Chef's Salad Platter Over Garden Greens with Your Choice of Dressing Apple Pie	Carrot Dill Cowboy BBQ Burger with BBQ Sauce and an Onion Ring with Potato Salad and Pickles OR Tuna Salad Platter Over Garden Greens and Crackers on the Side Peanut Butter Cookies	Chicken Broth with Noodles Shrimp Stir Fry Served Over Steamed Rice with egg Roll and Fortune Cookie OR Grilled Steak and Bleu Cheese Salad with Cherry Tomatoes with Your Choice of Dressing Sliced Pears	Cream of Broccoli Homemade Sloppy Joe on a Bun with Potato Chips and Pickles OR Shrimp Caesar Salad with Parmesan Cheese and Croutons Cherry Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Noodle Filet Mignon OR Cavatelli and Broccoli <i>Side Dishes:</i> Baked Potato Broccoli Florets Garden Salad Chocolate Nut Brownie	Italian Wedding Chicken Cacciatore OR Broiled Cod Loin <i>Side Dishes:</i> Scalloped Potatoes Steamed Carrots Green Beans Boston Cream Pie	French Onion Homemade Lasagna OR Baked Haddock <i>Side Dishes:</i> Skillet Potatoes String Beans Garlic Bread Strawberry Shortcake	Manhattan Clam Chowder Honey Pork OR Sole Almandine <i>Side Dishes:</i> Mashed Potatoes Snap Peas Dinner Roll Ice Cream Sundae	Matzo Ball Rotisserie Chicken OR Kielbasa with Sauerkraut <i>Side Dishes:</i> Roasted Potatoes Glazed Carrots Steamed Asparagus Pecan Pie	Potato Leek Linguini w/ White Clam Sauce OR Chicken Cutlet <i>Side Dishes:</i> Corn Casserole Broccoli Florets Dinner Roll Tiramisu	Spinach and White Bean BBQ Spare Ribs OR Pierogies with Onions <i>Side Dishes:</i> Baked Sweet Potato Green Beans Garden Salad Lemon Pound Cake



March 2026 Menu Selections



<i>SUNDAY, March 29</i>	<i>MONDAY, March 30</i>	<i>TUESDAY, March 31</i>				
BREAKFAST	BREAKFAST	BREAKFAST				
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam				
LUNCH	LUNCH	LUNCH				
Beef Barley Patty Melt with Swiss Cheese and Sautéed Onions on Marble Rye with French Fries OR Tuna Fish Sandwich on White Toast with Potato Chips and Pickles Peaches and Cream	Cream of Broccoli Angel Hair Pasta with Marinara Sauce, Garlic Bread, and a Side Salad OR Egg Salad on a Croissant with Three Bean Salad and Pickles NAS Chocolate Pudding	Carrot Dill Italian Hotdog with Potatoes, Peppers & Onions, and French Fries OR Grilled Chicken and Peach Salad with Corn Over Garden Greens Fruited Jell-O				
DINNER	DINNER	DINNER				
New England Clam Chowder Honey Pork OR Sole Almandine <i>Side Dishes:</i> Mashed Potatoes Snap Peas Dinner Roll Apple Pie	Chicken Noodle Filet Mignon OR Cavatelli and Broccoli <i>Side Dishes:</i> Baked Potato Broccoli Florets Garden Salad Chocolate Nut Brownie	Butternut Squash French Onion Chicken OR Baked Tilapia <i>Side Dishes:</i> Egg Noodles Sautéed Zucchini Steamed Cauliflower Lemon Meringue Pie				