

# January 2025 Menu Selections



			<i>WEDNESDAY, January 1</i>	<i>THURSDAY, January 2</i>	<i>FRIDAY, January 3</i>	<i>SATURDAY, January 4</i>
			<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
			Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
			<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
			Beef Barley  Patty Melt with Swiss Cheese and Sautéed Onions on Marble Rye with French Fries OR Tuna Fish Sandwich on White Toast with Potato Chips and Pickles  Peaches and Cream	Cream of Broccoli  Angel Hair Pasta with Marinara Sauce, Garlic Bread, and a Side Salad OR Egg Salad on a Croissant with Three Bean Salad and Pickles  NAS Chocolate Pudding	Carrot Dill  Italian Hotdog with Potatoes, Peppers & Onions, and French Fries OR Grilled Chicken and Peach Salad with Corn Over Garden Greens  Fruited Jell-O	Autumn  Lobster Roll on a Bun with Corn Niblets and Coleslaw OR Fresh Fruit and Cottage Cheese Platter  Oatmeal Raisin Cookies
			<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
			New England Clam Chowder Honey Pork OR Sole Almandine <i>Side Dishes:</i> Mashed Potatoes Snap Peas Dinner Roll  Apple Pie	Chicken Noodle Filet Mignon OR Cavatelli and Broccoli <i>Side Dishes:</i> Baked Potato Broccoli Florets Garden Salad  Chocolate Nut Brownie	Butternut Squash French Onion Chicken OR Baked Tilapia <i>Side Dishes:</i> Egg Noodles Sautéed Zucchini Steamed Cauliflower  Lemon Meringue Pie	Minestrone Homemade Chili OR Fish Florentine <i>Side Dishes:</i> Scalloped Potatoes Greens Beans Cornbread  Caramel Apple Crumb Cake

# The Avalon

At Hillsborough

## January 2025 Menu Selections



SUNDAY, January 5	MONDAY, January 6	TUESDAY, January 7	WEDNESDAY, January 8	THURSDAY, January 9	FRIDAY, January 10	SATURDAY, January 11
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Hashbrown Patty Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Hearty Vegetable BBQ Pulled Pork on a Hawaiian Roll with Onion Rings and Coleslaw OR Summer Berry Salad W/ Diced Turkey, Toasted Almonds, and Raspberry Vinaigrette  Chocolate Éclair Ice Cream Bar	Split Pea Fish and Chips with Tartar Sauce and Lemon Wedge OR Chef's Salad Platter Over Garden Greens with Your Choice of Dressing  Rainbow Sprinkled Cookies	Cream of Broccoli Homemade Sloppy Joe on a Bun with Potato Chips and Pickles OR Shrimp Caesar Salad with Parmesan Cheese and Croutons  Mandarin Oranges	Beef Barley Stuffed Baked Potato with Bacon, Cheddar Cheese, and Garden Salad on the Side OR BLT with Homemade Macaroni Salad and Potato Chips  Rice Pudding	Minestrone Grilled Chicken, Roasted Pepper, and Mozzarella Sub with Pesto Pasta Salad OR Taco Salad with Guacamole, Salsa, and Sour Cream Over Garden Greens  Banana Parfait	Carrot Dill Cowboy BBQ Burger with BBQ Sauce and an Onion Ring with Potato Salad and Pickles OR Tuna Salad Platter Over Garden Greens and Crackers on the Side  Peanut Butter Cookies	Chicken Broth with Noodles Shrimp Stir Fry Served Over Steamed Rice with egg Roll and Fortune Cookie OR Grilled Steak and Bleu Cheese Salad with Cherry Tomatoes with Your Choice of Dressing  Sliced Pears
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Potato Leek Chicken Cordon Bleu OR Cheese Pizza <i>Side Dishes:</i> Roasted Potatoes Garden Vegetables Garden Salad  Peach Pie	Turkey and Ozo Beef and Broccoli Stir Fry OR Crab Cake <i>Side Dishes:</i> Fried Rice Broccoli Florets Corn Niblets  Red Velvet Cake	Sausage, Potato, and Cabbage Corned Beef and Cabbage OR Broiled Cod Loin <i>Side Dishes:</i> Boiled Potatoes Steamed Carrots Irish Soda Bread  Carrot Cake	Spinach and White Bean BBQ Spare Ribs OR Pierogies with Onions <i>Side Dishes:</i> Baked Sweet Potato Green Beans Dinner Roll  Lemon Pound Cake	Chicken Noodle Chopped Steak w/ Onion Gravy OR Filet of Flounder <i>Side Dishes:</i> Egg Noodles Broccoli Florets Cauliflower  Warm Peach Crumble	Butternut Squash Spaghetti and Meatballs OR Stuffed Sole <i>Side Dishes:</i> Rice Pilaf Sautéed Zucchini Garlic Bread  Blondie	Matzo Ball Rotisserie Chicken OR Kielbasa with Sauerkraut <i>Side Dishes:</i> Roasted Potatoes Glazed Carrots Steamed Asparagus  Pecan Pie

The *Avalon*  
At Hillsborough

# January 2025 Menu Selections



<i>SUNDAY, January 12</i>	<i>MONDAY, January 13</i>	<i>TUESDAY, January 14</i>	<i>WEDNESDAY, January 15</i>	<i>THURSDAY, January 16</i>	<i>FRIDAY, January 17</i>	<i>SATURDAY, January 18</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Hashbrown Patty Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Hearty Vegetable Sausage and Peppers Sub with French Fries and Pickles OR Tuna Fish Sandwich with Lettuce, Tomato, and Potato Chips  Snickerdoodle Cookies	Tomato Macaroni and Cheese with Steamed Carrots and Cauliflower OR Smoked Salmon Platter with Hardboiled egg, Capers, Red Onions Over Garden Greens  Ice Cream Cone	Cream of Broccoli Grilled Chicken Caesar Wrap with Pasta Salad and Potato Chips OR Chef's Salad Platter Over Garden Greens with Your Choice of Dressing  Rice Pudding	Stuffed Pepper Sausage and Peppers Sub with French Fries and Pickles OR Penne alla Vodka with Sliced Italian Bread  Cheesecake	Split Pea Hot Pastrami on Rye with Potato Chips and Cucumber Salad OR Tempura Shrimp Salad with Mandarins, Cucumbers, and Sesame Vinaigrette  Fruited Jell-O	Turkey and Rice Grilled Cheese with Tomato, Bacon, and Potato Chips OR Lemon Dill Chicken Salad Over Garden Greens with Your Choice of Dressing  Chocolate Chip Cookies	Tuscan Bread Lobster Roll on a Bun with Corn Niblets and Coleslaw OR Fresh Fruit and Cottage Cheese Platter  Red Velvet Cake
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Potato Leek Linguini w/ White Clam Sauce OR Chicken Cutlet  <i>Side Dishes:</i> Corn Casserole Broccoli Florets Dinner Roll  Tiramisu	Autumn Sliced Roast Beef w/ Gravy OR Filet of Pollock  <i>Side Dishes:</i> Mashed Potatoes Harvard Beets Garden Salad  Strawberry Shortcake	Chicken and Rice Beef Stroganoff OR Lemon Dill Flounder  <i>Side Dishes:</i> Egg Noodles Sautéed Zucchini Pearl Onions  Vanilla Frosted Cake	Matzo Ball Chicken Cordon Bleu OR Pierogies with Onions  <i>Side Dishes:</i> Roasted Potatoes Garden Vegetables Garden Salad  Peach Pie	Chicken Noodle Rigatoni Bolognese OR Broiled Haddock  <i>Side Dishes:</i> Rice Pilaf Broccoli Florets Garlic Bread  Apple Raspberry Pie	Butternut Squash Southern Fried Chicken OR Western Quiche  <i>Side Dishes:</i> Creamed Corn Steamed Peas Fresh Fruit  Pound Cake	Minestrone Butterfly Shrimp OR Veggie Burger on a Bun  <i>Side Dishes:</i> Baked Potato Green Beans Cauliflower  Cannolis

The *Avalon*  
At Hillsborough

# January 2025 Menu Selections



<i>SUNDAY, January 19</i>	<i>MONDAY, January 20</i>	<i>TUESDAY, January 21</i>	<i>WEDNESDAY, January 22</i>	<i>THURSDAY, January 23</i>	<i>FRIDAY, January 24</i>	<i>SATURDAY, January 25</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Hashbrown Patty Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
New England Clam Chowder Roasted Turkey, Stuffing and Cranberry Sauce Sandwich with Sweet Potato Fries OR Antipasto Salad with Ham, Salami, Olives, Roasted Peppers and Mozzarella  Fruited Jell-O	Hearty Vegetable Hot Pastrami on Rye with Potato Chips and Cucumber Salad OR Tempura Shrimp Salad with Mandarins, Cucumbers, and Sesame Vinaigrette  Banana Pudding	Beef Barley Patty Melt with Swiss Cheese and Sautéed Onions on Marble Rye with French Fries OR Tuna Fish Sandwich on White Toast with Potato Chips and Pickles  Peaches and Cream	Carrot Dill Hot Pastrami on Rye with Potato Chips and Cucumber Salad OR Tempura Shrimp Salad with Mandarins, Cucumbers, and Sesame Vinaigrette  Chocolate Cake	Tomato Macaroni and Cheese with Steamed Carrots and Cauliflower OR Smoked Salmon Platter with Hardboiled egg, Capers, Red Onions Over Garden Greens  Ice Cream Cone	Stuffed Pepper Grilled Cheese with Tomato, Bacon, and Potato Chips OR Lemon Dill Chicken Salad Over Garden Greens with Your Choice of Dressing  Chocolate Chip Cookies	Split Pea Fish and Chips with Tartar Sauce and Lemon Wedge OR Chef's Salad Platter Over Garden Greens with Your Choice of Dressing  Apple Pie
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Chicken Gumbo Fettuccine Alfredo OR Cheese Pizza  <i>Side Dishes:</i> Garden Peas Steamed Carrots Garlic Bread  Boston Cream Pie	Sausage, Potato, and Cabbage Meatloaf with Gravy OR Eggplant Rollatini  <i>Side Dishes:</i> Mashed Potatoes Stewed Tomatoes Corn Niblets  Fresh Baked Cupcakes	Turkey and Rice Chicken Cacciatore OR Broiled Cod Loin  <i>Side Dishes:</i> Scalloped Potatoes Steamed Carrots Green Beans  Orange Frosted Cake	Chicken Noodle Filet Mignon OR Cavatelli and Broccoli  <i>Side Dishes:</i> Baked Potato Broccoli Florets Garden Salad  Chocolate Nut Brownie	Italian Wedding Chicken Cacciatore OR Broiled Cod Loin  <i>Side Dishes:</i> Scalloped Potatoes Steamed Carrots Green Beans  Boston Cream Pie	French Onion Homemade Lasagna OR Baked Haddock  <i>Side Dishes:</i> Skillet Potatoes String Beans Garlic Bread  Strawberry Shortcake	Manhattan Clam Chowder Honey Pork OR Sole Almandine  <i>Side Dishes:</i> Mashed Potatoes Snap Peas Dinner Roll  Ice Cream Sundae

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# January 2025 Menu Selections



<i>SUNDAY, January 26</i>	<i>MONDAY, January 27</i>	<i>TUESDAY, January 28</i>	<i>WEDNESDAY, January 29</i>	<i>THURSDAY, January 30</i>	<i>FRIDAY, January 31</i>	
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Waffle Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Hashbrown Patty Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Fresh Baked Muffin Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/ Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruit Salad/Prunes  Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
Carrot Dill Cowboy BBQ Burger with BBQ Sauce and an Onion Ring with Potato Salad and Pickles OR Tuna Salad Platter Over Garden Greens and Crackers on the Side  Peanut Butter Cookies	Chicken Broth with Noodles Shrimp Stir Fry Served Over Steamed Rice with egg Roll and Fortune Cookie OR Grilled Steak and Bleu Cheese Salad with Cherry Tomatoes with Your Choice of Dressing  Sliced Pears	Cream of Broccoli Homemade Sloppy Joe on a Bun with Potato Chips and Pickles OR Shrimp Caesar Salad with Parmesan Cheese and Croutons  Cherry Pie	French Onion Grilled Vegetable and Mozzarella Wrap with Cucumber Salad and Pickles OR Italian Sub Sandwich with Macaroni Salad and Pickles  Fruit Cocktail	Stuffed Pepper Crab Cake Sandwich with Lettuce and Tartar with Corn Niblets OR Cranberry, Apple, Turkey Salad with Toasted Walnuts and Berry Vinaigrette  Tapioca Pudding	Turkey and Rice Hotdog on a Bun with Sauerkraut, Baked Beans, and Coleslaw OR Fish Fruit and Cottage Cheese Platter  Coconut Cream Cake	
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	
Matzo Ball Rotisserie Chicken OR Kielbasa with Sauerkraut <i>Side Dishes:</i> Roasted Potatoes Glazed Carrots Steamed Asparagus  Pecan Pie	Potato Leek Linguini w/ White Clam Sauce OR Chicken Cutlet <i>Side Dishes:</i> Corn Casserole Broccoli Florets Dinner Roll  Tiramisu	Spinach and White Bean BBQ Spare Ribs OR Pierogies with Onions <i>Side Dishes:</i> Baked Sweet Potato Green Beans Garden Salad  Lemon Pound Cake	Minestrone Butterfly Shrimp OR Veggie Burger on a Bun <i>Side Dishes:</i> Baked Potato Green Beans Cauliflower  Cannolis	Autumn Sliced Roast Beef w/ Gravy OR Filet of Pollock <i>Side Dishes:</i> Mashed Potatoes Harvard Beets Garden Salad  Strawberry Shortcake	Chicken Gumbo Stuffed Cabbage OR Fettuccini Alfredo <i>Side Dishes:</i> Brussels Sprouts Steamed Carrots Garlic Bread  Blueberry Pie	