



						<b>SATURDAY, February 1</b>
						<b>BREAKFAST</b>
						HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Belgian Waffle Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB
						<b>LUNCH</b>
						Chicken Noodle Liverwurst on Rye Bread with Sliced Onions and Mustard w/ Potato Salad and Pickles OR Smoked Salmon Salad Platter w/Capers/Red Onions/Boiled Eggs Cooked To Order Balsamic Vinaigrette Black Forest Cake
						<b>DINNER</b>
						Seafood Gumbo Chicken Piccata OR Baked Crab Cakes <b>Side Dishes:</b> Rice Pilaf Garden Vegetables Tartar Sauce and Lemon Orange Shorbet



SUNDAY, February 2	MONDAY, February 3	TUESDAY, February 4	WEDNESDAY, February 5	THURSDAY, February 6	FRIDAY, February 7	SATURDAY, February 8
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Blueberry Pancakes Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Breakfast Sandwich Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Apple Turnover Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Donut Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Danish Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Italian Wedding Monte Cristo Sandwich w/ Sweet Potato Chips and Coleslaw OR Antipasto Salad Platter Mozzarella/Olives/Cucumber Tomatoes/Peppers and Salami Crackers on the Side NAS Vanilla Pudding	Turkey Noodle Homemade Quiche Lorraine with Fresh Fruits on the Side OR Crispy Chicken Patty Sandwich w/Mayo/Lettuce and Tomato Potato Chips and Pickles  Peaches and Cream	Beef Vegetable LOX Smoked Salmon on Toasted Bagel w/Capers/Red Onion and Cream Cheese OR Mediterranean Chopped Salad w/Grilled Chicken and Tzatziki Dressing  Banana Split	White Bean w/Ham Loaded Stuffed Potato w/ Bacon, Broccoli and Cheddar Cheese/Salad on the Side OR Ham and Cheese Wrap w/ Mayo Mustard/Lettuce Grated Carrots/Potato Chips and Pickles NAS Chocolate Pudding	Cream of Mushroom Eggplant Parmesan Over Spaghetti/Marinara Sauce Parmesan Cheese and Roll OR Turkey Salad on Pita Pocket w/Sweet Potato Fries and Pickles  SF Jello	Manhattan Clam Chowder B.L.T Club Sandwich with Homemade Potato Salad and Pickles OR Shrimp Asian Salad w/Turnip Edamame/Cucumber and Red Peppers/Crunchy Noodles  Lemon Cookies	Barley and Mushroom Sloppy Joe on Kaiser Roll Homemade Macaroni Salad and Pickles OR Tuna Salad Platter with Your Choice of Dressing  Butterscotch Pudding
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Cream of Broccoli Smothered Pork Chops OR Filet of Sole  <b>Side Dishes</b> Potato Pancakes/Lima Beans Glazed Carrots and Dinner Roll Boston Creme Pie	French Onion Bolognese Over Pasta Or Broiled Tilapia w/Tartar Sauce  <b>Side Dishes:</b> Rice Pilaf Roasted Vegetables Breadsticks Hot Fudge Sundae	Lentil Beef Stroganoff Or Pepperoni Pizza  <b>Side Dishes:</b> Buttered Noodles Steamed Garden Vegetables Dinner Roll Sliced Apricots	Tomato and Rice BBQ Pork Spare Ribs OR Lemon Baked Cod  <b>Side Dishes:</b> Corn Niblets Green Beans Broccoli Bundt Cake	Matzo Ball Polska Kielbasa w/Cabbage OR Buffalo Wings w/Blue Cheese Dressing <b>Side Dishes:</b> Buttered Noodles Butternut Squash Carrot and Celery Sticks Warm Bread Pudding	Split Pea Homemade Turkey Pot Pie Casserole OR Linguine w/Red Clam Sauce <b>Side Dishes:</b> Buttermilk Biscuit Garden Salad Warm Breadsticks Sliced Pears	Seafood Bisque Beef Brisket OR Omelet Made to Order w/Fresh Fruits <b>Side Dishes:</b> Mashed Potatoes Seasoned Asparagus Dinner Roll NAS Apple Pie



February 2025 Menu Selections						
<i>SUNDAY, February 9</i>	<i>MONDAY, February 10</i>	<i>TUESDAY, February 11</i>	<i>WEDNESDAY, February 12</i>	<i>THURSDAY, February 13</i>	<i>FRIDAY, February 14</i>	<i>SATURDAY, February 15</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Buttermilk Pancakes Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Breakfast Sandwich Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Apple Turnover Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Blueberry Muffin Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken Gumbo w/Rice Philly Cheesesteak Sandwich Roasted Peppers/Onions French Fries and Pickles <b>OR</b> Homemade Seafood Salad Over Mixed Greens and Choice of Dressing  Root Beer Floats	Turkey Noodle Mushroom and Swiss Burger w/Lettuce/Tomato Onion Rings and Pickles <b>OR</b> Apple Salad Platter with Turkey/Pecan/Gorgonzola Cheese/Crackers on the Side  Cranberry Orange Cookies	New England Chowder Steak and Cheese Sandwich Homemade Potato Salad and Pickles <b>OR</b> Caesar Salad w/Shrimp Croutons and Hardboiled Egg Parmesan Cheese  Butterscotch Pudding	Beef Barley Macaroni and Cheese with Steamed Broccoli and Dinner Roll <b>OR</b> Turkey Guacamole Wrap w/ Sweet Potato Fries and Pickles  Sliced Apricots	Hearty Potato Roastbeef on Onion Roll w/ Horseradish Mayo/Potato Chips and Pickles <b>OR</b> Angel Hair with Marinara Sauce/Parmesan Cheese and Garlic Bread  Fruit of the Forest Pie	Italian Meatball Marry Me Chicken Breast with Red Creamy Sauce served w/ French Bread <b>OR</b> Pesto Caprese Panini Sandwich w/ Tomato/Mozzarella and Roasted Peppers seet potato Chips and Pickles Strawberry Shortcake	Tomato and Orzo Hot Dog on a Bun with Sauerkraut/Baked Beans and Coleslaw <b>OR</b> Fresh Fruit and Cottage Cheese Platter w/ Crackers on the Side  Coconut Custard Pie
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Vegetable Salisbury Steal w/Mushroom <b>OR</b> Stuffed Shells w/Marinara Gravy <b>Side Dishes:</b> Baked Potato Mixed Vegetable Dinner Roll  Pound Cake w/Ice Cream	White Bean and Spinach Southern Fried Chicken <b>OR</b> Penne Ala Vodka  <b>Side Dishes:</b> Mashed Potato Corn Niblets Green Beans Warm Breadsticks Peaches and Cream	Chicken Alphabet Corned and Cabbage <b>OR</b> Baked Haddock  <b>Side Dishes:</b> Boiled Potatoes Glazed Carrots Tartar Sauce and Lemon Dinner Roll Ambrosia	Split Pea w/Ham Country Style Chicken <b>OR</b> Baked Vegetable Lasagna  <b>Side Dishes:</b> Rice Pilaf Sauteed Mushrooms Buttermilk Biscuit  Black Forest cake	Butternut Squash Honey Garlic Salmon <b>OR</b> Chicken Cordon Blue w/White Sauce <b>Side Dishes:</b> Baked Potato Seasned Zucchini Dinner Roll  Peanut Butter Cake	Matzo ball Mongolian Beef <b>OR</b> Baked Cod  <b>Side Dishes:</b> Steamed White Rice Steamed Broccoli Tartar Sauce and Lemon Dinner Roll Warm Apple Crisp	Minestrone Swedish Meatballs <b>OR</b> Filet of Flounder  <b>Side Dishes:</b> Egg noodles Red Cabbage Green Beans  Chocolate Pudding



<i>SUNDAY, February 16</i>	<i>MONDAY, February 17</i>	<i>TUESDAY, February 18</i>	<i>WEDNESDAY, February 19</i>	<i>THURSDAY, February 20</i>	<i>FRIDAY, February 21</i>	<i>SATURDAY, February 22</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Buttermilk Pancakes Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Breakfast Sandwich Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Apple Turnover Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Banana Nut Muffin Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Creamy Vegetable Chowder BBQ Riblet Sub Sandwich Homemade Cucumber Salad and Potato Chips <b>OR</b> Egg Salad Platter Over Mixed Greens with Crackers on the Side  Southern Pecan Pie	French Onion Beef Chili Con Carne with Onions/Sour Cream and Cheddar Cheese/Cornbread on the Side <b>OR</b> Grilled Cheese w/Bacon Homemade Macaroni Salad and Chips Ice Cream Cone	Cream of Mushroom Ham and Brie Melt Sandwich w/Apple Celery Salad and Potato Chips <b>OR</b> Berry Salad w/Grilled Chicken over Garden Mixed with Your Choice of Dressing  SF Fruited Jello	Chicken Noodle Beef and Macaroni with Carrots and Garden Peas Breaksticks <b>OR</b> Italian Sub Sandwich w/ Homemade Potato Salad and Pickles  German Cake	Manhattan Clam Chowder Crispy Fish Sandwich with Tartar Sauce/Lettuce/Tomato Corn and Coleslaw <b>OR</b> Chef's Salad w/Turkey and Ham/Tomato/Cucumber Croutons/Hardboiled Egg and Cheese Banana Pudding	Matzo Ball Chicken Tenders w/Ketchup or Honey Mustard/French Fries and Coleslaw <b>OR</b> Grilled Vegetable Wrap w/Mayo/french Fries and coleslaw  Marble Pound Cake	Cream of Turkey California Cheese Burger w/Lettuce and Tomato Onion Rings and Coleslaw <b>OR</b> Fresh Mazzarella and Tomato Platter w/Fresh Basil and Balsamic Vinaigrette Crackers on the Side Chocolate Chip Cookies
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Chicken Tortilla Glazed Ham <b>OR</b> Manicotti w/Marinara <b>Side Dishes:</b> Potato Pancakes Sauteed Cabbage Parmesan Cheese/Garlic Brd  Tropical Fruit Salad	Split Pea Roast Beef w/Gravy <b>OR</b> Broiled Tilapia <b>Side Dishes:</b> Mashed Potatoes Glazed brussel Sprouts Carrots/Dinner Roll  Tapioca Pudding	Corn and Spinach Lasagna Rolette <b>OR</b> Salmon Croquettes <b>Side Dishes:</b> Baked Sweet Ptatoes Corn Niblets Creamed Spinach  Carrot Cake	Seafood Bisque Orange Chicken <b>OR</b> Beef Empanada <b>Side Dishes:</b> Steamed Rice Stir Fry Vegetables Egg Roll Salsa and Avocado NY Style Cheesecake	Vegetable Shrimp Scampi <b>OR</b> Chicken Kiev <b>Side Dishes:</b> Angel Hair Pasta Sauteed Spinach Parmesan Cheese Breadsticks Apple Dumpling	Tortellini Marinated Beef Flank Steak Pasta Primavera <b>Side Dishes:</b> Roasted Potatoes Oven Baked Cherry Tomatoes Breadsticks  Sliced Apricots	Italian Wedding Pork Chops w/ Mush. Gravy Baked Cod Fish <b>Side Dishes:</b> Candied Yams Zucchini/Red Cabbage Dinner Roll Tartar Sauce and Lemon Root Beer Floats



# February 2025 Menu Selections



<i>SUNDAY, February 23</i>	<i>MONDAY, February 24</i>	<i>TUESDAY, February 25</i>	<i>WEDNESDAY, February 26</i>	<i>THURSDAY, February 27</i>	<i>FRIDAY, February 28</i>	
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Buttermilk Pancakes Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage French Toast Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Breakfast Sandwich Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Apple Turnover Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked To Order Bacon/Sausage Donut Fresh Fruits/Stewed Prunes Banana Choice of Toast Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/CC/PB	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
Chicken and Vegetables Grilled Ruben Sandwich on Rye with Sauerkraut/Russian Dressing/Swiss Cheese Sweet Potato Fries OR Homemade Tuna Salad Platter w/ Side Crackers Banana Pudding	Cream of Turkey Homemade Broccoli and Cheese Quiche with Fresh Fruit on the Side OR Grilled Asian Shrimp Salad with Cucumber/Red Onions and Sesame Dressing Boston Creme Pie	Carrot Dill Eggplant Rolatini with Marinara Sauce Over Pasta Parmesan Cheese and Garlic Bread OR Salmon and Bagel with Capers/Red Onions/Cream Chs Sliced Pears	Manhattan Clam chowder B.L.T Club Sandwich with Homemade Macaroni Salad and Pickles OR Vegetable Lo Mein with Egg Roll  Churros	Broccoli and Cheese Pierogie w/Caramelized Onions Steamed Peas and Carrots Sour Cream OR Pepperoni or Cheese Pizza with Tossed Salad on the Side  Ice Cream Bar	Potato Leek Creamy Sausage Pasta with Dinner Roll OR Tuna Melt on English Muffin w/Onion Rings and Pickles  Tropical Fruit Salad	
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	
Potato Chowder w/Bacon Roasted Chicken Quarters OR Pan Seared Crab Cakes <b>Side Dishes:</b> Mashed Potato Cornbread Stuffing Brussel Sprouts  Peach Cobbler	Alphabet Beef Stew OR Angel Hair w/Marinara <b>Side Dishes:</b> Steamed Rice Green Beans Glazed carrots  Rice Pudding	Turkey Noodle Stuffed Peppers Or Fish and Chips <b>Side Dishes:</b> Seamed Garden Peas Garlic Bread Coleslaw  Lemon Cream Cake	Butternut Squash Butterfly Shrimp OR Cheese Raviolis <b>Side Dishes:</b> Baked Potato Broccoli Florets Warm Breadsticks  Blueberry Pie	Minestrone Baked Garlic Chicken OR Broiled Tilapia <b>Side Dishes:</b> Baked Sweet Potato Creamed Spinach Dinner Roll  Cheesecake	Hearty Vegetable Homemade Meatloaf OR Penne Ala Vodka <b>Side Dishes:</b> Mashed Potato Seasoned Zucchini Parmesan Cheese Garlic Bread Brownie Ala Mode	