



April 2024 Menu Selections



	<i>MONDAY, April 1</i>	<i>TUESDAY, April 2</i>	<i>WEDNESDAY, April 3</i>	<i>THURSDAY, April 4</i>	<i>FRIDAY, April 5</i>	<i>SATURDAY, April 6</i>
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Blueberry Muffin Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Corned Beef Hash Breakfast Sandwich Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Banana Walnut Muffin Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Donut Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
						LUNCH
	Turkey Noodle Fish Filet Sandwich with Tartar Sauce/Waffle fries Coleslaw OR Waldorf Chicken Salad with Fresh Apples/Craisins and Toasted Almonds SF Fruited Jello	New England Chowder Cheese or Pepperoni Pizza w/Garden Salad on the Side Choice of Dressing OR B.L.T Sandwich with Homemade Cucumber Salad and Potato Chips Fruit of the Forest Pie	Hearty Potato Baby Spinach Salad w/ Grilled Shrimp/Mandarin Oranges and Wonton OR Grilled Turkey Apple Brie Sandwich w/ Carrot, Raisin Salad and Pickles Macadamia Nut Cookies	Pasta Fagioli Meatball Parmesan Sub with French fries and Coleslaw OR Cobb Salad Platter w/ Bacon Tomato/Cucumber/Avocado Hardboiled Egg Red Velvet Cake	Potato Leek Stuffed Baked Potato w/ Bacon and Cheese Sauce Tossed Salad on the Side OR Whole Grain Tuna Salad Sandwich w/Beet Salad and Potato Chips Pound cake Ala Mode	Chicken Noodle Grilled Ruben Sandwich w/Homemade Potato Salad and Pickles OR Iceberg Wedge Salad w/ Grilled Chicken/Cherry Tomato/Blue Cheese Ice Cream Cone
						DINNER
	Mushroom barley Pasta Bolognese OR Stuffed Sole Side Dishes: Scallop Potatoes Garden Vegetables Tartar Sauce/Lemon Wedge Banana Pudding	Chicken broth and Noodles Breaded Scallop OR Chicken cordon Blue Side Dishes: Baked Potato Steamed Broccoli Corn Niblets Peaches and Cream	Beef and Vegetables Pork Chop w/Peach Sauce OR Omelet Made to Order Side Dishes: Mashed Potato Green beans Warm Dinner Roll Apple Pie	Chicken and Rice Roast Turkey w/Gravy OR Flounder w/Tartar Sauce Side Dishes: Cornbread Stuffing Steamed Asparagus Cranberry Sauce Rice Pudding	Turkey Orzo Lamb Chops w/Mint Jelly OR Baked Manicotti w/Marinara Side Dishes: Roasted Potatoes Creamed Spinach Garlic Bread Ice Cream Sandwich	Minestrone Homemade Meatloaf OR Farfalle Ala Vodka Side Dishes: Au Gratin Potatoes Garden Vegetables Egg Roll Chocolate Chip Cookies

The *Avalon*
At Bridgewater

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SUNDAY, April 7	MONDAY, April 8	TUESDAY, April 9	WEDNESDAY, April 10	THURSDAY, April 11	FRIDAY, April 12	SATURDAY, April 13
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Corned Beef Hash Breakfast Sandwich Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Assorted Danish Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Buttermilk Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Western Omelet Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Blueberry Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Split Pea Fish and Chips w/Tartar Sauce/Lemon Wedge and Coleslaw OR Turkey Berry Salad with Toasted walnuts and Berry Vinaigrette Coconut Custard Pie	Cream of Broccoli Pastrami on Rye with Mustard/Homemade Macaroni Salad and Pickles OR Shrimp Caesar Salad Homemade Celery Apple Craisin Salad and Potato Chips Boston Crème Pie	Tuscan Bread Chili Con Carne with Sour Cream/Cheddar Cheese/Red Onions and Cornbread OR Egg Salad on Croissant with Broccoli Salad and Potato chips Carrot Cake	Manhattan Clam Chowder Lobster Ravioli w/ White Sauce/Parmesan Cheese Spinach and Cauliflower OR Turkey Club Sandwich with Hmd Potato Salad and Pickles Sliced Peaches	Spinach and Corn Grilled Chicken Panini w/ Hmd Pasta Salad and Pickles OR Chef's Salad Platter Your Choice of Dressing Crackers on the Side Banana Parfait	Matzo Ball Beef Tacos with Lettuce Salsa/Guacamole/Cheese and Sour Cream OR Italian Sub Sandwich w/ Three Bean Salad and Potato Chips Cranberry Orange Cookies	Hearty Vegetables Chicken Tenders w/Honey Mustard/French fries and Coleslaw OR Fresh Fruit and Cottage Cheese Platter Crackers on the Side Brownies
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Turkey and Wild Rice Yankee Pot Roast OR Maple Glazed Salmon Side Dishes: Mashed Potato Glazed Carrots Steamed Peas Sliced Apricots	Spinach and White Bean Rotisserie Chicken Quarter OR Pierogies w/Onions Side Dishes: Baked Potato Zucchini Corn Niblets Homemade Ambrosia	Chicken Noodle Spring Rolls w/Dipping Sauce OR Sole Almandine Side Dishes: House Special Fried Rice Braised Bok Choy Warm Breadsticks Chocolate Pudding	Butternut Squash Braised Pork Chops OR Arancini Ball w/Marinara Side Dishes: Baked Sweet Potato Roasted Parsnip Creamed Spinach Cheesecake	Minestrone Spaghetti and Meatballs OR Broiled Haddock Side Dishes: Au Gratin Potato Steamed Broccoli Tartar Sauce and Lemon Lemon Cake	Potato Leek Chicken Marsala OR Baked Tilapia Filet Side Dishes: Scalloped Potato Steamed Asparagus Dinner Roll Sliced Pears	Turkey and Orzo Homemade Lasagna OR Polska Kielbasa Side Dishes: Potato Pancakes Braised Red Cabbage Green Beans Ice Cream Sandwich

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SUNDAY, April 14	MONDAY, April 15	TUESDAY, April 16	WEDNESDAY, April 17	THURSDAY, April 18	FRIDAY, April 19	SATURDAY, April 20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Buttermilk Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Assorted Danish Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Pork Roll Apple Filled Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Corned Beef Hash Blueberry Pancakes Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Fresh Fruit Salad Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
New England Clam Chowder Hotdog on a Bun with Sauerkraut/ Baked Beans and Coleslaw OR Antipasto Salad w/Roasted Peppers/Artichoke/Olives Ham and Mozzarella NAS Vanilla Pudding	Sausage, Cabbage, and Potato Homemade Quiche Lorraine with Fresh Fruit Salad on the Side OR Sloppy Joe Sandwich on Kaiser Roll with Potato Chips and Pickles Lemon Pound Cake	Manhattan clam Chowder Patty Melt on Sourdough Bread Homemade Potato Salad and Pickles OR Smoked Salmon Platter with Hardboiled Egg/Capers/Red Onions over Greens Ice Cream Sundae	Beef Barley Ranch Chicken Sandwich w/ Lettuce/Tomato/Waffle Fries and Coleslaw OR Homemade Shrimp Salad Served with Fresh Garden Greens/Choice of Dressing Mandarin Oranges	Broccoli and Cheese Warm Steak Salad Served over Greens with Crumbled Blue Cheese OR Italian Sub Sandwich with Cucumber Tomato Salad and Potato Chips Oatmeal Raisin Cookies	Vegetable Sesame Chicken with Stir Fried Rice/Egg Roll and Snap Peas OR Grilled Vegetable Wrap with Homemade Macaroni Salad and Pickles Boston Crème Pie	Chicken Broth w/Noodles Monte Cristo Sandwich w/ Sweet Potato Fries and Coleslaw OR Tuna Nicoise Salad w/ Hardboiled Egg/Red Onions and French Vinaigrette Strawberry Rhubarb Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Corn and Spinach Filet Mignon OR Cavatelli and Broccoli Side Dishes: Baked Potato w/Sour Cream Roasted Brussel Sprout Garlic Bread Peanut Butter Cookies	French Onion Chicken Francaise OR Broiled Salmon Side Dishes: Roasted Potatoes Garden Mixed Vegetables Stewed Tomatoes Tapioca Pudding	Alphabet Butterfly Shrimp OR Veggie Burger on Bun Side Dishes: Buttered Egg Noodles Roasted Veggies Dinner Roll Apple Dumpling	Lentil Sweet and Sour Pork OR Fish Florentine Side Dishes: Rice Pilaf Sautéed baby Spinach Peppers and Onions Boston Crème Pie	Matzo Ball Oven Roast Chicken Quarter OR Tortellini w/Pesto Sauce Side Dishes: Garlic mashed Potatoes Seasoned Herb Zucchini Harvard Beets NY Style Cheesecake	Italian Wedding BBQ Spare Ribs OR Egg Rollatini Side Dishes: Baked Sweet Potato Cauliflower Corn Niblets Orange Sherbet	Split Pea Smoked Spiral Ham OR Broiled Haddock Side Dishes: Au gratin Potatoes Glazed Carrots Green Beans Rice Pudding

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SUNDAY, April 21	MONDAY, April 22	TUESDAY, April 23	WEDNESDAY, April 24	THURSDAY, April 25	FRIDAY, April 26	SATURDAY, April 27
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Cinnamon Bun Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage buttermilk Pancakes Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Banana Walnut Muffin Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Blueberry Pancakes Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tomato Grilled Cheese on Sourdough Bread with Hmd Cucumber Salad and Potato Chips OR Cranberry and Pecan Chicken Salad served over Fresh Salad Greens Coconut Custard Pie	French onion Roast Beef Sandwich with Horseradish Sauce/Hmd Potato Salad and Pickles OR Fresh Fruit and Cottage Cheese with Crackers on the Side Apple Pie Ala Mode	Cream of Mushroom Apple and Ham Sandwich with Carrot, Raisin Salad and Potato Chips OR Tempura Shrimp Salad with Tomato/Cucumber/Avocado Edamame Sesame Asia Dressing Ice Cream Cone	Chicken Noodle Turkey Burger w/Cranberry- Mayo Sauce/Onion Rings and Coleslaw OR Poached Salmon with Dill Sauce/Fresh Lemon Wedge Over Garden Greens Sliced Peaches	Matzo ball Chicken Parm Served Over Angel Hair Pasta with Garlic Bread OR Liverwurst and Onion on Marble Rye Bread with Broccoli Salad Cranberry Orange Cookies	Hearty Potato Homemade Lobster Salad on Hoagie Roll w/Corn on the Cob and Coleslaw OR Honey Mustard Ham and Brie Sandwich with Carrot, Raisin Salad and Pickles Banana Split	Cream of Turkey Cuban Panini Sandwich with Homemade Potato Salad and Pickles OR Homemade Shrimp Salad Over Garden Greens Root Beer Floats
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Gumbo Stuffed Shells OR Flounder w/Tartar Sauce Side Dishes: Scalloped Potatoes Stewed Tomatoes Garden peas SF Fruited Jello	Lentil Stuffed Pork Loin OR Mushroom Raviolis Side Dishes: Candied Yams Steamed Asparagus Cauliflower Chocolate Chip Cookies	Beef Barley Chicken Cacciatore OR Broiled Cod Loin Side Dishes: Roasted Potatoes Sautéed Spinach Dinner Roll NAS Vanilla Pudding	Seafood Bisque Hmd Irish Stew OR Turkey Divan Side Dishes: Rice Pilaf Broccoli Florets Glazed carrots Strawberry Shortcake	New England Clam Chowder BBQ Beef Brisket OR Baked Tilapia Side Dishes: Baked Potato Green Beans Corn on the Cob Banana Pudding	Vegetable Smothered Pork Chops OR Hmd Baked Ziti Side Dishes: Steamed White Rice Roasted Vegetables Garlic Bread Cannoli	Minestrone Beef Stroganoff OR Crab Cakes Side Dishes: Buttered Egg Noodles Garden Vegetables Garlic Bread Berry Tart

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<i>SUNDAY, April 28</i>	<i>MONDAY, April 29</i>	<i>TUESDAY, April 30</i>				
BREAKFAST	BREAKFAST	BREAKFAST				
Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam	Cold Cereal Oatmeal/Cr. of Wheat Eggs Cooked to Order Bacon/Sausage Blueberry Muffin Fresh Fruits Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Butter/Syrup/Jelly/Jam				
LUNCH	LUNCH	LUNCH				
Split Pea Philly Cheesesteak Sub Potato French Fries and Pickles OR Cranberry and Pecan Chicken Salad served over Fresh Salad Greens Carrot Cake	Turkey Noodle Filet Fish Sandwich w/ Tartar Sauce /Sweet Potato Fries and Coleslaw OR Waldorf Chicken Salad with Apple, raisin Salad and Toasted Almonds Ice Cream Cup	Pasta Fagioli Cheese Pizza with Tossed Salad/Your Choice of Dressing OR Honey Ham and Brie Sandwich with Carrot, Raisin Salad and Pickles Lime Jello Cup				
DINNER	DINNER	DINNER				
Chicken Gumbo Chicken Cutlet OR Cod Loin Side Dishes: Rice Pilaf Creamed Spinach Garden Peas Sliced Pears	Lentil Spaghetti and Meat Sauce OR Stuffed Sole Side Dishes: Scalloped Potatoes Garden Vegetables Tartar Sauce/Lemon Wedge Blueberry Pie	Beef Barley Chicken Cacciatore OR Broiled Cod Loin Side Dishes: Roasted Potatoes Sautéed Spinach Dinner Roll Ambrosia				