

April 2026 Menu Selections



			WEDNESDAY, April 1	THURSDAY, April 2	FRIDAY, April 3	SATURDAY, April 4
			BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
			HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage/Hash brown Breakfast Sandwich Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Blueberry Muffin Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese
			LUNCH	LUNCH	LUNCH	LUNCH
			Manhattan Clam Chowder Chili Con Carne w/Sour Cream/Cheese/Red Onions and Cornbread OR Homemade Tuna Salad on Croissant Sandwich w/Beets Salad and Potato Chips Diced Peaches	Potato Leek Grilled Chicken Panini with Sweet Potato Fries and Pickles OR Chef's Salad Platter w/Ham and Turkey/Your Choice of Dressing/Crackers on the Side Banana Parfait	Beef Barley Fish and Chips w/Corn on the Cob/Coleslaw/Tartar Sauce and Lemon Wedge OR Fresh Fruits and Cottage Cheese/Crackers on the Side Pound Cake Ala Mode	Hearty Potato Chicken Tenders with Honey Mustard/Macaroni Salad and Coleslaw OR Italian Sub Sandwich with Three Bean Salad and Potato Chips Mini Cream Puffs
			DINNER	DINNER	DINNER	DINNER
			Butternut Squash Braised Pork Chops OR Broiled Haddock Side Dishes: Baked Sweet Potato Creamed Spinach Green Beans NY Style Cheesecake	Minestrone Pasta Bolognese OR Sole Almandine Side Dishes: Scalloped Potatoes Garden Vegetables Tartar Sauce/Lemon Wedge Garlic Bread Lemon Cake	Carrot and Tomato Chicken Marsala OR Tilapia Filet w/Tartar Sauce Side Dishes: Mashed Potatoes Sautéed Zucchini Dinner Roll Fresh Baked Cookies	Turkey and Orzo Polska Kielbasa OR Vegetable Lasagna Side Dishes: Potato Pancakes Braised Red Cabbage Broccoli Ice Cream Sandwich

The Avalon

At Bridgewater

April 2026 Menu Selections



SUNDAY, April 5	MONDAY, April 6	TUESDAY, April 7	WEDNESDAY, April 8	THURSDAY, April 9	FRIDAY, April 10	SATURDAY, April 11
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Cinnamon Roll Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Danish Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Donut Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage French Toast w/Berries Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
New England Chowder Honey Baked Ham with Green Beans Casserole and Cross Bun OR Spinach and Strawberry Salad with Avocado/Onions Feta Cheese and Walnuts Choice of Dressing Carrot Cake	Sausage Cabbage and Potato Quiche Lorraine with Fresh Fruit Salad OR Sloppy Joe Sandwich on Kaiser Roll with Potato Chips and Pickles Marble Pound Cake	Split Pea Beef Burger with Mayo Potato Salad and Pickles OR Smoked Salmon Platter with Hardboiled Eggs/Capers/Red Onions Over Mixed Greens Ice Cream Sundae	Manhattan Clam Chowder Ranch Chicken Patty Sandwich w/Lettuce and Tomato Waffle Fries and Coleslaw OR Homemade Shrimp Salad Served Over Garden Greens Choice of Dressing Mandarin Oranges	Broccoli and Cheese Flank Steak Salad with Tomato/Cucumber/Avocado Feta Cheese/Balsamic Vinaigrette OR Tuna Salad on Croissant Sandwich with Sweet Potato Fries and Pickles Oatmeal Raisin Cookies	Egg Drop Chicken Vegetable Dumpling Fried Rice and Egg Roll OR Grilled Vegetable Pesto Wrap w/ Homemade Macaroni Salad and Pickles SF Jell-O	Beef Barley Monte Cristo Sandwich with Ham/Mayo/French Fries and Coleslaw OR Greek Salad w/Salami Olives/Artichokes/Peppers Feta Cheese/Balsamic Vinegar Dressing Strawberry Rhubarb Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Crab and Corn BBQ Beef Brisket OR Cavatelli and Broccoli Side Dishes: Baked Potato w/Sour Cream Pan Seared Asparagus Breadsticks Coconut Cream Pie	French Onion Chicken Francaise OR Broiled Salmon Side Dishes: Roasted Red Potatoes Steamed Cauliflower Stewed Tomatoes Tapioca Pudding	Chicken Noodle Butterfly Shrimp OR Veggie Burger on Bun Side Dishes: Scalloped Potatoes Garden Vegetables Hawaiian Roll Diced Pears	Lentil Sweet and Sour Pork OR Fish Florentine Side Dishes: Rice Pilaf Sautéed Spinach Broccoli Black Forest Cake	Matzo Ball Roast Chicken Quarter OR Tortellini w/Marinara Side Dishes: Garlic Mashed Potatoes Seasoned Yellow Squash Harvard Beets Cheesecake	Italian Wedding BBQ Spare Pork Ribs OR Eggplant Rollatini Side Dishes: Baked Sweet Potatoes Cauliflower Corn Niblets Orange Ice Cream Bar	Pasta Fagioli Beef Stew OR Baked Haddock Side Dishes: Au Gratin Potatoes Glazed carrots Green Beans Rice Pudding

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SUNDAY, April 12	MONDAY, April 13	TUESDAY, April 14	WEDNESDAY, April 15	THURSDAY, April 16	FRIDAY, April 17	SATURDAY, April 18
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffle Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Strawberry Pancakes Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Danish Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Banana Nut Muffin Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Split Pea w/Ham Philly Cheesesteak Sub with Caramelized Onions/Swiss Cheese/Potato Salad and Pickles OR Homemade Seafood Salad Platter Over Mixed Greens Crackers on the Side Cannolis	Turkey Noodle Fish Filet Sandwich with Tartar Sauce/Waffle Fries and Coleslaw OR Waldorf Chicken Salad with Fresh Apple/Craisins and Toasted Almonds SF Fruited Jell-O	New England Chowder Cheese or Pepperoni Pizza with Fresh Tossed Salad Choice of Dressing OR Ham and Brie Sandwich with Carrot Raisin Salad and Pickles Fruit of the Forest Pie	Potato Leek Asian Shrimp Salad with Mandarin Oranges and Wonton Noodles OR BLT Sandwich with Homemade Cucumber Salad and Potato Chips Banana Splits	Italian Wedding Meatball Parm Sub Sandwich with French Fries and Coleslaw OR Cobb Salad Platter w/Hardboiled Eggs Tomato/Cucumber/Bacon Turkey and Avocado Choice of Dressing Red Velvet Cake	Lentil Stuffed Baked Potato with Bacon and Cheddar Cheese Tossed Salad on the Side OR Egg Salad on Whole Grain Bread w/Lettuce and Tomato/Potato Chips and Pickles Cranberry Orange Cookies	Chicken Broth and Noodles Grilled Ruben Sandwich with Sauerkraut/Mustard/Swiss Cheese/Macaroni Salad and Pickles OR Classic Caesar Salad w/Bacon Caesar Dressing and Crackers on the Side Ice Cream Cone
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
White Bean and Spinach Chicken Cutlet w/Gravy OR Cod Loin <i>Side Dishes:</i> Rice Pilaf Creamed Spinach Succotash Sliced Apricots	Mushroom Barley Spaghetti and Meatballs OR Stuffed Sole <i>Side Dishes:</i> Scalloped Potatoes Garden Vegetables Tartar Sauce/Lemon Wedge Chocolate Chip Cookies	Chicken Noodle Chicken Cordon Blue OR Butterfly Shrimp <i>Side Dishes:</i> Baked Potato Steamed Broccoli Corn Niblets Peaches and Cream	Beef Vegetables Lamb Chops w/Mint Jelly OR Cheese Raviolis <i>Side Dishes:</i> Onion Mashed Potatoes Asparagus Dinner Roll Butterscotch Pudding	Turkey and Rice Pork Chop w/Peach Sauce OR Omelet Made to Order <i>Side Dishes:</i> Candied Yam Sautéed Zucchini Beets NAS Apple Pie	Cream of Turkey Roast Turkey w/Gravy OR Baked Flounder <i>Side Dishes:</i> Cornbread Stuffing Green Bean Casserole Jellied Cranberry Chocolate Pudding	Minestrone Homemade Meatloaf w/Gravy OR Farfalle a la Vodka <i>Side Dishes:</i> Mashed Potatoes Garden Peas and Carrots Dinner Roll NAS Blueberry Pie

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April 2026 Menu Selections



SUNDAY, April 19	MONDAY, April 20	TUESDAY, April 21	WEDNESDAY, April 22	THURSDAY, April 23	FRIDAY, April 24	SATURDAY, April 25
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Cinnamon Roll Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Danish Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Corn Muffin Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tomato Grilled Cheese and Tomato on Sourdough Bread with Cucumber Salad and Chips OR Cranberry Pecan Chicken Salad Platter Over Mixed Greens Chocolate Chip Cookies	French Onion Beef Tacos with Sour Cream Salsa/Guacamole/Lettuce Mexican Corn Salad OR Roast Beef Sandwich with Horseradish Sauce/Potato Salad and Pickles Peach Pie	Chicken and Rice Shrimp Popcorn Salad with Asian Dressing/Mandarin Oranges and Cucumber OR Apple and Ham Sandwich with Carrot Raisin Salad and Potato Chips Strawberry Shortcake	Cream Of Mushroom California Cheeseburger w/ Lettuce/Tomato/Coleslaw and Onion Rings OR Mediterranean Salad with Salami/Olives/Chickpeas Roasted Peppers/Feta Cheese Coconut Custard Pie	Hearty Potato Chicken Parmesan Served Over Pasta with Warm Breadsticks OR Liverwurst and Onion on Rye with Mustard/Homemade Potato Salad and Pickles German Cake	Matzo Ball Tuna Melt on English Muffin with Celery Apple Salad and Chips OR Turkey and Red Grapes Salad with Toasted Almonds and Your Choice of Dressing Cannolis	Chicken Noodle Homemade Lobster Salad on Toasted Buttered Roll w/ Corn Niblets and Coleslaw OR Chicken Caesar Salad with CROUTONS/Hardboiled Eggs and parmesan Cheese Root Beer Floats
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Gumbo w/Okra Stuffed Shells OR Pan Seared Crab Cakes Side Dishes: Scalloped Potatoes Stewed Tomatoes Roasted Brussels Sprouts SF Fruited Jell-O	Lentil Stuffed Pork Loin OR Mushroom Ravioli Side Dishes: Roasted Sweet Potato Steamed Asparagus Cauliflower Fudge Brownies	Beef Barley Chicken Cacciatore OR Broiled Cod Loin Side Dishes: Roasted Potatoes Sautéed Spinach Dinner Roll Fudge Brownies	Tortellini Homemade Irish Stew OR Fettuccini Alfredo w/Bacon Bits Side Dishes: Steamed White Rice Broccoli Florets Garlic Bread Ice Cream Sandwich	Vegetables BBQ Beef Brisket OR Baked Tilapia Side Dishes: Baked Potato w/Sour Cream Seasoned Succotash Green Beans Tiramisu	Minestrone Smothered Pork Chops OR Baked Ziti Side Dishes: Au Gratin Potatoes Fire Roasted Vegetables Garlic Bread NAS Vanilla Pudding	Italian Wedding Beef Stroganoff OR Stuffed Sole Side Dishes: Buttered Egg Noodles Sautéed Zucchini Dinner Roll Lemon Pie

The *Avalon*
At Bridgewater

April 2026 Menu Selections



<i>SUNDAY, April 26</i>	<i>MONDAY, April 27</i>	<i>TUESDAY, April 28</i>	<i>WEDNESDAY, April 29</i>	<i>THURSDAY, April 30</i>		
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST		
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffle Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Banana Pancakes Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Danish Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Choice of Toast Fresh Fruits/Stewed Prunes Coffee/Tea/Milk/Juice Butter/Jelly/Syrup/Cr Cheese		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
Manhattan Clam Chowder Chili Con Carne w/Sour Cream/Cheese/Red Onions and Cornbread OR Tuna Salad on Croissant Sandwich/Beets Salad and Potato Chips Diced Peaches	Potato Leek Pastrami Sandwich on Marble Rye with Macaroni Salad and Pickles OR LOX Salmon and Bagel with Cream Cheese/Capers/Onions Garden Salad on the Side Ice Cream Sundae	Beef Barley Fish and Chips w/Corn on the Cob/Coleslaw/Tartar Sauce and Lemon Wedge OR Fresh Fruits and Cottage Cheese with Crackers on the Side Pound Cake	Hearty Potato Hot Dog on a Bun with Sauerkraut and Mustard Baked Beans and Chips OR Chef's Salad Platter with Ham and Turkey Choice of Dressing Mini Cream Puffs	Cream of Broccoli Grilled Chicken Panini with Sweet Potato Fries and Pickles OR Turkey Berry Salad w/Toasted Walnuts and Raspberry Vinaigrette/Dinner Roll Tapioca Pudding		
DINNER	DINNER	DINNER	DINNER	DINNER		
Minestrone Shrimp Scampi OR Sole Almandine <i>Side Dishes:</i> Rice Pilaf Garden Vegetables Tartar Sauce/Lemon Wedge Garlic Bread Warm Apple Crisp	Carrot Tomato Chicken Marsala OR Tilapia Filet w/Tartar Sauce <i>Side Dishes:</i> Mashed Potatoes Sautéed Zucchini Dinner Roll Fresh Baked Cookies	Turkey and Orzo Polska Kielbasa OR Vegetable Lasagna <i>Side Dishes:</i> Potato Pancakes Braised Red Cabbage Broccoli Ice Cream Cone	Lentil Sweet and Sour Meatballs OR Fish Florentine <i>Side Dishes:</i> Rice Pilaf Sautéed Spinach Broccoli Boston Cream Pie	Butternut Squash Yankee Pot Roast OR Pasta Carbonara <i>Side Dishes:</i> Mashed Potatoes Glazed Carrots and Peas Breadsticks Diced Pears		