

The Avalon

At Bridgewater

April 2025 Menu Selections



		TUESDAY, April 1	WEDNESDAY, April 2	THURSDAY, April 3	FRIDAY, April 4	SATURDAY, April 5
		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
		HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Danish Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Donut Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese
		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
		Tuscan Bread Baked Shells and Cheese with Sautéed Spinach and Cauliflower OR Turkey Club Sandwich with HMD Potato Salad and Pickles Carrot Cake	Chicken Noodle Chili Con Carne with Onions/Cheddar Cheese Sour Cream and Cornbread OR Egg Salad on Croissant with HMD Beets Salad and Potato Chips Sliced Peaches	Cream of Broccoli Grilled Chicken Panini with HMD Pasta Salad and Pickles OR Chef's Salad Platter with Your Choice of Dressing Crackers on the Side Banana Pudding	Manhattan Clam Chowder Tuna Melt on English Muffin with Cheese and Sweet Potato Fries OR Classic Caesar Salad with Hard Boiled Eggs/Parmesan Cheese and Croutons Pound Cake Ala Mode	Hearty Vegetables Chicken Empanadas with Sour cream and Garden Salad on the Side OR Italian Sub Sandwich with Three Bean Salad and Potato Chips
		DINNER	DINNER	DINNER	DINNER	DINNER
		Spinach and White Bean Braised Pork Chops OR Arancini Ball Side Dishes: Baked Sweet Potato Roasted Brussels Sprouts Creamed Spinach Chocolate Pudding	Potato Leek Spring Roll with Sweet and Sour Sauce OR Sole Almandine Side Dishes: Fried Rice Steamed Broccoli Tartar Sauce/Lemon Wedge Cheesecake	Butternut Squash Spaghetti and Meatballs OR Broiled Haddock Side Dishes: Scalloped Potatoes Garden Vegetables Tartar Sauce/Lemon Wedge Lemon Cake	Minestrone Chicken Marsala OR Tilapia Filet Side Dishes: Au Gratin Potatoes Steamed Asparagus Dinner Roll Fresh Baked Cookies	Carrot Dill Homemade Lasagna OR Polska Kielbasa Side Dishes: Potato Pancakes Braised Red Cabbage Green Beans Ice Cream Sandwich

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SUNDAY, April 6	MONDAY, April 7	TUESDAY, April 8	WEDNESDAY, April 9	THURSDAY, April 10	FRIDAY, April 11	SATURDAY, April 12
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffles Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Blueberry Muffins Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Danish Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Split Pea Philly Cheesesteak Sandwich with HMD Potato Salad and Pickles OR HMD Seafood Salad Platter Over Garden Greens Crackers on the Side Cannolis	Turkey Noodle Crispy Filet of Fish Sandwich with Shredded Cabbage Tartar Sauce/French Fries and Coleslaw OR Waldorf Chicken Salad w/ Apples/Craisins and Almonds SF Fruited Jell-O	New England Chowder Cheese Pizza with Mixed Garden Salad on the Side and Choice of Dressing OR Honey Ham and Brie Sandwich w/Carrot, Raisin Salad and Pickles Fruit Pie	Hearty Potato Bacon Lettuce and Tomato Sandwich w/Cucumber Salad and Potato Chips OR Warm Baby Spinach Salad w/Grilled Shrimp/Mandarin Oranges Coffee Apple Streusel Cake	Pasta Fagioli Meatball Parmesan Sub with French Fries and Coleslaw OR Cobb Salad w/Hardboiled Egg Tomato/Cucumber/Bacon Avocado and Diced Turkey Macadamia Nut Cookies	Lentil Baked Potato with Cheddar Cheese and Sour Cream Tossed Salad on the Side OR Tuna Salad on Whole Grain Bread w/Potato Chips and Pickles Strawberry Parfait	Chicken and Rice Grilled Ruben Sandwich w/ HMD Macaroni Salad and Pickles OR Iceberg Wedge Salad w/ Grilled Chicken/Tomatoes and Blue Cheese Dressing Ice Cream Cone
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Turkey and Orzo Chicken Cutlet w/Gravy OR Cod Loin Side Dishes: Rice Pilaf Sautéed Spinach Stewed Tomatoes Sliced Apricots	Mushroom Barley Pasta Bolognese OR Pan Seared Crab Cake Side Dishes: Baked Potato Steamed Broccoli Seasoned Succotash Chocolate Chip Cookies	Chicken Broth and Noodles Butterfly Shrimp OR Chicken Cordon Blue Side Dishes: Baked Potato Steamed Broccoli Seasoned Succotash Peaches and Cream	Beef Vegetables Lamb Chops w/Mint Jelly Oranges Cheese Raviolis w/Marinara Side Dishes: Mashed Potatoes Green Beans Dinner Roll Tapioca Pudding	Tortellini Pork Chop on Peach Sauce OR Omelet Made to Order Side Dishes: Candied Yams Sautéed Zucchini Harvard Beets Sliced Pears	Matzo Ball Roast Turkey Breast OR Broiled Flounder Side Dishes: Au Gratin Potatoes Steamed Asparagus Dinner Roll Rice Pudding	Cream of Mushroom Meatloaf with Gravy OR Farfalle Ala Vodka Side Dishes: Mashed Potatoes Glazed carrots Garden Peas NAS Apple Pie

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SUNDAY, April 13	MONDAY, April 14	TUESDAY, April 15	WEDNESDAY, April 16	THURSDAY, April 17	FRIDAY, April 18	SATURDAY, April 19
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffles Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Blueberry Muffins Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage French Toast Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Danish Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
New England Chowder Hot Dog on a Bun with Sauerkraut/Baked Beans and Coleslaw OR Antipasto Salad w/Roasted Peppers/Olives/Salami/Ham Mozzarella Vanilla Pudding	Sausage Cabbage and Potato HMD Quiche Lorraine with Fresh Fruit on the Side OR Sloppy Joe Sandwich on Kaiser Roll with Potato Chips and Pickles Lemon Pound Cake	Manhattan Clam Chowder LOX on Bagel with Smoked Salmon/Capers/Cream Cheese and Broccoli Salad on the Side OR Greek Salad w/Tomatoes Cucumber/Red Onions/Olives Fresh Mozzarella and Balsamic Dressing Ice Cream Sundae	Beef Barley Ranch Chicken Sandwich w/ Lettuce/Tomato/Waffle Fries and Coleslaw OR Homemade Shrimp Salad Over Fresh Garden Greens Mandarin Oranges	Broccoli and Cheese Pulled Pork Sandwich with Cucumber Salad and Potato Chips OR Warm Steak Salad Served on Fresh Greens with Crumbled Blue Cheese Oatmeal Raisin Cookies	Vegetable Fish and Chips with Tartar Sauce and Lemon Wedge OR Grilled Vegetables Wrap with Pesto Sauce/Homemade Macaroni Salad and Pickles NAS Jell-O	Chicken Broth w/Noodles Monte Cristo Sandwich w/Sweet Potato Fries and Coleslaw OR Tuna Nicoise Salad with Boiled Eggs/Red Onions Green Beans/Cucumber and Radish/Crackers on the Side Strawberry Rhubarb Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Corn and Spinach Filet Mignon OR Primavera Pasta Side Dishes: Baked Potato w/Sour Cream Steamed Broccoli Garlic Bread Fresh Baked Cookies	French Onion Chicken Marsala OR Broiled Salmon Side Dishes: Roasted Potatoes Steamed Asparagus Stewed Tomatoes Tapioca Pudding	Beef Noodle Shrimp Scampi Or Veggie Burger Side Dishes: Rice Pilaf Garden Vegetables Dinner Roll Sliced Pears	Lentil Sweet and Sour Pork Or Fish Florentine Side Dishes: Steamed White Rice Sautéed Zucchini Éclairs	Matzo Ball Roast Chicken Leg Quarter OR Cavatelli and Broccoli Side Dishes: Garlic Mashed Potatoes Creamed Spinach Harvard Beets Cheesecake	Italian Wedding BBQ Pork Spare Ribs OR Eggplant Rollatini Side Dishes: Baked Sweet Potatoes Cauliflower Seasoned Corn Niblets Orange Ice Cream Bar	Potato Leek Yankee Pot Roast OR Broiled Haddock Side Dishes: Au Gratin Potatoes Steamed Peas Stewed Potatoes Rice Pudding/Cinnamon

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SUNDAY, April 20	MONDAY, April 21	TUESDAY, April 22	WEDNESDAY, April 23	THURSDAY, April 24	FRIDAY, April 25	SATURDAY, April 26
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffles	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Blueberry Muffins	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Apple Turnover	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Cinnamon Roll	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage French Toast
Fresh Fruits/Prunes/Banana	Fresh Fruits/Prunes/Banana	Fresh Fruits/Prunes/Banana	Fresh Fruits/Prunes/Banana	Fresh Fruits/Prunes/Banana	Fresh Fruits/Prunes/Banana	Fresh Fruits/Prunes/Banana
CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Ham and Bean Soup	French Onion	Cream of Broccoli	Chicken Noodle	Matzo Ball	Hearty Potato	Cream of Turkey
Honey-Mustard Glazed Ham with Bacon Wrap Asparagus and Cross Bun OR Ham and Cheese Quiche with Macaroni Salad and Cross Bun	Roast Beef Sandwich with Horseradish Sauce/Potato Salad and Pickles OR Spring Cobb Salad w/ Radish Boiled Egg/Avocado/Snap Peas/CROUTONS/Greek Yogurt Dressing	Liverwurst on Rye with Onions Mustard/Cucumber Salad and Potato Chips OR Asia Shrimp Salad with Mandarin Oranges/Cucumbers Sesame Asian Dressing	California Cheese Burger w/ Lettuce/Tomato/Onion Rings and Coleslaw OR Smoked Salmon Over Mixed Greens with Tomatoes and Capers	Chicken Parmesan with Garden Vegetables and Italian Bread OR Ham and Brie Sandwich with Carrot Raisin Salad and Potato Chips	Tuna Melt on English Muffin with French fries and Coleslaw OR Turkey and Red Grape Salad with toasted Almonds and Choice of Dressing	Lobster Salad on Toasted Buttered Roll w/Corn Niblets and Coleslaw OR Chicken Caesar Salad w/ Croutons/Parmesan Cheese Crackers on the Side
Homemade Ambrosia	Coconut Custard Pie	Sliced Peaches	Banana Split	Assorted Baked Cookies	Cannolis	Root Beer Floats
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cream of Celery Roasted Rack of Lamb OR Ditalini Ham and Peas	Lentil Stuffed Pork Loin OR Mushroom Ravioli w/	Beef and Mushroom Barley Chicken Cacciatore OR Baked Cod Loin	Seafood Bisque Beef Stew OR Turkey Divan	Tortellini Smothered Pork Chops OR Baked Ziti	Vegetables BBQ Beef Brisket OR Baked Tilapia	Italian Wedding Chicken Pastel OR Crab Cakes
Side Dishes: Mashed Potato w/Au Jus Sauce Glazed Carrots Roasted Brussels Sprouts Carrot Cake	Side Dishes: Candied Yams Sautéed Cabbage Snap Peas Brownies Ala Mode	Side Dishes: Roasted Potatoes Sautéed Spinach Dinner Roll Vanilla Pudding	Side Dishes: Rice Pilaf Broccoli Florets Glazed Carrots Apple Pie	Side Dishes: Au Gratin Potatoes Fire Roasted Vegetables Garlic Bread Fudgesicle	Side Dishes: Baked Potato Green Beans Corn Niblets Tiramisu	Side Dishes: Buttered Egg Noodles Sautéed Zucchini w/Peppers Dinner Roll Lemon Bars

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April 2025
Menu Selections



<i>SUNDAY, April 27</i>	<i>MONDAY, April 28</i>	<i>TUESDAY, April 29</i>	<i>WEDNESDAY, April 30</i>			
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST			
HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Belgian Waffles	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Buttermilk Pancakes	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Blueberry Muffins	HOT/COLD CEREAL Oatmeal/Cream of Wheat Eggs Cooked to Order Bacon/Sausage Breakfast Sandwich			
Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese	Fresh Fruits/Prunes/Banana CHOICE OF TOAST Coffee/Milk/Juice/Tea Butter/Syrup/Jelly/Cr Cheese			
LUNCH	LUNCH	LUNCH	LUNCH			
Split Pea	Cream of Broccoli	Tuscan Bread	Tomato			
Grilled Cuban Panini on Sourdough Bread with Macaroni Salad and Pickles OR Fresh Fruits and Cottage Cheese	Pastrami on Marble Rye with Mustard and HMD Macaroni Salad and Pickles OR Turkey Berry salad w/Toasted Walnuts and Raspberry Dressing/Crackers Boston Crème Pie	Broccoli and Cheese Quiche with Fresh Tossed Salad Your Choice of Dressing OR Mediterranean Salad w/Grilled Chicken/Tomato/Cucumber/Red Onion/Feta Cheese and Crackers Ice Cream Sandwich	Grilled Cheese with Bacon and Tomato/Apple Celery Craisin Salad and Chips OR Chickpea Pasta Salad with Italian Bread Peach Melba			
DINNER	DINNER	DINNER	DINNER			
Turkey and Rice	Spinach and White Bean	Chicken Dumpling	Butternut Squash			
Rotisserie Chicken OR Pierogies w/ Sautéed Onions	Sausage Onions and Peppers OR Baked Manicotti w/Marinara	Vegetable Lo Mein OR Bake Sole Fish	Veal Parmesan OR Lemon Butter Mahi-Mahi			
Side Dishes: Baked Potato/Sour Cream Seasoned Succotash Dinner Roll Assorted Dessert Tray	Side Dishes: Brown Rice Seasoned Green Beans Garlic Bread Lemon Meringue Pie	Side Dishes: Egg Roll w/Dipping Sauce Cauliflower Tartar Sauce and Lemon Wedge Apple Crisp	Side Dishes: Mashed Potatoes Stir Fry Vegetables Tartar Sauce and Lemon Tapioca Pudding			