

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Catholic Rosary 10:00 Roman Catholic Communion Service 11:00 Sunday Stretch 2:00 Horse Racing 3:30 Patio Chit Chats 6:30 Movie Night <i>May Day</i>	2 9:30 Gentle Stretching 10:15 Trivia 10:30 Sit and Be Fit 11:15 Crochet Club 1:30 Bingo 1 st and 3 rd floor residents 2:45 Bingo 2 nd floor residents 6:30 Movie Night	3 9:30 Intro to Exercise 10:15 Trivia 10:30 Chair Exercise 11:15 Crochet Club 2:00 Garden Thyme 3:30 Pictionary 6:30 Movie Night	4 9:30 Gentle Stretching 10:15 Trivia 10:30 Fitness Fun 11:15 Crochet Club 2:00 Craft: Basket of flowers 4:00 Fresh Air Friends 6:30 Bingo	5 9:30 Intro to exercise 10:15 Trivia 10:30 Chair Exercise 11:15 Crochet Club 2:00 Cinco de Mayo Sing a long party 4:00 Patio Relaxation 6:30 Movie Night <i>Cinco de Mayo</i>	6 9:30 Gentle Stretching 10:15 Trivia 10:30 Sit and be Fit 11:15 Crochet Club 2:00 Bunco 4:00 Fresh Air Friends with Happy Hour 6:30 Movie Night	7 10:15 Trivia 10:30 Chair Exercise 1:30 Bingo 1 st and 3 rd 2:45 Bingo 2 nd Floor 4:00 Walking Club 6:30 Movie Night
8 9:30 Catholic Rosary 10:00 Roman Catholic Communion Service 11:00 Sunday Stretch 2:00 Pokeno 3:30 Mother's Day Social 6:30 Movie: Mr. Mom <i>Mother's Day</i>	9 9:30 Gentle Stretching 10:15 Trivia 10:30 Sit and Be Fit 11:15 Crochet Club 1:30 Bingo 1 st and 3 rd floor residents 2:45 Bingo 2 nd floor residents 6:30 Movie Night	10 9:30 Intro to Exercise 10:15 Trivia 10:30 Chair Exercise 11:15 Crochet Club 2:00 Garden Thyme 3:30 Giant Crossword 6:30 Movie Night	11 9:30 Gentle Stretching 10:15 Trivia 10:30 Fitness Fun 11:15 Crochet Club 2:00 Entertainment by Bruce Foster 4:00 Fresh Air Friends with Happy Hour 6:30 Bingo	12 9:30 Intro to Exercise 10:15 Trivia 10:30 Chair Exercise 11:15 Crochet Club 2:00 Corn Hole 3:30 Walking Club 6:30 Movie Night	13 9:30 Gentle Stretching 10:15 Trivia 10:30 Exercise 11:15 Crochet Club 2:00 May Crowning 3:30 Name that Tune 6:30 Movie Night	14 10:15 Trivia 10:30 Chair Exercise 1:30 Bingo 1 st and 3 rd 2:45 Bingo 2 nd Floor 4:00 Walking Club 6:30 Movie Night
15 9:30 Catholic Rosary 10:00 Roman Catholic Communion Service 11:00 Sunday Stretch 2:00 Horse Racing 3:30 Patio Chit Chats 6:30 Movie Night	16 9:30 Gentle Stretching 10:15 Trivia 10:30 Sit and Be Fit 11:15 Crochet Club 1:30 Bingo 1 st and 3 rd floor residents 2:45 Bingo 2 nd floor residents 6:30 Movie Night	17 9:30 Intro to Exercise 10:15 Trivia 10:30 Chair Exercise 11:15 Crochet Club 2:00 Garden Thyme 3:30 Wheel of Fortune 6:30 Movie Night	18 9:30 Gentle Stretching 10:15 Trivia 10:30 Fitness Fun 11:15 Crochet Club 2:00 Craft: Clothespin Wreath 4:00 Fresh Air Friends 6:30 Bingo	19 9:30 Intro to Exercise 10:15 Trivia 10:30 Exercise 11:15 Crochet Club 2:00 Fishing Derby 4:00 Walking Club 6:30 Movie Night	20 9:30 Gentle Stretching 10:15 Trivia 10:30 Get Fit 11:15 Crochet Club 2:00 May Birthdays Party with Sing a Long Happy Hour 3:30 Chit Chats 6:30 Movie Night <i>Armed Forces Day</i>	21 10:15 Trivia 10:30 Chair Exercise 1:30 Bingo 1 st and 3 rd 2:45 Bingo 2 nd Floor 4:00 Walking Club 6:30 Movie Night
22 9:30 Catholic Rosary 10:00 Roman Catholic Communion Service 11:00 Sunday Stretch 2:00 Entertainment by John Wilkey 3:30 Giant Crossword 6:30 Movie Night	23 9:30 Gentle Stretching 10:15 Trivia 10:30 Sit and Be Fit 11:15 Crochet Club 1:30 Bingo 1 st and 3 rd floor residents 2:45 Bingo 2 nd floor residents 6:30 Movie Night	24 9:30 Intro to Exercise 10:15 Trivia 10:30 Chair Exercise 11:15 Crochet Club 2:00 Garden Thyme 3:30 Mental Aerobics 6:30 Movie Night	25 9:30 Gentle Stretching 10:15 Trivia 10:30 Fitness Fun 11:15 Crochet Club 2:00 Craft: Pinecone Farm Animals 4:00 Fresh Air Friends with Happy Hour 6:30 Bingo	26 9:30 Peaceful Movement 10:15 Trivia 10:30 Exercise 11:15 Crochet Club 2:00 Casino Games 3:30 Patio Chit Chats 6:30 Movie Night	27 9:30 Gentle Stretching 10:15 Trivia 10:30 Get Fit 11:15 Crochet Club 2:00 Bunco 3:30 What Would You Do? 6:30 Movie Night	28 10:15 Trivia 10:30 Chair Exercise 1:30 Bingo 1 st and 3 rd 2:45 Bingo 2 nd Floor 4:00 Walking Club 6:30 Movie Night
29 9:30 Catholic Rosary 10:00 Roman Catholic Communion Service 11:00 Sunday Stretch 2:00 Horse Race Game 3:30 Patio Chit Chats 6:30 Movie Night	30 9:30 Gentle Stretching 10:15 Trivia 10:30 Sit and Be Fit 11:15 Crochet Club 1:30 Bingo 1 st and 3 rd floor residents 2:45 Bingo 2 nd floor residents 6:30 Movie Night	31 9:30 Intro to Exercise 10:15 Trivia 10:30 Chair Exercise 11:15 Crochet Club 2:00 Garden Thyme 3:30 Mental Aerobics 6:30 Movie Night	Assisted Living at Avalon Bridgewater <h1>May 2022</h1>			

All Programs are subject to change. Avalon Assisted Living Bridgewater NJ

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Catholic Mass 11:00 Word Game 2:00 Fresh Air Friends 3:00 Table top Volley ball May Day	2 9:30 Morning Stretch 11:00 Match up puzzle 2:00 Balloon Bop 3:00 Craft Clothespin Wreath (part 1)	3 9:30 Morning Stretch 11:00 Word Game 2:00 Parachute fun 3:00 Craft Clothespin Wreath (completion part 2)	4 9:30 Morning Stretch 11:00 Can You List it? 2:00 Corn Hole 3:00 Snack Social	5 9:30 Light and Lively Exercise 10:30 Word Game 2:00 Cinco de Mayo Party and Sing a Long 3:30 Patio Chit Chats Cinco de Mayo	6 9:30 Chair Exercise 10:30 Giant Crossword 2:00 Kickball 3:30 What Do I hear?	7 9:30 Morning Stretch 10:30 Word Game 2:00 Fresh Air Friends 3:00 Ring Toss
8 10:00 Mass 11:00 Mother's Day Match up game 2:00 Movie: Mr. Mom Mother's Day	9 9:30 Gentle Stretching 10:30 Word Game 2:00 Sports 3:00 Card Games	10 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Puzzles 3:30 Patio Chit Chats	11 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Musical Entertainment by Bruce Foster 3:30 Seasonal Craft	12 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Gardening 3:00 Snack Social	13 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 May Crowning 3:30 Fresh Air Friends	14 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Snack Social 3:00 Patio Chit Chat
15 10:00 Catholic Mass 11:00 Word Game 2:00 Fresh Air Friends 3:00 Table top Volley ball	16 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Horse Race Game	17 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Craft: Flower Arrangement	18 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Ring Toss 3:00 Snack Social	19 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Bingo 3:30 Puzzles	20 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 May Birthday party with sing a long 3:30 "Too Cute" TV Program	21 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Snack Social 3:00 Patio Chit Chat Armed Forces Day
22 10:00 Catholic Mass 11:00 Word Game 2:00 Musical Entertainment by John Wilkey	23 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Corn Hole 3:00 Patio Chit Chats Victoria Day (Canada)	24 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Fishing Derby 3:30 TV Program Lawrence Welk	25 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Craft 3:00 Fresh Air Friends	26 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Table Bowling 3:00 Patio time	27 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Basketball 3:00 Puzzles	28 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Snack Social 3:00 Patio Chit Chat
29 10:00 Catholic Mass 11:00 Word Game 2:00 Fresh Air Friends 3:00 Table top Volley ball	30 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Snack Social 3:00 Carnival Game Can Toss Memorial Day	31 9:30 Chair Exercise 10:00 Daily Chronicle 10:30 Word Game 2:00 Snack Social 3:00 Tabletop Frisbee	Generations Village at Avalon Bridgewater <h1>May 2022</h1>			