

March 2023 Menu Selections



			WEDNESDAY, March 1	THURSDAY, March 2	FRIDAY, March 3	SATURDAY, March 4
			BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
			Grits Texas French Toast Pork Sausage link	Cinnamon Oatmeal Western Bake Coffee Cake	Cream of Wheat Scrambled Eggs Toasted Bagel	Brown Sugar Oatmeal Waffle Crispy Bacon
			LUNCH	LUNCH	LUNCH	LUNCH
			Chicken Franchise Potatoes O'brien Roasted Zucchini Beef Liver with onions Mashed Potatoes Dessert: Fresh Fruit	Hot Dog on a Bun with Sauerkraut Baked beans Cheeseburger on a bun French Fries Dessert: Fruit Cocktail	Tomato Basil Flounder Rice Pilaf Capri Eggplant Parm on a roll Dessert: Butterscotch Pudding	Spaghetti & Meatsauce Ceaser Salad Ham & Swiss on Wheat Potato Salad Dessert: Diced Peaches
			DINNER	DINNER	DINNER	DINNER
			Soup: Cream Of Potato Famous Stuffed Cabbage Buttered White Rice Diced Carrots Homemade Turkey Pot Pie Dessert: Chocolate Cake	Soup: Beef & Barley Macaroni & Cheese Stewed Tomatoes Kielbasa & Sauerkraut Pierogies Dessert: Assorted Pies	Soup: Cream of Mushroom Chicken Burger on a bun with Lettuce & Tomato Broccoli Tuna Salad on White Dessert: Mandarin Oranges	Soup: Tomato Soup Salmon Croquettes Oven Roasted Potatoes Lima Beans Sausage & Gravy Pot Pie Dessert: Chocolate Brownie

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<i>SUNDAY, March 5</i>	<i>MONDAY, March 6</i>	<i>TUESDAY, March 7</i>	<i>WEDNESDAY, March 8</i>	<i>THURSDAY, March 9</i>	<i>FRIDAY, March 10</i>	<i>SATURDAY, March 11</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Cheese Omelet Toasted English Muffin	Brown Sugar Oatmeal Blueberry Pancakes Turkey Sausage links	Cream of Wheat Scrambled with Cheese Hash brown Patty	Grits Texas French Toast Pork Sausage link	Cinnamon Oatmeal Sausage Egg Bake Assorted Scones	Cream of Wheat Scrambled Eggs Toasted Bagel	Brown Sugar Oatmeal Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Lasagna Rollette California Blend Bratwurst on a roll with Sauerkraut Dessert: Fruit Medley	Orange Chicken Buttered White Rice French Cut Green Beans Pepperoni Pizza Tossed Salad Dessert: Diced Peaches	Homemade Stuffed Peppers Buttered White Rice Diced Carrots Cheese Ravioli Tossed Salad Dessert: Banana pudding with Wafer	Beef Stew Egg Noodles Peas & Carrots Buttery Biscuit Ham Salad on Rye Pickled Beet Salad Dessert: Sliced Pears	Salisbury Steak Mashed Potatoes Broccoli Florets BBQ Chicken wings French Fries Dessert: Blueberry Pie	Lemon Pepper Fish Buttered Orzo California mix Mexican Lasagna Dessert: Lemon Meringue Pie	Angel Hair Pasta with Meatballs Capri Blend Bologna & Cheese Sandwich 3 Bean Salad Dessert: Rice Pudding & Cinnamon
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Split Pea Honey Garlic Chicken Mashed Potato Baby Carrots Egg Salad on a soft roll Dessert: Pound Cake	Soup: Lentil Cavitelli with Sausage in a garlic sauce Tossed Salad Philly Cheesesteak Tater Tots Dessert: Rice Pudding	Soup: Broccoli Cheese Chicken Tenders BBQ Sauce French Fries Italian Mix Tuna Noodle Casserole Dessert: Tropical Fruit	Soup: Cream of Turkey Sweet & Sour Chicken Breast Jasmine Rice Green Beans Fried Fish on a roll Coleslaw Dessert: Chocolate cream pie	Soup: Italian Wedding Cheese Tortellini Alfredo Baby Carrots Chicken Pot Pie Dessert: Fruit Cocktail	Soup: French Onion Macaroni & Cheese Stewed Tomatoes Maryland Crab Cake French Fries Diced Carrots Dessert: Dice Pears	Soup: Chicken Rice BBQ Riblet on a bun Prince Edward Vegetable Vegetable Lasagna Dessert: Fruited Jello



SUNDAY, March 12	MONDAY, March 13	TUESDAY, March 14	WEDNESDAY, March 15	THURSDAY, March 16	FRIDAY, March 17	SATURDAY, March 18
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Cheese Omelet Toasted English Muffin	Brown Sugar Oatmeal Buttermilk Pancakes Turkey Sausage links	Cream of Wheat Scrambled with Cheese Assorted Muffin	Grits Texas French Toast Pork Sausage link	Cinnamon Oatmeal Western Bake Coffee Cake	Cream of Wheat Scrambled Eggs Toasted Bagel	Brown Sugar Oatmeal Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Sloppy Joe on a Bun Diced Carrots Grilled Chicken on a bun with Lettuce & tomato Dessert: Fresh Fruit	Lasagna Spinach roll Broccoli Cuts Ham & Swiss on Wheat Coleslaw Dessert: Strawberry Cream Pie	Smothered Pork Chops Candied Yams Green Beans with Pimentos Hot Open Faced Roast Beef Dessert: Diced Pears	BBQ Chicken Savory Stuffing Capri Blend Mac & Beef Casserole Dinner Roll Dessert: Diced Peaches	Orange Glazed Ham Scalloped Potatoes Peas & Carrots Stuffed Cabbage Buttered White Rice Dessert: Lemon Meringue	St Patty's Day Lunch Corn Beef Red Bliss Potatoes Cabbage Irish Soda Bread Bangers & Mashed With Stout Onion Gravy Dessert: Irish Eclair Bars	Rosated Pork Loin Baked Sweet Potato Normandy Blend Cheese Ravioli Dessert: Mandarin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Vegetable Baked Chicken Thigh Mashed Potato Whole Kernel Corn Cheese Manicotti Tossed Salad Dessert: Spice cake	Soup: Lentil Sausage Peppers & Onions Oven Roasted Potatoes Italian Mix Hamburger on a bun Dill Pickle French Fries Dessert: Apple Crisp	Soup: Navy Bean Turkey Salad on Wheat Pickled Beets Personal Pizza Tossed Salad Dessert: Tapicoa	Soup: Cream Of Potato Salisbury Steak Mashed Potato Diced Carrots Grilled Cheese with Tomato Dill Pickle Dessert: Marble Cake	Soup: Beef & Barley Beef Ravioli Winter Mix Garlic Bread Tuna Salad On White Dessert: Fruit Cocktail	Soup: Split Pea White Cheddar Macaroni & Cheese Broccoli Cuts Fish Sticks Tater Tots Dessert: Diced Pears	Soup: Vegetable Pasta Eggsalad on Croissant Pickled beet Salad Baked Ziti With Cheese Capri Dessert: Boston Cream Pie



March 2023 Menu Selections



SUNDAY, March 19	MONDAY, March 20	TUESDAY, March 21	WEDNESDAY, March 22	THURSDAY, March 23	FRIDAY, March 24	SATURDAY, March 25
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Cheese Omelet Toasted English Muffin	Brown Sugar Oatmeal Blueberry Pancakes Turkey Sausage links	Cream of Wheat Scrambled with Cheese Hash Brown Patty	Grits Texas French Toast Pork Sausage Links	Cinnamon Oatmeal Sausage Egg Bake Assorted Scones	Cream of Wheat Scrambled Eggs Toasted Bagel	Brown Sugar Oatmeal Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Homemade Meatloaf Baked Potato Asian Blend Veggie Burger On Bun with Lettuce & Tomato Dessert: Fresh Fruit	Honey Mustard Chicken Garlic Mashed Potato Capri blend Teriyaki Meatballs Brown Rice Dessert: Diced Peaches	Beef Stroganoff Egg Noodles Parslied Carrots Breaded Cod French Fries Dessert: Fruited Jello	Arroz Con Pollo Italian Mix Sausage & Peppers on a roll Dessert: Ambrosia	Baked Ziti with Beef Peas and Pearl Onions Chicken Salad on Wheat 3 Bean Salad Dessert: Tropical Fruit	Chicken Adobo Jasmine Rice Carrot Coins Baked Tilapia Garlic Mashed Potatoes Dessert: Rosy Pears	Spaghetti & Meatballs Wax Beans Garlic Bread Veggie Burger on a bun with lettuce & tomato Dessert: Cinnamon Applesauce
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Corn Chowder Grilled Chicken Fetticini Alfredo Broccoli Florets Bratwurst on a bun with Sauerkraut Dessert: Chocolate Cream Pie	Soup: Tomato Rice Homemade Chili W/ cheese Buttered White Rice Green Beans Corn Bread Chicken Stew Biscuit Dessert: Upside down Pineapple cake	Soup: Vegetable Barley Tuna Noodle Casserole Winter Mix Spinach Ricotta Cheese Quiche Dessert: Pumpkin Pie	Soup: Chicken Orzo Hot Dog on a bun with Sauerkraut Baked Beans Cheeseburger on a bun Diced Carrots Dessert: Assorted Sherbert	Soup: Pasta Fagirole Crab Mac & Cheese Broccoli Cuts Kielbasa & Sauerkraut Pierogies Dessert: Poke Cake	Soup: Lobster Bisque BBQ Boneless Riblet French Fries Coleslaw Turkey Burger on a bun Italian Mix Dessert: Fresh Baked Cookies	Soup: Chicken Noodle Chicken Nuggets Sweet Potato Fries Green beans Grilled Tuna Melt Dessert: Banana Cake

March 2023 Menu Selections



<i>SUNDAY, March 26</i>	<i>MONDAY, March 27</i>	<i>TUESDAY, March 28</i>	<i>TUESDAY, March 29</i>	<i>TUESDAY, March 30</i>	<i>TUESDAY, March 31</i>	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Cheese Omelet Toasted English Muffin	Brown Sugar Oatmeal Buttermilk Pancakes Turkey Sausage links	Cream of Wheat Scrambled with Cheese Assorted Muffin	Grits Texas French Toast Pork Sausage link	Cinnamon Oatmeal Western Bake Coffee Cake	Cream of Wheat Scrambled Eggs Toasted Bagel	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Veal & Peppers Buttered Noodles California Blend Egg Salad on Wheat Dessert: Ambrosia	Pulled Pork Sandwich Broccoli Cuts Cheese Pizza Dessert: Tapicoa Pudding	Meatloaf with Mushroom gravy Garlic mashed potatoes Spinach Quiche Dessert: Diced Pears	Chicken Franchise Potatoes O'brien Roasted Zucchini Beef Liver with onions Mashed Potatoes Dessert: Fresh Fruit	Hot Dog on a Bun with Sauerkraut Baked beans Cheeseburger on a bun French Fries Dessert: Fruit Cocktail	Tomato Basil Flounder Rice Pilaf Capri Eggplant Parm on a roll Dessert: Butterscotch Pudding	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup: Cream of Broccoli Baked Fish With Lemon Spanish Rice Creamed Spinach Cottage Cheese & Fruit Assorted Muffin Dessert: Sweet Potato Pie	Soup: Egg Drop Soup Sweet & Sour Pork Chop Fried Rice French Cut Green Beans General Tso's Chicken Dessert: Tropical Fruit	Soup: Cream of Celery Stuffed Shells Winter Mix Chicken Salad on white with Lettuce & Tomato Tossed Salad Dessert: Baked Cherry Pie	Soup: Cream Of Potato Famous Stuffed Cabbage Buttered White Rice Diced Carrots Homemade Turkey Pot Pie Dessert: Chocolate Cake	Soup: Beef & Barley Macaroni & Cheese Stewed Tomatoes Kielbasa & Sauerkraut Pierogies Dessert: Assorted Pies	Soup: Cream of Mushroom Chicken Burger on a bun with Lettuce & Tomato Broccoli Tuna Salad on White Dessert: Mandarin Oranges	