

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



## Avalon at Bridgewater Assisted Living

10:30- Get Fit 2:00- Prize Bingo  New Year's Day						<b>1</b>							
9:30-Roasry 10:00- Prayer Mass 1:45- Sunday Stretch 2:30-Movie Matinee 2:45- Horse Racing	<b>2</b>	10:15- Trivia 10:30- Get Fit 2:00-Free Bingo 3:30-Chit chats/ Chocolate cherries 6:30-Movie Night-Comedy	<b>3</b>	10:15- Trivia 10:30- Get Groovy 2:00- Word Game 3:30-Chit chats 6:30-Movie Night-Documentaries	<b>4</b>	10:15- Trivia 10:30- Sit and Be Fit 2:00- Pay to play bingo. 3:30-Chit chats 6:30- Rummikub	<b>5</b>	10:15- Trivia 10:30- Get Fit 2:00- Crafting- 3:30-Chit chats 6:30-Movie Night-Romance	<b>6</b>	10:15- Trivia 10:30- Fit Fun 2:00- Bowling 3:30-Chit chats/ Short bread cookies 6:30-Movie Night-Action	<b>7</b>	10:15- Trivia 10:30- Get Fit 2:00- Prize Bingo 3:30- Game Shows	<b>8</b>
9:30-Roasry 10:00- Prayer Mass 1:45- Sunday Stretch 2:30-Movie Matinee 2:45- LCR 2:30-Movie Matinee	<b>9</b>	10:15- Trivia 10:30- Get Fit 2:00-Free Bingo 3:30-Chit chats/ Chocolate chip cookies 6:30-Movie Night-Comedy	<b>10</b>	10:15- Trivia 10:30- Get Groovy 2:00- Dollar Store 3:30-Chit chats 6:30-Movie Night-Documentaries	<b>11</b>	10:15- Trivia 10:30- Sit and Be Fit 2:00- Pay to play bingo. 3:30-Chit chats 6:30- SkipBo	<b>12</b>	10:15- Trivia 10:30- Get Fit 2:00- Crafting- 3:30-Chit chats 6:30-Movie Night-Romance	<b>13</b>	10:15- Trivia 10:30- Fit Fun 2:00- Ladder Ball 3:30-Chit chats/ Strawberry Ice cream 6:30-Movie Night-Action	<b>14</b>	10:15- Trivia 10:30- Get Fit 2:00- Prize Bingo 3:30- Game Shows	<b>15</b>
9:30-Roasry 10:00- Prayer Mass 1:45- Sunday Stretch 2:30-Movie Matinee 2:45- Horse Racing	<b>16</b>	10:15- Trivia 10:30- Get Fit 2:00-Free Bingo 3:30-Chit chats/ Coffee 6:30-Movie Night- Selma  Martin Luther King Jr. Day	<b>17</b>	10:15- Trivia 10:30- Get Groovy 2:00- Resident Council 3:30-Chit chats 6:30-Movie Night-Documentaries	<b>18</b>	10:15- Trivia 10:30- Sit and Be Fit 2:00- Entertainment by: John Wilkey 3:30-Chit chats 6:30- Bingo	<b>19</b>	10:15- Trivia 10:30- Get Fit 2:00- Crafting- 3:30-Chit chats 6:30-Movie Night-Romance	<b>20</b>	10:15- Trivia 10:30- Fit Fun 2:00- Ring Toss 3:30-Chit chats/ Chocolate cake 6:30-Movie Night-Action	<b>21</b>	10:15- Trivia 10:30- Get Fit 2:00- Prize Bingo 3:30- Game Shows	<b>22</b>
9:30-Roasry 10:00- Prayer Mass 1:45- Sunday Stretch 2:30-Movie Matinee 2:45- LCR 2:30-Movie Matinee  Activity Professionals Week	<b>23</b>	10:15- Trivia 10:30- Get Fit 2:00-Free Bingo 3:30-Chit chats/ Peanut butter cookies 6:30-Movie Night-Comedy	<b>24</b>	10:15- Trivia 10:30- Get Groovy 2:00- Word Game 3:30-Chit chats 6:30-Movie Night-Documentaries	<b>25</b>	10:15- Trivia 10:30- Sit and Be Fit 2:00- Pay to play bingo. 3:30-Chit chats 6:30- SkipBo  Australia Day (observed)	<b>26</b>	10:15- Trivia 10:30- Get Fit 2:00- Crafting- 3:30-Chit chats 6:30-Movie Night-Romance	<b>27</b>	10:15- Trivia 10:30- Fit Fun 2:00-Bean Bag Toss 3:30-Chit chats/ Croissant 6:30-Movie Night-Action	<b>28</b>	10:15- Trivia 10:30- Get Fit 2:00- Prize Bingo 3:30- Game Shows	<b>29</b>
9:30-Roasry 10:00- Prayer Mass 1:45- Sunday Stretch 2:30-Movie Matinee 2:45- Horse Racing	<b>30</b>	10:15- Trivia 10:30- Get Fit 2:00-Free Bingo 3:30-Chit chats/ Hot Chocolate 6:30-Movie Night-Comedy	<b>31</b>	Monday, Tuesday, Thursday, and Friday there will be crocheting and knitting with Fran! On the Second floor. Immediately after exercise.  Sandra's dog Mattie will be here to bring pet therapy to all on Thursday's weather permitting and holidays.									

(All programs are subject to change)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <h1 style="font-family: cursive;">January 2022</h1> <h2 style="font-family: sans-serif;">Generation Village</h2>						<p>1</p> <p>9:30-Exercise 3:30-Balloon Bop</p> <p style="font-size: small;">New Year's Day</p>
<p>2</p> <p>9:49- Prayer Circle 10:30- Get Fit 11:00- Today in History 1:30- Trivia 2:00-Sunday Movie</p>	<p>3</p> <p>9:45 Exercise 10:15-balloon bop 11:30-chit chat 1:30- Art 2:30- Table top activity 3:30-Music</p>	<p>4</p> <p>9:45 Exercise 10:15-balloon bop 11:30-chit chat 1:30- Art 2:30- Table top activity 3:30-Music</p>	<p>5</p> <p>9:45 Exercise 10:15-balloon bop 11:30-chit chat 1:30- Art 2:30- Table top activity 3:30-Music</p>	<p>6</p> <p>9:45 Exercise 10:15-balloon bop 11:30-chit chat 1:30- Art 2:30- Table top activity 3:30-Music</p>	<p>7</p> <p>9:45 Exercise 10:15-balloon bop 11:30-chit chat 1:30- Art 2:30- Table top activity 3:30-Music</p>	<p>8</p> <p>9:45 Exercise 10:15-balloon bop 11:30-chit chat 1:30- Art 2:30- Table top activity 3:30-Music</p>
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