

May 2023 Menu Selections



	MONDAY, May 1	TUESDAY, May 2	WEDNESDAY, May 3	THURSDAY, May 4	FRIDAY, May 5	SATURDAY, May 6
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Coffee Cake	Grits Texas French Toast Pork Sausage Links	Brown Sugar Oatmeal Western Egg Bake Assorted Scone	Cream Of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Crispy Bacon
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Lasagna Spinach Roll Winter Mix Chef Salad Dessert Diced Peaches	BBQ Boneless Rib on a Bun Wax Beans Crab Salad on a soft roll Carrot Raisin Salad Dessert Mandarian Oranges	Orange Glazed Ham Mashed Sweet Potatoes Chuckwagon Corn Grilled Chicken on a Bun Italian Tomato & Onion salad Dessert Rosy Pears	Arroz Con Pollo Italian Mix Eggplant Parm on a roll Dessert Peach Pie	Cinco De Mayo Mexican Stuffed Pepper Mexican Rice Chuckwagon Corn Breaded Shrimp with Boom Boom Sauce French Fries Coleslaw Dessert Churros	Veal Patty & Gravy Herbed Mashed Potatoes Cream Style Corn Bologna & Cheese Sandwich Tossed Salad Dessert Rice Pudding & Cinnamon
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
	Soup Lentil Sloppy Joe on Roll Italian Mix Chicken Cheese Quesadilla Dessert Rice Pudding	Soup Broccoli Cheese Chicken Tenders French Fries Succotash Veggie Burger on a bun Tossed Salad Dessert Tropical Fruit	Soup Cream of Turkey Rice Salsibury Steak Garlic Mashed Potatoes Peas & Pearl Onions Personal Pizza Tossed Salad Dessert Marble Cake	Soup Italian Wedding Cheese Tortellini Alfredo Green Beans Teriyaki Meatballs Buttered White Rice Dessert Fruit Cocktail	Soup Egg Drop Stuffed Cabbage White Rice Prince Edward Grilled Tuna Melt French Fries Dessert Diced Pears	Soup Beef Barley Turkey & Muenstar on White Bread Chickpea Salad Hamburger on a bun Creamy Cucumber Salad Dessert Fruited Jello



May 2023 Menu Selections



SUNDAY, May 7	MONDAY, May 8	TUESDAY, May 9	WEDNESDAY, May 10	THURSDAY, May 11	FRIDAY, May 12	SATURDAY, May 13
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled with Cheese English Muffin	Cinnamon Oatmeal Buttermilk Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Hash Brown Patty	Grits Texas French Toast Pork Sausage Links	Brown Sugar Oatmeal Sausage Egg Bake Blueberry Muffin	Cream Of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Penne & Meatsauce Normandy Salami & Cheese on a roll Dessert Fresh Fruit	No Peek Chicken Diced Carrots Salisbury Steak Mashed Potatoes Dessert Banana Cream Pie	Meatloaf with Mushroom Gravy Scalloped Potatoes Italian Green Beans Pollock Florentine Brown Rice Dessert Diced Pears	BBQ Chicken Leg Homemade Macaroni Salad Coleslaw Mac & Beef Casserole Capri Blend Dinner roll Dessert Diced Peaches	Pulled Pork Sandwich California Blend Grilled Cheese with Tomato Dessert Lemon Meringue Pie	Crab Salad on Soft Roll Cucumber & Onion Salad Stuffed Pepper Casserole Dessert Fresh Fruit	Roast Turkey Cranberry Sauce Stuffing Buttered Corn Lasagna Spinach Rolls Green Beans Dessert Mandarin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup Vegetable Fish Sticks Tater Tots Green Beans Cottage Cheese With Fruit Assorted Muffin Dessert Spice Cake	Soup Lentil Sausage & Peppper Roasted Potatoes Italian Mix Chicken Ceaser Salad Dessert Pineapple Chunks	Soup Navy Bean Turkey Salad on Wheat Pickled Beet Salad Tuna Noodle Casserole Mixed Blend Dessert Tapioca Pudding	Soup Cream of Potato Sloppy Joe on a Roll Peas & Carrots Popcorn Chicken Tater Tots Dessert Baked Apples with Cinnamon	Soup Beef & Barley Cheese Ravioli Winter Mix Garlic Bread Kielbasa & Cabbage Dessert Fruit Cocktail	Soup Split Pea White Cheddar Mac & Cheese Broccoli Cuts Fried Fish Sandwich on a Bun Dessert Diced Pears	Soup Chicken Noodle Swedish Meatballs Egg Noodles Bermuda Mix Chicken Salad on White Italian Tomato & Onion Salad Dessert Boston Cream Pie



May 2023 Menu Selections



SUNDAY, May 14	MONDAY, May 15	TUESDAY, May 16	WEDNESDAY, May 17	THURSDAY, May 18	FRIDAY, May 19	SATURDAY, May 20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled with Cheese English Muffin	Cinnamon Oatmeal Blueberry Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Coffee Cake	Grits Texas French Toast Pork Sausage Links	Brown Sugar Oatmeal Western Egg Bake Assorted Scone	Cream Of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
MOTHERS DAY LUNCH Grilled Pork Chops Roasted Pesto Potatoes Garlic Butter Brussel Sprouts Beef Liver with Carmalized Onions Mashed Potatoes Peas & Pearl Onions Dessert Carrot Cake	Pineapple Glazed Ham Garlic Mashed Potatoes Diced Carrots Cheese Ravioli Dessert Diced Peaches	Apple Kraut Pork Chops Candied Yams Capri Blend Maryland Crab Cake French Fries Dessert Fruited Jello	Chicken Alfredo Stuffed Pepper Buttered White Rice Italian Mix Sausage Peppers Onions on a roll Creamy Cucumber Salad Dessert Ambrosia	Salisbury Steak with Mushroom Gravy Mashed Potatoes Italian Green Beans Breaded Cod French Fries Coleslaw Dessert Fruit Cocktail	Garlic Butter Flounder Rice Pilaf Brussel Sprouts Eggplant Parm on a Roll Dessert Diced Pears	Meatball Parm Sandwich Tossed Salad Grilled Ham & Cheese Dessert Cinnamon Applesauce
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup Cream of Celery Grilled Chicken Fetticine alfredo Broccoli Ham & Swiss on Rye Dessert Chocolate Crem Pie	Soup Tomato Rice Salmon Croquettes Buttered White Rice Green beans Personal Cheese Pizza Tossed Salad Dessert Apple upsidedown cake	Soup Vegetable Barley Tuna Noodle Casserole Peas & Carrots Broccoli Cheddar Quiche Dessert Brownie	Soup Chicken Orzo Hot Dog on a Bun With Sauerkraut Baked Beans Cheeseburger on a Bun Pickle Chips Dessert Assorted Frozen Yogurt	Soup Pasta Fagiole Macaroni & Cheese Stewed Tomatoes Kielbasa & Sauerkraut Pierogies Dessert Pound Cake	Soup Lobster Bisque Stuffed Shells Normandy Mix Dinner Roll Fish Sticks Tater Tots Dessert Fresh Baked Cookies	Soup Split Pea Chicken Nuggets Sweet Potato Fries Green Beans Cheese Steak on a bun Dessert Poke Cake



May 2023 Menu Selections



SUNDAY, May 21	MONDAY, May 22	TUESDAY, May 23	WEDNESDAY, May 24	THURSDAY, May 25	FRIDAY, May 26	SATURDAY, May 27
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cream of Wheat Scrambled with Cheese English Muffin	Cinnamon Oatmeal Buttermilk Pancakes Turkey Sausage	Cream of Wheat Cheese Omelet Hash Brown Patty	Grits Texas French Toast Pork Sausage Links	Brown Sugar Oatmeal Sausage Egg Bake Corn Muffin	Cream Of Wheat Scrambled Eggs Toasted Bagel	Oatmeal Waffle Crispy Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ziti Capri Blend Garlic Bread Very Veggie Quiche Dessert Ambrosia	Chicken Adobo Jasmine Rice Diced Carrots Pepperoni Pizza Tossed Salad Dessert Butterscotch Pudding	Chicken Parm Spaghetti Green Beans Chef Salad Dessert Mandarin Oranges	Cheeseburger on a Bun Homemade Macaroni Salad Buttered Corn Turkey & Swiss on Wheat Coleslaw Dessert Watermelon	Roasted Pork Loin Baked Potato Carrot Coins Beef Ravioli Dessert Fruit cocktail	Saefood Newburg White Rice Capri Blend BBQ Chicken wings Dessert Apple Pie	Herb Roasted Chicken Mashed Potatoes Italian Green Beans Ham & Swiss on Wheat Potato Salad Dessert Diced Peaches
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup Tomato Rice Baked Fish with Lemon Rice pilaf Creamed Spinach Turkey Burger Melt Dessert Assorted Sherbert	Soup Cream of Celery Sweet & Sour Pork Chop Fried Rice Mandarin Stir Fry General Tso's Chicken Dessert Tropical Fruit	Soup Cream of Mushroom BBQ Boneless riblet on a Bun Coleslaw Cottage Cheese & Fesh Fruit Assorted Muffin Dessert Cherry Pie	Soup Sausage & Tortellini Chicken Cheese Steak on a Bun Tater Tots Italian Mix Tuna Wrap Carrot Raisin Salad Dessert Chocolate Cake	Soup Vegetable Barley Meatball Hoagie Broccoli Cuts Chicken Salad on wheat with lettuce & tomato Dessert Orange Iced Cake	Soup Crem of Broccoli Chicken Burger Lettuce & tomato Cucumber Salad Salami & Cheese on a Roll Tossed Salad Dessert Mandarian Oranges	Soup Chicken Rice Hot Dog on a Bun with Sauerkraut Baked Beans Grilled Cheese with Tomato Diced Carrots Dessert Brownie



May 2023 Menu Selections



SUNDAY, May 28	MONDAY, May 29	TUESDAY, May 30	WEDNESDAY, May 31			
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST			
Cream of Wheat	Cinnamon Oatmeal	Cream of Wheat	Grits			
Scrambled Eggs with Cheese English Muffin	Blueberry Pancakes Turkey Sausage	Cheese Omelet Coffee Cake	Texas French Toast Pork Sausage Links			
LUNCH	LUNCH	LUNCH	LUNCH			
Penne Pasta Meatsauce Normandy Mixed	Lasagna Spinach Roll Winter Mix	BBQ Boneless Rib on a Bun Wax Beans	Memorial Day Lunch			
Lemon Pepper Fish	Chef Salad	Crab Salad on a soft roll Carrot Raisin Salad	Country Style Ribs Broccoli Slaw Homemade Macaroni Salad			
Dessert Lemon Meringue Pie	Dessert Diced Peaches	Dessert Mandarian Oranges	Bacon Cheeseburger Homemade Potato Salad Corn on the Cob			
DINNER	DINNER	DINNER	DINNER			
Soup Vegetable Orange Chicken White Rice Capri Blend	Soup Lentil Sloppy Joe on Roll Italian Mix	Soup Broccoli Cheese Chicken Tenders French Fries Succotash	Soup Cream of Turkey Rice Salsbury Steak Garlic Mashed Potatoes Peas & Pearl Onions			
Manicotti Tossed Salad Dessert Spice Cake	Chicken Cheese Quesadilla Dessert Rice Pudding	Veggie Burger on a bun Tossed Salad Dessert Tropical Fruit	Personal Pizza Tossed Salad Dessert Marble Cake			