



February 2025

2nd Floor Activity Calendar



9:15 Amazing Animals (2NTV) **1**
10:00 Morning Stretch & Chronicle (2N)
10:30 Chair Dancing (2N)
11:00 Reminiscing: Pondering Prompts (2N)
11:00 What Am I? & Candy Match (2S)
11:30 Rhythm Band (2N)
1:30 Sing Along & Ribbon Dancing (2N)
1:30 February IQ & Candy Phrases Finish the Line (2S)
2:30 Refreshments (2N / 2S)
2:45 Table Tasks: Music & Instrument Match (2N)
2:45 YouTube: Classic Music Videos (2NTV)
2:45 BINGO (2S)
3:45 Noodle Ball (2N)
3:45 Anagram: Tootsie Candy Dots (2S)
4:15 Candy Match (2N)

9:15 Spiritual Sing Along (2NTV) **2**
10:00 Live Stream Mass (2NTV)
10:15 Pictures & Puzzles (2NDR)
10:45 Communion Visits w St. Joseph's (RV)
11:00 Morning Stretch & Daily Chronicle (2N)
11:00 Groundhog Day
Discussion & Word Games (2S)
1:30 Kickball (2N)
1:30 SingFit: Grammy Legends (2N)
1:30 7Up Card Game (2S)
2:30 Refreshments (2N / 2S)
2:45 Golfing Green (2N)
2:45 True/False Trivia Tic-Tac-Toe (2S)
3:30 YouTube: Beautiful Babies (2N)
3:45 Scrabble (2S)
4:00 Spiritual Eldercare TV Service & Aromatherapy Hand Massage (2N)
Groundhog Day

9:15 Lounge & Listen: 50s (2NTV) **3**
10:00 Morning Stretch & Chronicle (2N)
10:30 Guess the Bird (2N)
11:00 Table Tasks: Travel & U.S. Landmarks (2N)
11:00 YouTube: USA 4K (2NTV)
11:00 Table Games (2S)
1:30 Bible Study with Rev. Dorothy (3LR)
1:30 Bowling (2N)
1:30 TALES Categories (2S)
2:30 Refreshments (2N / 2S)
2:45 Horse Racing (2N)
2:45 BINGO (2S)
3:30 Sit & Stretch (2N)
3:45 Rhythm Band & Scarf Dancing (2N)
3:45 One and Done Dice Game (2S)
4:15 Susie Q Sing Along (2NTV)
5:30 Noodle Ball (2N)
6:00 Aromatherapy Hand Massage (2N)

9:15 Nature Reel (2NTV) **4**
10:00 Morning Stretch & Chronicle (2N)
10:30 Bucket Ball (2N)
11:00 Pre-pair to Sew Game (2S)
11:15 Conversation Cards (2N)
1:15 Rosary with Mary (3DR)
1:30 Table Tasks: Gadgets & Gizmos (2N)
1:30 YouTube: Relaxing Kaleidoscope (2NTV)
1:30 Jeopardy (2S)
2:30 Refreshments (2N/ 2S)
2:45 Balloon Toss (2N)
2:45 Guess the Picture: Black History Month (2S)
3:15 How Many Can You Name? (2S)
3:15 Alphabet Game (2N)
3:45 Left, Center, Right Dice Game (2S)
4:00 Karaoke (2N)

9:15 Beautiful Babies (2NTV) **5**
10:00 Morning Stretch & Chronicle (2N)
10:30 Mass with Mary Mother of God Church (3LR)
10:30 Pet Therapy with Betsie (RV)
10:30 Noodle Ball (2N)
11:30 Finish the Phrase (2N)
11:00 Horse Racing (2S)
12:00 FHS Students Visit
1:30 Bean Bag Target Toss (2N)
1:30 BINGO (3DR)
2:00 Forties Sing Along (2N)
2:30 Refreshments (2N/ 2S)
2:45 Picture Match (2N)
2:45 \$BINGO STORE \$S (3DR)
3:45 Table Ball (2N)
3:45 Uno (2S)
4:30 Magazine Scavenger Hunt (2N)
5:30 7Up Card Game (3DR)

9:15 Sing Along Songs (2NTV) **6**
10:00 Morning Stretch & Chronicle (2N)
10:30 Parachute (2N)
11:00 Name Five (2N)
11:00 Who Sang It: Tennessee Ernie Ford or Johnny Cash? (2S)
11:30 Rhythm Band (2N)
1:00 Pet Therapy with Flannery (RV)
1:30 Jewish Songs & Stories with Debbie: Tu B'Shevat (1DR)
1:30 Table Tasks: Post Cards & Stamps (2N)
1:30 YouTube: Most Beautiful Places to Visit in the World (2N)
1:30 YouTube: Fifties Sing Along (2S)
2:30 Refreshments (2N / 2S)
2:45 SingFit: Huge Hits of the 60's & 70's (2N)
3:45 BINGO (2S)
3:30 Pictionary (2N)
3:45 Relaxation & Aromatherapy Hand Massage (2S)
4:15 Balloon Tennis (2N)
5:30 Table Tasks (2N)

9:15 Classic TV Shows (2NTV) **7**
10:00 Morning Stretch & Chronicle (2N)
10:30 Bowling (2N)
11:00 Crafty Circle: Bubble Gum Day (2S)
11:15 Table Tasks: Colors (2N)
11:15 YouTube: The Colors of the Ocean (2N)
1:30 Glenn Miller Dance Workout (2N)
1:30 HEART BINGO (2S)
2:30 Refreshments (2N / 2S)
2:45 Things that Are... (2N)
2:45 Let's Get Quizzical: Go Red Edition (2S)
3:30 Relaxation & Mindfulness Exercises (2N)
3:45 Residents' Choice Table Game (2S)
4:00 Aromatherapy Hand Massage & Music (2N)
4:30 Horseshoes (2N)
5:30 Music & Manicures

9:15 Amazing Animals (2NTV) **8**
10:00 Morning Stretch & Chronicle (2N)
10:30 Noodle Ball (2N)
11:00 Reminiscing: Pondering Prompts (2N)
11:00 Word Games (2S)
11:30 Rhythm Band (2N)
1:30 Memory Lane: Remembering Scouting Slideshow (2N)
1:30 BINGO (2S)
2:30 Refreshments (2N / 2S)
2:45 Table Tasks: Household Tasks (2N)
2:45 YouTube: Beautiful Babies (2NTV)
2:45 Short Story & Discussion: Red Hat Hijinx (2S)
3:45 Can You Picture This? (2N)
3:45 Not Like the Others (2S)
4:15 Horse Racing (2N)
4:15 Hi-Lo Card Game (2S)

9:15 Spiritual Sing Along (2NTV) **9**
10:00 Live Stream Mass (2NTV)
10:15 Picture Match (2NDR)
10:45 Communion Visits w St. Joseph's (RV)
11:00 Morning Stretch & Daily Chronicle (2N)
11:00 Alphabet Game (2S)
11:30 Batting Practice (2N)
11:30 Golfing Green (2S)
1:30 YouTube: Sports Bloopers (2N)
2:00 Superbowl Tailgate Social (3DR)
2:00 Superbowl Tailgate Social (2N)
3:15 Name Ten (2N)
3:45 7Up Card Game (2S)
4:00 Spiritual Eldercare TV Service & Aromatherapy Hand Massage (2N)

9:15 Lounge & Listen: 40s (2NTV) **10**
10:00 Morning Stretch & Chronicle (2N)
10:30 Bowling (2N)
11:00 Table Tasks: Jewelry & Beauty (2N)
11:00 YouTube: ASMR Vintage Jewelry Haul (2NTV)
11:00 Uno (2S)
1:30 SingFit: The Sweetest Songs (2N)
1:30 Cooking Corner: National Pizza Day (3LR)
2:30 Refreshments (2N / 2S)
2:45 Horse Racing (2N)
3:00 Pet Therapy with Odin (RV)
3:15 Hi-Lo Card Game (2N)
3:30 Creative Painting (2S)
4:00 Rhythm Band & Ribbon Dancing (2N)
4:30 Bucket Ball (2S)
4:30 Susie Q Sing Along (2NTV)
5:30 Rolling a New York Pizza Game (3LDR)

9:15 Nature Reel (2NTV) **11**
10:00 Morning Stretch & Chronicle (2N)
10:30 Pet Therapy with Ranger (RV)
10:30 Balloon Toss (2N)
11:00 Hot Potato (2N)
11:00 Crafty Circle: Heart Craft (2S)
11:30 Choose a Tune (2N)
1:30 Coloring & Crafts: Hearts (2N)
1:30 Bible Study with Rev. Dorothy (3LR)
1:30 Name that Tune of Heartbreak (2S)
2:30 Refreshments (2N / 2S)
2:45 Picture Match (2N)
2:45 BINGO (2S)
3:15 Bucket Ball (2N)
4:00 Karaoke (2N)
4:15 Trivia Challenge (2S)

9:15 Beautiful Babies (2NTV) **12**
10:00 Morning Stretch & Chronicle (2N)
10:30 Bean Bag Target Toss (2N)
11:00 Table Tasks: Creative Coloring (2N)
11:00 YouTube: Impressionist Landscapes Relax (2NTV)
11:00 Penny Ante (2S)
12:00 FHS Students Visit
1:30 Remembering Going to the Movies (2N)
1:30 Creative Painting: Trees (2S)
2:30 Refreshments (2N / 2S)
2:45 Things that Are... (2N)
2:45 Jeopardy (2S)
3:30 Fifties Sing Along (2N)
3:45 Table Games (2S)
4:15 Table Ball (2N)
5:30 BINGO Night (3DR)
Bus Outing (RSVP - Weather Permitting)
Tu B'Shevat Begins

9:15 Sing Along Songs (2NTV) **13**
10:00 Morning Stretch & Chronicle (2N)
10:30 Balloon Tennis (2N)
11:00 Lucky Dice Game (2N)
11:00 Guess the Movie Game (2S)
1:30 Table Tasks: Gadgets & Gizmos (2N)
1:30 YouTube: Bubbles & Calming Music (2NTV)
1:30 Nix the Six (2S)
2:30 Refreshments (2N / 2S)
2:45 SingFit: Heartthrobs & Sweethearts (2N)
2:45 Hollywood Pairs Match (2S)
3:30 Rhythm Band (2N)
3:45 Bowling (2S)
4:15 Parachute (2N)
5:30 Table Tasks (2N)

9:15 Classic TV Shows (2NTV) **14**
10:00 Morning Stretch & Chronicle (2N)
10:30 Horseshoes (2N)
11:00 Sweetheart Detective (2N)
11:30 Name 5: Valentine's Day (2N)
11:00 Valentine BINGO (2S)
1:30 Musical Movie (2N)
2:00 Sweetheart Social & Games (3DR)
3:45 Balloon Toss (2N)
4:15 How Many Can You Name? (2S)
4:30 Hi-Lo Card Game (2N)
5:30 Music & Manicures
Valentine Gram Deliveries
Valentine's Day

9:15 Amazing Animals (2NTV) **15**
10:00 Morning Stretch & Chronicle (2N)
10:30 Chair Dancing (2N)
11:00 Reminiscing: Pondering Prompts (2N)
11:00 5 Clue What Am I? (2S)
11:30 How Many Can You Name? (2S)
11:30 Rhythm Band (2N)
1:30 Sing Along & Ribbon Dancing (2N)
1:30 ORBIT Categories (2S)
2:30 Refreshments (2N / 2S)
2:45 Table Tasks: Music & Instrument Match (2N)
2:45 YouTube: Susie Q Sing Along (2NTV)
2:45 BINGO (2S)
3:45 Noodle Ball (2N)
3:45 Short Story & Discussion: Shutterbug Lovebugs (2S)
4:15 Music & Magazines (2N)

9:15 Spiritual Sing Along (2NTV) **16**
10:00 Live Stream Mass (2NTV)
10:15 Pictures & Puzzles (2NDR)
10:45 Communion Visits w St. Joseph's (RV)
11:00 Morning Stretch & Daily Chronicle (2N)
11:00 Left, Center, Right Dice Game (2S)
11:30 Nascar Racing Game (2N)
1:30 SingFit: On Stage at Carnegie Hall (2N)
1:30 True/False Trivia Tic-Tac-Toe (2S)
2:30 Refreshments (2N / 2S)
2:45 Golfing Green (2N)
2:45 Scrabble (2S)
3:30 YouTube: Beautiful Babies (2N)
3:45 Name Five (2S)
4:00 Spiritual Eldercare TV Service & Aromatherapy Hand Massage (2N)

9:15 Lounge & Listen: 50s (2NTV) **17**
10:00 Morning Stretch & Chronicle (2N)
10:30 Picture Match (2N)
11:00 Table Tasks: Travel & World Landmarks (2N)
11:00 YouTube: USA 4K (2NTV)
11:00 Watercolor Painting (2S)
1:30 Bible Study with Rev. Dorothy (3LR)
1:30 Bowling (2N)
1:30 Presidents' Day Trivia & Word Games (2S)
2:30 Refreshments (2N / 2S)
2:45 Horse Racing (2N)
2:45 7Up Card Game (2S)
3:00 Pet Therapy with Odin (RV)
3:30 Sit & Stretch (2N)
3:45 Rhythm Band & Scarf Dancing (2N)
3:45 CHIEF Categories (2S)
4:15 Susie Q Sing Along (2NTV)
5:30 Noodle Ball (2N)
6:00 Aromatherapy Hand Massage (2N)
President's Day (U.S.)

9:15 Nature Reel (2NTV) **18**
10:00 Morning Stretch & Chronicle (2N)
10:30 Bucket Ball (2N)
11:00 Horse Racing (2S)
11:15 Conversation Cards (2N)
1:15 Rosary with Mary (3DR)
1:30 Table Tasks: Gadgets & Gizmos (2N)
1:30 YouTube: Relaxing Kaleidoscope (2NTV)
1:30 Opposite Word Stickman (2S)
2:30 Refreshments (2N/ 2S)
2:45 Balloon Toss (2N)
2:45 BINGO (2S)
3:15 Alphabet Game (2N)
3:45 Who Am I: Famous African Americans (2S)
4:00 Karaoke (2N)

9:15 Beautiful Babies (2NTV) **19**
10:00 YouTube: America's Funniest Home Videos (2NTV)
10:30 Dan the Piano Man Performs (1LR)
12:00 FHS Students Visit
1:30 Bean Bag Target Toss (2N)
1:30 Mystery Prize Match Game (2S)
2:00 Sixties Sing Along (2N)
2:30 Refreshments (2N/ 2S)
2:45 Guess the Picture (2N)
2:45 Let's Get Quizzical (2S)
3:45 Table Ball (2N)
3:45 Uno (2S)
4:30 Magazine Scavenger Hunt (2N)
5:30 BINGO Night (3DR)

9:15 Sing Along Songs (2NTV) **20**
10:00 Bible Study with Beth (3LR)
10:00 Morning Stretch & Chronicle (2N)
10:30 Parachute (2N)
11:00 Memory Lane Trivia (2N)
11:00 One and Done Dice Game (2S)
11:30 Rhythm Band (2N)
1:30 Jewish Songs & Stories with Debbie (1DR)
1:30 Table Tasks: Post Cards & Stamps (2N)
1:30 YouTube: Most Beautiful Places to Visit in the World (2N)
1:30 YouTube: Fifties Sing Along (2S)
2:30 Refreshments (2N / 2S)
2:45 SingFit: Pets of the Stars (2N)
2:45 BINGO (2S)
3:45 Pictionary (2N)
3:45 Funny Pet Videos Voting (2S)
4:15 Relaxation & Aromatherapy Hand Massage (2S)
4:15 Balloon Tennis (2N)
5:30 Stellar Night at the Fights with Preferred Care at Home (3LR)

9:15 Classic TV Shows (2NTV) **21**
10:00 Morning Stretch & Chronicle (2N)
10:30 Bowling (2N)
11:00 Black History Month Craft & Chat: Alma Thomas (2S)
11:15 Table Tasks: Colors (2N)
11:15 YouTube: The Colors of the Ocean (2N)
1:30 Active Games (2N)
1:30 The Write Word Game: Black History Edition (2S)
2:30 Refreshments (2N / 2S)
2:45 Name Five (2N)
2:45 BINGO (2S)
3:30 Relaxation & Mindfulness Exercises (2N)
3:45 What First Lady Am I? (2S)
4:00 Aromatherapy Hand Massage & Music (2N)
4:30 Horseshoes (2N)
5:30 Music & Manicures

9:15 Amazing Animals (2NTV) **22**
10:00 Morning Stretch & Chronicle (2N)
10:30 Noodle Ball (2N)
11:00 Reminiscing: Pondering Prompts (2N)
11:00 BLUSH Categories (2S)
11:30 Rhythm Band (2N)
1:30 Sing Along & Scarf Dancing (2N)
1:30 BINGO (2S)
2:30 Refreshments (2N / 2S)
2:45 Table Tasks: Household Tasks (2N)
2:45 YouTube: Beautiful Babies (2NTV)
2:45 Would You Rather? (2S)
3:45 Can You Picture This? (2N)
3:45 Hi-Lo Card Game (2S)
4:15 Horse Racing (2N)
4:30 Bucket Ball (2S)

9:15 Spiritual Sing Along (2NTV) **23**
10:00 Live Stream Mass (2NTV)
10:15 Picture Match (2NDR)
10:45 Communion Visits w St. Joseph's (RV)
11:00 Morning Stretch & Daily Chronicle (2N)
11:00 Travelogue: Destination Dubai (2S)
11:30 Batting Practice (2N)
1:30 Guided Imagery (2N)
1:30 Relaxation Coloring & Aromatherapy Hand Massages (2S)
2:00 Table Tasks (2N)
2:00 YouTube: Winter Wonderland 4K (2NTV)
2:30 Refreshments (2N / 2S)
2:45 Kickball (2N)
2:45 7Up Card Game (2S)
3:15 Name Ten (2N)
3:45 DINGO Categories (2S)
4:00 Spiritual Eldercare TV Service & Aromatherapy Hand Massage (2N)

9:15 Lounge & Listen: 40s (2NTV) **24**
10:00 Morning Stretch & Chronicle (2N)
10:30 Bowling (2N)
11:00 Table Tasks: Jewelry & Beauty (2N)
11:00 YouTube: ASMR Vintage Jewelry Haul (2NTV)
11:00 Uno (2S)
1:30 Food Committee Meeting (3LR)
1:30 SingFit: Favorites of the American Bandstand (2N)
2:00 Resident Council Meeting (3LR)
2:30 Refreshments (2N / 2S)
2:45 Horse Racing (2N)
3:00 BINGO (3DR)
3:15 Hi-Lo Card Game (2N)
4:00 Rhythm Band & Ribbon Dancing (2N)
4:15 Name Five (2S)
4:30 Susie Q Sing Along (2NTV)
5:30 Aromatherapy Hand Massages

9:15 Nature Reel (2NTV) **25**
10:00 Morning Stretch & Chronicle (2N)
10:30 Balloon Toss (2N)
11:00 Hot Potato (2N)
11:00 Unscrabble (2S)
11:30 Choose a Tune (2N)
1:30 Musical Movie (2NTV)
2:00 February Birthday Celebration with Entertainment by John Heiserman
3:30 Friendly Feud (2S)
4:00 Karaoke (2N)

9:15 Beautiful Babies (2NTV) **26**
10:00 Morning Stretch & Chronicle (2N)
10:30 Bean Bag Target Toss (2N)
11:00 Table Tasks: Creative Coloring (2N)
11:00 YouTube: Impressionist Landscapes Relax (2NTV)
11:00 Scrabble (2S)
12:00 FHS Students Visit
1:30 Memory Lane (2N)
1:30 Residents' Choice Movie Matinee (3LR)
2:30 Refreshments (2N / 2S)
2:45 Things that Are... (2N)
3:30 Seventies Sing Along (2N)
3:30 Jeopardy (3LR)
4:15 Table Ball (2N)
4:30 Table Games (2S)
Bus Outing (RSVP - Weather Permitting)

9:15 Sing Along Songs (2NTV) **27**
10:00 Cooking Corner: National Chili Day (3LR)
10:00 Morning Stretch & Chronicle (2N)
10:30 Balloon Tennis (2N)
11:00 Lucky Dice Game (2N)
11:00 Pokeno (2S)
1:30 Bible Study with Beth (3LR)
1:30 Table Tasks: Gadgets & Gizmos (2N)
1:30 YouTube: Bubbles & Calming Music (2NTV)
1:30 BINGO (2S)
2:30 Refreshments (2N / 2S)
2:45 Name Five (2N)
2:45 SPICY Categories (2S)
3:30 Rhythm Band (2N)
3:45 Lucky Dice Game (2S)
4:15 Parachute (2N)
5:00 Short Story & Discussion (3LR)

9:15 Classic TV Shows (2NTV) **28**
10:00 Morning Stretch & Chronicle (2N)
10:30 Horseshoes (2N)
11:00 SingFit: Famous Foxtrots (2N)
11:00 Anagrams (2S)
1:30 Bible Study with Rev. Dorothy (3LR)
1:30 Table Tasks (2N)
1:30 Sing Along with Susie Q (2N TV)
1:30 BINGO (2S)
2:30 Refreshments (2N / 2S)
2:45 Active games (2N)
2:45 How Many Can You Name? (2S)
3:45 Aromatherapy Hand Massage & Tunes (2N)
3:15 Left, Center, Right Dice Game (2S)
4:30 Hi-Lo Card Game (2N)
5:30 Music & Manicures
Ramadan Begins

2 North
2 South
3rd Floor
1st Floor Room Visits
Activities are subject to change. Changes will be posted on the activity boards on each unit.
Additional activities will take place on the 3rd floor - see booklet.
Daily Chronicles delivered every morning. Activity materials available.
Activities Office: Ext. 4625