

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Omelet Assorted Muffin Cream of Wheat	Pancakes/Syrup Bacon Oatmeal	Scrambled Eggs Home Fries Cream of Wheat	French Toast Sausage Links Oatmeal	Western omelet White Toast Cream of Wheat	Belgium Waffle Grilled Ham Oatmeal	Sausage egg bake Hash Brown Patty Cream of Wheat
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Vegetable Soup	Lentil Soup	Navy Beans Soup	Cream of Potato Soup	Beef Barley Soup	Split Pea Soup	Chicken Noodle Soup
Penne & Meat sauce Normandy Mixed Vegetables	Citrus Fish Buttered White Rice Diced Carrots	Meatloaf w Mushroom gravy Scalloped Potatoes Italian Green Beans	BBq Chicken Thigh Corn Bread Cole Slaw	Apple Kraut Pork Chops Candied Yams California Mixed Vegetables	Corn Flake Fish Kale Sauteed w garlic	Roast Turkey w Cranberry glaze Cornbread Stuffing Buttered Corn
Egg Salad on Soft Roll Potato Salad	Lasagna Spinach Rolls Garlic Bread	Fried Fish Sandwich on a roll Tartar sauce Cole slaw	Beef a Roni Dinner Roll Mixed Vegetables	Hot Roast Beef Sandwich	Stuffed Pepper Casserole	Cheeseburger on a bun Let, Tom French Fries
Fresh Fruit	Scooped Ice Cream	Diced Pears	Ambrosia	Lemon Meringue Pie	Diced Peaches	Mandarin Oranges
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Honey Mustard Chicken Breast Mashed Potatoes Green Beans	Sausage, Peppers, Onions Roasted Potatoes Italian Mixed Vegetables	Pulled Pork Roasted Corn Dinner Roll	Sloppy Joe on a Roll Peas and Carrots	Beef Goulash Winter Mixed Vegetables	Baked Mac and Cheese w breadcrumbs Stewed Tomatoes	Swedish Meatballs Egg Noodles Bermuda Mixed Vegetables
Shepherd's Pie 4 way Mixed Vegetables	Breaded Chicken Sandwich Let, Tom, Mayo	Pizza Slice Tossed Salad/ Dressing	Chicken salad on croissant	Chicken Nuggets Honey Mustard French Fries	Veggie Burger on a bun Tater tots	Corn Dog Mustard
Spice Cake	Pineapple Tidbits	Tapioca Pudding	Apple Crisp	Fruit Cocktail	Fresh Fruit	Red Velvet Cake

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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pancakes/Syrup Bacon Muffin Oatmeal	Scrambled Eggs Home Fries Cream of Wheat	French Toast Sausage Links Oatmeal	Western omelet White Toast Cream of Wheat	Belgium Waffle Grilled Ham Oatmeal	Sausage egg bake Hash Brown Patty Cream of Wheat	Cheese Omelet Wheat Toast Oatmeal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Crn of Celery Soup	Tomato Rice Soup	Crn of Potato Soup	Chicken Orzo Soup	Pasta Fagioli	Lobster Bisque	Split Pea Soup
Pineapple Glazed Ham Baked Sweet potato Garden Mixed Vegetables	No Peak Chicken Brown Rice Diced Carrots	Baked Ziti Sauteed Spinach	Arroz con pollo Italian Mixed Vegetables	Country Style Pork Ribs (boneless) Cole Slaw	Rolled Stuffed Turkey Candied Yams Green Beans	Meatball Parm Sandwich Broccoli Spears
Meatloaf with Gravy	Salisbury Steak Mashed Potatoes	Maryland Crab Cakes Cocktail Sauce French Fries Cole Slaw	Ham salad Sandwich on Rye Pickled Beet salad	Chicken Salad Platter 3 bean salad	Eggplant Parmesan Pasta	Grilled Ham and Cheese
Fresh Fruit	Diced Peaches	Fruited Gelatin	Ambrosia	Fruit Cocktail	Rosy Pears	Cinnamon Applesauce
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Franchise Broccoli Sauced Pasta	Homemade Chili Cheese Buttered White Rice Green Beans	Tuna Salad on Kaiser Chickpea Salad	Spaghetti & Meatballs Italian Tomato Salad	Macaroni & Cheese Stewed Tomatoes	Stuffed Shells Normandy Mixed Vegetables Dinner Roll	Chicken Nuggets Baked Sweet Pot Fries Sauteed kale with Garlic
Ham & Swiss sandwich on Rye Mayonnaise Macaroni Salad	Chicken Caesar Salad Croutons Garlic Stick	Broccoli Cheddar Quiche	Cheeseburger on a bun Dill Pickle	Pork Schnitzel Buttered Noodles Sauerkraut	Fish Sticks Tater Tots	Cheesesteak on a Bun
Chocolate Cream Pie	Pineapple Upside Down Cake	Brownie	Pumpkin Pie	Cheesecake	Fresh Baked Cookies	Apple Pie

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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Home Fries Assorted Muffin Cream of Wheat	French Toast Sausage Links Oatmeal	Western omelet White Toast Cream of Wheat	Belgium Waffle Grilled Ham Oatmeal	Sausage egg bake Hash Brown Patty Cream of Wheat	Cheese Omelet Wheat Toast Oatmeal	Pancakes/Syrup Bacon Cream of Wheat
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Tomato Soup	Crn of Celery Soup	Navy Bean Soup	Crn of Potato Soup	Vegetable Barley Soup	Crn of Broccoli Soup	Chicken & Rice Soup
Sausage & Peppers Roasted Potatoes Capri Blend	Chicken Adobo Jasmine Rice Diced Carrots	Veal schnitzel Buttered noodles Purple cabbage	Turkey Chili with corn and black beans over tater tots	Turkey a la King over a biscuit Carrot coins	Crab Salad on a Roll Broccoli Slaw	Herb Roasted Chicken Thigh Mashed Sweet Potatoes Spinach
Egg Salad Sandwich Lettuce Leaf Tomato Slice	Cheese & Pepperoni Pizza Tossed Salad Dressing	Spinach Mushroom Quiche	Pork Rib Sandwich Cole Slaw	Beef Ravioli Marinara Sauce	BBQ Chicken wings French Fries	Ham & Swiss on Kaiser Mayonnaise Potato Salad
Strawberry Ice Cream	Butterscotch Pudding	Diced Pears	Ambrosia	Fruit Cocktail	Mandarin Oranges	Diced Peaches
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Fish with Lemon Spanish Rice Creamed Spinach	Chicken Burger Lettuce Tomato Cucumber Salad	Fish and Chips Tartar Sauce Cole Slaw	Cheese Pizza Side salad Dressing	Beef Pot Pie Cauliflower	Rodeo Turkey burger Onion Ring Bbq sauce Winter Mix	Hot Dog on a bun Baked Beans Sauerkraut Mustard
Turkey Burger Melt	General Tsos Chicken White rice Broccoli	Baked Mac & Cheese with Ham casserole Broccoli	Kielbasa Sauerkraut Vegetable of the day	Chicken Salad on Wheat Lettuce, Tomato	Tuna Salad Sandwich on white Cole Slaw	Grilled Cheese w tomato Dill Pickle
Boston Cream Pie	Tropical Fruit	Peach Cobbler	Sherbet	Apple Strudel Cake	Blueberry Pie	Brownie

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French Toast Sausage Links Assorted Muffin Oatmeal	Western omelet White Toast Cream of Wheat	Belgium Waffle Grilled Ham Oatmeal	Sausage egg bake Hash Brown Patty Cream of Wheat	Cheese Omelet Wheat Toast Oatmeal	Pancakes/Syrup Bacon Cream of Wheat	Scrambled Eggs Home Fries Oatmeal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Vegetable Soup	Lentil Soup	Broccoli & Cheese Soup	Turkey & Rice Soup	Italian Wedding Soup	Chicken Noodle Soup	Beef & Barley Soup
Butter Crumb Fish Normandy Mixed Veg	Honey Stung Chicken Buttered Noodles Broccoli	Beef Stew Carrots Baked potato	Garlic Parmesan Chicken breast French fries Seasoned spinach	Salisbury Steak with mushroom gravy Garlic Mashed Potatoes Italian Mixed Blend	Broiled Fish with Dill Sauce Orzo Green beans	Traditional Cheese lasagna Tossed Salad Dressing
Penne & Meat sauce	Crab Salad Platter (mixed lettuce)	Cheese Ravioli Marinara	Veggie Burger on a bun Ketchup	Eggplant Parmesan on a roll	Breaded Pork Chop	Meatloaf Gravy
Lemon Meringue Pie	Diced Peaches	Banana cream pie	Ambrosia	Fruit Cocktail	Fresh Fruit	Ice Cream Variety
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders BBq sauce White Rice Corn	Cheese Pizza Creamy cucumber Salad	Cavatelli w sausage in garlic sauce Peas	Shepherd's Pie 4 way mixed vegetables	Chicken/Broccoli/Noodle Casserole	Macaroni & Cheese with Breadcrumbs topping Stewed Tomatoes	Turkey and Muenster wrap Let, tom, onion Chickpea Spinach Salad
Manicotti Marinara Tossed Salad/ Dressing	Chicken Quesadilla Sour cream Corn Salad	Chicken Caesar Salad Croutons Garlic Stick	Grilled Chicken Sandwich Let, Tom, Mayo 3 Bean Salad	Teriyaki Meatballs Buttered White Rice Broccoli	Turkey Burger on a bun Let, Tom	Stuffed Shells Marinara Tossed Salad
Cherry Pie	Rice Pudding	Tropical Fruit	Peach Pie	Vanilla Pudding	Diced Pears	Fruited Gelatin