

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Bridgeway
Senior Healthcare

August 2024

2nd Floor Activity Calendar

- Activities are subject to change. Changes will be posted on the activity boards on each unit.
- Activities may be changed/ moved outdoors when the weather is nice
- Additional activities will take place on the 3rd floor.
- Daily Chronicles delivered every morning.
- Mail & packages delivered daily

Activities Office: Ext. 4625

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9:15 Spiritual Sing-Alongs 2N-TV
10:00 Live Stream Mass 2N-TV
10:15 Aromatherapy Hand Massage 2NDR
10:30 Slotz Ball 2S
10:45 Communion Visits w/ St. Joe's RV
11:00 Morning Stretch & Chronicle 2N
11:15 Name That Fruit & Veggie 2S
11:30 Batting Practice 2N
1:30 Friendship Match 2N; BINGO 2S
2:00 How Many Can You Name: Friends 2N
2:30 Refreshments 2N/ 2S
2:45 Table Tasks 2N;
YT: Forest Friends in Summer Serenity 2N-TV;
Friendship Match 2S
3:45 Slotz Ball 2N;
Wheel of Fortune: Friendship Movies 2S
4:15 YT: Spiritual Eldercare TV Service 2N-TV

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9:15 Lounge & Listen: 50's 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Ring Toss 2N;
1950s Modern History Fun Quiz 2S
11:00 SingFit:
Favorites of the American Bandstand 2N
1:30 Wheel of Fortune: 1950s 2N;
W.O.F.: Annie Songs;
Bible Study w/ Dorothy 3LR
2:00 Rummage Sale Detective 2N
2:30 Refreshments 2N/ 2S;
Monday Movie Matinee: Annie 3LR
2:45 Sensory Table Tasks: Music 2N;
YT: American Bandstand 2N-TV
3:45 Noodle Ball 2N;
YT: Music Therapy- Memory Loss 2N-TV
4:15 Susie Q. Sing-Along 2N-TV; Uno 2S

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9:15 Nature Reel 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Bucket Ball 2N;
Wheel of Fortune: I Love Lucy 2S
11:15 Wheel of Fortune: I love Lucy 2N;
LCR Dice Game 2S
1:30 Bowling 2N;
What's My Line: Lucille Ball & Desi Arnaz 2N-TV;
I Love Lucy Jeopardy 2S
2:30 Refreshments 2N/ 2S
2:45 Sensory Table Tasks: Office 2N;
BINGO 2S
3:45 Body Scan Mindfulness Exercise 2N;
Choose a Tune 2S
4:15 Susie Q. Sing-Along 2N-TV;
Body Scan Mindfulness Exercise 2S

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9:15 Beautiful Babies 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Bean Bag Target Toss 2N;
Mass w/ Mary Mother Of God Church 3LR;
Bermuda Triangle Game 2S
10:45 Aromatherapy Hand Massage 2N
11:15 Creative Colors: Hawaii 2N;
YT: Flying Over Hawaii 2N-TV;
Categories: ISLET 2S
1:30 Trivia & Word Games: Hawaii 2N;
Aloha BINGO 3DR
2:00 Balloon Toss 2N
2:30 Refreshments 2N/2S
2:45 Sensory Table Tasks: Summer 2N;
Tropical Treats & Trivia & Craft 3LR
3:45 Deep Breathing Exercises 2N;
Beach Memory Match 2S
4:15 Susie Q Sing-Along 2N-TV; Blackjack 2S
5:30 Netflix: Finding 'Ohana 2N-TV/ 2S

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9:15 Sing-Along Songs 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Kickball 2N; Chicken Chuckin' 2S
11:15 Trivia & Name 8 2N;
How Many Can You Name? Birds 2S
1:00 Pet Therapy: Flannery Visits RV
1:30 Chicken & Waffles Game 2N;
YT: Basketball Bloopers 2N-TV;
7(8)-Up Card Game 2S
2:30 Refreshments 2N/ 2S
2:45 Sensory Table Tasks:
Gadgets & Fidgets 2N;
YT: A Trip to Infinity 2N-TV;
Trivia & Categories: EIGHT 2S
3:45 Basketball 2N;
Crazy Eights Card Game 2S
4:15 Emotion-Focused Mindfulness Meditation 2N
5:30 Traveling Hand Massages RV

9

9:15 Dance Videos 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Noodle Ball 2N; Guess the Flowers 2S
11:00 SingFit: The Colors of Summer 2N
1:30 How Many Can You Name? Flowers 2N;
BINGO 2S; Traveling Book Cart RV
2:00 Guess the Flowers 2N
2:30 Refreshments 2N
2:45 Sensory Table Tasks: Gardening 2N;
Netflix: The Big Flower Fight 2N-TV;
BINGO Store 3DR
3:15 Shuffle Toss 2N
3:45 Short Story & Discussion:
Like Riding a Bike 2N;
How Many Can You Name: Books 2S
4:15 YouTube: Susie Q. Sing Along 2N-TV;
Short Story & Discussion: Like Rising a Bike 2S

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9:15 Amazing Animals 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Parachute 2N
11:15 ABC Game 2N
1:30 Campfire Sing-Along 2N
2:00 Cook & Chat: S'mores 2N
2:30 Refreshments 2N/ 2S
2:45 Sensory Table Tasks 2N;
YT: The Forest 4K 2N-TV
3:15 Simon Says Stretch 2N
3:45 Mindfulness Exercises:
5 Senses 2N
4:15 Susie Q. Sing-Alongs 2N-TV

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9:15 Spiritual Sing-Alongs 2N-TV
10:00 Live Stream Mass 2N-TV
10:15 Aromatherapy Hand Massage 2NDR
10:45 Communion Visits w/ St. Joe's RV
11:00 Morning Stretch & Chronicle 2N
11:30 SPIN Baseball Game 2N
1:30 Slotz Ball 2N;
BINGO 3DR
2:30 Refreshments 2N/ 2S
2:45 Table Tasks 2N;
YT: The Most Relaxing Waves Ever 2N-TV;
3:45 Last Castle Standing 2N
4:15 YT:
Spiritual Eldercare TV Service 2N-TV

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9:15 Lounge & Listen: 40's 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Noodle Ball 2N; Fruit Jokes 2S
11:00 Cooking Corner: Fossil Cookies 2S
11:15 Wheel of Fortune: Melons 2N
1:30 Meteor Toss 2N;
Anagrams: Tyrannosaurus rex 2S;
Bible Study w/ Dorothy 3LR
2:00 Fruit Jokes 2N
2:30 Refreshments (Dino Cookies) 2N/ 2S
2:45 Sensory Table Tasks: BBQ 2N;
YT: Campfire by the River 2N-TV; Dino Racing 2S
3:00 Pet Therapy: Odin Visits RV
3:45 Dino Racing 2N
4:15 Susie Q. Sing-Along 2N-TV; Meteor Toss 2S
5:30 YT: Classical Music w/ Dinosaurs 2N-TV;
Categories: COMET 2S

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9:15 Nature Reel 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Bowling 2N;
Anagrams: SUMMER PARTY FUN 2S
11:00 SingFit: Songs for a Summer Party 2N
1:30 Beach Match 2N;
Hitchcock Movie Match 2S
2:00 How Many Can You Name:
Summer party items 2N
2:30 Refreshments 2N/ 2S
2:45 Sensory Table Tasks: Office 2N;
YT: 11 hours Stunning
4K Underwater Footage & Music 2N-TV;
BINGO 2S
3:45 Bucket Ball 2N; Beach Match 2S
4:15 Netflix: Fresh Fried & Crispy 2N-TV; Uno 2S

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9:15 Beautiful Babies 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Pop Flies Practice 2N; Batting Practice 2S
11:00 How Many Can You Name? Sports 2N;
Categories: FIELD 2S
1:30 YT:
Little League World Series Tournament 2N-TV
2:00 Batting Practice 2N;
Run the Bases Baseball Game 3DR
2:30 Refreshments 2N
2:45 Table Ball 2N
YT: Take Me Out to the Ball Game!
Baseball Ambience to Relax to 2N-TV
3:45 Mindfulness: Grounding Techniques 2N
4:15 Susie Q. Sing-Along 2N-TV;
Mixed-Up Backyard Games 2S
Bus Outing: RSVP Only

15

9:15 Sing-Along Songs 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Basketball 2N; What Am I? 2S;
Bible Study w/ Beth 3DR
11:15 SingFit: Hits of the 60s 2N;
WOF: Woodstock 1969 2S
1:30 WOF: Woodstock 1969 2N
2:30 Refreshments 2N/ 2S
2:45 Sensory Table Tasks: Music 2N;
YT: The Splendor of Flowers Kaleidoscope 2N-TV;
Crafty Circle: Woodstock 2S
3:45 Kickball 2N
4:15 YouTube: Susie Q. Sing-Along 2N;
Nix the Six Dice Game 2S
5:30 Netflix: Travellin' Band- Creedence
Clearwater Revival at the Royal Albert Hall 2N-TV;
BINGO 3DR

16

9:15 Dance Videos 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Shuffle Toss 2N; Jokes & Riddles 2S
11:15 Jokes & Riddles 2N;
Categories: JOKES 2S
1:30 Name That Elvis Tune 2N;
Men's Hairstyle by the Decade 2S
2:30 Refreshments 2N
2:45 Sensory Table Tasks:
Gadgets & Gizmos 2N;
YT: White Noise Therapy-
Relaxing Wood Marble Machine 2N-TV;
Name That Elvis Tune BINGO 2S
3:45 Noodle Ball 2N; Price is Right 2S
4:15 Susie Q. Sing-Along 2N-TV

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9:15 Amazing Animals 2N-TV
10:00 Morning Stretch, Chronicle 2N
10:30 Hot Potato 2N; What Am I? 2S
11:15 What am I? 2N;
WOF: Pollinating Plants 2S
1:30 Simon Says Stretch 2N;
Crafty Circle: World Honeybee Day 2S
2:00 WOF: Pollinating Plants 2N
2:30 Refreshments 2N
2:45 Sensory Table Tasks: Garden 2N;
YT: Beautiful Bumblebees-
Amazing Nature Scenery 2N-TV; BINGO 2S
3:45 Guided Imagery: Leaves on a Stream 2N;
ABC Game: "B" 2S
4:15 Netflix: Cooking Program 2N-TV;
Blackjack 2S

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9:15 Spiritual Sing-Alongs 2N-TV
10:00 Live Stream Mass 2N-TV
10:15 Aromatherapy Hand Massage 2NDR
10:30 Slotz Ball 2S
10:45 Communion Visits w/ St. Joe's RV
11:00 Morning Stretch & Chronicle 2N;
SingFit: Glamorous Getaways 2S
11:30 Memory Lane 2N
1:30 Slotz Ball 2N;
Word Games: Vacationing 2S
2:30 Refreshments 2N/ 2S
2:45 Table Tasks 2N;
YT: 25 Most Beautiful Places on Earth 2N-TV; 7-Up
Card Game 2S
3:45 Memory Lane: Vacationing 2N;
T/F Trivia Tic-Tac-Toe 2S
4:15 YT: Spiritual Eldercare TV Service 2N-TV;
LCR Dice Game 2S

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9:15 Lounge & Listen: 50's 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Ring Toss 2N; Magazine Scavenger Hunt 2S
11:00 Women's Day Picture Jeopardy 2N; BINGO 2S
1:30 Noodle Ball 2N;
Putting the Past in Order: Women 2S;
Bible Study w/ Dorothy 3LR
2:30 Refreshments 2N/ 2S; Voters Registration 3DR
2:45 Sensory Stimulation Table Tasks: Cooking 2N;
YT: 100 Years of Women's Voting Rights 2N-TV;
Women Trailblazers Trivia & Chat 2S
3:45 A Mindful Breathing Script 2N;
Categories: WOMEN 2S
4:15 Susie Q. Sing-Along 2N-TV;
Women's Day Picture Jeopardy 2S
5:30 Netflix: Whitney Houston- I Wanna Dance w/
Somebody 2N-TV; 7-Up Card Game 2S

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9:15 Nature Reel 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Bucket Ball 2N;
Wheel of Fortune: Sports 2S
11:15 Wheel of Fortune: Sports 2N;
Putting the Past in Order: Sports Milestones 2S
1:15 Rosary w/ Mary 3DR
1:30 Bowling 2N; Mixed Up Bugs & Insects 2S
2:30 Refreshments 2N/ 2S;
Lemonade Social 3DR
2:45 Sensory Table Tasks: BBQ 2N;
YT: 4K Slow Motion Relax Background
Screensaver Video Lemonade 2N-TV
3:15 Mixed Up Bugs & Insects 3DR
3:45 Three-Step Mindfulness 2N; Bowling 2S
4:15 YT: Susie Q. Sing-Along 2N-TV

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9:15 Beautiful Babies 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Bean Bag Target Toss 2N;
Dan the Piano Man 1LR; Pet Therapy: Basil RV
11:00 Sing Fit: An Island-Hopping Adventure 2N
1:30 Hawaiian Flora & Fauna Match 2N;
Aloha BINGO 2S
2:00 Balloon Toss 2N
2:30 Refreshments 2N/2S
2:45 Sensory Stimulation Table Tasks: Garden 2N;
YT: 4K Sunny Day Walk
in a Tropical Forest Jungle Trails of Hawaii 2N-TV;
Hawaiian Flora & Fauna Match 2S
3:45 Guided Imagery: The Beach 2N;
Hawaiian Trivia 2S
4:15 Susie Q Sing-Along 2N-TV; Seize the Lei 2S

22

9:15 Sing-Along Songs 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Kickball 2N; Categories: HANDS 2S
11:15 Choose a Tune 2N; Jeopardy 2S
1:30 Basketball 2N;
Communicating w/ Sign Language 2S;
Jewish Songs & Stories w/ Debbie 1DR
2:30 Refreshments 2N/ 2S
2:45 Sensory Stimulation Table Tasks:
Gadgets & Gizmos 2N;
YT: Yellow Sunflowers in 4K 2N-TV; BINGO 2S
3:45 Progressive Muscle Relaxation 2N;
Senior Grandparents Word Games 2S
4:15 Susie Q. Sing-Along 2N-TV;
5:30 Night at the Fights w/ Preferred Care at
Home 3LR

23

9:15 Dance Videos 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Noodle Ball 2N;
Anagrams: LITTLE MERMAID 2S
11:00 Creative Colors: Mermaids 2N;
YT: 11 Hours of 4Underwater Wonders 2N-TV;
Crafty Circle: Mermaid 2S
1:30 YT: Mermaid Lore- Allure of the Deep 2N-TV
2:00 Flying Fish 2N
Movie Matinee & Goldfish: The Little Mermaid 3LR
2:30 Refreshments 2N
2:45 Sensory Table Tasks: Beach 2N;
YT: Breath-taking Beaches-
Amazing Nature Scenery 2N-TV
3:45 Guided Imagery Script 2N
4:15 YouTube: Susie Q. Sing Along 2N-TV
5:30 YT: The Disney's Little Mermaid -
Full Show (Broadway) 2N-TV

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9:15 Amazing Animals 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Parachute 2N;
Magazine Scavenger Hunt 2S
11:00 SingFit:
'60s Hits and Historical Headlines 2N
1:30 Simon Says Stretch 2N; BINGO 2S
2:00 Magazine Scavenger Hunt 2N
2:30 Refreshments 2N/ 2S
2:45 Sensory Table Tasks: Office 2N;
Music Therapy- Memory Loss 2N-TV;
Bowling 2S
3:45 Mindfulness Meditation & Exercises 2N;
How Many Can You Name? Publications 2S
4:15 Susie Q. Sing-Along 2N-TV;
One & Done Dice Game 2S

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9:15 Spiritual Sing-Alongs 2N-TV
10:00 Live Stream Mass 2N-TV
10:15 Aromatherapy Hand Massage 2NDR
10:45 Communion Visits w/ St. Joe's RV
11:00 Morning Stretch & Chronicle 2N
11:15 Wheel of Fortune & Match:
National Parks 2S
11:30 Wheel of Fortune: National Parks 2N
1:30 Slotz Ball 2N; BINGO 3LR
2:30 Refreshments 2N
2:45 Table Tasks 2N;
Our Great National Parks: Monterey Bay
National Marine Sanctuary, USA 2N-TV;
Family Feud 3LR
3:45 Memory Match: National Parks 2N
4:15 YouTube: Spiritual Eldercare TV Service 2N-TV;
Memory Match: National Parks 2S

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9:15 Lounge & Listen: 40's 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Noodle Ball 2N; Categories: BAKER 2S
11:00 Cookie Memory Match 2N;
Cooking Corner: Bake Sale Prep 2S
1:30 Ring Toss 2N; Bible Study w/ Dorothy 3LR
2:00 How Many Can You Name?
Baked Goods 2N; Bake Sale Lobby
2:30 Refreshments 2N/ 2S
2:45 Sensory Tasks: Cooking 2N;
Fractal Therapy- Soothing Visuals
for Improving Mental Health 2N-TV;
Brain Health BINGO 3DR
3:45 Emotion-Focused
Mindfulness Meditation 2N
4:15 Susie Q. Sing-Along 2N-TV

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9:15 Nature Reel 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Bowling 2N;
Anagrams: GUINNESS WORLD RECORDS 2S
11:00 SingFit: Wondrous World Records 2N
1:30 Bucket Ball 2N; Food Committee 3LR
2:00 Netflix: We Are the Champions-
Chili Eating (S.1, Ep.2) 2N-TV;
Resident Council 3LR
2:30 Refreshments 2N
2:45 Sensory Table Tasks: Gadgets & Gizmos 2N;
Netflix: The Speed Cubers 2N-TV
3:00 BINGO 3LR
3:45 Body Scan
Mindfulness Exercise & Deep Breathing 2N
4:15 Susie Q. Sing-Along 2N-TV

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9:15 Beautiful Babies 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Balloon Tennis 2N;
Crafty Circle: Bow Tie Origami 2S;
Pet Therapy: Betsie Visits RV
11:00 The Write Word Game: MLK 2N;
Cooking Corner: Bow Tie Pasta Salad 2S
1:30 Bean Bag Target Toss 2N; Jeopardy 2S
2:00 Magazine Scavenger Hunt 2N
2:30 Refreshments 2N/ 2S
2:45 Table Tasks & Bow Tie Origami 2N;
YT: Relaxing Mental State Music 2N-TV;
7-Up Card Game 2S
3:45 Mindfulness Exercises: The 5 Senses 2N;
Word Games: MLK 2S
4:15 Susie Q. Sing-Along 2N-TV; Blackjack 2S
Bus Outing: RSVP Only

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9:15 Sing-Along Songs 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Horseshoes 2N; Categories: HORSE 2S
11:00 SingFit: Celebrating Country Artists 2N
1:30 Horse Racing Game 2N; BINGO 2S;
Bible Study w/ Beth 3DR
2:30 Refreshments 2N/ 2S
2:45 Sensory Table Tasks: BBQ 2N;
YT: 1 Hour of Happy Horses 2N-TV;
Horse Racing Game 2S
3:45 Grounding Techniques & Categories 2N;
What Am I 2S
4:15 YouTube: Susie Q. Sing-Along 2N;
Horseshoes 2S
5:30 Creative Colors: Watercolor Painting 2S

30

9:15 Dance Videos 2N-TV
10:00 Morning Stretch & Chronicle 2N
10:30 Shuffle Toss 2N;
Guided Imagery: The Beach 2S
11:15 Beach Match 2N; Categories: BEACH 2S
1:30 YT: Beach Volleyball 2N-TV
2:00 Alphabet Game: B 2N;
Beach Bash
w/ Entertainment by Rich Casella 3DR
2:30 Refreshments 2N
2:45 Table Beach Ball 2N;
YT: Caribbean 4K Drone Nature Film - Calming
Piano Music - Beautiful Beach 2N-TV
3:45 Guided Imagery: The Beach 2N
4:15 Susie Q. Sing-Along 2N-TV;
Beach Match 2S

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9:15 Amazing Animals 2N-TV
10:00 Morning Stretch, Chronicle 2N
10:30 Hot Potato 2N; Who Am I? 2S
11:15 Princess D Match 2N;
Putting the Past in Order: Princess 2S
1:30 Simon Says Stretch 2N;
Iconic Princess Fashions Match 2S
2:00 Lucky Dice Game 2N
2:30 Refreshments 2N
2:45 Table Tasks 2N;
YT: Diana- Life in Fashion 2N-TV;
Netflix: Diana- The Musical 2S
3:45 The Mindful Breathing Script 2N
4:15 Susie Q. Sing-Along 2N-TV