

# December 2021 Menu Selections



			WEDNESDAY, December 1	THURSDAY, December 2	FRIDAY, December 3	SATURDAY, December 4
			<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
			French toast Pork Sausage Links  Cream Of Wheat	Scram Egg with Cheese Hash Brown Patty  Cinnamon Oatmeal	Scrambled Eggs Toasted Bagel  Cream Of Wheat	Waffles Crispy Bacon  Oatmeal
			<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
			Arroz Con Pollo Italian Mix veg -Or- Sausage & Peppers on a roll Tossed salad Dessert: Ambrosia	Baked Ziti w/ beef Peas and Pearl onions -Or- Chicken Salad on Wheat Three Bean salad  Dessert: Tropical Fruit	Chicken Adobo Jasmine Rice Carrots Coins -Or- Baked Tilapia Garlic mashed Potato Dessert: Rosey Pears	<u>Spaghetti and Meatballs</u> Wax Beans Garlic bread -Or- Veggie burger on bun  Dessert: Cinnamon Applesauce
			<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
			Hot dog on Bun Baked beans -Or- Cheeseburger on bun Diced carrots Soup: Chicken Orzo Dessert: Sherbert	Crab Mac and Cheese Broccoli -Or- Kielbasa & Sauerkraut Pierogies Soup: Pasta Fagiolo Dessert: Pumpkin pie	Apricot glazed Pork Loin Baked Sweet Potato Creamed Spinach -Or- Fish sticks Tater tots Soup: Lobster Bisque Dessert: Baked cookies	Chicken Nuggets Sweet potato Fries Green beans -Or- Grilled tuna melt Soup: Chicken Noodle Dessert: Red velvet Cake

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<i>SUNDAY, December 5</i>	<i>MONDAY, December 6</i>	<i>TUESDAY, December 7</i>	<i>WEDNESDAY, December 8</i>	<i>THURSDAY, December 9</i>	<i>FRIDAY, December 10</i>	<i>SATURDAY, December 11</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Western Omelet English Muffin  Cream of Wheat	Buttermilk Pancakes Turkey Sausage  Brown Sugar Oatmeal	Cheese Omelet Assorted muffins  Cream of Wheat	French Toast Pork Sausage links  Cream Of Wheat	Scrambled w/ Cheese Coffee cake  Cinnamon Oatmeal	Scrambled Eggs Toasted Bagel  Cream of Wheat	Waffle Crispy Bacon  Brown Sugar Oatmeal
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Veal & Peppers Buttered Noodles California Mix -Or- Egg Salad on Wheat Dessert: Ambrosia	Pulled Pork Sandwich Broccoli -Or- Cheese Pizza Dessert: Tapioca Pudding	Cheesy Taco Pasta Green beans -Or- Spinach Mushroom Quiche Dessert: Diced Pears	Chicken Franchise Potatoes O'Brien Zucchini -Or- Ham Salad on Roll Pickled Beet salad Dessert: Fresh Fruit	Hot Dog on Bun Baked Beans -Or- Cheeseburger French fries Dessert: Fruit Cocktail	Tomato Basil Fish Rice Pilaf Capri Blend -Or- Eggplant Parm on roll Dessert: Chocolate Pudding	<i>Herb roasted Chicken</i> Mashed Sweet Potato Parslied Cauliflower -Or- Ham and Swiss on wheat Homemade Potato Salad Dessert: Diced Peaches
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Baked Fish with Lemon Spanish Rice Creamed Spinach -Or- Turkey Burger Melt  Soup: Broccoli Cheddar Dessert: Sweet potato pie	Sweet & Sour Pork Fried Rice French Cut green beans -Or- <i>General Tso' Chicken</i>  Soup: Egg Drop Dessert: Tropical Fruit	Stuffed Shells Winter Mix -Or- Chicken Salad on wheat <i>Tossed Salad</i>  Soup: Cream of Celery Dessert: Cherry Pie	Stuffed Cabbage Buttered White Rice Diced Carrots -Or- <i>Homemade Beef pot Pie</i>  Soup: Cream of Potato Dessert: Chocolate cake	Macaroni & Cheese Stewed Tomatoes -Or- Kielbasa & Sauerkraut <i>Pierogies</i>  Soup: Beef & Barley Dessert: Assorted pies	Homemade Chicken Burger on Bun with Lettuce & Tomato Broccoli cuts -Or- Tuna on White  Soup: Cream of Mushroom Dessert: Mandarin Oranges	Beef Ravioli Garlic bread Green beans -Or- <i>Broiled Fish</i> With Dill Sauce Mashed Potatoes Soup: Tomato Rice Dessert: Brownie

# December 2021 Menu Selections



SUNDAY, December 12	MONDAY, December 13	TUESDAY, December 14	WEDNESDAY, December 15	THURSDAY, December 16	FRIDAY, December 17	SATURDAY, December 18
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Western Omelet English Muffin  Cream of Wheat	Blueberry Pancakes Turkey Sausage  Brown Sugar Oatmeal	Scrambled With Cheese Assorted Muffins  Cream of Wheat	French Toast Pork Sausage Link  Cream Of Wheat	Sausage Egg Bake Coffee Cake  Cinnamon Oatmeal	Scrambled Eggs Toasted bagels  Cream of Wheat	Waffles Crispy bacon  Oatmeal
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Meat lasagna California -Or- Bratwurst on Roll with Sauerkraut  Dessert: Lemon Meringue Pie	Orange Chicken Buttered White Rice French Cut green beans -Or- Pepperoni Pizza Tossed Salad Dessert: Diced Peaches	Roast Turkey Bread Stuffing Green Beans With Pimentos Cranberry Sauce -Or- Cheese Ravioli Dessert: Banana Pudding with Vanilla Wafer	Beef Stew Egg Noodles Peas & carrots Biscuits -Or- Veal patty Mashed Potato Dessert: Sliced Pears	Salsbury Steak Mashed potatoes Broccoli -Or- BBQ Chicken Wings French Fries  Dessert: Blueberry Pie	Lemon Pepper Fish Orzo California Mix -Or- Mexican Lasagna  Dessert: Fresh Fruit	<i>Meatloaf</i> Garlic Mashed Potatoes Capri blend -Or- Bologna & Cheese Sandwich Dessert: Rice Pudding With Cinnamon
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Honey Garlic Chicken Mashed Potato Baby Whole Carrots -Or- Egg Salad on Soft Roll  Soup: Cream of Potato Dessert: Pound Cake	Cavittelli With Sausage in Garlic Sauce Tossed Salad -Or- Philly Cheese Steak Tater Tots Soup: Lentil Dessert: Rice Pudding	Chicken Tenders French Fries Italian Mix Veg -Or- Tuna Noodle Casserole  Soup: Broccoli Cheese Dessert: Tropical Fruit	Penne with Chicken and Vegetable -Or- Sweet and Sour Meatballs Jasmine Rice Green beans Soup: Cream Of Turkey Rice Dessert: Chocolate Cream Pie	Cheese Tortellini Alfredo Baby Whole Carrots -Or- Homemade Chicken Pot Pie  Soup: Italian Wedding Dessert: Fruit Cocktail	Macaroni & Cheese Stewed Tomatoes -Or- Maryland Crab cake French Fries Diced Carrots Soup: French Onion Dessert: Diced Pears	BBQ Riblet on Bun Bermuda Mix -Or- Vegetable Lasagna  Soup: Chicken Rice Dessert: Fruited Jello

# December 2021

## Menu Selections



SUNDAY, December 19	MONDAY, December 20	TUESDAY, December 21	WEDNESDAY, December 22	THURSDAY, December 23	FRIDAY, December 24	SATURDAY, December 25
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Western Omelet English Muffin  Cream of Wheat	Buttermilk Pancakes Turkey Sausage Link  Brown Sugar Oatmeal	Cheese Omelet Assorted Muffin  Cream of Wheat	French Toast Pork Sausage Link  Cream of Wheat	Scrambled With Cheese Hashbrown patty  Cinnamon Oatmeal	Scrambled Eggs Toasted Bagel  Cream Of Wheat	Waffle Crispy Bacon  Oatmeal
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Sloppy Joe Diced Carrots -Or- Grilled Chicken With Lettuce & Tomato on Soft Roll  Dessert: Fresh Fruit	Lasagna Spinach Roll Broccoli Cuts Garlic Stick -Or- Ham and Swiss on Wheat Coleslaw  Dessert: Strawberry Cream Pie	Smothered Pok Chop Candied Yams Green Beans with Pimentos -Or- Open Face Roast Beef with Gravy  Dessert: Diced Pears	BBQ Chicken Leg Savory Stuffing Capri Blend -Or- Macaroni & Beef Casserole  Dessert: Diced Peaches	Orange Glazed Ham Scalloped Potatoes Peas & Carrots -Or- Stuffed Cabbage Buttered White Rice  Dessert: Lemon Meringue Pie	Garlic Butter Flounder Brown Rice Carrot Coins -Or- Stuffed Pepper Casserole  Dessert: Peach Cobbler	<u><b>Christmas Lunch</b></u>  <i>Cranberry Stuffing</i> Stuffed Pork Loin Twice Baked Potato Glazed baby Carrots -Or- Shrimp penne Vodka Green Beans Dessert: Cheesecake
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Baked Chicken Thigh Mashed Potatoes Corn -Or- <i>Manicotti</i> Tossed Salad  Soup: Vegetable Dessert: Spice Cake	Sausage Peppers & Onions Oven Roasted Potatoes Italian Mix Veg -Or- <i>Hamburger on Bun</i> French Fries  Soup: Lentil Dessert: Baked Apples	Turkey Salad on Wheat Pickled Beet Salad -Or- Personal Pizza <i>Tossed Salad</i>  Soup: Navy bean Dessert: Tapioca Pudding	Salisbury Steak Mashed Potato Diced Carrots -Or- <i>Grilled Cheese</i> With Tomato  Soup: Cream of Potato Dessert: Apple Crisp	Beef Ravioli Winter Mix Veg Garlic Bread -Or- <i>Tuna salad on White</i>  Soup: Beef Barley Dessert: Fruit Cocktail	Baked Macaroni & Cheese Stewed Tomatoes -Or- Fish Sticks <i>Tater Tots</i>  Soup: Split Pea Dessert: Diced Pears	Egg salad on a Croissant Pasta Salad -Or- <i>Baked Ziti</i> Capri Blend  Soup: Minestrone Dessert: Boston Cream Pie

# December 2021 Menu Selections



<i>SUNDAY, December 26</i>	<i>MONDAY, December 27</i>	<i>TUESDAY, December 28</i>	<i>WEDNESDAY, December 29</i>	<i>THURSDAY, December 30</i>	<i>FRIDAY, December 31</i>	
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
Western Omelet English Muffin  Cream of Wheat	Blueberry Pancakes Turkey Sausage  Brown Sugar Oatmeal	Cheese omelet Assorted Muffin  Cream of wheat	French Toast Pork sausage links  Cream of Wheat	Scrambled w/ cheese Hash brown  Cinnamon Oatmeal	Scrambled Eggs Toasted Bagel  Cream of Wheat	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
Herb Roasted Pork Baked Potato Garden Mixed Vegetable -Or- Meatloaf  Dessert: Fresh Fruit	Honey Mustard Chicken Garlic Mashed Potatoes Capri Blend -Or- Teriyaki Meatballs Brown Rice Dessert: Pineapple upside down cake	Beef Stroganoff Egg Noodles Parslied Carrots -Or- Breaded Cod French Fries Dessert: Fruited Jello	Arroz Con Pollo Italian Mix veg -Or- Sausage & peppers on Roll Tossed salad  Dessert: Ambrosia	Baked Ziti w/ beef Peas and Pearl onions -Or- Chicken Salad on Wheat Three Bean salad Dessert: Tropical Fruit	Chicken Adobo Jasmine Rice Carrots Coins -Or- Baked Tilapia Garlic mashed Potato Dessert: Rosey Pears	
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	
Fetticini Alfredo With Grilled Chicken Broccoli -Or- Bratwurst on Roll  Soup: Corn Chowder Dessert: Chocolate Cream Pie	Homemade Chili Buttered White Rice Green Beans -Or- Chicken Stew Biscuit Soup: Tomato Rice Dessert: Diced Peaches	Tuna Noodle Casserole Winter Mix Vegetable -Or- Spinach Ricotta Cheese Quiche  Soup: Cream of Potato Dessert: Poke Cake	Hot dog on Bun Baked beans -Or- Cheeseburger on bun Diced carrots Soup: Chicken Orzo Dessert: Sherbert	Crab Mac and Cheese Broccoli -Or- Kielbasa & Sauerkraut Pierogies Soup: Pasta Fagiolo Dessert: Pumpkin pie	Apricot glazed Pork Loin Baked Sweet Potato Creamed Spinach -Or- Fish sticks Tater tots Soup: Lobster Bisque Dessert: Baked cookies	