

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Bridgeway Bridgewater Daily Activity Calendar

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| | | | | | <p>10:00 Coffee and Conversation 10:30 Muscle Movements 11:00 Morning Word Games 11:30 Arts & Crafts; Sand Art 2:30 Left, Right, Center Game 3:00 Knit Wits 3:30 Balloon Volleyball</p> | <p>1 10:00 Java Club 10:30 Boot Camp Workout 11:00 Name 10 1:30 Bridgeway \$\$ Bingo 2:45 Root Beer Floats On The Patio (Weather Permitted) 3:30 Target Toss</p> |
| <p>3 10:00 In The News 10:30 Gentle Moves 11:00 Communion w/ Deacon John 1:30 Movie Matinee 2:30 Manicures & Hand Massages 3:30 Resident Choice Activity</p> | <p>4 10:00 Coffee Hour 10:30 Moving to Music 11:00 A to Z Occupational Trivia / Would You Rather Labor Day Edition 1:30 Rosary 2:30 Pay Roll Card Game 3:00 Women's Club 3:30 Physical Games 6:00 Bridgeway \$\$ Bingo</p> <p>Labor Day</p> | <p>5 10:00 Morning Brew 10:30 Fitness First 11:00 Word in a Word 1:30 Bridgeway \$\$ Bingo 2:45 Cooking Club: English Muffin Pizzas 3:00 Book Club 3:30 Mindful Meditation 6:00 Movie Night</p> | <p>6 10:00 Tea Time 10:00 Bus Trip: Dollar Tree 10:30 Sit and Be Fit 11:00 Word Scramble 1:30 Crafting Club: Grateful Residents Themed 2:00 Bus Trip: Dollar Tree 2:30 Photo Booth & Coffee Ice Cream Social 3:00 Men's Club 3:30 Yoga for Circulation 6:00 Bridgeway \$\$ Bingo</p> | <p>7 10:00 Coffee Break 10:30 Movin' and Shakin' 11:00 Mind Joggers 12:00 Special Luncheon: Chinese Food (Please See Taylor If Interested) 1:30 Castaway 2:30 Cooking Club: Blue Ribbon Corn Dog Cups 3:30 Foot Ball Bean Bag Toss 6:00 Board Game Bonanza</p> | <p>8 10:00 What's Brewin' 10:30 Morning Stretch 11:00 Hangman 1:30 Crafting Club: Stuffed Scarecrows 2:30 Paper Bag Game 3:00 Knit Wits 3:30 Strike or Spare Bowling 6:00 Black Jack Tournament</p> | <p>9 10:00 Bridgeway Cafe 10:30 Sittercise 11:00 Twenty Questions 1:30 Bridgeway \$\$ Bingo 2:45 Apple Cider on the Patio (Weather Permitted) 3:30 Ball Games</p> |
| <p>10 10:00 Java Jump Start 10:30 Bend and Stretch 11:00 Communion w/ Deacon John 1:30 Grandparent's Tea Party 2:30 Movie Matinee 3:30 Resident Choice Activity</p> <p>Grandparents Day</p> | <p>11 10:00 Mocha Monday 10:30 Exercise Circle 11:00 Communion w/ Deacon John 1:30 Rosary 2:30 Patriotic Day Ceremony In The Front Of The Building (Weather Permitted) 3:00 Women's Club 3:30 Bocce Ball 6:00 Bridgeway \$\$ Bingo</p> | <p>12 10:00 In The News 10:30 Sunrise Exercise 11:00 Twenty Questions 1:30 Bridgeway \$\$ Bingo 2:45 Chocolate Milkshake Social 3:00 Book Club 3:30 Ring Toss 6:00 Movie Night</p> | <p>13 10:00 Coffee and News 10:30 Movin' to Music 11:00 Headbanz 1:30 Menu Planning & Resident Council In The Piano Room 2:30 Horse Races 3:00 Men's Club 3:30 Peanut Butter Ping Pong 6:00 Bridgeway \$\$ Bingo</p> | <p>14 10:00 Coffee and Conversation 10:30 Simon Says Workout 11:00 Morning Word Games 1:30 Bridgeway \$\$ Bingo 2:00 Bridgeway Store Will Be Opened Till 4:00 In Activities Office 2:45 Ice Cream Sundae Social 3:30 Bean Bag Toss 6:00 Pokemo</p> | <p>15 10:00 Java Club 10:30 Strength Training 11:00 Categories 1:30 Bridgeway Jeopardy 2:30 Mass with Father Jeff 3:00 Knit Wits 3:30 Rosh Hashanah Social</p> <p>Rosh Hashanah Begins</p> | <p>16 10:00 In The News 10:30 Happy Body Workout 11:00 Morning Word Games 1:30 Bridgeway \$\$ Bingo 2:45 Beaded Jewelry 3:30 Noodle Ball</p> <p>Oktoberfest Begins</p> |
| <p>17 10:00 Morning Brew 10:30 Muscle Movements 11:00 Communion w/ Deacon John 1:30 Movie Matinee 2:30 Manicures & Hand Massages 3:30 Resident Choice Activity</p> | <p>18 10:00 Coffee Break 10:30 Gentle Moves 11:00 Word Scramble 1:30 Rosary 2:30 Baking Club: Apple Pie Bites 3:00 Women's Club 3:30 Target Toss 6:00 Bridgeway \$\$ Bingo</p> | <p>19 10:00 What's Brewin' 10:30 Moving to Music 11:00 Hangman 1:30 Bridgeway \$\$ Bingo 2:45 Poetry Circle 3:00 Book Club 3:30 Apple Toss 6:00 Men's Club: Knight of Columbus In The Piano Room</p> | <p>20 10:00 Bridgeway Cafe 10:00 Bus Trip: Scenic Ride & Lunch at Burger King 10:30 Fitness First 11:00 Word in a Word 1:30 Beer Break & Afternoon Card Games 2:00 Bus Trip: Scenic Ride & Coffee At Dunkin Donuts 2:30 Cupcake Wars Competition 3:00 Men's Club 3:30 Simon Says Workout 6:00 Bridgeway \$\$ Bingo</p> | <p>21 10:00 Java Jump Start 10:30 Chair Exercises 11:00 Timeless Trivia 1:30 Creative Expressions 2:30 Baking Club: Biscuits 3:30 Parachute Fun 6:00 Board Game Bonanza</p> | <p>22 10:00 Morning Brew 10:30 Muscle Movements 11:00 Cranium Crunches 12:00 Special Luncheon: K & S Deli (Please See Taylor If Interested) 1:30 "Lucky 6" Game 2:30 Heads or Tails Races 3:00 Knit Wits 3:30 Noodle Ball 6:00 Black Jack Tournament</p> | <p>23 10:00 Coffee and News 10:30 Sit and Be Fit 11:00 Mind Joggers 1:30 Bridgeway \$\$ Bingo 2:45 First Day of Fall Social 3:30 Pop A Pumpkin Game</p> <p>Autumn Begins</p> |
| <p>24 10:00 Java Club 10:30 Movin' and Shakin' 11:00 Communion w/ Deacon John 1:30 Movie Matinee 2:30 Manicures & Hand Massages 3:30 Resident Choice Activity</p> <p>Yom Kippur Begins</p> | <p>25 10:00 What's Brewin' 10:30 Morning Moves 11:00 Triple Treat Trivia 1:30 Rosary 2:30 Apple Fondue Social 3:00 Women's Club 3:30 Candy Corn Toss 6:00 Bridgeway \$\$ Bingo</p> | <p>26 10:00 Bridgeway Cafe 10:30 Sittercise 11:00 Morning Word Games 1:30 Bridgeway \$\$ Bingo 2:45 Family Feud 3:00 Book Club 3:30 Balloon Volleyball 6:00 Movie Night</p> | <p>27 10:00 Tea Time 10:30 Wednesday Twist 11:00 Cranium Crunches 1:30 Crafting Club: Autumn Tree Q-Tip Painting 2:30 Afternoon Card Games 3:00 Men's Club 3:30 Physical Games 6:00 Bridgeway \$\$ Bingo</p> | <p>28 10:00 Coffee Hour 10:30 Exercise Circle 11:00 Everyday Trivia 2:00 Happy Birthday September Babies! Monthly Birthday Party w/ Live Entertainment By: Lou B 3:30 Resident Choice Activity 6:00 Bridgeway Auction</p> | <p>29 10:00 Coffee Break 10:30 Strength Training 11:00 Word Scramble 1:30 Crafting Club: DIY Fall Leaves Wreath 2:30 Left, Right Center Game 3:00 Knit Wits 3:30 Bocce Ball</p> <p>Sukkot Begins</p> | <p>30 10:00 What's Brewin' 10:30 Chair Aerobics 11:00 Categories 1:30 Bridgeway \$\$ Bingo 2:45 Apple Cider On The Patio (Weather Permitted) 3:30 Strike or Spare Bowling</p> |

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Saturday

Dayroom Daily Activity Calendar

9:30 Orientate & Exercise
10:30 Target Games
1:30 Arts & Crafts
2:30 Daily Living Activities
3:30 Sensory Hour

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10:30 Balloon Volleyball
1:30 Bingo
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9:30 Orientate & Exercise
10:30 Communion & Ball Games
1:30 Movie Matinee
2:30 Manicures & Hand Massages

9:30 Orientate & Exercise
10:30 Target Games
1:30 Pictures & Puzzles
2:30 Afternoon Stretch
3:30 Sensory Hour

9:30 Orientate & Exercise
10:30 Physical Games
1:30 Sing-a long
2:30 Coloring
3:30 Sensory Hour

9:30 Orientate & Exercise
10:30 Ball Games
1:30 Table Top Activities
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