

WHO WE ARE AND WHAT WE DO

Since 1981, Bridgeway Senior Healthcare leadership has been committed to providing a full continuum of care to assist older adults as their needs change. By caring for individuals like members of our own families, Bridgeway Senior Healthcare has earned a reputation for providing loving, first-class care and the trust and respect of the community.

We have observed that patients many times need additional support in their homes once discharged from post-acute care.

That critical need inspired us to establish Bridgeway Care at Home, a service designed to bring patients the added therapy support that they require – and in the comfort of their own homes!

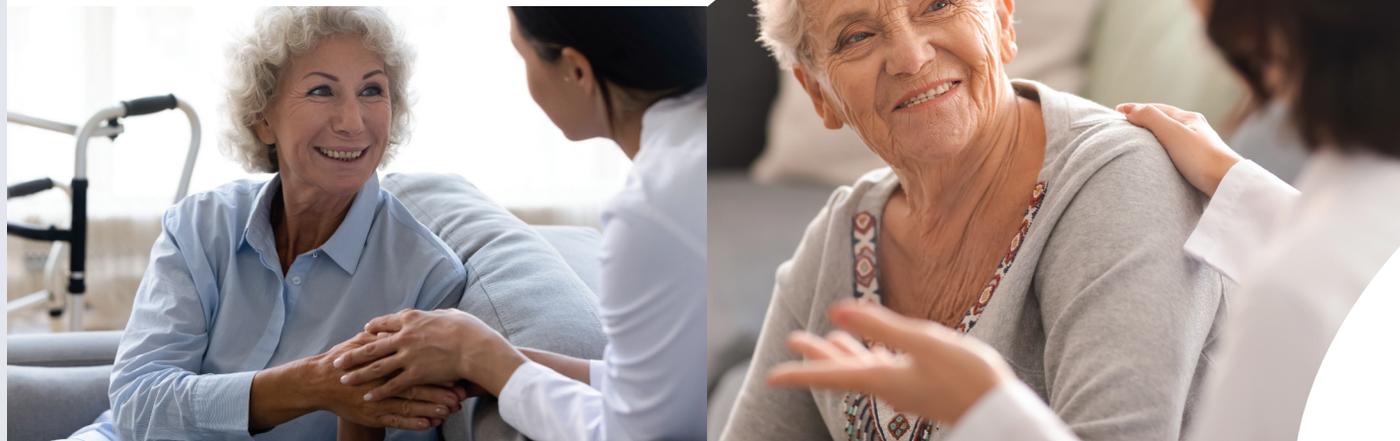
WHY WE DO IT – KEEPING OUR PATIENTS SAFE

Today, seniors are encouraged to remain home as much as possible to limit their risk of infection. Bridgeway Care at Home therapists know that there is more to staying safe than just staying home.

Our therapists are trained to assess the home environment and make recommendations on some basic changes that can be made to keep the environment as safe as possible. These include simple solutions such as increasing lighting, adjusting furniture placement, or strategically installing grab bars in the best areas to reduce fall risk.



Bridgeway
Care at Home



**To Learn More About
Our Care At Home**

Call (908) 900-0100 or
Email BCAH@BSHcare.com



Bridgeway Care at Home is accredited by CAHC,
developing best in class standards through best practices.



Bridgeway
Care at Home

www.BSHcare.com/CareAtHome

A CONTINUUM OF CARE...
A GENERATION OF CARING

*Caring for You
at Home*

PHYSICAL THERAPY

The Bridgeway Care at Home physical therapy team provides services that develop, maintain and restore maximum movement and functional ability to each of our patients. Movement and function may be threatened by aging, injury, disease or environmental factors. As a result, our physical therapists work with patients in the following ways:

- Assess and treat patients experiencing difficulty in ambulation.
- Evaluate and assist patients with proper and safe transfers – the ability to move oneself from one surface to another – to help maximize independence.
- Increase and/or maintain current range of motion and strength to improve circulation, mobility and flexibility, prevent functional loss, and give the individual a sense of improved well being.
- Provide range-of-motion exercises, including heat and stretching to maintain movement within functional limits and/or to protect the skin from tearing. This prevents other problems from developing secondary to decreased mobility.
- Reduce pain that is a result of injury, inflammation or immobilization (restricted movement) by using heat or cold treatments, joint and soft-tissue mobilization and exercise.



OCCUPATIONAL THERAPY

Bridgeway Care at Home occupational therapists help patients perform all types of activities, from using a computer to caring for daily needs such as dressing, cooking and eating. Occupational therapists use physical exercise and other activities to increase strength and dexterity, and to improve visual acuity, or the ability to discern patterns.

The occupational therapy team helps patients improve their ability to perform tasks in living and working environments. Our occupational therapists use treatments to:

- Develop, recover or maintain the daily living and work skills.
- Help improve basic motor functions and reasoning abilities.
- Help to compensate for permanent loss of function
- Train patients, family and appropriate staff in the use or application of orthosis and prosthetics.

SPEECH LANGUAGE THERAPY

Our speech language therapy Care at Home team provides services to individuals with a variety of issues and diagnoses, including the following:

- Speech disorders – Caused by strokes, neurological impairments, progressive diseases and head injuries.
- Language disorders – Caused by any type of brain injury or dementia. Patients may have difficulty communicating and may be unable to converse with others or follow directions.
- Swallowing disorders – 50 percent of all long-term residents have difficulty swallowing. This is called Dysphagia and can lead to dehydration, malnutrition and even pneumonia.
- Cognitive-linguistic deficits – Caused by any brain injury or dementia. Characteristics include a short attention span and impulsive behavior.
- Confusion and memory deficits – Caused by progressive dementia disorders including Alzheimer's.



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