



May 5, 2021

Citrus Grilled Shrimp

Corn & black bean salad

Mexican Fiesta Rice

-Or-

Bean & Cheese Burrito

Dessert:

Sombrero Sugar Cookies

5/1/2021		Bridgeway Care Ctr at Bridgewater - Spring/Summer 2021						Week 3
	Saturday 5/1/2021	Sunday 5/2/2021	Monday 5/3/2021	Tuesday 5/4/2021	Wednesday 5/5/2021	Thursday 5/6/2021	Friday 5/7/2021	
Breakfast	Orange Juice Cereal, Oatmeal Waffles Milk, Whole Coffee	Orange Juice Cream Of Wheat Western Omelet B, Muffin, English Milk, Whole Coffee	Orange Juice Cereal, Cinnamon Oatmeal Turkey Sausage Links Choc Chip Sheet Pan Pancakes Milk, Whole Coffee	Orange Juice Cream Of Wheat Egg, Scrambledw/Cheese Hash Brown Patty Milk, Whole Coffee	Orange Juice Cream Of Wheat M, Pork, Sausage Link Texas French Toast Syrup, Pc Milk, Whole Coffee	Orange Juice Cereal, Brown Sugar Oatmeal Strawberry Muffin Egg, Omelette, Cheese Milk, Whole Coffee	Orange Juice Cream Of Wheat Toasted Bagel Scrambled Eggs Milk, Whole Coffee	
Alt	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	
Lunch	Juice, Cranberry Herb Roasted Chicken Potato Salad Italian Beans Diced Peaches Milk, Whole Coffee	Juice, Cranberry Penne Pasta With Meat Sauce Normandy Mixed Vegetables D, Pie, Lemon Meringue Dinner Roll Milk, Whole Coffee	Juice, Cranberry E, Chicken Divan Buttered White Rice Diced Peaches Milk, Whole Coffee	Juice, Cranberry Bbq Boneless Riblet On Bun Coleslaw Mandarin Oranges Coffee	Juice, Cranberry Turkey Chili Buttered White Rice Diced Carrots Sliced Pears Milk, Whole Coffee	Juice, Cranberry Salisbury Steak Mushroom Gravy Garlic Mashed Potatoes Italian Mix Vegetables Peach Pie Milk, Whole Coffee	Juice, Cranberry Lemon Pepper Fish Orzo Broccoli Fresh Fruit Milk, Whole Coffee	
Alt	<i>Ham And Swiss On Hearty Wheat Bread Mayonaise Tea, Hot</i>	<i>Lemon Pepper Fish Tea, Hot</i>	<i>Crab Salad On A Soft Roll Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>E, Ravioli, Cheese Italian Mix Vegetables Tea, Hot</i>	<i>Sand, Ham Salad On Rye Italian Tomato Salad Tea, Hot</i>	<i>Eggplant Parm On A Roll Tea, Hot</i>	<i>Open Faced Reuben Tea, Hot</i>	
Dinner	Chicken Rice Soup Crackers, Saltine Juice, Apple Hot Dog On A Bun Baked Beans Sauerkraut Mustard Brownie Milk, Whole Coffee	Vegetable Soup Crackers, Saltine Juice, Apple Chicken Bbq Chicken Mashed Potatoes Corn "Off" The Cob Spice Cake Milk, Whole Coffee	Soup, Lentil Crackers, Saltine Juice, Apple Cavitelli W Sausage In Garlic Sauce Tossed Salad Assorted Salad Dressing D, Pudding, Rice Milk, Whole Coffee	Soup, Broccoli Cheese Crackers, Saltine Juice, Apple E, Chicken Tenders French Fries Capri Blend Tropical Fruit Milk, Whole Coffee	Turkey Rice Soup Crackers, Saltine Juice, Apple Fish, Tuna Noodle Cass Peas & Carrots Chocolate Cream Pie Milk, Whole Coffee	Soup, Italian Wedding Crackers, Saltine Juice, Apple Cheese Tortellini Alfredo Green Beans Fruit Cocktail Milk, Whole Coffee	French Onion Soup Crackers, Saltine Juice, Apple Mac & Cheesew/Bread Crumb Topping Stewed Tomatoes Diced Pears Milk, Whole Coffee	
Alt	<i>Grilled Cheese Sandwich W/Tomato Tomato Slice Dill Pickle Diced Carrots Tea, Hot</i>	<i>Manicotti Marinara Sauce Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Chicken & Cheese Quesadilla Sour Cream Tea, Hot</i>	<i>E- Veggie Burger On A Bun Tossed Salad Tea, Hot</i>	<i>Chicken Caesar Salad Garlic Stick Croutons Tea, Hot</i>	<i>Teriyaki Meatballs Buttered White Rice Tea, Hot</i>	<i>Turkey Burger On Bun Lettuce And Tomato French Fries V, Mixed, Blend Tea, Hot</i>	



May 9, 2021

Battered Whiting fish with Dill sauce

Cilantro Lime Rice

Sunshine Blend Vegetable

-Or-

Beef Liver with caramelized onions

Mashed Potatoes & Gravy

Peas & Onions

Dessert:

Assorted cakes

5/8/2021		Bridgeway Care Ctr at Bridgewater - Spring/Summer 2021						Week 4
	Saturday 5/8/2021	Sunday 5/9/2021	Monday 5/10/2021	Tuesday 5/11/2021	Wednesday 5/12/2021	Thursday 5/13/2021	Friday 5/14/2021	
Breakfast	Orange Juice Cereal, Oatmeal Waffles Crispy Bacon Milk, Whole Coffee	Orange Juice Cream Of Wheat Western Omelet B, Muffin, English Milk, Whole Coffee	Orange Juice Cereal, Cinnamon Oatmeal Turkey Sausage Links Pancakes Milk, Whole Coffee	Orange Juice Cream Of Wheat Egg, Scrambledw/Cheese Hash Brown Patty Milk, Whole Coffee	Orange Juice Cream Of Wheat Sausage Link Texas French Toast Syrup, Pc Milk, Whole Coffee	Orange Juice Cereal, Brown Sugar Oatmeal Apple Cinnamon Muffin Egg, Omelette, Cheese Milk, Whole Coffee	Orange Juice Cream Of Wheat Toasted Bagel Scrambled Eggs Milk, Whole Coffee	
Alt	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	
Lunch	Juice, Cranberry Roasted Turkey Bread Stuffing Buttered Corn Ice Cream Milk, Whole Coffee	Juice, Cranberry Penne & Meatsauce Normandy Mixed Vegetables Fresh Fruit Milk, Whole Coffee	Juice, Cranberry Broiled Fish With Dill Sauce Buttered White Rice Diced Carrots D, Ice Cream, Sandwich Milk, Whole Coffee	Juice, Cranberry Meatloaf With Mushroom Gravy Potatoes, Scalloped Italian Green Beans Diced Pears Milk, Whole Coffee	Juice, Cranberry Bbq Chicken Macaroni Salad Coleslaw Diced Peaches Milk, Whole Coffee	Juice, Cranberry Apple Kraut Pork Chops Candied Yams California Mix Vegetables D, Pie, Lemon Meringue Milk, Whole Coffee	Juice, Cranberry Crab Salad On A Soft Roll Cucumber & Onion Salad Fresh Fruit Milk, Whole Coffee	
Alt	<i>Cheese Pizza Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Salami & Cheese On Roll Tea, Hot</i>	<i>Lasagna Spinach Rolls Garlic Stick Tea, Hot</i>	<i>Fried Fish Sandwich On A Roll Tartar Sauce Coleslaw Tea, Hot</i>	<i>E-Macaroni & Beef Cass Capri Blend Dinner Roll Tea, Hot</i>	<i>Grilled Cheese Sandwich W/Tomato Tea, Hot</i>	<i>Stuffed Peppers Casserole Tea, Hot</i>	
Dinner	Beef And Barley Soup Crackers, Saltine Juice, Apple Turkey/Muenster On Cntry White Mayonaise Chickpea Spinach Salad Fruited Gelatin Whipped Topping Milk, Whole Coffee	Vegetable Soup Crackers, Saltine Juice, Apple Honey Mustard Chicken Breast Mashed Potatoes Green Beans Spice Cake Milk, Whole Coffee	Soup, Lentil Crackers, Saltine Juice, Apple Sausage W/ Peppers Onions Roasted Potatoes Italian Mix Vegetables F-Pineapple, Chunks Milk, Whole Coffee	Soup, Navy Bean Crackers, Saltine Juice, Apple Turkey Salad On Wheat Pickled Beet Salad D, Pudding, Tapioca Whipped Topping Milk, Whole Coffee	Cream Of Potato Soup Crackers, Saltine Juice, Apple Sloppy Joe On A Potato Roll Peas & Carrots Baked Apples With Cinnamon Milk, Whole Coffee	Beef And Barley Soup Crackers, Saltine Juice, Apple E, Ravioli, Cheese Marinara Sauce Winter Mix Vegetables Fruit Cocktail Garlic Bread Milk, Whole Coffee	Split Pea Soup Crackers, Saltine Juice, Apple Baked Mac & Cheese With Breadcrumbs Stewed Tomatoes Diced Pears Milk, Whole Coffee	
Alt	<i>Cheeseburger On A Bun Salad, Cucumber Tea, Hot</i>	<i>Manicotti Marinara Sauce Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Eggsalad Croissant Sandwich Tossed Salad Tea, Hot</i>	<i>Fish, Tuna Noodle Cass V, Mixed, Blend Assorted Salad Dressing Tea, Hot</i>	<i>Fish Sticks Tater Tots Tea, Hot</i>	<i>E-Kielbasa & Cabbage Skillet Honey Mustard French Fries Tea, Hot</i>	<i>E-Veggie Burger On A Bun Tater Tots Tea, Hot</i>	



May 19, 2021

Spanakopita with Sausage

Greek salad

-Or-

Greek Meatballs with Feta & Spinach

Lemon Rice

Chickpea salad

Dessert:

Homemade Cinnamon Rice pudding

5/15/2021		Bridgeway Care Ctr at Bridgewater - Spring/Summer 2021						Week 1
	Saturday 5/15/2021	Sunday 5/16/2021	Monday 5/17/2021	Tuesday 5/18/2021	Wednesday 5/19/2021	Thursday 5/20/2021	Friday 5/21/2021	
Breakfast	Orange Juice Cereal, Oatmeal Crispy Bacon Waffles Milk, Whole Coffee	Orange Juice Cream Of Wheat Western Omelet B, Muffin, English Milk, Whole Coffee	Orange Juice Cereal, Cinnamon Oatmeal Turkey Sausage Links Blueberry Sheet Pan Pancakes Milk, Whole Coffee	Orange Juice Cream Of Wheat Egg, Scrambledw/Cheese Hash Brown Patty Milk, Whole Coffee	Orange Juice Cream Of Wheat M, Pork, Sausage Link Texas French Toast Syrup, Pc Milk, Whole Coffee	Orange Juice Cereal, Brown Sugar Oatmeal Banana Muffin Egg, Omelette, Cheese Milk, Whole Coffee	Orange Juice Cream Of Wheat Toasted Bagel Scrambled Eggs Milk, Whole Coffee	
Alt	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	
Lunch	Juice, Cranberry Roast Turkey Cranberry Sauce Cornbread Stuffing Buttered Corn Mandarin Oranges Milk, Whole Coffee	Juice, Cranberry Pineapple Glazed Ham Baked Sweet Potato Garden Mixed Vegetable Fresh Fruit Milk, Whole Coffee	Juice, Cranberry No Peek Chicken Browned Rice Diced Carrots Diced Peaches Milk, Whole Coffee	Juice, Cranberry Spaghetti & Meatballs Meatball (Beef) Pasta Spaghetti Sauce Wax Beans Fruited Gelatin Whipped Topping Milk, Whole Coffee	Juice, Cranberry Chicken Alfredo Stuffed Pepper Buttered White Rice Italian Mix Vegetables Ambrosia Milk, Whole Coffee	Juice, Cranberry Sandwich, Bbq Pork Coleslaw Fruit Cocktail Milk, Whole Coffee	Juice, Cranberry Rolled Stuff Turkey Candied Yams Green Beans D, Pears, Rosy Milk, Whole Coffee	
Alt	<i>Vegetable Lasagna French Fries Green Beans Tea, Hot</i>	<i>Meatloaf Gravy Tea, Hot</i>	<i>Salsbury Steak Mashed Potatoes Tea, Hot</i>	<i>Maryland Crab Cakes Tartar Sauce French Fries Coleslaw Tea, Hot</i>	<i>Sand, Ham Salad On Rye Pickled Beet Salad Tea, Hot</i>	<i>Tuna Stuffed Tomato Tea, Hot</i>	<i>Eggplant Parm On A Roll Tea, Hot</i>	
Dinner	Chicken Noodle Soup Crackers, Saltine Juice, Apple Swedish Meatballs Egg Noodles Bermuda Mix Vegetables D, Cream Puff Milk, Whole Coffee	Cream Of Celery Soup Crackers, Saltine Juice, Apple Grilled Chicken Fetticini Alfredo Broccoli Chocolate Cream Pie Milk, Whole Coffee	Tomato Rice Soup Crackers, Saltine Juice, Apple Salmon Croquettes Tartar Sauce Buttered White Rice Green Beans Apple Upside Down Cake Milk, Whole Coffee	Cream Of Potato Soup Crackers, Saltine Juice, Apple Tuna Noodle Casserole Peas & Carrots Brownie Milk, Whole Coffee	Chicken Orzo Soup Crackers, Saltine Juice, Apple Hot Dog On A Bun Dill Pickle Baked Beans Sauerkraut Raspberry Frozen Yogurt Milk, Whole Coffee	Pasta Fagiolo Soup Crackers, Saltine Juice, Apple Macaroni & Cheese Stewed Tomatoes Pound Cake Milk, Whole Coffee	Lobster Bisque Crackers, Saltine Juice, Apple Stuffed Shells Normandy Mixed Vegetables Stewed Tomatoes D-Cookies, Fresh Baked Dinner Roll Milk, Whole Coffee	
Alt	<i>Turkey And Cheese Wrap Italian Tomato Onion Salad Tea, Hot</i>	<i>Sand, Ham/Swiss On Rye Mayonaise Tea, Hot</i>	<i>Chicken Caesar Salad Garlie Stick Croutons Tea, Hot</i>	<i>Broccoli Cheddar Quiche Tea, Hot</i>	<i>Cheeseburger On A Bun Dill Pickle Chips Tea, Hot</i>	<i>E-Kielbasa & Sauerkraut Pierogi Sour Cream Tea, Hot</i>	<i>Fish Sticks Tater Tots Tea, Hot</i>	



May 31, 2021

Country Style BBQ Ribs

Broccoli Slaw

Homemade Macaroni Salad

-Or-

Bacon Cheeseburger

Homemade Potato Salad

Corn on the cob

Dessert:

Berry tart

5/22/2021		Bridgeway Care Ctr at Bridgewater - Spring/Summer 2021						Week 2
	Saturday 5/22/2021	Sunday 5/23/2021	Monday 5/24/2021	Tuesday 5/25/2021	Wednesday 5/26/2021	Thursday 5/27/2021	Friday 5/28/2021	
Breakfast	Orange Juice Cereal, Oatmeal Waffles Crispy Bacon Milk, Whole Coffee	Orange Juice Cream Of Wheat Western Omelet B, Muffin, English Milk, Whole Coffee	Orange Juice Cereal, Cinnamon Oatmeal Turkey Sausage Links Blueberry Sheet Pan Pancakes Milk, Whole Coffee	Orange Juice Cream Of Wheat Egg, Scrambledw/Cheese Hash Brown Patty Milk, Whole Coffee	Orange Juice Cream Of Wheat M, Pork, Sausage Link Texas French Toast Syrup, Pc Milk, Whole Coffee	Orange Juice Cereal, Brown Sugar Oatmeal Corn Muffin Egg, Omelette, Cheese Milk, Whole Coffee	Orange Juice Cream Of Wheat Toasted Bagel Scrambled Eggs Milk, Whole Coffee	
Alt	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	<i>Tea, Hot</i>	
Lunch	Juice, Cranberry Meatball Parm Sandwich Tossed Salad Assorted Salad Dressing Cinnamon Applesauce Milk, Whole Coffee	Juice, Cranberry Sausage & Peppers Roasted Potatoes Capri Blend Ambrosia Milk, Whole Coffee	Juice, Cranberry Chicken Adobo Jasmine Rice Diced Carrots Butterscotch Pudding Whipped Topping Milk, Whole Coffee	Juice, Cranberry Chicken Parmesan Pasta, Spaghetti Spaghetti Sauce Green Beans Diced Pears Milk, Whole Coffee	Juice, Cranberry Cheeseburger On A Bun Macaroni Salad Buttered Corn F-Watermelon Milk, Whole Coffee	Juice, Cranberry Turkey Ala King Over Biscuit Carrot Coins Fruit Cocktail Milk, Whole Coffee	Juice, Cranberry Seafood Newburg White Rice Capri Blend D, Pie, Blueberry Whipped Topping Milk, Whole Coffee	
Alt	<i>Grilled Ham/Cheese Sandwich Tea, Hot</i>	<i>Egg Salad Sandwich Lettuce Leaf Tomato Slice Tea, Hot</i>	<i>Cheese & Pepperoni Pizza Tossed Salad Assorted Salad Dressing Tea, Hot</i>	<i>Very Veggie Quiche Tea, Hot</i>	<i>Sand, Turkey & Swiss W/W Coleslaw Tea, Hot</i>	<i>Beef Ravioli Marinara Sauce Tea, Hot</i>	<i>Bbq Chicken Wings French Fries Tea, Hot</i>	
Dinner	Split Pea Soup Crackers, Saltine Juice, Apple Chicken Nuggets Honey Mustard Potato, Sweet Pot Fries Green Beans Poke Cake Milk, Whole Coffee	Tomato Rice Soup Crackers, Saltine Juice, Apple Baked Fish With Lemon Spanish Rice Creamed Spinach D, Ice Cream, Sandwich Milk, Whole Coffee	Cream Of Celery Soup Crackers, Saltine Juice, Apple M-Pork, Sweet & Sour Fried Rice Mandarin Stir Fry Tropical Fruit Milk, Whole Coffee	Cream Of Mushroom Soup Crackers, Saltine Juice, Apple Bbq Boneless Riblet On Bun Coleslaw Cherry Pie Milk, Whole Coffee	Cream Of Potato Soup Crackers, Saltine Juice, Apple Chicken Cheese Steak On A Bun Tater Tots Italian Mix Vegetables Chocolate Cake Milk, Whole Coffee	Juice, Apple Italian Hoagie Vegetable Barley Soup Crackers, Saltine 3 Bean Salad D- Apple Streudel Cake Milk, Whole Coffee	Cream Of Broccoli Soup Crackers, Saltine Juice, Apple Chicken Burger Lettuce And Tomato Bun Salad, Cucumber Mandarin Oranges Milk, Whole Coffee	
Alt	<i>Cheese Steak On A Bun Tea, Hot</i>	<i>Turkey Burger Melt Tea, Hot</i>	<i>General Tso's Chicken Tea, Hot</i>	<i>Mac & Cheesew/Bread Crumb Topping Broccoli Tea, Hot</i>	<i>Tuna Wrap Salad, Carrot/Raisin Tea, Hot</i>	<i>Chicken Salad On Wheat Lettuce And Tomato Tea, Hot</i>	<i>Salami & Cheese On Roll Tossed Salad Tea, Hot</i>	