

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER 2023

Avalon at Hillsborough Assisted Living

					<p>9:30 Weightlifting 10:30 Entertainment 1:30 Trivia Circle 2:15 Happy Hour 3:30 Bingo 4:30 Word Game 6:30 Movie Night</p>	<p>9:30 Chair Fitness 10:30 Wheel of Fortune 1:30 Word Game 2:00 Saturday Movie Matinee 2:30 Social Hour 3:30 Who Am I 4:30 Trivia 6:30 Movie Night</p>
<p>9:30 Morning Exercise 10:45 Catholic Service 1:30 Word Game 1:30 Rummikub 2:00 Movie Matinee 3:00 Hymn Sing with M & E 3:30 Bingo 6:15 Movie Night</p>	<p>9:30 Strength Exercise 10:30 Morning Manicures 1:30 Labor Day Trivia Circle 2:00 Knitting Club 3:00 Bingo 3:00 Protestant Service 4:00 The Match Game 6:30 Labor Day Movie</p> <p style="text-align: center;">Labor Day</p>	<p>9:30 Chair Yoga 10:30 Pizza Making 10:30 Kings in the Corner 1:30 Trivia Circle 2:15 Bingo 3:30 World Travel Hour 4:30 Word Game 6:30 Poker Game</p>	<p>9:30 Chair Exercise 10:00 LCR 10:30 Deal or No Deal 1:30 Trivia Circle 2:00 Pet Visit with Lilo 2:15 Pick 10 Lotto 3:30 Dan the Piano Man 4:15 Word Game 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:30 Turn Down Cards 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 Planters Club 3:00 Wii Bowling 4:00 Word Game 6:00 Rosary</p>	<p>9:30 Weightlifting 10:30 Chair Bowling 1:30 Complete the Phrase 2:00 Atlantic City Poker Dealer 3:30 Bingo 4:30 Word Game 6:30 Friday Night Cocktails</p>	<p>9:30 Chair Fitness 10:30 The Price is Right 1:30 Word Game 2:00 Saturday Movie Matinee 2:30 Grandparent's Day Bingo 3:30 Jeopardy 4:30 Trivia 6:30 Movie Night</p>
<p>9:30 Morning Exercise 10:45 Catholic Service 1:30 Word Game 2:00 Faith Lutheran Chorus 3:00 Group Crosswords 3:30 Bingo 6:15 Movie Night</p> <p style="text-align: center;">Grandparents Day</p>	<p>9:30 Chair Exercise 10:00 Bus Trip 10:30 Assisted Living Week Activity 12:00 Lunch Outing 1:30 Trivia Circle 2:00 Bingo 3:00 Assisted Living Week Activity 4:00 Family Feud 6:30 Bingo</p>	<p>9:30 Chair Yoga 10:30 Assisted Living Week Activity 10:30 Kings in the Corner 1:30 Trivia Circle 2:15 Bingo 3:30 Assisted Living Week Activity 4:30 Word Game 6:30 Poker Game</p>	<p>9:30 Chair Exercise 10:00 LCR 10:30 Assisted Living Week Activity 1:30 Trivia Circle 2:00 Assisted Living Week Activity 3:30 Assisted Living Week Activity 4:15 Word Game 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:30 Assisted Living Week Activity 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 Senior Debate 3:00 Assisted Living Week Activity 4:00 Word Game 6:00 Rosary</p>	<p>9:30 Weightlifting 10:30 Assisted Living Week Activity 1:30 Trivia Circle 2:15 Assisted Living Week Activity 3:30 Bingo 4:30 Word Game 6:30 Friday Night Cocktails</p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>9:30 Chair Exercise 10:30 Chair Bowling 1:30 Word Game 2:00 Saturday Movie Matinee 2:15 Oktoberfest 3:15 Bingo 4:30 Reminisce 6:30 Movie Night</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p>9:30 Morning Exercise 10:45 Catholic Service 1:30 Word Game 1:30 Rummikub 2:00 Movie Matinee 3:00 Hymn Sing with M & E 3:30 Bingo 6:15 Movie Night</p>	<p>9:30 Strength Exercise 10:00 Bus Trip 10:30 Morning Manicures 1:30 Trivia Circle 1:30 Errand Run of Your Needs 2:00 Knitting Club 3:00 Bus Trip 3:00 Protestant Service 4:00 The Match Game 6:30 Bingo</p>	<p>9:30 Chair Yoga 10:30 Entertainment 10:30 Kings in the Corner 1:30 Trivia Circle 2:15 Bingo 3:30 World Travel Hour 4:30 Word Game 6:30 Poker Game</p>	<p>9:30 Chair Exercise 10:00 Checkers / Scrabble 10:30 Jeopardy 1:30 Trivia Circle 2:30 Karaoke Party 3:15 Wine & Cheese 4:00 Heads Up 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:30 Turn Down Cards 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 Planters Club 3:00 Wii Bowling 4:00 Word Game 6:00 Rosary</p>	<p>9:30 Weightlifting 10:30 Traveling Library 1:30 Trivia Circle 2:15 Apple Pie & Ice Cream 3:30 Bingo 4:30 Word Game 6:30 Friday Night Cocktails</p>	<p>9:30 Chair Fitness 10:30 The Price is Right 1:30 Word Game 2:00 Saturday Movie Matinee 2:30 Fall into Fall Party 3:30 Guess Who 4:30 Trivia 6:30 Movie Night</p> <p style="text-align: center;">Autumn Begins</p>
<p>9:30 Morning Exercise 10:45 Catholic Service 1:30 Word Game 1:30 Trivia Circle 2:00 Movie Matinee 3:00 Group Crosswords 3:30 Bingo 6:15 Movie Night</p> <p style="text-align: center;">Yom Kippur Begins</p>	<p>9:30 Chair Exercise 10:00 Bus Trip 10:30 Bocce Ball 12:00 Lunch Outing 1:30 Trivia Circle 2:00 Bingo 3:00 Bus Trip 4:00 Family Feud 6:30 Bingo</p>	<p>9:30 Chair Yoga 10:30 Horse Racing 10:30 Kings in the Corner 1:30 Trivia Circle 2:15 Turn Down Cards 3:30 World Travel Hour 4:30 Word Game 6:30 Bingo</p>	<p>9:30 Chair Exercise 10:00 LCR 10:30 Deal or No Deal 1:30 Trivia Circle 2:00 Resident Council Meeting 3:30 Pick 10 Lotto 4:15 Word Game 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:30 Heads Up 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 100th Birthday Celebration 3:00 Wii Bowling 4:00 Word Game 6:00 Rosary</p>	<p>9:30 Weightlifting 10:30 Entertainment 1:30 Trivia Circle 2:15 Patio Party 3:30 Bingo 4:30 Word Game 6:30 Friday Night Cocktails</p> <p style="text-align: center;">Sukkot Begins</p>	<p>9:30 Chair Exercise 10:30 Chair Bowling 1:30 Word Game 2:00 Saturday Movie Matinee 2:15 Oktoberfest 3:15 Bingo 4:30 Reminisce 6:30 Movie Night</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Generations Village

					<p>10:00 Weightlifting 10:30 Morning Updates 10:45 Chair Bowling 11:30 Trivia 1:30 Afternoon Stretch 2:00 Turn Down Cards 2:30 Teatime 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p>	<p>10:00 Chair Exercise 10:30 The Daily Extra 10:45 Virtual Travel 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Turn Down Cards 2:30 Iced Tea Social 3:00 Fun Facts 4:00 Word Game 6:30 Musical</p>
<p>10:00 Morning Stretch 10:30 Chronicles 10:45 Sunday Service 11:00 Word Game 1:30 PM Stretch 2:00 BINGO 3:00 Hymn Sing with M & E 4:00 Reminisce 6:30 TV Land</p>	<p>10:00 Feeling Fit & Fabulous 10:30 Morning Updates 10:45 Corn Hole 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Protestant Service 2:30 Snack & Chat 3:00 Turn Down Cards 4:00 Who Am I? 6:30 Classic Movie</p>	<p>Cheese Pizza Day 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Pizza Making Party 11:30 Fun Facts 1:30 Afternoon Stretch 2:00 Pizza Games 3:00 Happy Hour 3:30 LCR Left, Center, Right 4:00 Trivia 6:30 Virtual Concert</p>	<p>10:00 Senior Yoga 10:30 Morning Updates 10:45 Flower Suncatchers 11:30 Trivia 1:30 Afternoon Stretch 2:00 Balloon Volleyball 2:30 Social Hour 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>10:00 Ball Fitness 10:30 Chronicles 10:45 Hoops! 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Twister 2:30 Root Beer Floats 3:30 Pennies In! 4:00 Word Scramble 6:30 Movie Night</p>	<p>10:00 Weightlifting 10:30 Morning Updates 10:45 Disc Toss 11:30 Trivia 1:30 Afternoon Stretch 2:00 Turn Down Cards 2:30 Teatime 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p>	<p>10:00 Chair Exercise 10:30 Board Games 11:30 Trivia 1:30 Afternoon Stretch 2:00 Grandparent's Day Bingo! 3:00 BINGO 4:00 Name That Tune 6:30 Musical</p>
<p>10:00 Morning Stretch 10:30 AL Week Activity 11:30 Trivia 1:30 Afternoon Stretch 2:00 AL Week Activity 3:00 Hymn Sing with M & E 4:00 Reminisce 6:30 TV Land</p> <p>Grandparents Day</p>	<p>10:00 Feeling Fit & Fabulous 10:30 AL Week Activity 11:30 Trivia 1:30 Afternoon Stretch 2:00 AL Week Activity 3:00 Turn Down Cards 4:00 Who Am I? 6:30 Classic Movie</p>	<p>10:00 Chair Exercise 10:30 AL Week Activity 11:30 Trivia 1:30 Afternoon Stretch 2:00 AL Week Activity 3:00 LCR Left, Center, Right 4:00 Trivia 6:30 Virtual Concert</p>	<p>10:00 Senior Yoga 10:30 AL Week Activity 11:30 Trivia 1:30 Afternoon Stretch 2:00 AL Week Activity 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>10:00 Ball Fitness 10:30 AL Week Activity 11:30 Trivia 1:30 Afternoon Stretch 2:00 AL Week Activity 3:00 Pennies In! 4:00 Word Scramble 6:30 Move night</p>	<p>10:00 Weightlifting 10:30 AL Week Activity 11:30 Trivia 1:30 Afternoon Stretch 2:00 AL Week Activity 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p> <p>Rosh Hashanah Begins</p>	<p>10:00 Chair Exercise 10:30 AL Week Activity 11:30 Trivia 1:30 Afternoon Stretch 2:00 AL Week Activity 3:00 BINGO 4:00 Name That Tune 6:30 Musical</p> <p>Oktoberfest Begins</p>
<p>10:00 Morning Stretch 10:30 Chronicles 10:45 Sunday Service 11:00 Word Game 1:30 PM Stretch 2:00 BINGO 3:00 Hymn Sing with M & E 4:00 Reminisce 6:30 TV Land</p>	<p>10:00 Feeling Fit & Fabulous 10:30 Morning Updates 10:45 Corn Hole 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Protestant Service 2:30 Snack & Chat 3:00 Turn Down Cards 4:00 Who Am I? 6:30 Classic Movie</p>	<p>10:00 Chair Exercise 10:30 The Daily Extra 10:45 Wood Painting 11:30 Fun Facts 1:30 Afternoon Stretch 2:00 Horseshoes 3:00 Happy Hour 3:30 LCR Left, Center, Right 4:00 Tongue Twisters 6:30 Virtual Concert</p>	<p>10:00 Senior Yoga 10:30 Morning Updates 10:45 DIY Fall Scented Pouch 11:30 Trivia 1:30 Afternoon Stretch 2:00 Balloon Volleyball 2:30 Social Hour 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>10:00 Ball Fitness 10:30 Chronicles 10:45 Hoops! 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Horse Racing 2:30 Apple Cider & Donuts 3:30 Pennies In! 4:00 Word Scramble 6:30 Movie Night</p>	<p>10:00 Weightlifting 10:30 Morning Updates 10:45 Chair Bowling 11:30 Trivia 1:30 Afternoon Stretch 2:00 Turn Down Cards 2:30 Teatime 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p>	<p>10:00 Chair Exercise 10:30 The Daily Extra 10:45 Virtual Travel 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Turn Down Cards 2:30 Iced Tea Social 3:00 Fun Facts 4:00 Word Game 6:30 Musical</p> <p>Autumn Begins</p>
<p>10:00 Morning Stretch 10:30 Chronicles 10:45 Sunday Service 11:00 Word Game 1:30 PM Stretch 2:00 BINGO 3:00 Hymn Sing with M & E 4:00 Reminisce 6:30 TV Land</p> <p>Yom Kippur Begins</p>	<p>10:00 Feeling Fit & Fabulous 10:30 Morning Updates 10:45 Corn Hole 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Protestant Service 2:30 Snack & Chat 3:00 Turn Down Cards 4:00 Who Am I? 6:30 Classic Movie</p>	<p>10:00 Chair Exercise 10:30 The Daily Extra 10:45 Creating with Clay 11:30 Fun Facts 1:30 Afternoon Stretch 2:00 Horseshoes 3:00 Happy Hour 3:30 LCR Left, Center, Right 4:00 Trivia 6:30 Virtual Concert</p>	<p>10:00 Senior Yoga 10:30 Morning Updates 10:45 Fall Leaf Wreath 11:30 Trivia 1:30 Afternoon Stretch 2:00 Resident Council 2:30 Social Hour 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>10:00 Ball Fitness 10:30 Chronicles 10:45 Hoops! 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Twister 2:30 Ice Cream Cones 3:30 Pennies In! 4:00 Word Scramble 6:30 Movie Night</p>	<p>10:00 Weightlifting 10:30 Morning Updates 10:45 Disc Toss 11:30 Trivia 1:30 Afternoon Stretch 2:00 Turn Down Cards 2:30 Iced Coffee & Cookies 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p> <p>Sukkot Begins</p>	<p>10:00 Chair Exercise 10:30 The Daily Extra 10:45 Virtual Travel 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Turn Down Cards 2:30 Iced Tea Social 3:00 Fun Facts 4:00 Word Game 6:30 Musical</p>