The Avalon
A Bridgeway Assisted Living Residence

OCTOBER 2026

ASSISTED LIVING ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Chair Exercise 10:00 Pumpkin Cookies Making 10:00 Bus Trip 10:45 Cornhole 1:30 Trivia 1:30 Bus Trip 2:00 Rummikub 2:00 Poker 2:15 Pumpkin Cookies & Coffee 2:30 Needle Crafters Club 3:00 Jewish Service 3:30 Bingo 6:15 Rosary	2 9:30 Chair Exercise 10:00 Word Game 10:45 Outdoor/Indoor Golf 1:30 Trivia 2:15 Horseshoes 3:30 Bingo 6:30 Live Music with Hannah 6:45 Poker	3 9:30 Chair Exercise 10:00 Trivia 10:00 Christian Entertainment 10:45 Horse Racing 1:30 Word Game 2:00 Movie Matinee 2:15 Volleyball 3:45 Bingo 6:30 LCR Simchat Torah Begins
4 9:30 Chair Exercise 10:00 Word Game 10:45 Catholic Service 1:30 Trivia 2:00 Rummikub 2:00 Movie Matinee 2:15 Bingo 3:00 Faith Fellowship Hymn Sing 4:00 Who am I? 6:30 Checkers/Scrabble	5 9:30 Chair Exercise 10:00 Pet Visit with Joya 10:00 Voters Registration 10:00 LCR 10:30 Manicures 11:00 Flower Arranging 1:30 Trivia 2:15 Rhode Island Party 3:30 Volleyball 6:30 Bingo	6 9:30 Chair Exercise 10:00 Trivia 10:45 Chair Hockey 1:30 Word Game/Walking Club 2:15 Bingo 3:00 Rosary of Divine Mercy 3:45 Wheel of Fortune 6:45 Poker	7 9:30 Chair Exercise 10:00 Word Search Speed Race 10:30 Library Visit 10:45 Horseshoes 1:30 Trivia 2:00 Activity Chat with Carrie 2:30 Canasta 3:00 Italian Sodas & Poetry 3:30 Dan the Piano Man 6:30 Bingo	8 9:30 Tango Class w/ Jason 10:00 Bus Trip 10:00 Word Game 10:45 Cornhole 12:00 Lunch Trip 1:30 Trivia 2:00 Rummikub 2:00 Poker 2:15 Jeopardy 2:30 Needle Crafters Club 3:45 Bingo 6:15 Rosary	9 9:30 Chair Exercise 10:00 Trivia 10:45 Horse Racing 1:30 Afternoon Stretch 2:30 Cupcakes & Entertainment with Kris Phipany 3:45 Chair Bowling 6:30 Bingo	10 9:30 Chair Exercise 10:00 Dominoes 10:30 Bingo 1:30 Trivia 2:00 Movie Matinee 2:15 Volleyball 3:00 Piscataway Eagles Pathfinder Club Performance 4:00 You Be the Judge 6:30 LCR
11 9:30 Chair Exercise 10:00 Trivia 10:45 Catholic Service 1:30 Word Game 2:00 Rummikub 2:00 Movie Matinee 2:15 Bingo 2:30 Music for Smiles Foundation 3:30 Horseshoes	12 9:30 Chair Exercise 10:00 Pet Visit with Joya 10:00 Bus Trip 10:00 Word Search Speed Race 10:45 Volleyball 1:30 Trivia 1:30 Bus Trip 2:15 A Day at the Farm Social 3:30 Turn Down Cards 6:30 Bingo Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:30 Chair Exercise 10:00 Coffee & News 10:00 Pet Visit with Skippy 10:30 Bible Study with Gail & Finn 10:45 Bocce Ball 1:30 Trivia 2:15 The Price is Right 3:00 Rosary of Divine Mercy 3:30 Bingo 6:45 Poker	14 9:30 Chair Exercise 10:00 BUNCO 10:30 Catholic Mass 1:30 Trivia 2:15 Dessert Lovers Social 2:30 Canasta 3:30 Chair Bowling 6:30 Bingo	15 9:30 Chair Exercise 10:00 LCR 10:00 Bus Trip 10:45 Cornhole 1:30 Trivia 2:00 I love Lucy Matinee 2:00 Rummikub 2:00 Poker 2:15 Decoupage Pumpkins 2:30 Needle Crafters Club 3:00 Jewish Service 3:30 Bingo 6:15 Rosary	16 9:30 Chair Exercise 10:00 Word Game 10:45 Volleyball 1:30 Trivia 2:00 Atlantic City Poker Dealer 2:15 Name That Tune 3:30 Bingo 6:30 Live Music with Hannah	17 9:30 Chair Exercise 10:00 Jenga 10:30 Wii Bowling 1:30 Trivia 2:00 Movie Matinee 2:30 Musical Moments with Ethan 3:30 Bingo 6:30 LCR
18 9:30 Chair Exercise 10:00 Word Game 10:45 Catholic Service 1:30 Trivia 2:00 Rummikub 2:00 Movie Matinee 2:15 Bingo 3:00 Faith Fellowship Hymn Sing 4:00 Heads Up 6:30 Checkers/Scrabble	19 9:30 Chair Exercise 10:00 Pet Visit with Joya 10:00 LCR 10:30 Manicures 11:00 Flower Arranging 1:30 Trivia 2:15 Chicken & Waffles Social 3:30 Chair Bowling 6:30 Bingo	20 9:30 Chair Exercise 10:00 Trivia 10:45 Volleyball 1:30 Word Game/Walking Club 2:15 Travelogue- Destination: Checking Out the Czech Republic 3:00 Rosary of Divine Mercy 3:30 Bingo 6:45 Poker	21 9:30 Chair Exercise 10:00 Classic Apple Crisp Making 10:45 Horse Racing 1:30 Trivia 2:15 All Apple Social 2:30 Canasta 3:30 Chair Hockey 6:30 Bingo	22 9:30 Chair Exercise 10:00 The Avalon Store 10:00 Bus Trip 10:45 Cornhole 12:00 Lunch Trip 1:30 Trivia 2:00 Rummikub 2:00 Poker 2:15 Wheel of Fortune 2:30 Needle Crafters Club 3:30 Bingo 6:15 Rosary	23 9:30 Chair Exercise 10:00 Coffee & News 10:45 Pick 10 Lotto 1:30 Trivia 2:30 Entertainment with Perfect Duo 3:45 Bocce Ball 6:30 Bingo	24 9:30 Chair Exercise 10:00 Trivia 10:45 Volleyball 1:30 Word Game 2:00 Movie Matinee 2:15 Bingo 3:00 Girl Scouts Halloween Parade 4:00 BUNCO 6:30 LCR
25 9:30 Chair Exercise 10:00 Word Game 10:45 Catholic Service 1:30 Trivia 2:00 Rummikub 2:00 Movie Matinee 2:15 Bingo 3:45 Shuffleboard/Pinball 6:30 UNO	26 9:30 Chair Exercise 10:00 Pet Visit with Joya 10:00 Reminisce 10:00 Bus Trip 10:45 Volleyball 1:30 Trivia 1:30 Chef's Chat 2:15 Pick 10 Lotto 3:45 Picture Charades 6:30 Bingo	27 9:30 Chair Exercise 10:00 Pet Visit with Skippy 10:00 Word Search Speed Race 10:30 Bible Study with Gail & Finn 10:45 Horseshoes 1:30 Trivia 2:30 Cameo Club Performance 3:00 Rosary of Divine Mercy 3:45 Bingo 6:45 Poker	28 9:30 Chair Exercise 10:00 Taste Test Challenge 10:45 Wii Bowling 1:30 Trivia 2:00 Resident Council Meeting 2:30 Canasta 3:15 Chocolate Tasting 4:00 Word Game 6:30 Bingo	29 9:30 Chair Exercise 10:00 75 Tickets Giveaway 10:30 Cornhole 12:00 Lunch Trip 1:30 Trivia 2:00 Rummikub 2:00 Poker 2:15 Oatmeal Bar 2:30 Needle Crafters Club 3:30 Bingo 6:15 Rosary	30 9:30 Chair Exercise 10:00 Trivia 10:45 Volleyball 1:30 Word Game 2:15 Pre Halloween Celebration Party/October Birthdays Celebration 3:30 Bingo 6:30 Live Music with Hannah	31 9:30 Chair Exercise 10:00 Dominoes 10:30 Bocce Ball 1:30 Trivia 2:00 Movie Matinee 2:15 Halloween Party 3:30 Bingo 6:30 LCR Halloween

Avalon Assisted Living at Hillsborough **393 Amwell Road, Hillsborough NJ 08844.** **(908) 904-6133** ***Activities are subject to change***

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Generations Village

(Memory Care Activities)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Horse Racing 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Pumpkin Cookie Social 3:30 Patio Break 4:30 Word Scramble 6:30 Movie Night	2 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Bingo 3:30 Patio Paradise 4:30 Who am I? 6:30 Virtual Concert	3 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Christian Entertainment 11:30 Fun Facts 1:00 Mail Delivery 1:30 PM Stretch 2:00 Twister 3:00 Snack & Chat 3:30 Bingo 4:30 Word Game Simchat Torah Begins
4 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:00 Match Card Game 3:00 Faith Fellowship Hymn Sing 3:30 Music Bingo 4:30 Who am I? 6:30 Musical	5 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Cornhole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Rhode Island Party 3:30 Pokeno 4:30 What am I? 6:30 Game Show	6 9:30 Moving & Grooving 10:00 The Daily Extra 10:30 Sensory Hour 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Mad Hatter Tea Party 3:30 Patio Paradise 4:30 Word Game 6:30 Virtual Concert	7 9:30 Muscles in Motion 10:00 Morning Updates 10:30 Guess the Picture 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Jingo 3:00 Frappes & Poetry 3:30 Dan the Piano Man 4:00 Word Game 6:30 TV Land	8 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Hoops 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Bingo 3:00 Snack & Chat 3:30 Patio Break 4:30 Word Scramble 6:30 Movie Night	9 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Disc Toss 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Cupcakes & Entertainment 3:30 Patio Paradise 4:30 Who am I? 6:30 Virtual Concert	10 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Volleyball 11:30 Fun Facts 1:00 Mail Delivery 1:30 PM Stretch 2:00 Carnival Games 3:00 Snack & Chat 3:30 Bingo 4:30 Word Game 6:30 Musical
11 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:30 Music for Smiles Foundation 3:00 Reminisce 3:30 Music Bingo 4:30 Who am I? 6:30 Musical	12 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Horseshoes 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 A Day at the Farm 3:30 Pokeno 4:30 What am I? 6:30 Game Show Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:30 Moving & Grooving 10:00 Pet Visit with Skippy 10:30 Bible Study w Gail & Finn 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Paint & Sip 3:00 Snack & Chat 4:30 Word Game 6:30 Virtual Concert	14 9:30 Muscles in Motion 10:00 Morning Updates 10:30 Catholic Mass 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Dessert Lovers Social 3:00 Snack & Chat 3:30 Pennies In 4:00 Word Game 6:30 TV Land	15 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Horse Racing 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Pictionary 3:00 Snack & Chat 3:30 Patio Break 4:30 Word Scramble 6:30 Movie Night	16 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Sing Fit 3:30 Patio Paradise 4:30 Who am I? 6:30 Virtual Concert	17 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Roll the Dice 11:30 Fun Facts 1:00 Mail Delivery 1:30 PM Stretch 2:30 Musical Moments w Ethan 3:30 Bingo 4:30 Word Game 6:30 Musical
18 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:00 Reminisce 3:00 Faith Fellowship Hymn Sing 3:30 Music Bingo 4:30 Who am I? 6:30 Musical	19 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Cornhole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Chicken & Waffle Social 3:30 Pokeno 4:30 What am I? 6:30 Game Show	20 9:30 Moving & Grooving 10:00 The Daily Extra 10:30 Family Feud Card Game 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Ravioli Cooking Class 3:30 Patio Paradise 4:30 Word Game 6:30 Virtual Concert	21 9:30 Muscles in Motion 10:00 Morning Updates 10:30 Sensory Hour 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 All Apple Social 3:00 Snack & Chat 3:30 Name that Tune 4:00 Word Game 6:30 TV Land	22 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Hoops 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Pumpkin Painting 3:00 Snack & Chat 3:30 Patio Break 4:30 Word Scramble 6:30 Movie Night	23 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Disc Toss 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Entertainment 3:30 Patio Paradise 4:30 Who am I? 6:30 Virtual Concert	24 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Volleyball 11:30 Fun Facts 1:00 Mail Delivery 1:30 PM Stretch 2:00 Hit the Number 3:00 Girl Scout Halloween Parade 3:30 Bingo 4:30 Word Game 6:30 Musical
25 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:00 Puzzle Huddle 3:00 Reminisce 3:30 Music Bingo 4:30 Who am I? 6:30 Musical	26 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Horseshoes 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Just Bead It 3:30 Pokeno 4:30 What am I? 6:30 Game Show	27 9:30 Moving & Grooving 10:00 Pet Visit with Skippy 10:30 Bible Study w Gail & Finn 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Cameo Club 3:00 Snack & Chat 4:30 Word Game 6:30 Virtual Concert	28 9:30 Muscles in Motion 10:00 Morning Updates 10:30 Horse Racing 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Abmas Farm Bus Trip 3:15 Chocolate Tasting 3:30 Bingo 4:00 Word Game 6:30 TV Land	29 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Cooking Club- Applesauce 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Oatmeal Bar 3:30 Patio Break 4:30 Word Scramble 6:30 Movie Night	30 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Halloween Bingo 11:30 Halloween Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Pre Halloween Celebration 3:30 Patio Paradise 4:30 Who am I? 6:30 Virtual Concert	31 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Roll the Dice 11:30 Fun Facts 1:00 Mail Delivery 1:30 PM Stretch 2:00 Horseshoes 3:30 Bingo 4:30 Word Game 6:30 Musical Halloween

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