Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Chair Exercise 10:00 Trivia Circle 10:45 Catholic Mass 1:30 Word Game 2:00 Rummikub 2:00 Movie Matinee 2:15 Horseshoes 3:00 Faith Fellowship Hymn Sing 4:00 Heads Up 6:30 Prize Poker Daylight Saving Time Ends	**2** 9:30 Chair Exercise 10:00 Deviled Eggs Making 10:00 Pet Visit with Joya 10:30 Manicures 1:30 Trivia Circle 2:15 Mocktails & Deviled Eggs 3:30 Chair Bowling 6:30 Bingo	**3** 9:30 Chair Exercise 10:00 LCR 10:45 Chair Hockey 1:30 Trivia Circle 1:30 Flower Arranging 2:15 The Price is Right 3:00 Rosary of Divine Mercy 3:30 Bingo 6:30 Poker	**4** 9:30 Chair Exercise 10:00 Trivia Circle 10:30 Library Visit 10:45 Pick 10 Lotto 1:30 Afternoon Stretch 2:15 Volleyball 3:30 Dan the Piano Man 6:30 Bingo	**5** 9:30 Chair Exercise 10:00 Word Game 10:45 Cornhole 1:30 You Be the Judge 1:30 Bus Trip 2:00 Rummikub 2:00 Poker 2:15 Donut Stand 2:30 Needle Crafters Club 3:00 Jewish Service 3:30 Bingo 6:15 Rosary	**6** 9:30 Chair Exercise 10:00 Trivia 10:45 Bocce Ball 1:30 Word Game 2:00 Activity Chat with Carrie 3:30 Bingo 6:30 Movie Night	**7** 9:30 Chair Exercise 10:00 Word Search Speed Race 10:30 Christian Entertainment 10:45 Horse Racing 1:30 Trivia Circle 2:00 Movie Matinee 2:15 Volleyball 3:45 Bingo 6:30 Checkers/Scrabble
8 9:30 Chair Exercise 10:00 Word Game 10:45 Catholic Mass 1:30 Trivia Circle 2:00 Rummikub 2:00 Movie Matinee 2:15 Bingo 3:45 Wii Bowling 6:30 Prize Poker Diwali (Hindi)	**9** 9:30 Chair Exercise 10:00 Bus Trip 10:00 Pet Visit with Joya 10:00 Trivia Circle 10:45 Volleyball 12:00 McDonalds Takeout 1:30 You Be the Judge 2:15 Wheel of Fortune 3:45 The Match Game 6:30 Bingo	**10** 9:30 Chair Exercise 10:00 Pet Visit with Skippy 10:00 Dominoes 10:30 Cornhole 10:30 Bible Study 1:30 Trivia Circle 2:30 Entertainment w/ Johnny Walylko 3:00 Rosary of Divine Mercy 3:45 Bingo 6:30 Poker	**11** 9:30 Chair Exercise 10:00 Adult Coloring 10:30 Catholic Mass 12:00 Veterans Day Lunch 1:30 Trivia Circle 2:15 Veterans Day Ceremony 3:30 Horseshoes 6:30 Bingo Veterans Day Remembrance Day (Canada)	**12** 9:30 Chair Exercise 10:00 Bus Trip 10:00 Coffee & News 10:45 Chair Bowling 12:00 Lunch Trip 1:30 Word Game 2:00 Rummikub 2:00 Poker 2:15 Fall Crafters Club 2:30 Needle Crafters Club 3:30 Bingo 6:15 Rosary	**13** 9:30 Chair Exercise 10:00 Word Search Speed Race 10:45 Turn Down Cards 1:30 National Diabetes Month Lecture w/ Dietitian Kaitlin 2:15 Sugar-Free & Feeling Good Social 3:30 Volleyball 6:30 Bingo	**14** 9:30 Chair Exercise 10:00 Word Game 10:45 Pokeno 1:30 Trivia Circle 2:00 Movie Matinee 2:15 Chair Hockey 3:45 Bingo 6:30 LCR
15 9:30 Chair Exercise 10:00 Trivia Circle 10:45 Catholic Mass 1:30 Word Game 2:00 Rummikub 2:00 Movie Matinee 2:15 Bingo 3:00 Faith Fellowship Hymn Sing 4:00 Who am I? 6:30 Prize Poker	**16** 9:30 Chair Exercise 10:00 Pet Visit with Joya 10:00 LCR 10:00 Bus Trip 10:30 Manicures 1:30 Flower Arranging 1:30 Trivia Circle 2:15 Volleyball 3:45 Picture Charades 6:30 Bingo	**17** 9:30 Chair Exercise 10:00 Trivia Circle 10:45 Pick 10 Lotto 1:30 Word Game 2:15 Tricky Tray with Laura 3:00 Rosary of Divine Mercy 3:30 Bingo 6:30 Poker	**18** 9:30 Chair Exercise 10:00 Word Game 10:45 The Price is Right 1:30 Trivia Circle 2:15 Minute to Win It 3:30 Bocce Ball 6:30 Bingo	**19** 9:30 Chair Exercise 10:00 UNO 10:00 Christmas at the Playhouse Lunch Trip 10:30 Cornhole 1:30 Trivia Circle 2:00 Rummikub 2:00 Poker 2:15 Travelogue- Destination: An Aviation Where in the World? 2:30 Needle Crafters Club 3:00 Jewish Service 3:30 Bingo 6:15 Rosary	**20** 9:30 Chair Exercise 10:00 Gingerbread cookies making 10:45 Horseshoes 1:30 Trivia Circle 2:00 Atlantic City Poker Dealer 2:15 Gingerbread cookies & Coffee 3:30 Bingo 6:30 Netflix Comedy Show	**21** 9:30 Chair Exercise 10:00 Word Game 10:45 Bingo 1:30 Guinness World Records Trivia 2:00 Movie Matinee 2:30 Musical Moments with Ethan 3:45 Volleyball 6:30 LCR
22 9:30 Chair Exercise 10:00 Word Game 10:45 Catholic Mass 1:30 Trivia Circle 2:00 Rummikub 2:00 Movie Matinee 2:15 Chair Hockey 3:45 Bingo 6:30 Prize Poker	**23** 9:30 Chair Exercise 10:00 Pet Visit with Joya 10:00 Bus Trip 10:00 Adult Coloring 10:30 Volleyball 12:00 Lunch Trip 1:30 Chef's Chat 2:15 Jeopardy 3:45 Horse Racing 6:30 Bingo	**24** 9:30 Chair Exercise 10:00 Word Game 10:00 Pet Visit with Skippy 10:30 Bible Study 10:45 Cornhole 1:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Resident Council Meeting 3:00 Rosary of Divine Mercy 3:30 Bingo 6:30 Poker	**25** 9:30 Chair Exercise 10:00 Trivia Circle 10:45 Horseshoes 12:00 Chinese Takeout 1:30 Word Game 2:30 Entertainment w/Julian 3:45 Wine & Cheese 6:30 Bingo	**26** 9:30 Chair Exercise 10:00 Word Game 10:45 Bocce Ball 1:30 Who am I? 2:00 Poker 2:00 Rummikub 2:15 Paint & Sip: Fall Edition 2:30 Needle Crafters Club 3:30 Bingo 6:15 Rosary Thanksgiving Day (U.S)	**27** 9:30 Chair Exercise 10:00 The Avalon Store 10:45 Minute to Win It 1:30 Trivia Circle 2:15 Pokeno 3:30 Volleyball 6:30 Bingo	**28** 9:30 Chair Exercise 10:00 Trivia Circle 10:45 Bingo 1:30 Word Game 2:00 Movie Matinee 2:15 Wheel of Fortune 3:45 Chair Bowling 6:30 LCR
29 9:30 Chair Exercise 10:00 Word Game 10:45 Catholic Mass 1:30 Trivia Circle 2:00 Rummikub 2:00 Movie Matinee 2:15 The Match Game 3:30 Shuffleboard/Pinball 6:30 Prize Poker	**30** 9:30 Chair Exercise 10:00 Pet Visit with Joya 10:00 75 Tickets Giveaway 10:30 Manicures 1:30 Trivia Circle 1:30 Flower Arranging 2:15 November Birthdays Celebration 3:30 Volleyball 6:30 Bingo					

The Avalon
A Bridgeway Assisted Living Residence

NOVEMBER 2026

ASSISTED LIVING ACTIVITIES

NOVEMBER 2026

GENERATIONS VILLAGE (MEMORY CARE ACTIVITIES)

The Avalon
A Bridgeway Assisted Living Residence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:00 Match Card Game 3:00 Faith Fellowship Hymn Sing 3:30 Music Bingo 4:30 Who am I? 6:30 Musical Daylight Saving Time Ends	**2** 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Cornhole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Deviled Eggs & Mocktails 3:30 Pokeno 4:30 What am I? 6:30 Game Show	**3** 9:30 Moving & Grooving 10:00 The Daily Extra 10:30 Cooking Club-Applesauce 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Applesauce Social 3:30 Bingo 4:30 Word Game 6:30 Virtual Concert	**4** 9:30 Ball Fitness 10:00 Morning Updates 10:30 Guess the Picture 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Jingo 3:00 Sensory Hour 3:30 Dan the Piano Man 4:00 Word Game 6:30 TV Land	**5** 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Hoops 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Donut Stand 3:00 Jewish Service with Debbie 4:30 Word Scramble 6:30 Movie Night	**6** 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Paint & Sip 3:30 Bingo 4:30 Who am I? 6:30 Virtual Concert	**7** 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Christian Entertainment 11:30 Fun Facts 1:00 Mail Delivery 1:30 PM Stretch 2:00 Twister 3:00 Snack & Chat 3:30 Bingo 4:30 Word Game
8 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:00 Puzzle Huddle 3:00 Reminisce 3:30 Music Bingo 4:30 Who am I? 6:30 Musical Diwali (Hindi)	**9** 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Horseshoes 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Hot Cocoa Bar 3:30 Roll It, Play It 4:30 What am I? 6:30 Game Show	**10** 9:30 Moving & Grooving 10:00 Pet Visit with Skippy 10:30 Bible Study w Gail & Finn 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Entertainment 3:45 Bingo 4:30 Word Game 6:30 Virtual Concert	**11** 9:30 Ball Fitness 10:00 Morning Updates 10:30 Catholic Mass 11:30 Veterans Day Trivia Circle 12:00 Veterans Lunch 1:30 Afternoon Stretch 2:15 Veterans Day Ceremony 3:00 Snack & Chat 3:30 Veterans Day Bingo 4:00 Word Game 6:30 TV Land Veterans Day Remembrance Day (Canada)	**12** 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Horse Racing 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Guacamole Social 3:30 Bingo 4:30 Word Scramble 6:30 Movie Night	**13** 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Sugar Free & Feeling Good Social 3:30 Bingo 4:30 Who am I? 6:30 Virtual Concert	**14** 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Volleyball 11:30 Fun Facts 1:00 Mail Delivery 1:30 PM Stretch 2:00 Carnival Games 3:00 Snack & Chat 3:30 Bingo 4:30 Word Game 6:30 Musical
15 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:00 Water Painting 3:00 Faith Fellowship Hymn Sing 3:30 Music Bingo 4:30 Who am I? 6:30 Musical	**16** 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Cornhole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Sing Along with Me 3:30 Card Sharks 4:30 What am I? 6:30 Game Show	**17** 9:30 Moving & Grooving 10:00 The Daily Extra 10:30 Sensory Hour 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Tricky Tray with Laura 3:30 Bingo 4:30 Word Game 6:30 Virtual Concert	**18** 9:30 Ball Fitness 10:00 Morning Updates 10:30 Homemade Bread Making 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Homemade Bread Social 3:30 Name that Tune 4:00 Word Game 6:30 TV Land	**19** 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Hoops 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Crafter's Club 3:00 Jewish Service with Debbie 3:30 Pennies In 4:30 Word Scramble 6:30 Movie Night	**20** 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Just Bead It 3:30 Bingo 4:30 Who am I? 6:30 Virtual Concert	**21** 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Volleyball 11:30 Guiness Word Record Trivia 1:00 Mail Delivery 1:30 PM Stretch 2:30 Musical Moments with Ethan 3:30 Bingo 4:30 Word Game 6:30 Musical
22 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:00 Puzzle Huddle 3:00 Reminisce 3:30 Music Bingo 4:30 Who am I? 6:30 Musical	**23** 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Horseshoes 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Roll the Dice 3:30 Name that Tune 4:30 What am I? 6:30 Game Show	**24** 9:30 Moving & Grooving 10:00 Pet Visit with Skippy 10:30 Bible Study w Gail & Finn 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Cake Lover's Day 3:00 Bingo 4:30 Word Game 6:30 Virtual Concert	**25** 9:30 Ball Fitness 10:00 Morning Updates 10:30 Sensory Hour 12:45 Resident Council 11:30 Trivia Circle 1:30 Afternoon Stretch 2:30 Entertainment 3:45 Mocktails & Cheese 4:00 Word Game 6:30 TV Land	**26** 9:30 Feeling Fit & Fabulous 10:00 The Daily Chronicle 10:30 Horse Racing 11:30 Thanksgiving Trivia Circle 1:30 Afternoon Stretch 2:00 Thanksgiving Bingo 3:00 Snack & Chat 3:30 Guess the Picture 4:30 Word Scramble 6:30 Movie Night Thanksgiving Day (U.S)	**27** 9:30 Sunrise Stretches 10:00 Chronicles 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Sing Fit 3:30 Bingo 4:30 Who am I? 6:30 Virtual Concert	**28** 9:30 Chair Exercise 10:00 The Daily Extra 10:30 Volleyball 11:30 Fun Facts 1:00 Mail Delivery 1:30 PM Stretch 2:00 Carnival Games 3:00 Snack & Chat 3:30 Bingo 4:30 Word Game 6:30 Musical
29 9:30 Chair Exercise 10:00 The Daily Chronicle 10:45 Catholic Mass 11:30 Trivia 1:30 PM Stretch 2:00 Coloring Pages 3:00 Reminisce 3:30 Music Bingo 4:30 Who am I? 6:30 Musical	**30** 9:30 Ball Fitness 10:00 Pet Visit with Joya 10:30 Cornhole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 November Birthday Party 3:30 Bingo 4:30 What am I? 6:30 Game Show					