

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

## Assisted Living Activities

			<p>9:30 Chair YOGA 10:00 LCR 10:30 Coffee &amp; Current Events 1:30 Trivia Circle 2:15 Pick 10 Lotto 3:30 Dan the Piano Man 4:15 Word Game 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:30 Heads Up 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 Bingo 3:00 Shuffleboard 4:00 Word Game 6:15 Rosary</p>	<p>9:30 Weightlifting 10:30 Horse Racing 1:30 Complete the Phrase 2:00 Horse Racing 3:30 Bingo 4:30 Word Game 6:30 Friday Night Cocktails</p>	<p>9:30 Chair Exercise 10:30 Horse Racing 1:30 Word Game 2:00 Saturday Movie Matinee 2:15 Dessert Social 3:15 Bingo 4:30 Reminisce 6:30 Movie Night</p>
<p>9:30 Morning Exercise 10:45 Catholic Service 1:30 Word Game 1:30 Rummikub 2:00 Movie Matinee 3:00 Hymn Sing with M &amp; E 3:30 Bingo 6:15 Movie Night</p>	<p>9:30 Strength Exercise 10:00 Bus Trip 10:30 Morning Manicures 1:30 Trivia Circle 1:30 Errand Run of Your Needs 2:00 Pokeno 3:00 Bus Trip 3:00 Protestant Service 4:00 The Match Game 6:30 Bingo</p>	<p>9:30 Chair Yoga 10:30 Turn Down Cards 10:30 Kings in the Corner 1:30 Trivia Circle 2:15 Bingo 3:30 Activity Planning Meeting 4:30 Word Game 6:30 Poker Game</p>	<p>9:30 Chair YOGA 10:00 LCR 10:30 Catholic Mass 1:30 Trivia Circle 2:00 Food Committee Meeting 2:30 Entertainment 4:15 Word Game 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:30 Pick 10 Lotto 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 Painter's Club 3:00 Wii Bowling 4:00 Word Game 6:15 Rosary</p>	<p>9:30 Weightlifting 10:00 Kings in the Corner 10:30 Veterans Day Roll Call 12:00 Lunch of Heroes 1:30 Complete the Phrase 2:00 Veterans Day Entertainment 3:30 Bingo 4:30 Word Game 6:30 Friday Night Cocktails</p>	<p>9:30 Chair Fitness 10:30 The Price is Right 1:30 Veterans Day Word Game 2:00 Saturday Movie Matinee 2:30 Apple Cider Social 3:30 Guess Who 4:30 Trivia 6:30 Movie Night <small>Remembrance Day (Canada)</small></p>
<p>9:30 Morning Exercise 10:45 Catholic Service 1:30 Word Game 1:30 Trivia Circle 2:00 Movie Matinee 3:00 Group Crosswords 3:30 Bingo 6:15 Movie Night <small>Dwali (Hindi)</small></p>	<p>9:30 Chair Exercise 10:00 Bus Trip 10:30 Bocce Ball 12:00 Lunch Outing 1:30 Day Trivia 2:00 Bingo 3:00 Bus Trip 4:00 Family Feud 6:30 Bingo</p>	<p>9:30 Chair Yoga 10:30 Deal or No Deal 10:30 Kings in the Corner 1:30 Trivia Circle 2:15 Bingo 3:30 Horseshoes 4:30 Word Game 6:30 Poker Game</p>	<p>9:30 Chair YOGA 10:00 LCR 10:30 Coffee &amp; Current Events 1:30 Trivia Circle 2:00 Pet Visit With LILO 2:15 Pick 10 Lotto 3:30 Wine Down Wednesday 4:15 Word Game 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:30 Heads Up 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 Bingo 3:00 Shuffleboard 4:00 Word Game 6:15 Rosary</p>	<p>9:30 Weightlifting 10:30 Horse Racing 1:30 Complete the Phrase 2:00 Atlantic City Poker Dealer 3:30 Bingo 4:30 Word Game 6:30 Friday Night Cocktails</p>	<p>9:30 Chair Exercise 10:30 Horse Racing 1:30 Word Game 2:00 Saturday Movie Matinee 2:15 Dessert Social 3:15 Bingo 4:30 Reminisce 6:30 Movie Night</p>
<p>9:30 Morning Exercise 10:45 Catholic Service 1:30 Word Game 1:30 Rummikub 2:00 Movie Matinee 3:00 Hymn Sing with M &amp; E 3:30 Bingo 6:15 Movie Night</p>	<p>9:30 Strength Exercise 10:00 Bus Trip 10:30 Morning Manicures 1:30 Trivia Circle 1:30 Errand Run of Your Needs 2:00 Pokeno 3:00 Bus Trip 3:00 Protestant Service 4:00 The Match Game 6:30 Bingo</p>	<p>9:30 Chair Yoga 10:30 Turn Down Cards 10:00 Jewelry Sale 10:30 Kings in the Corner 1:30 Trivia Circle 2:15 Bingo 3:30 Senior Debate 4:30 Word Game 6:30 Poker Game</p>	<p>9:30 Chair YOGA 10:00 LCR 10:30 Heads Up 1:30 Trivia Circle 2:30 Pre-Thanksgiving Day Party 4:15 Word Game 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:00 Thanksgiving Day Parade 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 Thanksgiving Social 3:00 Bingo 4:00 Word Game 6:15 Rosary <small>Thanksgiving Day (US)</small></p>	<p>9:30 Weightlifting 10:30 Pokeno 1:30 Complete the Phrase 2:00 Atlantic City Poker Dealer 3:30 Bingo 4:30 Word Game 6:30 Friday Night Cocktails</p>	<p>9:30 Chair Fitness 10:30 The Price is Right 1:30 Word Game 2:00 Saturday Movie Matinee 2:30 Pie Social 3:30 Guess Who 4:30 Trivia 6:30 Movie Night</p>
<p>9:30 Morning Exercise 10:45 Catholic Service 1:30 Word Game 1:30 Trivia Circle 2:00 Movie Matinee 3:00 Group Crosswords 3:30 Bingo 6:15 Movie Night</p>	<p>9:30 Chair Exercise 10:00 Bus Trip 10:30 Bocce Ball 12:00 Pizza Party 1:30 Day Trivia 2:00 Bingo 3:00 Bus Trip 4:00 Family Feud 6:30 Bingo</p>	<p>9:30 Chair Yoga 10:30 Deal or No Deal 10:30 Kings in the Corner 1:30 Trivia Circle 2:15 Bingo 3:30 Horseshoes 4:30 Word Game 6:30 Poker Game</p>	<p>9:30 Chair YOGA 10:00 LCR 10:30 Coffee &amp; Current Events 1:30 Trivia Circle 2:15 Resident Council Meeting 3:30 Wine Down Wednesday 4:15 Word Game 6:30 Bingo</p>	<p>9:30 Chair Fitness 10:30 Heads Up 1:30 Bus Trip 1:30 Trivia Circle 1:30 Rummikub 2:00 Movie Matinee 2:15 Bingo 3:00 Shuffleboard 4:00 Word Game 6:15 Rosary</p>	<p>The Avalon at Hillsborough</p>	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# The Avalon at Hillsborough

			<p>10:00 Senior Yoga 10:30 Morning Updates 10:45 Autumn Craft 11:30 Trivia 1:30 Afternoon Stretch 2:00 Balloon Volleyball 2:30 Social Hour 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>2 10:00 Ball Fitness 10:30 Chronicles 10:45 Hoops! 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Twister 2:30 Autumn Drink of the Week 3:00 Turn Down Cards 4:00 Word Scramble 6:30 Movie Night</p>	<p>3 Sandwich Day 10:00 Weightlifting 10:30 Morning Updates 10:45 Chair Bowling 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Make Your Own Sub 2:30 Pennies In! 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p>	<p>4 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Virtual Travel 11:30 Trivia Circle 1:30 PM Stretch 2:00 Turn Down Cards 2:30 Hot Cocoa Social 3:00 Fun Facts 4:00 Word Game 6:30 Musical</p>
<p>5 10:00 Morning Stretch 10:30 Chronicles 10:45 Sunday Service 11:00 Word Game 1:30 PM Stretch 2:00 BINGO 3:00 Hymn Sing with M &amp; E 4:00 Reminisce 6:30 TV Land</p>	<p>6 10:00 Feeling Fit &amp; Fabulous 10:30 Morning Updates 10:45 Corn Hole 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Protestant Service 2:30 Snack &amp; Chat 3:00 BINGO 4:00 Who Am I? 6:30 Virtual Concert</p>	<p>7 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Wood Painting 11:30 Fun Facts 1:30 Afternoon Stretch 2:00 Horseshoes 3:00 Happy Hour 3:30 LCR Left, Center, Right 4:00 Trivia 6:30 Virtual Concert</p>	<p>8 10:00 Senior Yoga 10:30 Morning Updates 10:45 Fall Leaf Wreath 11:30 Tongue Twisters 1:30 Afternoon Stretch 2:00 Balloon Volleyball 2:30 Social Hour 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>9 10:00 Ball Fitness 10:30 Chronicles 10:45 Hoops! 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Horse Racing 2:30 Root Beer Floats 3:00 Turn Down Cards 4:00 Word Scramble 6:30 Movie Night</p>	<p>10 Baking Club 10:00 Weightlifting 10:30 Morning Updates 10:45 Vanilla Cupcakes 11:30 Veteran's Day Trivia 1:30 Afternoon Stretch 2:00 Teatime 2:30 Pennies In! 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p>	<p>11 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Virtual Travel 11:30 Trivia Circle 1:30 PM Stretch 2:00 Turn Down Cards 2:30 Hot Cocoa Social 3:00 Fun Facts 4:00 Word Game 6:30 Musical</p> <p><small>Remembrance Day (Canada)</small></p>
<p>12 10:00 Morning Stretch 10:30 Chronicles 10:45 Sunday Service 11:00 Word Game 1:30 PM Stretch 2:00 BINGO 3:00 Hymn Sing with M &amp; E 4:00 Reminisce 6:30 TV Land</p> <p><small>Diwali (Hindi)</small></p>	<p>13 10:00 Feeling Fit &amp; Fabulous 10:30 Morning Updates 10:45 Disc Toss 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Protestant Service 2:30 Snack &amp; Chat 3:00 BINGO 4:00 Who Am I? 6:30 Virtual Concert</p>	<p>14 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Watercolors 11:30 Fun Facts 1:30 Afternoon Stretch 2:00 Horseshoes 3:00 Happy Hour 3:30 LCR Left, Center, Right 4:00 Trivia 6:30 Virtual Concert</p>	<p>15 10:00 Senior Yoga 10:30 Morning Updates 10:45 Flower Sun Catchers 11:30 Trivia 1:30 Afternoon Stretch 2:00 Balloon Volleyball 2:30 Social Hour 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>16 10:00 Ball Fitness 10:30 Chronicles 10:45 Hoops! 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Twister 2:30 Candy Apple Bar 3:00 Turn Down Cards 4:00 Word Scramble 6:30 Movie Night</p>	<p>17 Homemade Bread Day 10:00 Weightlifting 10:30 Morning Updates 10:45 Knead the Day! / Let's Get This Bread 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Teatime 2:30 Pennies In! 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p>	<p>18 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Virtual Travel 11:30 Trivia Circle 1:30 PM Stretch 2:00 Turn Down Cards 2:30 Hot Cocoa Social 3:00 Fun Facts 4:00 Word Game 6:30 Musical</p>
<p>19 10:00 Morning Stretch 10:30 Chronicles 10:45 Sunday Service 11:00 Word Game 1:30 PM Stretch 2:00 BINGO 3:00 Hymn Sing with M &amp; E 4:00 Reminisce 6:30 TV Land</p>	<p>20 10:00 Feeling Fit &amp; Fabulous 10:30 Morning Updates 10:45 Corn Hole 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Protestant Service 2:30 Snack &amp; Chat 3:00 BINGO 4:00 Who Am I? 6:30 Virtual Concert</p>	<p>21 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Wood Painting 11:30 Fun Facts 1:30 Afternoon Stretch 2:00 Horseshoes 3:00 Happy Hour 3:30 LCR Left, Center, Right 4:00 Trivia 6:30 Virtual Concert</p>	<p>22 10:00 Senior Yoga 10:30 Morning Updates 10:45 Creating with Clay 11:30 Trivia 1:30 Afternoon Stretch 2:00 Balloon Volleyball 2:30 Social Hour 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>23 10:00 Ball Fitness 10:30 Chronicles 10:45 Hoops! 11:30 Thanksgiving Trivia 1:30 Afternoon Stretch 2:00 Thanksgiving Day Parade 2:30 Thankful Cards 3:00 Turn Down Cards 4:00 Word Scramble 6:30 Movie Night</p> <p><small>Thanksgiving Day (US)</small></p>	<p>24 10:00 Weightlifting 10:30 Morning Updates 10:45 Foot Loose 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Teatime 2:30 Pennies In! 3:00 BINGO 4:00 Name That Tune 6:30 Virtual Concert</p>	<p>25 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Virtual Travel 11:30 Trivia Circle 1:30 PM Stretch 2:00 Turn Down Cards 2:30 Hot Cocoa Social 3:00 Fun Facts 4:00 Word Game 6:30 Musical</p>
<p>26 10:00 Morning Stretch 10:30 Chronicles 10:45 Sunday Service 11:00 Word Game 1:30 PM Stretch 2:00 BINGO 3:00 Hymn Sing with M &amp; E 4:00 Reminisce 6:30 TV Land</p>	<p>27 10:00 Feeling Fit &amp; Fabulous 10:30 Morning Updates 10:45 Disc Toss 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Protestant Service 2:30 Snack &amp; Chat 3:00 BINGO 4:00 Who Am I? 6:30 Virtual Concert</p>	<p>28 10:00 Chair Exercise 10:30 The Daily Extra 10:45 Watercolors 11:30 Fun Facts 1:30 Afternoon Stretch 2:00 Horseshoes 3:00 Happy Hour 3:30 LCR Left, Center, Right 4:00 Trivia 6:30 Virtual Concert</p>	<p>29 10:00 Senior Yoga 10:30 Morning Updates 10:45 Fall Scented Sachet 11:30 Trivia 1:30 Afternoon Stretch 2:00 Resident Council 2:30 Social Hour 3:00 BINGO 4:00 Wheel of Fortune 6:30 TV Land</p>	<p>30 10:00 Ball Fitness 10:30 Chronicles 10:45 Hoops! 11:30 Trivia Circle 1:30 Afternoon Stretch 2:00 Horse Racing 2:30 Autumn Drink of the Week 3:00 Turn Down Cards 4:00 Word Scramble 6:30 Movie Night</p>	<h1>Generations Village</h1>	