

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

*The Avalon at Hillsborough*



<p>9:30 Morning Exercise 10:00 Word Game 10:45 Catholic Service 1:30 Trivia Circle 2:00 Puzzle Club 2:30 Family Feud 3:00 Hymn Sing Along with M&amp;E 4:00 Complete the Phrase 6:30 LCR Dice Game</p>	<p>9:30 Chair Stretch 10:00 Bus Trip 10:00 Monday Morning News Chat 10:30 Wheel of Fortune 1:30 Trivia Circle 1:30 Bus Trip 2:15 The Match Game 3:30 Golden Globe Awards Recap 6:30 Bingo</p>	<p>9:30 Weightlifting Exercise 10:00 Canasta 10:30 Bocce Ball 1:30 Trivia Circle 2:30 Winter Crafter's Club 3:00 Rosary with Jerry 3:45 Bingo 6:30 Poker (5 Card Draw)</p>	<p>9:30 Chair Exercise 10:00 Kings in the Corner 10:30 Balloon Volleyball 1:30 New Years Trivia Circle 2:15 Wine &amp; Cheese 3:30 Dan the Piano Man 3:45 The Match Game 6:30 Bingo with Jean</p> <p style="text-align: center;">New Year's Day</p>	<p>9:30 Yoga 10:00 Bus Trip 10:30 Cornhole 12:00 Lunch at Stagehouse 1:30 Trivia Circle 1:30 Rummikub 2:00 Book Club Meeting 3:00 Jewish Bible Stories &amp; Songs 3:45 Pokeno 6:15 Rosary</p>	<p>9:30 Exercise 10:00 Library Visit 10:30 Balloon Volleyball 1:30 Trivia Circle 2:00 Baked Alaska Dessert Corner 2:30 New Year's Vision Board 3:30 Bingo 6:30 LCR</p>	<p>9:30 Chair Exercise 10:00 Kings in the Corner 10:30 Turn Down Cards 1:30 Word Game 2:15 Trivia Party with Refreshments 3:30 Bingo 6:30 Scrabble /Checkers</p>
<p>9:30 Morning Exercise 10:00 Word Game 10:45 Catholic Service 1:30 Trivia Circle 2:00 Puzzle Club 2:30 Family Feud 3:00 Hymn Sing Along with M&amp;E 4:00 Complete the Phrase 6:30 LCR Dice Game</p>	<p>9:30 Chair Stretch 10:00 Bus Trip 10:00 Monday Morning News Chat 10:30 Wheel of Fortune 1:30 Trivia Circle 1:30 Bus Trip 2:15 The Match Game 3:30 Golden Globe Awards Recap 6:30 Bingo</p>	<p>9:30 Weightlifting Exercise 10:00 Canasta 10:30 Bocce Ball 1:30 Trivia Circle 2:30 Winter Crafter's Club 3:00 Rosary with Jerry 3:45 Bingo 6:30 Poker (5 Card Draw)</p>	<p>9:30 Ageless Grace w Allyson Toth 10:00 LCR 10:30 Catholic Mass 1:30 Trivia Circle 2:15 Horseshoes 3:00 Wine Tasting 3:45 Heads Up 6:30 Bingo</p>	<p>9:30 Yoga 10:00 Bus Trip 10:30 Bingo 1:30 Walking Club 1:30 Bus Trip 1:30 Rummikub 2:00 Pet Visit with Cleo 2:15 Spanish Class 3:00 Poker 6:15 Rosary</p>	<p>9:30 Exercise 10:00 Card Game 10:30 Chair Bowling 1:30 Trivia Circle 2:00 Winter Puzzles 2:30 Happy Hour with Entertainment 3:45 Bingo 6:30 LCR</p>	<p>9:30 Chair Exercise 10:00 Kings in the Corner 10:30 Horse Racing 1:30 Trivia Circle 2:00 Saturday Matinee 2:15 Social 3:15 Bingo 6:30 Scrabble /Checkers</p>
<p>9:30 Sunday Stretch 10:00 Word Game 10:45 Catholic Service 1:30 Trivia Circle 2:00 Adult Coloring 2:30 Heads Up 3:30 Bingo 6:30 Movie Night</p>	<p>9:30 Chair Stretch 10:00 Bus Trip 10:15 TGIM Oatmeal / Hot Tea Bar 10:30 Manicures 1:30 Trivia Circle 1:30 Bus Trip 2:15 The Match Game 3:30 Minute to Win it 6:30 Bingo</p>	<p>9:30 Weightlifting Exercise 10:00 Pet Visit w/ Skippy 10:30 Bible Study with Gail / Finn 10:30 Wii Bowling 1:30 Trivia Circle 2:00 Paint &amp; Sip 3:00 Rosary with Jerry 3:45 Bingo 6:30 Poker (5 Card Draw)</p>	<p>9:30 Chair Exercise 10:00 Kings in the Corner 10:30 What Would You Do? 1:30 Trivia Circle 2:15 January Birthday Party 3:30 Karaoke Hour 3:45 The Match Game 6:30 Bingo with Jean</p>	<p>9:30 Yoga 10:00 Bus Trip 10:30 Cornhole 1:00 Trip to Manville Theater 1:30 Trivia Circle 1:30 Rummikub 2:00 Pet Visit with Leelo 3:00 Jewish Bible Stories &amp; Songs 3:45 Pokeno 6:15 Rosary</p>	<p>9:30 Exercise 10:00 Kings in the Corner 10:30 Balloon Volleyball 1:30 Trivia Circle 2:00 Atlantic City Poker 2:30 Fresh Squeezed Juice Stand 3:30 Bingo 6:30 LCR</p>	<p>9:30 Chair Exercise 10:00 Kings in the Corner 10:30 Pick 10 Lotto 1:30 Trivia Circle 2:15 Joke Fest / Comedy Hour 3:15 Bingo 6:30 Scrabble /Checkers</p>
<p>9:30 Morning Exercise 10:00 Word Game 10:45 Catholic Service 1:30 Trivia Circle 2:00 Puzzle Club 2:30 Family Feud 3:00 Hymn Sing Along with M&amp;E 4:00 Complete the Phrase 6:30 LCR Dice Game</p> <p style="text-align: center;">Activity Professionals Week</p>	<p>9:30 Chair Stretch 10:00 Bus Trip 10:30 Monday Morning News Chat 1:30 Trivia Circle 1:30 Bus Trip 2:15 MLK Jeopardy 3:30 Chair Bowling 6:30 Bingo</p> <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p>9:30 Weightlifting Exercise 10:00 Canasta 10:30 Bocce Ball 1:30 Trivia Circle 2:30 Winter Crafter's Club 3:00 Rosary with Jerry 3:45 Bingo 6:30 Poker (5 Card Draw)</p>	<p>9:30 Ageless Grace w Allyson Toth 10:00 LCR 10:30 Horseshoes 1:30 Trivia Circle 2:30 Entertainment by Mark Miklos 3:45 Bingo 6:30 Holiday Caroling by Girl Scouts</p>	<p>9:30 Yoga 10:00 Bus Trip 10:30 Bingo 1:30 Walking Club 1:30 Rummikub 2:00 Pet Visit with Cleo 2:15 Spanish Class 3:00 Poker 6:15 Rosary</p>	<p>9:30 Exercise 10:00 Card Game 10:30 Peanut Treat Making 1:30 Trivia Circle 2:00 Winter Puzzles 2:15 Peanut Butter Lover's Social 3:15 Bingo 6:30 LCR</p>	<p>9:30 Chair Exercise 10:00 Kings in the Corner 10:30 Horse Racing 1:30 Trivia Circle 2:00 Saturday Matinee 2:15 Avalon Dollar Store 3:15 Bingo 6:30 Scrabble /Checkers</p>
<p>9:30 Sunday Stretch 10:00 Word Game 10:45 Catholic Service 1:30 Trivia Circle 2:00 Adult Coloring 2:30 Heads Up 3:30 Bingo 6:30 Movie Night</p> <p style="text-align: center;">Australia Day (Observed)</p>	<p>9:30 Chair Stretch 10:00 Bus Trip 12:00 Lunch Outing (Bus Trip) 1:30 Trivia Circle 2:00 Book Club Meeting 2:15 Mocktail Monday 3:30 The Price Is Right 6:30 Bingo</p>	<p>9:30 Weightlifting Exercise 10:00 Pet Visit w/ Skippy 10:30 Bible Study with Gail / Finn 10:30 Wii Bowling 1:30 Trivia Circle 2:00 Paint &amp; Sip 3:00 Rosary with Jerry 3:45 Bingo 6:30 Poker (5 Card Draw)</p>	<p>9:30 Chair Exercise 10:00 Kings in the Corner 10:30 Morning Karaoke 1:30 Trivia Circle 2:00 Resident Council Meeting 3:15 Chinese New Year Celebration 3:45 Complete the Phrase 6:30 Bingo with Jean</p> <p style="text-align: center;">Chinese New Year (Year of the Snake)</p>	<p style="text-align: center;"><b>Team Jersey Day</b></p> <p>9:30 Yoga 10:00 Bus Trip 10:30 Cornhole 1:30 Trivia Circle 1:30 Rummikub 2:00 Sports Themed Party 3:00 Jewish Bible Stories &amp; Songs 3:45 Pokeno 6:15 Rosary</p>	<p>9:30 Exercise 10:00 Kings in the Corner 10:30 Balloon Volleyball 1:30 Trivia Circle 2:00 January Word Puzzles 2:30 Winter Wonderland Festivities 3:30 Bingo 6:30 LCR</p>	<div style="text-align: center;">  <p><i>The Avalon</i> A Bridgeway Assisted Living Residence</p> </div>



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# January 2025

## Generations Village

<p>9:30 Chair Exercise 10:00 The Daily Extra 10:30 Horseshoes 11:30 Trivia 1:00 Mail Delivery 1:30 PM Stretch 2:00 Turn Down Cards 2:30 Social Hour 3:00 Hymn Sing with M&amp; E 3:30 BINGO 4:30 Who am I? 6:30 Musical</p> <p style="text-align: right;"><b>5</b></p>	<p>9:30 Feeling Fit &amp; Fabulous 10:00 Morning Updates 10:30 Corn Hole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Word Game 2:30 Snack &amp; Chat 3:30 BINGO 4:30 Who am I? 6:30 Virtual Travel</p> <p style="text-align: right;"><b>6</b></p>	<p>9:30 Moving &amp; Grooving 10:00The Daily Extra 10:30 Horseshoes 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 LCR (Left, Center, Right) 2:30 Snack &amp; Chat 3:00 Balloon Volleyball 3:30 BINGO 4:30 Word Game 6:30 Virtual Concert</p> <p style="text-align: right;"><b>7</b></p>	<p>9:30 Muscles in Motion 10:00 Morning Updates 10:30 Hit the Number 11:30 New Years Trivia Circle 1:00 Mail Delivery 1:30 Walking Club 2:15 Wine &amp; Cheese 3:30 Dan the Piano Man 4:30 Guess the Phrase 6:30 TV Land</p> <p style="text-align: center;">New Year's Day</p>	<p>9:30 Ball Fitness 10:00The Daily Chronicle 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Hoops! 2:45 Turn Down Cards 3:00 Jewish Stories with Debbie 3:30 BINGO 4:30 Word Scramble</p> <p style="text-align: right;"><b>2</b></p>	<p>9:30 Sunrise Stretches 10:00 Chronicles 10:30 Corn Hole 10:30 Library Visit 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Baked Alaska Dessert Corner 2:30 New Years Vision Board 3:30 BINGO 4:30 What am I? 6:30 Virtual Concert</p> <p style="text-align: right;"><b>3</b></p>	<p>9:30 Chair Exercise 10:00 The Daily Extra 10:30 Chair Bowling 11:30 Word Game 1:00 Mail Delivery 1:30 PM Stretch 2:15 Trivia Party with Refreshments 2:30 Social Hour 3:30 BINGO 4:30 Who am I? 6:30 Musical</p> <p style="text-align: right;"><b>4</b></p>
<p>9:30 Morning Stretch 10:00 Chronicles 10:45 Sunday Service 11:30 Trivia 1:00 Mail Delivery 1:30 PM Stretch 2:00 Teatime 2:30 BINGO 3:30 Hymn Sing with M &amp; E 4:30 Reminisce 6:30 TV Land</p> <p style="text-align: right;"><b>12</b></p>	<p>9:30 Feeling Fit &amp; Fabulous 10:00 Morning Updates 10:15 TGIM Oatmeal &amp; Hot Tea Bar 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Corn Hole 3:30 BINGO 4:30 Who am I? 6:30 Virtual Travel</p> <p style="text-align: right;"><b>13</b></p>	<p>9:30 Moving &amp; Grooving 10:00 The Daily Extra 10:30 Horseshoes 10:30 Bible Study/ Pet Visit 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Snack &amp; Chat 3:30 BINGO 4:30 Word Game 6:30 Virtual Concert</p> <p style="text-align: right;"><b>14</b></p>	<p>9:30 Muscles in Motion 10:00 Morning Updates 10:30 Hit the Number 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Walking Club 2:15 January Birthday Party 3:30 BINGO 4:30 Guess the Phrase 6:30 TV Land</p> <p style="text-align: right;"><b>15</b></p>	<p>9:30 Ball Fitness 10:00 The Daily Chronicle 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Hoops! 2:45 Turn Down Cards 3:00 Jewish Stories with Debbie 3:30 BINGO 4:30 Word Scramble</p> <p style="text-align: right;"><b>16</b></p>	<p>9:30 Sunrise Stretches 10:00 Chronicles 10:30 Corn Hole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Fresh Squeezed Juice Stand 3:30 BINGO 4:30 What am I? 6:30 Virtual Concert</p> <p style="text-align: right;"><b>17</b></p>	<p>9:30 Chair Exercise 10:00 The Daily Extra 10:30 Chair Bowling 11:30 Trivia 1:00 Mail Delivery 1:30 PM Stretch 2:00 Turn Down Cards 2:30 Social Hour 3:30 BINGO 4:30 Who am I? 6:30 Musical</p> <p style="text-align: right;"><b>18</b></p>
<p>9:30 Chair Exercise 10:00 The Daily Extra 10:30 Horseshoes 11:30 Trivia 1:00 Mail Delivery 1:30 PM Stretch 2:00 Turn Down Cards 2:30 Social Hour 3:00 Hymn Sing with M&amp; E 3:30 BINGO 4:30 Who am I? 6:30 Musical</p> <p style="text-align: right;"><b>19</b></p>	<p>9:30 Feeling Fit &amp; Fabulous 10:00 Morning Updates 10:30 Corn Hole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 MLK Jeopardy 3:30 BINGO 4:30 Who am I? 6:30 Virtual Travel</p> <p style="text-align: right;"><b>20</b></p>	<p>9:30 Moving &amp; Grooving 10:00The Daily Extra 10:30 Horseshoes 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Snack &amp; Chat 3:00 Balloon Volleyball 3:30 BINGO 4:30 Word Game 6:30 Virtual Concert</p> <p style="text-align: right;"><b>21</b></p>	<p>9:30 Muscles in Motion 10:00Morning Updates 10:30 Disc Toss 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Walking Club 2:30 Entertainment 3:30 BINGO 4:30 Guess the Phrase 6:30 TV Land</p> <p style="text-align: right;"><b>22</b></p>	<p>9:30 Ball Fitness 10:00 The Daily Chronicle 10:30 Horse Racing 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 Coffee Social 2:45 Turn Down Cards 3:30 BINGO 4:30 Word Scramble 6:30 Movie Night</p> <p style="text-align: right;"><b>23</b></p>	<p>9:30 Sunrise Stretches 10:00 Chronicles 10:30 Corn Hole 10:30 Peanut Butter Treat Making 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Peanut Butter's Lover's Social 3:30 BINGO 4:30 What am I? 6:30 Virtual Concert</p> <p style="text-align: right;"><b>24</b></p>	<p>9:30 Chair Exercise 10:00 The Daily Extra 10:30 Chair Bowling 11:30 Trivia 1:00 Mail Delivery 1:30 PM Stretch 2:00 Turn Down Cards 2:30 Social Hour 3:30 BINGO 4:30 Who am I? 6:30 Musical</p> <p style="text-align: right;"><b>25</b></p>
<p>9:30 Morning Stretch 10:00 Chronicles 10:45 Sunday Service 11:30 Trivia 1:00 Mail Delivery 1:30 PM Stretch 2:00 Teatime 2:30 BINGO 3:30 Hymn Sing with M &amp; E 4:30 Reminisce 6:30 TV Land</p> <p style="text-align: right;"><b>26</b></p>	<p>9:30 Feeling Fit &amp; Fabulous 10:00 Morning Updates 10:30 Corn Hole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 It's Joke Time! 2:30 Snack &amp; Chat 3:30 BINGO 4:30 Who am I? 6:30 Virtual Travel</p> <p style="text-align: right;"><b>27</b></p>	<p>9:30 Moving &amp; Grooving 10:00 The Daily Extra 10:30 Horseshoes 10:30 Bible Study/ Pet Visit 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Travel Tuesday- Canada 3:30 BINGO 4:30 Word Game 6:30 Virtual Concert</p> <p style="text-align: right;"><b>28</b></p>	<p>9:30 Muscles in Motion 10:00 Morning Updates 10:30 Hit the Number 11:30 Trivia Circle 1:00 Resident Council 1:30 Walking Club 2:00 Pennies In! 3:15 Chinese New Year Celebration 4:30 Guess the Phrase 6:30 TV Land</p> <p style="text-align: right;"><b>29</b></p>	<p>9:30 Ball Fitness 10:00 The Daily Chronicle 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Team Jersey Day 3:00 Jewish Stories with Debbie 3:30 BINGO 4:30 Word Scramble 6:30 Movie Night</p> <p style="text-align: right;"><b>30</b></p>	<p>9:30 Sunrise Stretches 10:00 Chronicles 10:30 Corn Hole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Winter Wonderland Festivities 3:30 BINGO 4:30 What am I? 6:30 Virtual Concert</p> <p style="text-align: right;"><b>31</b></p>	<p style="text-align: center;">   <i>The Avalon</i>              A Bridgeway              Assisted Living Residence         </p>
<p>9:30 Morning Stretch 10:00 Chronicles 10:45 Sunday Service 11:30 Trivia 1:00 Mail Delivery 1:30 PM Stretch 2:00 Teatime 2:30 BINGO 3:30 Hymn Sing with M &amp; E 4:30 Reminisce 6:30 TV Land</p> <p style="text-align: right;"><b>26</b></p>	<p>9:30 Feeling Fit &amp; Fabulous 10:00 Morning Updates 10:30 Corn Hole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:00 It's Joke Time! 2:30 Snack &amp; Chat 3:30 BINGO 4:30 Who am I? 6:30 Virtual Travel</p> <p style="text-align: right;"><b>27</b></p>	<p>9:30 Moving &amp; Grooving 10:00 The Daily Extra 10:30 Horseshoes 10:30 Bible Study/ Pet Visit 11:30 Trivia 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Travel Tuesday- Canada 3:30 BINGO 4:30 Word Game 6:30 Virtual Concert</p> <p style="text-align: right;"><b>28</b></p>	<p>9:30 Muscles in Motion 10:00 Morning Updates 10:30 Hit the Number 11:30 Trivia Circle 1:00 Resident Council 1:30 Walking Club 2:00 Pennies In! 3:15 Chinese New Year Celebration 4:30 Guess the Phrase 6:30 TV Land</p> <p style="text-align: center;">Chinese New Year (Year of the Snake)</p>	<p>9:30 Ball Fitness 10:00 The Daily Chronicle 10:30 Twister 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:15 Team Jersey Day 3:00 Jewish Stories with Debbie 3:30 BINGO 4:30 Word Scramble 6:30 Movie Night</p> <p style="text-align: right;"><b>30</b></p>	<p>9:30 Sunrise Stretches 10:00 Chronicles 10:30 Corn Hole 11:30 Trivia Circle 1:00 Mail Delivery 1:30 Afternoon Stretch 2:30 Winter Wonderland Festivities 3:30 BINGO 4:30 What am I? 6:30 Virtual Concert</p> <p style="text-align: right;"><b>31</b></p>	<p style="text-align: center;">   <i>The Avalon</i>              A Bridgeway              Assisted Living Residence         </p>