

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Avalon at Bridgewater Assisted Living

					<p>10:15 Trivia 10:30 Friday Stretch 11:15 Crochet Club 2:00 Pokeno 2:00 Movie Matinee 3:30 Happy Hour 6:30 Evening Movie</p>	<p>10:15 Brain Teasers 10:30 Exercise 2:00 Bingo 2:00 Movie Matinee 4:00 Skibo 6:30 Evening Movie</p>
<p>9:30: Catholic Rosary 10:00: Catholic Communion service 2:00 Horse Race 2:00 Movie Matinee 4:00 Refreshments 6:30 Evening Movie</p>	<p>10:15 Mindful Meditation 10:30 Monday Movement 11:15 Crochet Club 2:00 Movie Matinee 2:00 Bingo 3:30 Walking Club 6:30 Evening Movie <small>Labor Day</small></p>	<p>10:15 Brain Teasers 10:30 Exercise 11:15 Crochet Club 2:00 Pokeno 2:00 Movie Matinee 3:30 Patio Convos 6:30 Evening Movie</p>	<p>10:15 Exercise 10:30 Mindful Meditation 11:15 Crochet Club 2:00 Movie Matinee 2:00 Bingo 3:30 Walking Club 6:30 Spa Night</p>	<p>10:15 Brain Teasers 10:30 Exercise 11:15 Crochet Club 2:00 Pokeno 3:30 Refreshments 6:30 Evening</p>	<p>10:15 Trivia 10:30 Friday Stretch 11:15 Crochet Club 2:00 Church Service w Pastor Chris Mindanao 3:30 Happy Hour 6:30 Evening Movie</p>	<p>10:15 Brain Teasers 10:30 Exercise 2:00 Bingo 2:00 Movie Matinee 4:00 Charades 6:30 Evening Movie</p>
<p>Assisted Living Week 10 9:30 Catholic Rosary 10:00: Catholic Communion service 2:00 Horse Race 2:00 Movie Matinee 4:00 Refreshments 6:30 Evening Movie <small>Grandparents Day</small></p>	<p>Hat Day 11 10:15 Mindful Meditation 10:30 Monday Movement 11:15 Crochet Club 2:00 Movie Matinee 2:00 Bingo 3:30 Patio Convos 6:30 Evening Movie</p>	<p>Wear Burgundy 12 10:00 Rosh Hashanah & Yom Kippur celebration 10:30 Exercise 11:15 Crochet Club 1:30 Soap Making to benefit Alzheimer Assoc 2:30 Toasting Avalon 6:30 Evening Movie</p>	<p>Wacky Wednesday 13 10:15 Exercise 10:30 Mindful Meditation 11:15 Crochet Club 2:00 Movie Matinee 2:00 Bingo 3:30 Reminisce about your wedding day 6:30 Evening Movie 6:30 Board Games</p>	<p>Sports Day 14 10:15 Brain Teasers 10:30 Exercise 11:00 Chris from the Library 11:15 Crochet Club 2:30 Entertainment 3:30 Walking club 6:30 Evening Movie</p>	<p>Wear Bright Colors 15 10:15 Trivia 10:30 Friday Stretch 11:15 Crochet Club End of Summer Cookout 1:45 Men's Club 3:30 Happy Hour 4:30 Grandchildren visit 6:30 Evening Movie <small>Rosh Hashanah Begins</small></p>	<p>10:15 Brain Teasers 10:30 Exercise 2:00 Bingo 2:00 Movie Matinee 4:00 Chat and Color 6:30 Evening Movie <small>Oktoberfest Begins</small></p>
<p>9:30: Catholic Rosary 10:00: Catholic Communion service 2:00 Horse Race 2:00 Movie Matinee 4:00 Refreshments 6:30 Evening Movie</p>	<p>10:15 Mindful Meditation 10:30 Monday Movement 11:15 Crochet Club 1:30 Food council 2:00 Movie Matinee 2:00 Bingo 3:30 Walking Club 6:30 Evening Movie</p>	<p>10:15 Brain Teasers 10:30 Exercise 11:15 Crochet Club 2:30 Resident Council 3:30 Avalon Variety Store 6:30 Evening Movie</p>	<p>10:15 Exercise 10:30 Mindful Meditation 11:15 Crochet Club 2:00 Movie Matinee 2:00 Bingo 3:30 Word Mining 6:30 Evening Movie 6:30 Spa Night</p>	<p>10:15 Brain Teasers 10:30 Exercise 11:15 Crochet Club 2:00 Casino w Laura 2:00 Movie Matinee 3:30 Kings in the corner 6:30 Evening Movie</p>	<p>Flannel Friday 22 10:15 Trivia 10:30 Friday Stretch 11:15 Crochet Club 2:00 Fall Festival 2:00 Movie Matinee 3:30 Happy Hour 6:30 Evening Movie</p>	<p>10:15 Brain Teasers 10:30 Exercise 2:00 Bingo 2:00 Movie Matinee 4:00 Uno 6:30 Evening Movie <small>Autumn Begins</small></p>
<p>9:30: Catholic Rosary 10:00: Catholic Communion service 2:00 Horse Race 2:00 Movie Matinee 4:00 Refreshments 6:30 Evening Movie <small>Yom Kippur Begins</small></p>	<p>10:15 Mindful Meditation 10:30 Monday Movement 11:15 Crochet Club 2:00 Movie Matinee 2:00 Bingo 3:30 Walking Club 6:30 Evening Movie</p>	<p>10:00 Sukkot Celebration 11:15 Crochet Club 2:30 Entertainment 2:00 Movie Matinee 3:30 Kings in the corner 6:30 Evening Movie</p>	<p>10:15 Exercise 10:30 Mindful Meditation 11:15 Crochet Club 2:00 Movie Matinee 2:00 Bingo 3:30 Connect 4 6:30 Evening Movie 6:30 Classic board games</p>	<p>10:15 Brain Teasers 10:30 Exercise 11:15 Crochet Club 2:00 Pokeno 2:00 Movie Matinee 3:30 Scrabble 6:30 Evening Movie</p>	<p>10:15 Trivia 10:30 Friday Stretch 11:15 Crochet Club 2:00 Monthly Birthday party 2:00 Movie Matinee 3:30 Happy Hour 6:30 Evening Movie <small>Sukkot Begins</small></p>	<p>10:15 Brain Teasers 10:30 Exercise 2:00 Bingo 2:00 Movie Matinee 4:00 Hangman 6:30 Evening Movie</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Avalon at Bridgewater Generations Village					1 9:30 Daily Chronicle 10:00 Exercise 10:30 Word Games 2:00 Table Ball 3:00 Cocktails & Conversations	2 9:30 Daily Chronicle 10:00 Exercise 10:30 Puzzle Palooza 2:00 Horse Race 3:00 Indoor Walking
3 9:30 Catholic Rosary 10:00 Catholic Commu. Svc. 2:00 Sunday Stretch 3:00 Corn Hole	4 9:30 Daily Chronicle 10:00 Exercise 10:30 Opposite Words 2:00 Puzzles 3:30 Outdoor Walking Labor Day	5 9:30 Daily Chronicle 10:00 Exercise 10:30 Bowling 2:30 Craft time 3:30 Walking	6 9:30 Daily Chronicle 10:00 Exercise 10:30 Ball Toss 2:00 Coloring 3:00 Match Up Game	7 9:30 Daily Chronicle 10:00 Exercise 10:30 Ball Toss 2:00 Coloring 3:00 Match Up Game	8 9:30 Daily Chronicle 10:00 Exercise 10:30 Brain Teasers 2:00 Church Service w Pastor Chris Mindanao 3:30 Happy Hour	9 9:30 Daily Chronicle 10:00 Exercise 10:30 Giant Puzzle 2:00 Balloon Volleyball 3:30 Indoor Walking
Assisted Living Week 10 9:30 Catholic Rosary 10:00 Catholic Commu. Svc. 2:00 Sunday Stretch 3:00 Short Story & Discussion Grandparents Day	Hat Day 11 9:30 Daily Chronicle 10:00 Exercise 10:30 Balloon Volleyball 2:00 Bean Bag Throw 3:00 Outdoor Walking	Wear Burgundy 12 10:00 Rosh Hashanah & Yom Kippur celebration 10:00 Exercise 10:30 "Fill in the Blank" 3:30 Word Game 6:30 Evening Movies	Wacky Wednesday 13 9:30 Daily Chronicle 10:00 Exercise 10:30 Kickball 2:00 Summer Craft 3:00 Match up Game 3:30 Reminisce about your wedding day	Sports Day 14 9:30 Daily Chronicle 10:00 Exercise 10:30 Short Story & Discussion 2:00 Hand Massage 2:30 Entertainment 3:00 Indoor Walking	Wear Bright Colors 15 End of Summer Cookout 9:30 Daily Chronicle 10:00 Exercise 10:30 Ring Toss 3:30 Happy Hour Rosh Hashanah Begins	16 9:30 Daily Chronicle 10:00 Exercise 10:30 Finish the line 2:00 Bean Bag Poker 3:30 Indoor Walking Oktoberfest Begins
17 9:30 Catholic Rosary 10:00 Catholic Commu. Svc. 2:00 Sunday Stretch 3:00 Ring Toss	18 9:30 Daily Chronicle 10:00 Exercise 10:30 Giant Puzzle 2:00 Afternoon Movie 3:30 Outdoor Walking	19 9:30 Daily Chronicle 10:00 Exercise 10:30 Bean Bag Toss 1:30 Resident Council 3:00 Water Coloring	20 9:30 Daily Chronicle 10:00 Exercise 10:30 Outdoor Ring Toss 2:00 Music and Movement	21 9:30 Daily Chronicle 10:00 Exercise 10:30 Parachute 2:00 Horse Race 3:30 Outdoor Walking	Flannel Friday 22 9:30 Daily Chronicle 10:00 Exercise 10:30 Balloon Volleyball 2:00 Hand massages 3:30 Cocktails & Convo	23 9:30 Daily Chronicle 10:00 Exercise 10:30 Giant Puzzle 2:00 Balloon Volleyball 3:30 Indoor Walking Autumn Begins
24 9:30 Catholic Rosary 10:00 Catholic Commu. Svc. 2:00 Sunday Stretch 3:00 Corn Hole Yom Kippur Begins	25 9:30 Daily Chronicle 10:00 Exercise 10:30 Basketball 2:00 Tabletop Activities 3:30 Outdoor Walking	26 9:30 Daily Chronicle 10:00 Exercise 10:30 Finish the line 2:30 Entertainment 3:00 Outdoor Walking	27 9:30 Daily Chronicle 10:00 Exercise 10:30 Sing along 2:00 Relaxation 3:00 Outdoor Walking	28 9:30 Daily Chronicle 10:00 Exercise 10:30 Word Games 2:00 Table Ball 3:00 Coloring	29 9:30 Daily Chronicle 10:00 Exercise 1:00 Fall Craft 2:00 Monthly Birthday party 3:30 Happy Hour Sukkot Begins	30 9:30 Daily Chronicle 10:00 Exercise 10:30 Finish the line 2:00 Music of the past 3:30 Fall Fresh Air