| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| *National Assisted Living Week: 13th-18th*<br>***Shining Through the Years: The Great American Road Trip!*** | | 1<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Fact Attack (2nd Floor)<br>10:30 Tuesday Twist (2nd Floor)<br>11:00 Categories (2nd Floor)<br>**2:00 Tricky Tray w/ Laura from Homeside Hospice (2nd Floor)**<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 2<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Guess the Item (2nd Floor)<br>10:30 Move it, Move it! (2nd Floor)<br>11:00 Chain Reaction Word Game (2nd Floor)<br>**2:00 Recipe & Reminiscence: Pumpkin Muffins**<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 3<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 70s Trivia (2nd Floor)<br>10:30 Active Hour (2nd Floor)<br>11:00 Unscramble the Word (2nd Floor)<br>**2:00 Pokeno (2nd Floor)**<br>2:30 Sensations (Movie Theater/ Patio*)<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 4<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:30 Jeopardy (2nd Floor)<br>**2:00 METC: Back to School (Movie Theater)**<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>**3:30 Happy Hour (2 Drink Limit/Bistro)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 5<br>9:15 Rise, Shine and Socialize (2nd Floor)<br>9:30 Current Events & Coffee (2nd Floor)<br>10:15 NASA Trivia (2nd Floor)<br>10:30 Motion Matters (2nd Floor)<br>11:00 Alphabet Race (2nd Floor)<br>**2:00 BINGO (2nd Floor)**<br>3:15 Table Games & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) |
| 6<br>9:00 Rise, Shine and Socialize<br>**9:30 Holy Rosary (2ND Floor)**<br>**10:00 Catholic Communion Service (2nd Floor)**<br>11:00 Resident Choice Word Game (2nd Floor)<br>2:00 Movie Matinee & Popcorn (At Request/ Movie Theater)<br>**2:00 Horse Racing (2nd Floor)**<br>3:15 Table Games & Room Visits 2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 7<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Labor Day Fun Facts (2nd Floor)<br>10:30 Movin Monday (2nd Floor)<br>11:00 Guess A Letter (2nd Floor)<br>**2:00 BINGO (2nd floor)**<br>3:15 Club Corners (2nd Floor)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater<br>Labor Day | 8<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Top Ten…. (2nd Floor)<br>10:30 Wake up Workout (2nd Floor)<br>11:00 Resident Choice Word Game (2nd Floor)<br>***2:00 All Faith Service & Communion w/ Rev. Dr. Nathan from Homeside Hospice (2nd Floor)***<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 9<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Witty Wednesday (2nd Floor)<br>10:30 Midweek Mind & Motion (2nd Floor)<br>11:00 Name 10 (2nd Floor)<br>**1:15 Songs & Stories: Rosh Hashana w/ Debbie (2nd Floor)**<br>**3:15 BINGO (2nd Floor)**<br>4:15 Walking Club (Halls/ Patio*)<br>***6:30 Night at the Fights w/ Edwin & Night Cap & Chat*** | 10<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Good News Circle (2nd Floor)<br>10:30 Thursday Exercise (2nd Floor)<br>11:00 Game of Choice (2nd Floor)<br>**2:00 Pokeno (2nd Floor)**<br>2:30 Sensations (Movie Theater/ Patio*)<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 11<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:30 **Lessons We Can Learn from the Bible (Movie Theater)**<br>**2:00 Catholic Mass w/ St. Bernards (Main Dining Room)**<br>3:15 Independent Table Games (2nd Floor)<br>3:30 Happy Hour (2 Drink Limit/ Bistro)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>Rosh Hashanah Begins | 12<br>9:15 Rise, Shine and Socialize (2nd Floor)<br>9:30 Current Events & Coffee (2nd Floor)<br>10:15 Guess the Video Game (2nd Floor)<br>10:30 Saturday Groovin' (2nd Floor)<br>11:00 Categories (2nd Floor)<br>**2:00 BINGO (2nd Floor)**<br>3:15 Table Games & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) |
| 13<br>9:00 Rise, Shine and Socialize<br>**9:30 Holy Rosary (2ND Floor)**<br>**10:00 Catholic Communion Service (2nd Floor)**<br>**11:00 Sundae bites w/ the Grandparents (Lobby)**<br>2:00 Movie Matinee & Popcorn (At Request/ Movie Theater)<br>**2:00 DIY Ice Cream Parlor Door Hangers (2nd Floor)**<br>**3:15 Ice Cream Sundae Social (Lobby)**<br>**3:45 Memory Lane Photo Booth (Lobby)**<br>6:30 Evening Movie (At Request/ Movie Theater)<br>Grandparents Day<br>*Grandparents Day* | 14<br>9:15 Rise, Shine and Socialize in the Big Apple<br>**10:15 Good Morning NYC: Central Perk Coffee Cart & Treats**<br>**10:15 NYC Subway Passport Giveaway!**<br>**10:30 Name that NYC Landmark**<br>**11:00 Broadway Music Singalong**<br>**2:00 John Heiserman NYC Performance & Mocktails (Lobby)**<br>**3:15 The Final Stop: Bingo (2nd Floor)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater<br>***Big Apple Spotlight!*** | 15<br>9:15 Rise, Shine and Socialize<br>**10:15 Welcome to Our Kitchen! Community Cookbook (2ND Floor)**<br>**11:00 Name That Tune: Songs from the Heartland (2nd Floor)**<br>**2:00 Midwestern Performance by Richard Castella (Lobby)**<br>**2-4:00 The Heartland Pop-Up Market**<br>**2:30-3:30 Tattoos w/ Jess from A Place at Home (Lobby)**<br>**3:00 State Fair Games Social (Lobby)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>*Shining Through the Heartland!* | 16<br>9:15 Rise, Shine and Socialize<br>**10:00 Mark Miklos Bluegrass Performance (Lobby)**<br>**11:00 Categories: Nashville Edition**<br>**1:45 Menu Council (Main Dining Room)**<br>**2:15 Resident Council (Main Dining Room)**<br>**2:00 Line Dancing w/ Jess from A Place at Home (Main Dining Room)**<br>**3:00 Honky Tonk Happy Hour Social (Bistro)**<br>**3:00 Karaoke! (Bistro/Lobby)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/Movie | 17<br>9:15 Rise, Shine and Socialize<br>**10:30 A Spoonful of Sugar: Morning Tea Party (2nd Floor)**<br>**2:00 Magic Show w/ Magician PJ Weber (Dining Room)**<br>**3:15 Disney Dreams Social & Fruit Bar (Lobby)**<br>**3:15 Name that Disney Movie (Lobby)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>*Disney Dreams & Enchanted* | 18<br>9:15 Rise, Shine and Socialize<br>**10:30 Let's Make Hawaiian Leis!**<br>**2:00 LED Hula & Belly Dancer, Aisha (Dining Room)**<br>**3:00 Luau Social (Lobby/Patio)**<br>**3:00 Kona Ice Truck (Lobby/Patio)**<br>**3:30 Hawaiian Happy Hour (2 Drink Limit/ Bistro)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>***Aloha, Avalon!*** | 19<br>9:15 Rise, Shine and Socialize (2nd Floor)<br>9:30 Current Events & Coffee (2nd Floor)<br>10:15 Oktober Fest Trivia (2nd Floor)<br>10:30 Elegant Exercise (2nd Floor)<br>11:00 Alphabet Race (2nd Floor)<br>**2:00 BINGO (2nd Floor)**<br>3:15 Table Games & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>Oktoberfest Begins |
| 20<br>9:00 Rise, Shine and Socialize<br>**9:30 Holy Rosary (2ND Floor)**<br>**10:00 Catholic Communion Service (2nd Floor)**<br>11:00 Resident Choice Word Game (2nd Floor)<br>2:00 Movie Matinee & Popcorn (At Request/ Movie Theater)<br>**2:00 Horse Racing (2nd Floor)**<br>3:15 Table Games & Room Visits 2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>Yom Kippur Begins | 21<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Guess the Dog Breed (2nd Floor)<br>10:30 Monday Motivation (2nd Floor)<br>11:00 Guess A Letter (2nd Floor)<br>**2:00 Bingo**<br>3:15 Club Corners (2nd Floor)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater | 22<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Autumn Trivia (2nd Floor)<br>**10:30 Songs & Stories: Sukkot w/ Debbie**<br>**2:00 Start of Autumn Social (Bistro)**<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>Autumn Begins | 23<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Who Am I? (2nd Floor)<br>10:30 Fitness Fiesta (2nd Floor)<br>11:00 Chain Reaction Word Game (2nd Floor)<br>**2:00 August Birthday Party w/ Dan the Piano Man (Bistro/Lobby)**<br>3:15 BINGO (2nd Floor)<br>4:15 Walking Club (Halls/ Patio*)<br>**6:30 Night Cap & Chat (1 Drink Limit/ Bistro)** | 24<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 60 Minuets TV History (2nd Floor)<br>10:30 Golden Movers (2nd Floor)<br>11:00 Unscramble the Word (2nd Floor)<br>**2:00 Pokeno (2nd Floor)**<br>2:30 Sensations (Movie Theater/ Patio*)<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 25<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:30 **Lessons We Can Learn from the Bible (Movie Theater)**<br>**2:00 Chair Yoga w/ Janice (Main Dining Room)**<br>3:15 Independent Table Games (2nd Floor)<br>3:30 Happy Hour (2 Drink Limit/ Bistro)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>Sukkot Begins | 26<br>9:15 Rise, Shine and Socialize (2nd Floor)<br>9:30 Current Events & Coffee (2nd Floor)<br>10:15 Finish the Poem (2nd Floor)<br>10:30 Eventful Exercise (2nd Floor)<br>11:00 Alphabet Race (2nd Floor)<br>**2:00 BINGO (2nd Floor)**<br>3:15 Table Games & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) |
| 27<br>9:00 Rise, Shine and Socialize<br>**9:30 Holy Rosary (2ND Floor)**<br>**10:00 Catholic Communion Service (2nd Floor)**<br>11:00 Resident Choice Word Game (2nd Floor)<br>2:00 Movie Matinee & Popcorn (At Request/ Movie Theater)<br>**2:00 Horse Racing (2nd Floor)**<br>3:15 Table Games & Room Visits 2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 28<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 History of Ed Sullivan (2nd Floor)<br>10:30 Monday Wellness (2nd Floor)<br>11:00 Guess A Letter (2nd Floor)<br>**2:00 BINGO (2nd floor)**<br>3:15 Club Corners (2nd Floor)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater | 29<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 Guess the Show (2nd Floor)<br>10:30 Feel Good Fitness (2nd Floor)<br>11:00 Categories (2nd Floor)<br>**2:00 Bean Bag Toss**<br>3:15 Club Corners & Room Visits (2nd Floor/ RV)<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater) | 30<br>9:15 Rise, Shine and Socialize<br>9:30 Current Events & Coffee (Movie Theater)<br>10:15 True or False (2nd Floor)<br>10:30 Wellness Wednesday (Movie Theater)<br>**11:00** Who am I? (2nd Floor)<br>**1:30-3:00 Resident Store (2nd Floor)**<br>3:15 BINGO (2nd Floor)<br>4:15 Walking Club (Halls/ Patio*)<br>**6:30 Night Cap & Chat (1 Drink Limit)** | | | |

# September 2026

Assisted Living Daily Activities Calendar

The Avalon Assisted Living at Bridgewater 565 Route 28, Bridgewater, NJ 08807 (908)-707-8800 Director of Activities: Maxine Fairall, DP-NC Email: mfairall@bshcare.com

# September 2026

Generations Village Daily Activities Calendar

*National Assisted Living Week: 13th-18th*

***Shining Through the Years: The Great American Road Trip!***

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | **1**<br>9:30 Morning Greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game; Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>1:30 Walking Club<br>**2:00 Tricky Tray w/ Laura from Homeside Hospice (2nd Floor)**<br>**3:15 Patio Time & Refreshments (Weather Dependent)**<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **2**<br>9:30 Morning Greetings<br>10:00 Daily Chronicle, Wednesday Stretch & Word Game<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Movie Matinee<br>**2:00 Recipe & Reminiscence: Pumpkin Muffins**<br>3:15 Brain Game; Active Game; Musical Moment<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **3**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game, Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Brain Game; Movie Matinee<br>2:00 Walking Club<br>**2:45 Patio Time & Refreshments (Weather Dependent)**<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **4**<br>9:30 Morning greetings; Table Tasks; Game Shows<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game, Fun w/ Doug<br>11:15 Lunch Music<br>1:00 Table Tasks, Brain Game; Movie Matinee<br>1:30 Walking Club<br>**2:00 METC: Back to School (2nd Floor)**<br>3:30 Happy Hour (Bistro)<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **5**<br>9:30 Morning Greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks, Active Game; Movie Matinee<br>2:00 Refreshments, Walking Club<br>**3:15 Brain Game, Musical Moments; Table Tasks**<br>4:15 Dinner Music<br>6:30 Evening Movie (At Request/ Movie Theater) |
| **6**<br>9:00 Morning Greetings<br>**9:30 YT: Spiritual Eldercare Non Denominational Church Service (TV); Walking Club**<br>**10:00 Catholic Communion Service (2nd Floor)**<br>10:45 Daily Chronicle; Sunday Stretch<br>11:15 Lunch Music<br>1:00; Craft & Chat<br>2:00 Refreshments<br>2:30 Musical Moments; Brain Game; Table Tasks; Movie Matinee<br>4:15 Dinner Music<br>6:30 Evening Movie (At Request/ Movie Theater) | **7**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game, Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Brain Game; Active Game Movie Matinee<br>**2:00 Patio Time & Refreshments (Weather Dependent)**<br>3:15 Brain Game; Active Game; Musical Moment<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater)<br>Labor Day | **8**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game; Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>1:00 Brain Game; Table Tasks; Movie Matinee<br>1:30 Walking Club<br>***2:00 All Faith Service & Communion w/ Rev. Dr. Nathan from Homeside Hospice (2nd Floor)***<br>**3:15 Patio Time & Refreshments**<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **9**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Wednesday Stretch, Word Game<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Brain Game; Movie Matinee<br>**1:15 Songs & Stories: Rosh Hashana w/ Debbie (2nd Floor)**<br>3:15 Active Game; Musical Moment<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater)<br>***6:30 Stellar Night at the Fights w/ Edwin from Preferred Care at Home & Night Cap (1 drink limit)*** | **10**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game, Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Brain Game; Movie Matinee<br>**3:15 Patio Time & Refreshments (Weather Dependent)**<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **11**<br>9:30 Morning greetings; Table Tasks; Game Shows<br>10:00 Walking Club<br>10:30 **Lessons We Can Learn from the Bible (Movie Theater)**<br>1:00 Table Tasks, Brain Game; Movie Matinee<br>1:30 Walking Club<br>**2:00 Catholic Mass w/ St. Bernard's (Main Dinng Room)**<br>3:30 Happy Hour (Bistro)<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater)<br>Rosh Hashanah Begins | **12**<br>9:30 Morning Greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks, Active Game; Movie Matinee<br>2:00 Refreshments, Walking Club<br>**3:15 Brain Game, Musical Moments; Table Tasks**<br>4:15 Dinner Music<br>6:30 Evening Movie (At Request/ Movie Theater) |
| **13**<br>9:00 Morning Greetings<br>**9:30 Holy Rosary (2nd Floor)**<br>**10:00 Catholic Communion Service (2nd Floor)**<br>**11:00 Sundae bites w/ the Grandparents (Lobby)**<br>2:00 Movie Matinee & Popcorn (At Request/ Movie Theater)<br>**2:00 DIY Ice Cream Parlor Door Hangers (2nd Floor)**<br>**3:15 Ice Cream Sundae Social (Lobby)**<br>**3:45 Memory Lane Photo Booth (Lobby)**<br>6:30 Evening Movie (At Request/ Movie Theater)<br>Grandparents Day<br>***Grandparents Day!*** | **14**<br>9:15 Morning Greetings in the Big Apple<br>**10:15 Good Morning NYC: Central Perk Coffee Cart & Treats**<br>**10:15 NYC Subway Passport Giveaway!**<br>**10:30 Name that NYC Landmark**<br>**11:00 Broadway Music Singalong**<br>**2:00 John Heiserman NYC Performance & Mocktails (Lobby)**<br>**3:15 The Final Stop: Bingo (2nd Floor)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>***Big Apple Spotlight!*** | **15**<br>9:15 Morning Greetings in the Midwest<br>**10:15 Welcome to Our Kitchen! Community Cookbook (2nd Floor)**<br>**11:00 Name That Tune: Songs from the Heartland (2nd Floor)**<br>**2:00 Midwestern Performance by Richard Castella (Lobby)**<br>**2-4:00 The Heartland Pop-Up Market**<br>**2:30-3:30 Tattoos w/ Jess from A Place at Home (Lobby)**<br>**3:00 State Fair Games Social (Lobby)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>***Shining Through the Heartland!*** | **16**<br>9:15 Morning Greetings in Nashville<br>**10:00 Mark Miklos Bluegrass Performance (Lobby)**<br>**11:00 Categories: Nashville Edition**<br>**1:45 Menu Council (Main Dining Room)**<br>**2:15 Resident Council (Main Dining Room)**<br>**2:00 Line Dancing w/ Jess from A Place at Home**<br>**(Main Dining Room)**<br>**3:00 Honky Tonk Happy Hour Social (Bistro)**<br>**3:00 Karaoke! (Bistro/Lobby)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/Movie Theater)<br>***Nashville Lights & Neon Lights!*** | **17**<br>9:15 Morning Greetings in Disney<br>**10:30 A Spoonful of Sugar: Morning Tea Party (2nd Floor)**<br>**2:00 Magic Show w/ Magician PJ Weber (Dining Room)**<br>**3:15 Disney Dreams Social & Fruit Bar (Lobby)**<br>**3:15 Name that Disney Movie (Lobby)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>***Disney Dreams & Enchanted Scenes!*** | **18**<br>9:15 Morning Greetings Hawaii<br>**10:30 Let's Make Hawaiian Leis!**<br>**2:00 LED Hula & Belly Dancer, Aisha (Dining Room)**<br>**3:00 Luau Social (Lobby/Patio)**<br>**3:00 Kona Ice Truck (Lobby/Patio)**<br>**3:30 Hawaiian Happy Hour (2 Drink Limit/ Bistro)**<br>4:15 Walking Club (Halls/ Patio*)<br>6:30 Evening Movie (At Request/ Movie Theater)<br>***Aloha, Avalon!*** | **19**<br>9:30 Morning Greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks, Active Game; Movie Matinee<br>2:00 Refreshments, Walking Club<br>**3:15 Brain Game, Musical Moments; Table Tasks**<br>4:15 Dinner Music<br>6:30 Evening Movie<br>Oktoberfest Begins |
| **20**<br>9:00 Morning Greetings, Walking Club<br>**9:30 YT: Spiritual Eldercare Non Denominational Church Service (TV); Walking Club**<br>**10:00 Catholic Communion Service (2nd Floor)**<br>10:45 Daily Chronicle; Sunday Stretch<br>11:15 Lunch Music<br>1:00; Craft & Chat<br>2:00 Refreshments<br>2:30 Musical Moments; Brain Game; Table Tasks; Movie Matinee<br>4:15 Dinner Music<br>6:30 Evening Movie<br>Yom Kippur Begins | **21**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game, Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Brain Game; Active Game Movie Matinee<br>**2:00 Name that Tune**<br>**3:15 Balloon Toss**<br>6:30 Evening movie (At Request/ Movie Theater) | **22**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game; Fun w/ Doug<br>**10:30 Songs & Stories: Sukkot w/ Debbie**<br>1:00 Brain Game; Table Tasks; Movie Matinee<br>1:30 Walking Club<br>**2:00 Start of Autumn Social (Bistro)**<br>3:15 Active Game; Musical Moment<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater)<br>Autumn Begins | **23**<br>9:30 Morning Greetings<br>10:00 Daily Chronicle, Wednesday Stretch & Word Game<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Brain Game; Movie Matinee<br>2:00 **August Birthday Party w/ Dan the Piano Man (Bistro/Lobby)**<br>**2:45 Cake is Served (Bistro/Lobby)**<br>3:15 Active Game; Musical Moment<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **24**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game, Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Brain Game; Movie Matinee<br>2:00 Walking Club<br>**2:45 Reminiscence Circle**<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **25**<br>9:30 Morning greetings; Table Tasks; Game Shows<br>10:00 Walking Club<br>**10:30 Lessons We Can Learn from the Bible (Movie Theater))**<br>11:15 Lunch Music<br>1:00 Table Tasks, Brain Game; Movie Matinee<br>1:30 Walking Club<br>**2:00 Chair Yoga w/ Janice (Main Dining Room)**<br>3:30 Happy Hour (Bistro)<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater)<br>Sukkot Begins | **26**<br>9:30 Morning Greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks, Active Game; Movie Matinee<br>2:00 Refreshments, Walking Club<br>**3:15 Brain Game, Musical Moments; Table Tasks**<br>4:15 Dinner Music<br>6:30 Evening Movie (At Request/ Movie Theater) |
| **27**<br>9:00 Morning Greetings, Walking Club<br>**9:30 YT: Spiritual Eldercare Non Denominational Church Service (TV); Walking Club**<br>**10:00 Catholic Communion Service (2nd Floor)**<br>10:45 Daily Chronicle; Sunday Stretch<br>11:15 Lunch Music<br>1:00; Active Game; Word Game; Table Tasks<br>2:00 Refreshments<br>2:30 Musical Moments; Brain Game; Table Tasks; Movie Matinee<br>4:15 Dinner Music<br>6:30 Evening Movie (At Request/ Movie Theater) | **28**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game, Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>**1:00 Music & Movement**<br>**2:45 Brain Game; Active Game; Musical Moment**<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **29**<br>9:30 Morning greetings<br>10:00 Daily Chronicle, Sunrise Stretch, Word Game; Fun w/ Doug<br>11:00 Oshibori & Lunch Music<br>1:00 Brain Game; Table Tasks; Movie Matinee<br>1:30 Walking Club<br>**2:00 Recipes & Reminiscence: No Bake Cheesecake**<br>**3:15 Bean Bag Toss**<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | **30**<br>9:30 Morning Greetings<br>10:00 Daily Chronicle, Wednesday Stretch & Word Game<br>11:00 Oshibori & Lunch Music<br>1:00 Table Tasks; Brain Game; Movie Matinee<br>**2:00 1:30-3:00 Resident Store (2nd Floor)**<br>3:15 Active Game; Musical Moment<br>4:15 Dinner Music<br>6:30 Evening movie (At Request/ Movie Theater) | | | |

The Avalon Assisted Living at Bridgewater 565 Route 28, Bridgewater, NJ 08807 (908)-707-8800 Director of Activities: Maxine Fairall, DP-NC Email: mfairall@bshcare.com