

May 2024 Menu Selections



WEDNESDAY, May 1	THURSDAY, May 2	FRIDAY, May 3	SATURDAY, May 4
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
HOT OR COLD CEREAL			
Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat
Egg Cooked to Order			
Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	Bacon/Sausage
Breakfast Sandwich	Belgian Waffle	Buttermilk Pancakes	French Toast
Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes
Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast
Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea
Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese
LUNCH	LUNCH	LUNCH	LUNCH
Manhattan Clam Chowder	Cream of Broccoli	Italian Wedding	Hearty Potato
Vegetable Lo Mein	Roast Beef Sandwich	Homemade Tuna Melt on	Italian Sub Sandwich
with Egg Roll and	Homemade Potato Salad	English Muffin	w/Potato Chips and
Fortune Cookies	and Pickles	Onion Rings and Coleslaw	Pickles
OR	OR	OR	OR
B.L.T. Sandwich w/Hmd	Lobster Tarragon Salad	Fresh Seasonal Fruits and	Popcorn Shrimp Salad
Macaroni Salad and	over Garden Greens and	Cottage Cheese	over Garden Greens
Pickles	Crackers		Cocktail Sauce and Lemon
Sliced Peaches	Coffee Ice Cream	NAS Vanilla Pudding	Coconut Custard Pie
DINNER	DINNER	DINNER	DINNER
Butternut Squash	Minestrone	Potato leek	Turkey and Orzo
Beef Stroganoff	Herb and Garlic Tilapia	Pasta Ala Bolognese	Roasted Chicken Quarters
OR Familiant Dallata	OR Calum Chicken Danta	OR Data di Hardida ak	OR Eatherstaic Alfanda
Eggplant Rollata	Cajun Chicken Pasta	Baked Haddock	Fettuccini Alfredo
Side Dishes	Side Dishes	Side Dishes	Side Dishes
Buttered Egg Noodles	Roasted Potato	Boiled Potatoes	Baked Sweet Potato
Broccoli Florets	Creamed Spinach	Corn Niblets	Brussel Sprouts
Dinner Roll	Warm Breadsticks	Green Beans	Braised Red Cabbage
Correct Colu	Davind Califa	Ambrosio	Freeh Delved Coolise
Carrot Cake	Pound Cake	Ambrosia	Fresh Baked Cookies

Week of April 28 - March 4, 2024



May 2024 Menu Selections



SUNDAY, May 5	MONDAY, May 6	TUESDAY, May 7	WEDNESDAY, May 8	THURSDAY, May 9	FRIDAY, May 10	Saturday, May 11	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	
Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	
Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	
Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	
Belgian Waffles	Buttermilk Pancakes	Danish	Breakfast Sandwich	French Toast	Blueberry Pancakes	Blueberry Pancakes	
Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	
Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast	
Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	
Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
Chicken Tortilla	Turkey Noodle	New England Clam Chowder	Hearty Potato	Pasta Fagioli	Mushroom Barley	Mushroom Barley	
Chicken Quesadilla with	Pierogies w/Caramelized	Pepperoni OR Cheese Pizza	Stuffed Baked Potato with	Grilled Pesto Chicken Melt	Spaghetti and Meatballs	Fish and Chips with Tartar	
Fresh Salsa/Lettuce/Avocado	Onions/Garden Peas	Tossed Salad on the Side	Bacon and Cheddar Cheese	w/ Hmd Pasta Salad and	w/Parmesan Cheese and	Sauce and Lemon Wedge	
and Sour Cream	and Sour Cream	Choice of Dressing	Garden Salad on the Side	Pickles	Warm Breadsticks	Coleslaw	
OR	OR	OR	OR	OR	OR	OR	
Beef Nachos Platter	Grilled Shrimp Caesar Salad	Waldorf Chicken Salad with	Ham Sloppy Joe Sandwich w/	Chef's Salad Platter	Crab Louie Salad w/ Tomatoes	Apple, Ham and Swiss Cheese	
w/Corn/Black Beans/Salsa	with Croutons and Hardboiled	Fresh Apples/Craisins and	Three Bean Salad and Potato	Your Choice of Dressing	Lettuce and Avocados	on Multi Grain Bread	
and Guacamole	Eggs	Toasted almonds	Chips			Macaroni Salad and Pickles	
Churros Or Fried Plantain	Banana Pudding	Caramel Mini Cheesecake	Macadamia Nut Cookies	Black Forest Cake	Fruit of the Forest Pie	SF Fruited Jello	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
Beef Vegetable	Split Pea	Chicken Broth and Vegetables	White Bean and Spinach	Chicken and Rice	Minestrone	Matzo Ball	
Pan Seared Crab Cake	Chicken Kiev	Roast Pork	Homemade Meatloaf	Smoked Ham	Chicken Marsala	Yankee Pot Roast	
OR	OR	OR	OR	OR	OR	OR	
Lasagna Rollettes	Polska Kielbasa	Baked Cod Loin	Cheese Raviolis	Maple Dijon Salmon	Beef Arancini Ball	Baked Flounder	
Side Dishes	Side Dishes	Side Dishes	Side Dishes	Side Dishes	Side Dishes	Side Dishes	
Rice Pilaf	Au Gratin Potato	Candied Yam	Mashed Potatoes	Au Gratin Potatoes	Steamed White Rice	Steamed White Rice	
Corn Niblets	Broccoli Florets	Braised Red Cabbage	Glazed Carrots	Green Beans	Sautéed Spinach	Sautéed Spinach	
Creamed Spinach	Sautéed Yellow Squash	Brussel Sprouts	Garden Peas	Dinner Roll	Stewed Tomatoes	Stewed Tomatoes	
	and a second second second second						
Sliced Pears	Chocolate Chip Cookies	Peaches and Cream	Apple Dumpling	Butterscotch Pudding	Mandarin Oranges	Mandarin Oranges	



At Bridgewater

May 2024 Menu Selections



SUNDAY, May 12	MONDAY, May 13	TUESDAY, May 14	WEDNESDAY, May 15	THURSDAY, May 16	FRIDAY, May 17	Saturday, May 18	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	HOT OR COLD CEREAL	
Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	
Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	Egg Cooked to Order	
Bacon/Corned Beef Hash	Bacon/Sausage	Bacon/Pork Roll	Bacon/Sausage	Bacon/Sausage	Bacon/Corned Beef Hash	Bacon/Corned Beef Hash	
Belgian Waffle	Buttermilk Pancakes	French Toast	Breakfast Sandwich	Belgian Waffle	Donut	Donut	
Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes	
Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast	Choice of Toast	
Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	
Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
Tomato	Sausage, Cabbage and Potato	Manhattan Clam Chowder	Beef Barley	Broccoli and Cheese	Hearty Vegetable	Hearty Vegetable	
Bassa Caincels and Cainc	Charles and Duranel and Malk an	Users and a Tardam Chill	Ust Dan an a Dur with		DDO Diblet Constants by the	DDO Diblet Construict with	
Bacon, Spinach and Swiss	Steak and Provolone Melt on	Homemade Turkey Chili	Hot Dog on a Bun with	Chicken Quesadilla with	BBQ Riblet Sandwich with	BBQ Riblet Sandwich with	
Quiche with Fresh	Sourdough Bread w/French	w/Sour Cream/Red Onions	Sauerkraut/Baked Beans	Fresh Salsa/Guacamole	Hmd Potato Salad and	Hmd Potato Salad and	
Fruits on the Side OR	Fries and Coleslaw OR	Cheese and Corn Muffin OR	and Coleslaw OR	and Sour Cream OR	Pickles OR	Pickles OR	
Turkey Salad on Croissant	Salmon and Dill Salad over	Ciabatta Egg Salad Sandwich	Crab Cake Over Fresh Mixed	Ham and Apple Salad with	Greek Tuna Salad Platter	Greek Tuna Salad Platter	
Sandwich w/Carrot Raisin	Garden Greens with	w/Beet Salad and	Greens with Fresh Lemon	Honey Dijon Mustard Dressing	Cheese/Olives/Cucumber	Cheese/Olives/Cucumber	
Salad and Pickles	Lemon Wedge	Potato Chips	Wedge and Tartar Sauce	and Toasted Almonds	Chickpeas/Tomatoes/Cu	Chickpeas/Tomatoes/Cu	
Salad and Fickles	Lemon Wedge			and loasted Amonds	Feta Cheese	Feta Cheese	
Boston Cream Pie	Sliced Apricots	NAS Apple Pie	Cranberry Orange Cookies	Sliced Pears	Orange Sheet Cake	Orange Sheet Cake	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
French Onion	Lentil	Corn Chowder	Matzo Ball	Split Pea	Seafood Bisque	Seafood Bisque	
Filet Mignon	Sesame Chicken	Macaroni and Cheese	Turkey Milanese	Corned Beef and Cabbage	Chicken Stew	Chicken Stew	
OR	OR	OR	OR	OR	OR	OR	
Baked Tilapia	Penne Vodka	Coconut Shrimp	Ditalini Ham and Peas	Stuffed Sole	Broiled Haddock	Broiled Haddock	
Side Dishes	Side Dishes	Side Dishes	Side Dishes	Side Dishes	Side Dishes	Side Dishes	
Baked Potato	Stir Fried Rice	Baked Sweet Potato	Garlic Mashed Potato	Boiled Potatoes	Steamed White Rice	Steamed White Rice	
Onions and Peppers	Snap Beans	Creamed Spinach	Fire Roasted Vegetables	Carrots	Garden Peas	Garden Peas	
Green Beans	Garlic Bread	Cauliflower	Stewed Tomatoes	Dinner Roll	Warm Biscuit	Warm Biscuit	
Fresh Baked Cookies	Maple Walnut Ice Cream	Tapioca Pudding	Cupcakes	Chocolate Mousse	Rice Pudding	Rice Pudding	

Week of May 12 - 18, 2024 Week of May 12 - 18, 2024



TUESDAY. May 21

BREAKFAST

Butterscotch Pudding

MONDAY, May 20

BREAKFAST

Peach Melba

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SUNDAY, May 19

BREAKFAST

NAS Chocolate Pudding

May 2024 Menu Selections

THURSDAY, May 23

BREAKFAST

SF Fruited Jello

WEDNESDAY, May 22

BREAKFAST



FRIDAY, May 24

BREAKFAST

Warm Apple Crisp

HOT OR COLD CEREAL Oatmeal/Cream of Wheat Egg Cooked to Order Bacon/Corned Beef Hash Bacon/Pork Roll Bacon/Corned Beef Hash Bacon/Sausage Bacon/Pork Roll Bacon/Sausage **Belgian Waffles** Buttermilk Pancakes French Toast Breakfast Sandwich Apple Turnover **Belgian Waffle** Fresh Fruits/Stewed Prunes Choice of Toast Juice/Milk/Coffee/Tea Juice/Milk/Coffee/Tea Juice/Milk/Coffee/Tea Juice/Milk/Coffee/Tea Juice/Milk/Coffee/Tea Juice/Milk/Coffee/Tea Butter/Jelly/Syrup/Cr. Cheese LUNCH LUNCH LUNCH LUNCH LUNCH LUNCH New England Chowder French Onion Cream of Mushroom Chicken Noodle Matzo Ball Hearty Potato Butterfly Shrimp w/Cocktail Sausage and Pepper Sub Pork and Green Beans Stir Philly Cheesesteak with Baked Ziti with Marinara Turkey Burger w/Lettuce Cuban Panini on Sourdough Sauce/Parmesan Cheese Tomato/Sweet Potato Fries with French Fries and Sauce/Corn on the Cob Sautéed Onions/Coleslaw Fry w/ Egg Roll and and garlic Bread and Coleslaw **Pickles** and Coleslaw Fortune Cookies and Pickles OR OR OR OR OR OR Homemade Seafood Salad Antipasto Salad w/Ham Roast Beef w/Horseradish Honey Grilled Chicken Salad Fried Bologna and Swiss Crab Cake Over Greens Sandwich on Potato Roll with Fresh Lemon Wedge **Over Garden Greens** Fresh Mozzarella/Olives Mayo on Hoagie Roll with with Raisin/Toasted Almonds w/Mustard/Three Bean Salad and Tartar Sauce Lemon Wedge **Roasted Peppers** Hmd Potato Salad/Pickles and mandarin Oranges and Chips Berry Tart Fresh Watermelon Ice Cream Sandwich Peaches and Cream **Oatmeal Raisin Cookies Tropical Fruit Salad** DINNER DINNER DINNER DINNER DINNER DINNER Chicken Gumbo Lentil Beef Barley Seafood Bisque Tortellini Vegetable Chicken Cordon Bleu Homemade Lasagna **Rotisserie Chicken** Pork Loin w/Gravy **Beef Paprikash Orange Chicken** OR OR OR OR OR OR **Broiled Flounder** Salmon with Dill Sauce **Fish Florentine** Pesto Tortellini **Baked Tilapia** Angel Hair w/Marinara Breaded Cod w/Tartar Sauce Side Dishes Scalloped Potatoes **Roasted Potatoes** Steamed Rice **Candied Yams** Mashed Potato Steamed Rice Cornbread Stuffing Sautéed Zucchini Green Beans Creamed Spinach Sautéed Cabbage **Broccoli Florets** Stir Fry Vegetables Asparagus Warm Biscuit Pearl Onions Harvard Beets **Brussel Sprouts** Dinner Roll Egg Roll Cranberry Jelly/ Dinner Roll

Brownies

NAS Chocolate Cake Week of May 19 - 25, 2024

SATURDAY, May 25

BREAKFAST

HOT OR COLD CEREAL

Oatmeal/Cream of Wheat

Egg Cooked to Order

Bacon/Sausage

Danish

Fresh Fruits/Stewed Prunes

Choice of Toast

Juice/Milk/Coffee/Tea

LUNCH

Cream of Turkey

Bread w/Cucumber Salad

and Potato Chips

OR

Greek Salad w/Salami

Feta Cheese/Olives/Chick-

peas/Artichoke Hearts

Mango Sorbet

DINNER

Italian Wedding

Roast Turkey w/Gravy

OR



May 2024 Menu Selections



SUNDAY, May 26	MONDAY, May 27	TUESDAY, May 28	WEDNESDAY, May 29	THURSDAY, May 30	FRIDAY, May 31	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
HOT OR COLD CEREAL	HOT OR COLD CEREAL					
Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat					
Egg Cooked to Order	Egg Cooked to Order					
Bacon/Sausage	Bacon/Corned Beef Hash	Bacon/Hash Brown	Bacon/Sausage	Bacon/Corned Beef Hash	Bacon/Pork Roll	
Belgian Waffles	Danish	Donut	Breakfast Sandwich	Apple Turnover	Raisin Bran Muffin	
Fresh Fruits/Stewed Prunes	Fresh Fruits/Stewed Prunes					
Choice of Toast	Choice of Toast					
Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	Juice/Milk/Coffee/Tea	
Butter/Jelly/Syrup/Cr. Cheese	Butter/Jelly/Syrup/Cr. Cheese					
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
Split Pea w/Ham	Memorial Day Outdoor BBQ	Carrot Dill	Manhattan Clam Chowder	Cream of Broccoli	Italian Wedding	
Pierogies and Sausage w/	Hot Dog	Open Faced Turkey w/Gravy	Hmd Quiche Lorraine	Cheese Pizza with	Fish Filet Sandwich with	
Sautéed Onions/Garden peas	Cheese Burger	Cranberry Sauce/Sweet	with Fresh Fruit on the Side	Tossed Salad on the Side	Tartar Sauce/Hmd Potato	
and Sour Cream	Grilled Boneless Chicken	Potato Fries and Pickles			Salad and Pickles	
OR	Thigh	OR	OR	OR	OR	
Hmd Chicken Salad Sandwich	Bacon Ranch Pasta Salad	Hmd Egg Salad Platter	Shrimp Caesar Salad with	BLT Club Sandwich with	Spring Green Salad with	
on Toasted White Bread w/	Corn on the Cob	with crackers on the Side	Hardboiled Egg/Croutons	Hmd Radish Salad and	Apricot/Cucumber/Scallions	
Lettuce/Tomato/Pickles/Chips	Pickles		Parmesan Cheese	Potato Chips	Dill and Feta Cheese	
	Assorted Ice Cream Bar					
Tapioca Pudding	Fresh Watermelon	Oatmeal Raisin Cookies	Apple Dumpling Ala Mode	Strawberry Rhubarb Pie	Hmd Ambrosia	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
Turkey and Wild Rice	Lobster Bisque	Chicken Noodle	Butternut Squash	Minestrone	Bacon Potato Chowder	
Chair Steal w/Craw	Swedish Meatballs	Southern Fried Chicken	Depart Devis Lain/Crown	Create atti and Mast Course	Charle Chris Lain w/A4 Causa	
Chop Steak w/Gravy OR	OR	OR	Roast Pork Loin w/Gravy OR	Spaghetti and Meat Sauce OR	Steak Strip Loin w/A1 Sauce OR	
Broiled Tilapia	Honey Garlic Salmon	Beef Raviolis	Baked Cod w/Tartar Sauce	Broiled Mahi Mahi	Penne Ala Vodka	
	Tioney Game Samon		bakeu cou w/ faitai saute		Ferrie Ald VOUKd	
Side Dishes	Side Dishes					
Roasted Red Bliss Potato	Herb Buttered Noodles	Mashed Potato w/Gravy	Baked Sweet Potato	Baked Potato	Au Gratin potato	
Steamed Carrots and Peas	Sautéed Zucchini	Steamed Green Beans	Steamed Asparagus	Creamed Spinach	Roasted Honey Brussel Sprout	
Dinner Roll	Steamed Broccoli	Cornbread Muffin/Coleslaw	Buttered Succotash	Garlic Bread	Dinner Roll	
Chocolate Layer Cake	Lemon Bar	Banana Splits	Sliced Peaches	Peanut Butter Cookies	Tiramisu	